

Maintaining Self-Directed Principles in a Managed Care Environment

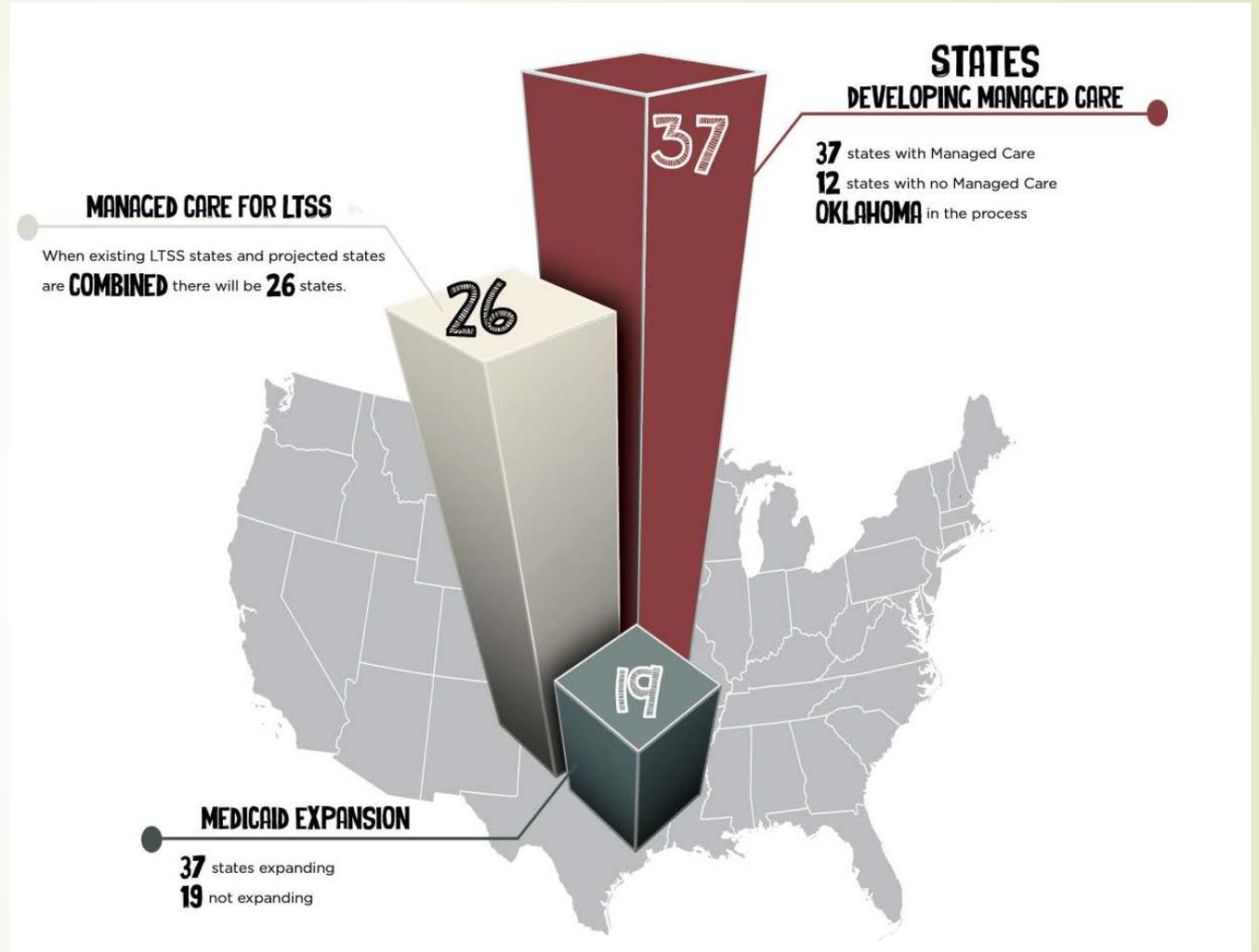
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Lay of the Land



Community First Choice





A Providers Prospective

- Authorizations
- Budget based vs unit based
- Scheduling of employee
- Setting employee wages
- Involving individuals in the planning process
- Budget Control
- Education of self-directed principles to case managers
- State sole source versus MCO multiple vendors

An Analyst Perspective

Embedding the Principles

- ▶ State regulations, contract and policies (also at MCO level)
- ▶ Integrating principles into care management training
- ▶ Informing the consumers on an ongoing basis (not just once)
- ▶ Metrics





An MCO Perspective

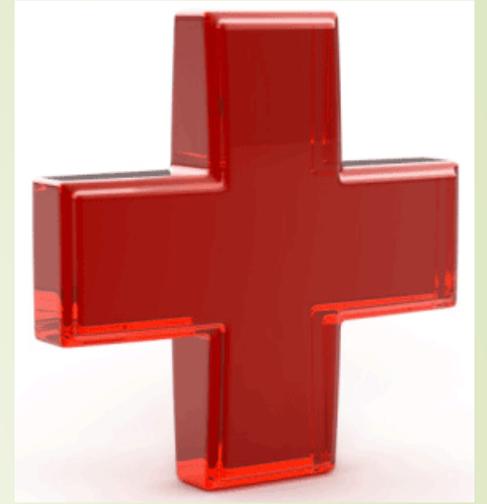
- ▶ Agency with Choice advanced in Arizona
- ▶ Integrating DD populations with self directed care continuum
- ▶ Any challenges MCOs face with self-direction



MANAGED CARE
ORGANIZATIONS

The logo features the text "MANAGED CARE" on the top line and "ORGANIZATIONS" on the bottom line, both in white, uppercase, serif font. The text is set against a horizontal bar with a color gradient from dark teal on the left to bright red on the right, with a thin yellow and orange stripe at the bottom. The bar has a slight 3D effect with a dark shadow on the right side.

Self-directing skilled care



- Expanded who could fully participate
- Routine, long-term skilled care clients were diverting resources from more complex and at risk HCBS members
- Cost of skilled care was limiting amount of available personal care services
- Arizona Medicaid Statute allows limited skilled task to be directed by a consumer to their personal care provider
- Support by the Arizona State Board of Nursing



A State Medicaid Perspective



Questions???



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TEXAS

Health and Human Services Commission