

<b>Title</b>	<b>“Palliative Care before the 11th Hour, Quality End-of-Life-Care: the role of Advance Care Planning” - Literature Review</b>
Number	27
Authors	Mary Hocking, Calvary Health Care Bethlehem
Abstract	<p>With Canada’s Supreme Court ruling on doctor-assisted suicide, and the current Australian push for Advance Care Planning, one wonders if the tide is turning towards favouring powers of individual autonomy with regards medical decision making. It is time to re-explore the outcomes of ACP in order to prepare Palliative care providers to navigate this emerging trend and keep them at the forefront of advancing sustainable, equitable quality end-of-life care. A recent review of ACP Literature reveals that International evidence for empowering people to make EOL choices through ACP is still controversial. Research indicates that ACP and Palliative Care share similar effects on quality of EOL. The current trend away from legalistic ACP models in the US after 30 years extensive funding warrants the question: why is Australia moving towards this model? If this is the future, then palliative care providers should be well informed about the many qualifications and limitations of ACP, in order that it is offered in the most beneficial form and context, without jeopardising the sustainability of other essential Palliative care services. This presentation will discuss the above issues and present guidelines to aid streamlining ACP within the clinical setting, whilst recognising Australia’s multicultural society and its unique legal and health care structures. Red flag contexts will be highlighted for identifying the most appropriate form of ACP, to avoid a one-size fits all approach.</p>