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The Palliative Care Home Support Program

A collaboration between HammondCare, Sacred Heart Health Service, Calvary Healthcare and Palliative Care Teams in 7 NSW LHDs

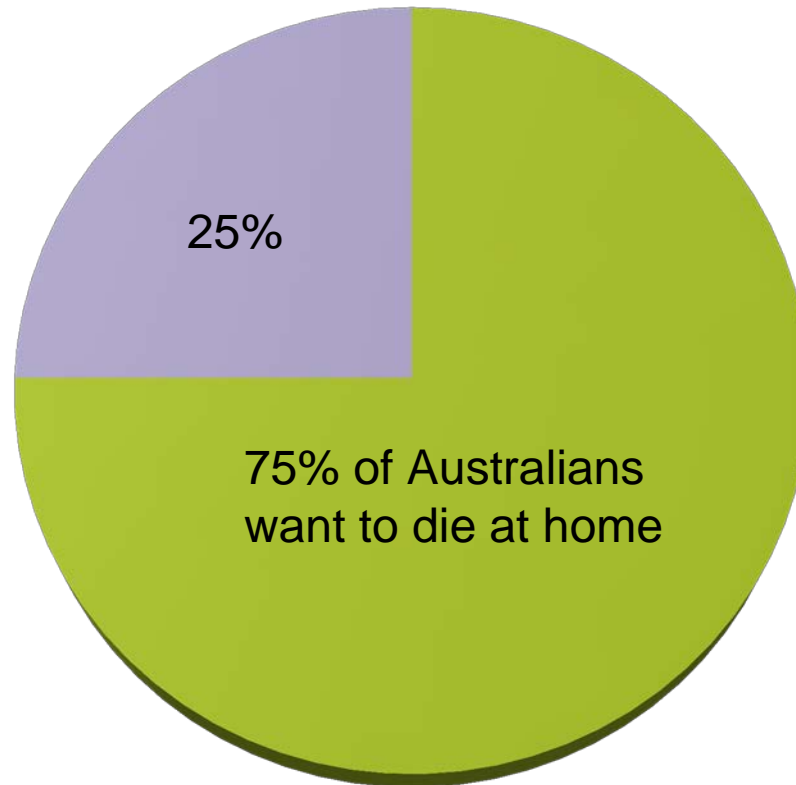
September 2015



