

YOUTH HEALTH FORUM SUMMIT: WEDNESDAY 15 SEPTEMBER 2021

YOUTH VOICES RESHAPING HEALTH

Opening Session

| | | |
|---------------|---------------|---|
| 8.45am-9.20am | 8.45am-9.20am | Facilitators: Ms Roxxanne MacDonald, CHF Board Director and Luke Catania, National Co-Ordinator, YHF |
| | 8.45am-8.55am | Official Welcome: Ms Roxxanne MacDonald, Young Leader, Youth Health Forum and CHF Board Director and Luke Catania, National Co-Ordinator, Youth Health Forum |
| | 8.55am-9.00am | Acknowledgement of Country: Kari Singers |
| | 9.00am-9.20am | <p>The Australian Youth Development Index 2020: What it Tells us About the State of Youth Health and Wellbeing, Katie Acheson and Gemma Wood, Numbers and People Synergy (NAPS)</p> <p><i>The Australian Youth Development Index (AYDI) 2020 is an instrument that highlights progress in youth development in Australia and its jurisdictions. The project was funded by the Department of Health, on behalf of Senator, the Hon Richard Colbeck, Minister for Youth and Sport to contribute to the National Youth Taskforce's work in the design and implementation of youth policies. NAPS partnered with the Australian Youth Affairs Coalition (AYAC), the Australian non-government national youth affairs peak body, and jurisdictional peak bodies to develop the 2nd AYDI. This project included multiple youth consultations in each jurisdiction to ensure the youth voice is present throughout the design and construction of the AYDI.</i></p> |

Setting the Scene, Setting the Agenda: Conversation Stations

| | | |
|----------------|----------------|---|
| 9.20am-10.20am | 9.20am-10.20am | <p>This will be an interactive conversation and networking event, all from the safety of your computer screen. We will have seven separate facilitated round table discussions focusing on topics that matter to young people. Participants will be able to choose their preferred topic of conversation and will be part of that discussion for the duration of the session.</p> <p>This will be a place to meet and connect with likeminded advocates and policy makers. The discussions and ideas raised here will help guide the ideas for future sessions later in the day.</p> <p>Topic options will include: Mental Health, LGBTIQ+ Health, Cultural Diversity and Health Promotion, Climate Change and Health, Covid, Health and Young People, Access and Disadvantage in Health.</p> |
|----------------|----------------|---|

| Morning Tea | | | |
|--|-----------------|---|--|
| 10.50am-11.20am | 10.50am-11.20am | <p>Facilitator: Georgia Gardner, Young Leader, Youth Health Forum</p> <p>Panel Conversation: What are the Policy Makers Missing? Caitlin Figueiredo, Co-Chair, Australian Youth Affairs Coalition (AYAC); Franklin Hooper, UNICEF Australia’s Young Ambassador; Samuel Hockey, Lived Experience Researcher, Brain and Mind Research Institute. Panel Discussion facilitated by Georgia Gardner, Young Leader, Youth Health Forum and Katie Shoemark Carers Australia.</p> <p>This Young person facilitated panel will ask a group of youth advocates and leaders to discuss and explore “what are the policy makers missing?”, focusing on the need for young people to be listened to and respected.</p> <p>Policy makers at all levels currently struggle to engage young people, the panelists will discuss this and more!</p> | |
| Building Capacity for Better Services for Young People | | | |
| 11.25am-12.45pm | 11.25am-12.45pm | PLENARY ROOM | CONCURRENT ROOM |
| | | <p>Facilitator: Georgia Gardner, Young Leader, YHF</p> <p>Engaging with Young People: When is Co-Design Real Co-Design? Kelly Ann (KA) McKercher, Author ‘Beyond Sticky Notes’, Innovation Lead, NSW Health Pathology</p> <p>Join co-design specialist Kelly Ann (KA) McKercher in an interactive session to explore how to recognise genuine co-design and the conditions needed for co-design with young people. In particular, KA will share their ‘Model of Care for Co-design’ a practice model based on widening inclusion and ensuring and safe (enough) collaboration.</p> | <p>Facilitator: Luke Catania, National Co-Ordinator, YHF</p> <p>Young People Influencing Change: How to Have Impact and Influence as Advocate? Neil Pharaoh, Co-Founder + Director, Tanck</p> <p>This session will dive into the cut and thrust of advocacy, what campaigning is about, the dirt, the good, the bad and the ugly around advocacy and engagement with the political process. Whether it has been the front line on LGBTI advocacy and marriage equality, or delving deep into gender equality, refugees, or social justice - Neil Pharaoh will share stories, insights and passion for advocacy, as well as some simple stuff to start your own advocacy and campaigning journey in this insightful session.</p> |

| Lunch | | |
|---------------|---------------|---|
| Future Focus | | |
| 1.15pm-5.00pm | 1.15pm-5.00pm | Facilitator: Leanne Wells, Chief Executive Officer, Consumers Health Forum |
| | 1.15pm-2.00pm | Lightning Youth Talks A Series of short presentations by youth advocates and youth aimed projects from around Australia. These will focus on how attendees can become involved in the speaker's projects and what can be replicated at a larger scale. |
| | 2.00pm-3.30pm | Developing Ideas for the Future: Open Forum Format Co-facilitators: Andrew Hollo and Jahin Tanvir, Youth Ambassador, WH&Y Centre for Research Excellence in Adolescent Health and YHF Young Leader. This open forum style session will focus on ensuring that the emerging issues in youth health are raised and discussed by the large group of young people gathered. This will feed into the summit Call to Action, and further policy focused discussions in the future. |
| | 3.30pm-4.30pm | Young People as Change Makers: A Reflection Jasmine Elliott and Zinab Al Hilaly, YHF Young Leaders in conversation with Associate Professor Michelle Tefler, retired gymnast and paediatrician and adolescent medicine physician, Royal Children's Hospital and Professor Pat McGorry, Executive Director Orygen and Australian of the Year 2010 |
| | 4.30pm-4.45pm | Shifting the Focus from Health to Wellbeing in Governments Dr Sandro Demaio, CEO of Vichealth, medical doctor and a globally renowned public health expert and advocate in conversation with Roxxanne MacDonald. |
| | 4.45pm-5.00pm | Youth Health Summit 'Calls to Action' Presentation of a synthesis of change ideas generated by delegates by Andrew Hollo and Jahin Tanvir. This session will present the ideas and issues generated throughout the day, collated into key points that will then be used to drive the next set of YHF recommendations and future YHF focuses. |
| Close | | |



Digital Storytelling

Devon will be synthesising the key takeaways of the Summit, tracking her live scribing (drawing) and see the final beautiful illustration at the end of the day. A graphic recording of the event creates a colourful and impactful illustration, distilling the complex to the simple in a creative and captivating way.