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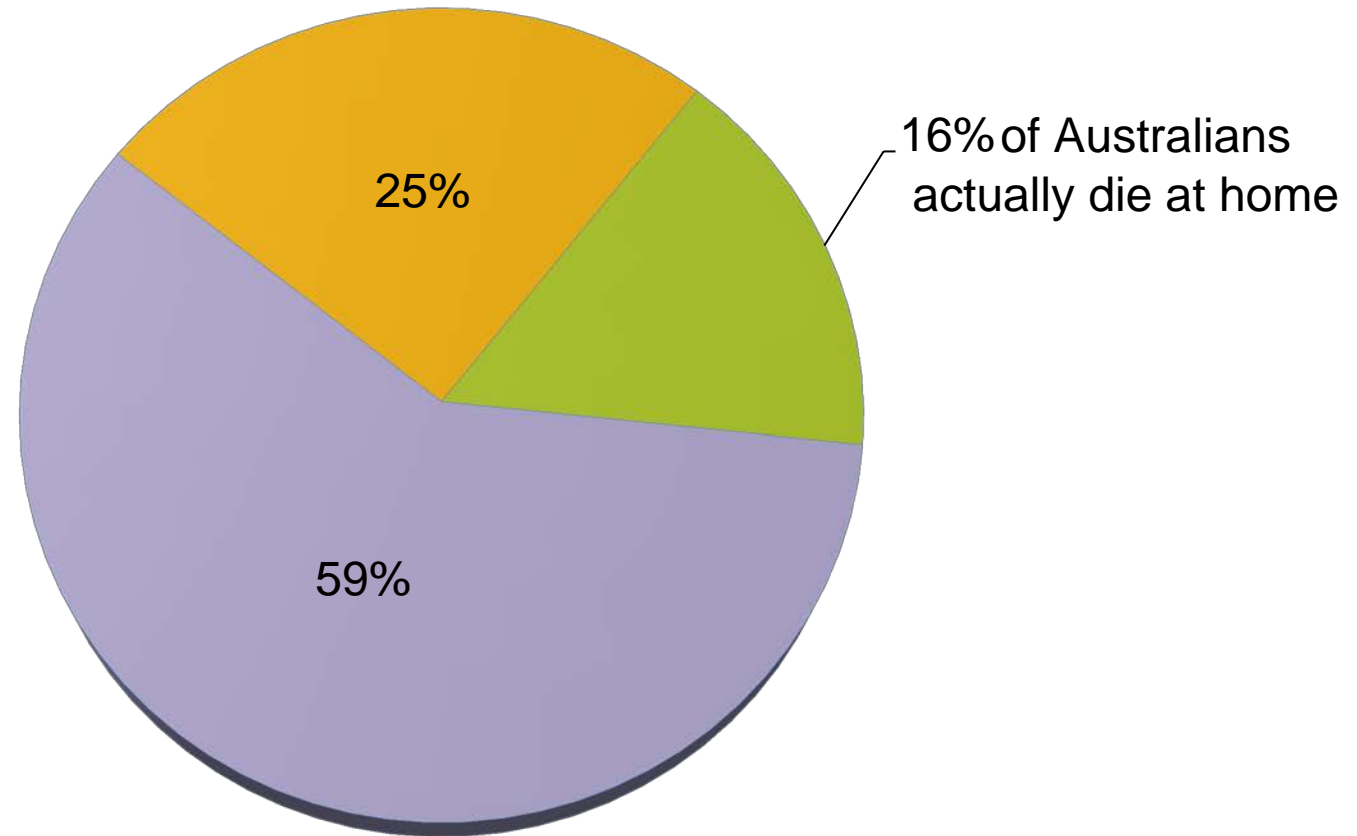
Dying at home



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Dying at home



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Palliative Care Home Support Program – Supports people who wish to die at home





Palliative Care Home Support Program – a Consortium project



Palliative Care – Aged Care Collaboration



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7 NSW LHDs –
SPC Teams

Local community
care providers

Paediatric Palliative
Care Network

Common goal

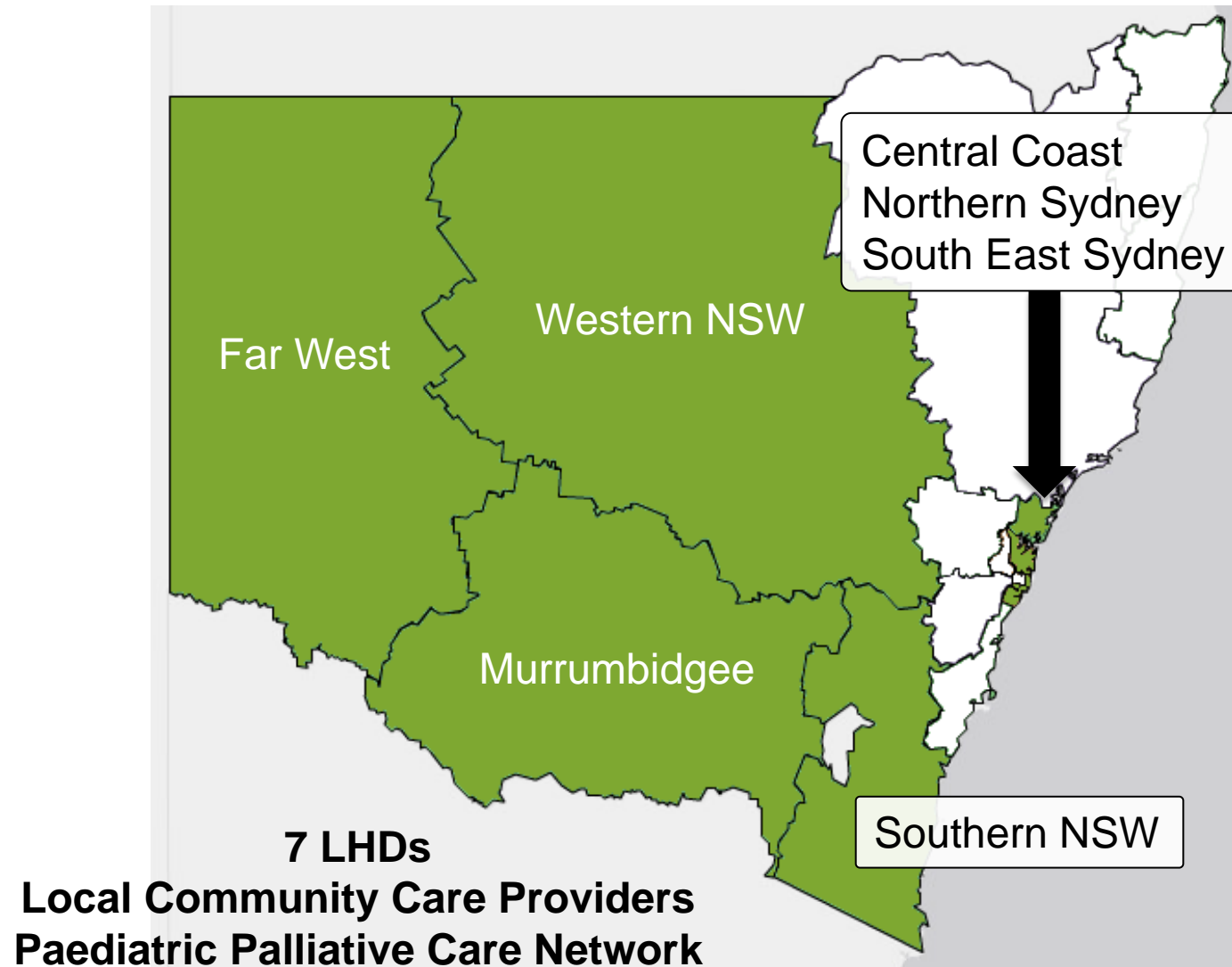
To help those who want to die at home, or remain at home for as long as possible, to have the opportunity to do so



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Connecting and collaborating with 7 LHDs



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Palliative Care Home Support Packages

Palliative Care Home Support Packages

48 hours end-of-life home care

Care workers with specialised palliative care training

Oversight and Case Management by existing Specialist Palliative Care teams

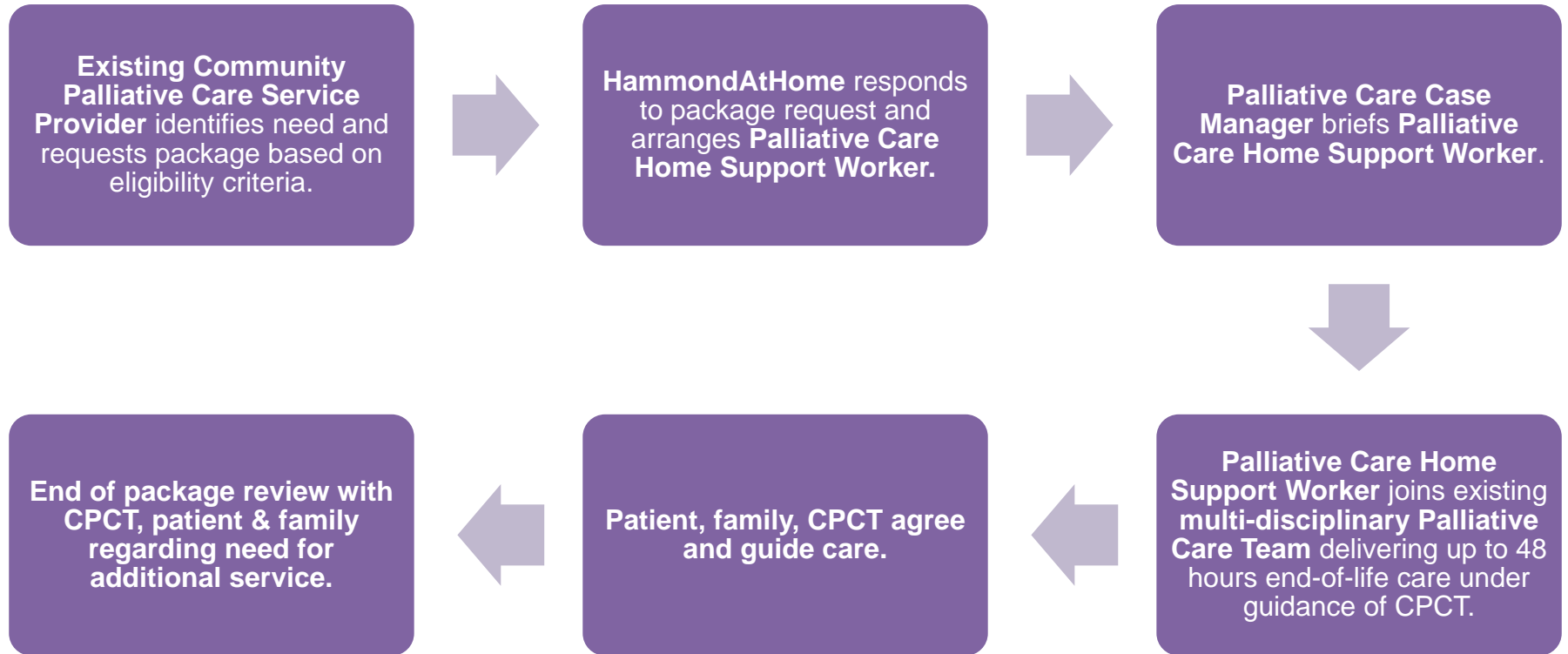
- Rapid response end-of-life supportive care provided by care workers with *specialised palliative care training*:
 - Assistance with ADLs
 - Personal and domestic care support:
 - Personal care
 - Household assistance, shopping
 - Basic nursing care
 - Carer support
 - Consumables, as required
 - Access to equipment pools (in kind)



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Working under the guidance of community palliative care teams



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Eligibility Criteria

- Patient has expressed a wish to remain at home for as long as possible; **AND**
- their palliative care phase is either deteriorating or terminal; **AND**
one or more of the following are present:
 - ☐ Family carer is physically/emotionally unable to continue caring at home without support
 - ☐ There is limited family support
 - ☐ There are specific cultural/spiritual issues necessitating extra support
 - ☐ Carer stress is high
 - ☐ Functional ability of patient is poor



Targeted recruitment

- Recruitment - not a place for L-platers
- Experienced community care workers
- HammondCare have brokerage agreements with community care providers recommended by LHDs



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Care worker training

- Training material based on successful palliative care training of 5,000 care workers in NZ
- Revised for Australian setting
- 4 modules over 2 days
- Local Palliative Care Teams join with HC to provide training



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Fundamentals of end of life care

Module One

Part 1: Essence of palliative care

Part 2: Ethical issues in palliative and
end of life care

Module Two

Communication



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Fundamentals of end of life care

Module 3

Part 1: Pain and symptom management

Part 2: Last days

Module 4

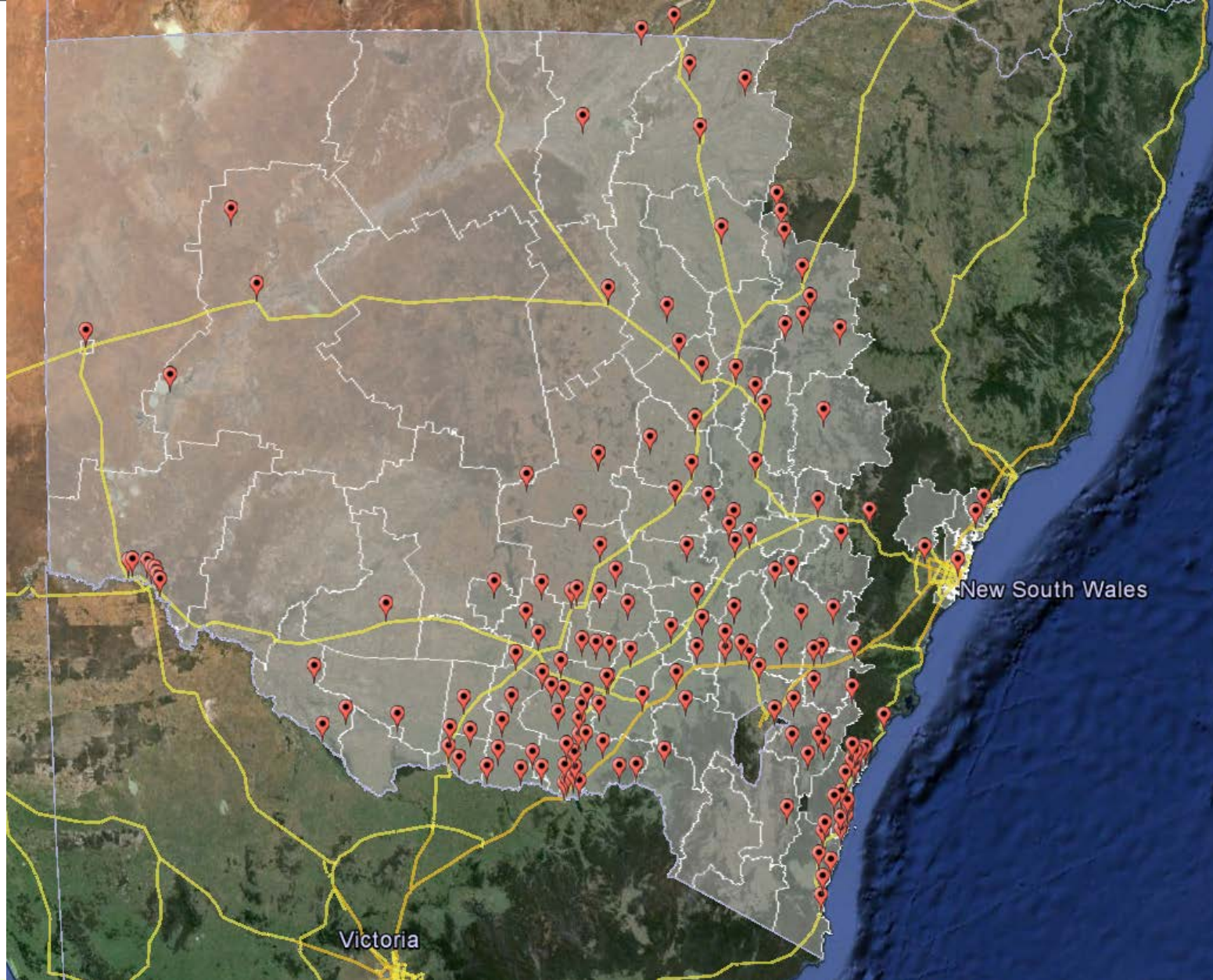
Part 1: Grief and loss

Part 2: Self care



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Palliative Care Home Support Program

Care Worker role

- Whatever is needed! Mostly personal care & support for exhausted carers
- Allows carers to take a break & then continue to provide care
- Gives carers confidence to be supported and to rest, particularly at night knowing their loved one is in good hands
- Care is available, any time day or night



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Expanded community Palliative Care

- First package delivered October 2013
- 350 + care workers trained in 7 LHDs
- 607 packages delivered to July 2015 (555 patients)
- 499 patient deaths, 387 died at home (78%)
- Packages available in RACFs
- Challenge – rural take-up
- Expanded referral base



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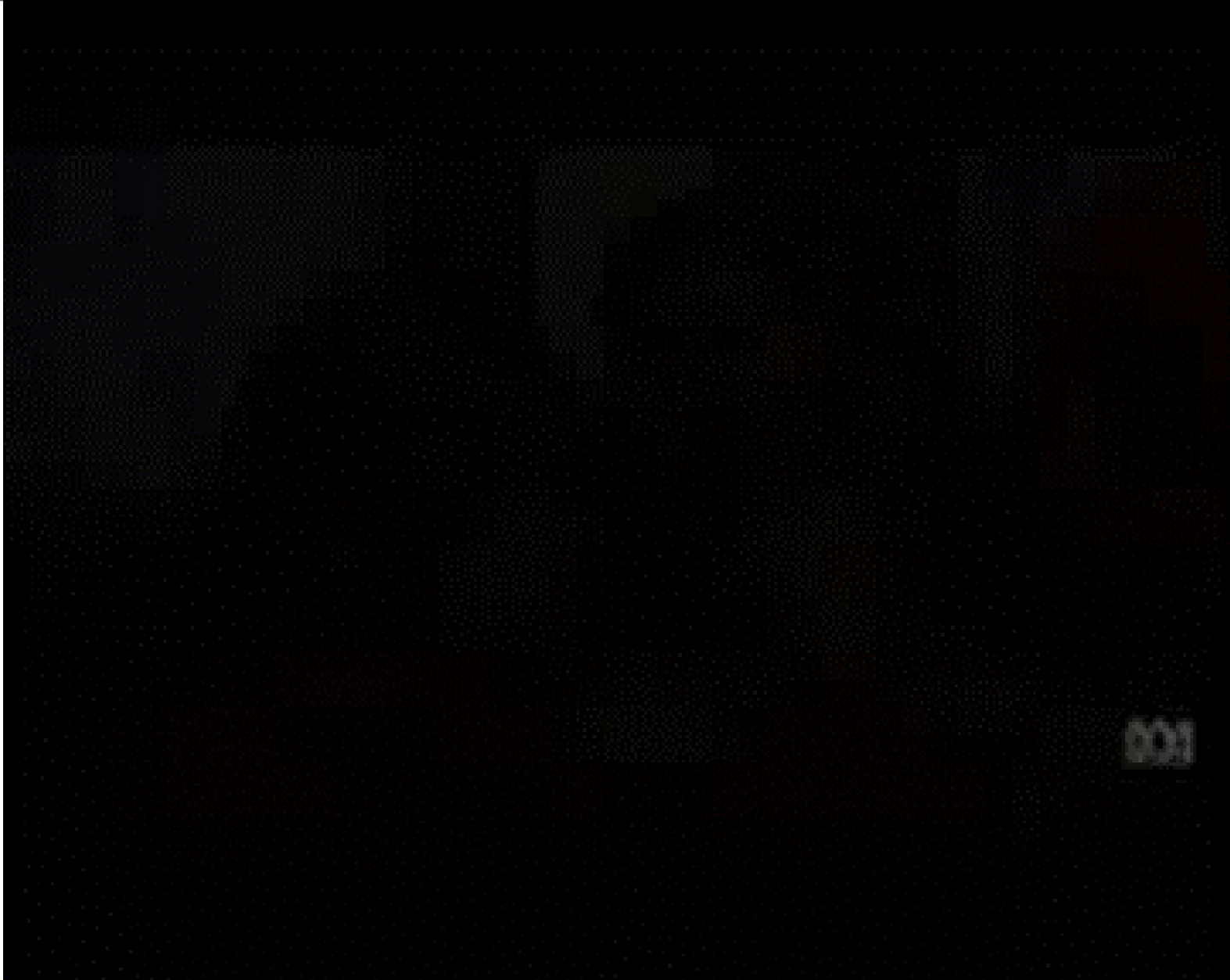
Main benefits of the Program

- Patients get to shape their end of life care
- Packages available across all age groups, including paediatric
- Every one of the 500+ packages has looked different
- Every package is patient-driven, taking into account what is important to them and their family



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Our mission

Our passion is improving
quality of life for people in need

