



**eHealth**  
week

11 - 13 MAY 2015  
RIGA, LATVIA

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Ministry of Health  
Republic of Latvia

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# INCA PROJECT VENTSPILS MUNICIPALITY

Ltd. «Northern Kurzeme Regional Hospital»

And

Ventspils Social Department

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# Ventspils city

- 41 431 inhabitants (2013)
- Leader in ICT development between Latvian Municipalities
- Project partners:
  - Ventspils Municipality Social Department
  - Northern Kurzeme regional Hospital







## Inclusive Introduction to Integrated Care - INCA

- Project facts:
- Implementation: 2014-2016
- Project partners: 11 organizations from all over EU
- Pilots: 5 pilots in 5 countries with specialization on 5 diagnosis
- ICT PSP co-funded project
- Leading partner IDI EIKON (Spain)



**INCA**



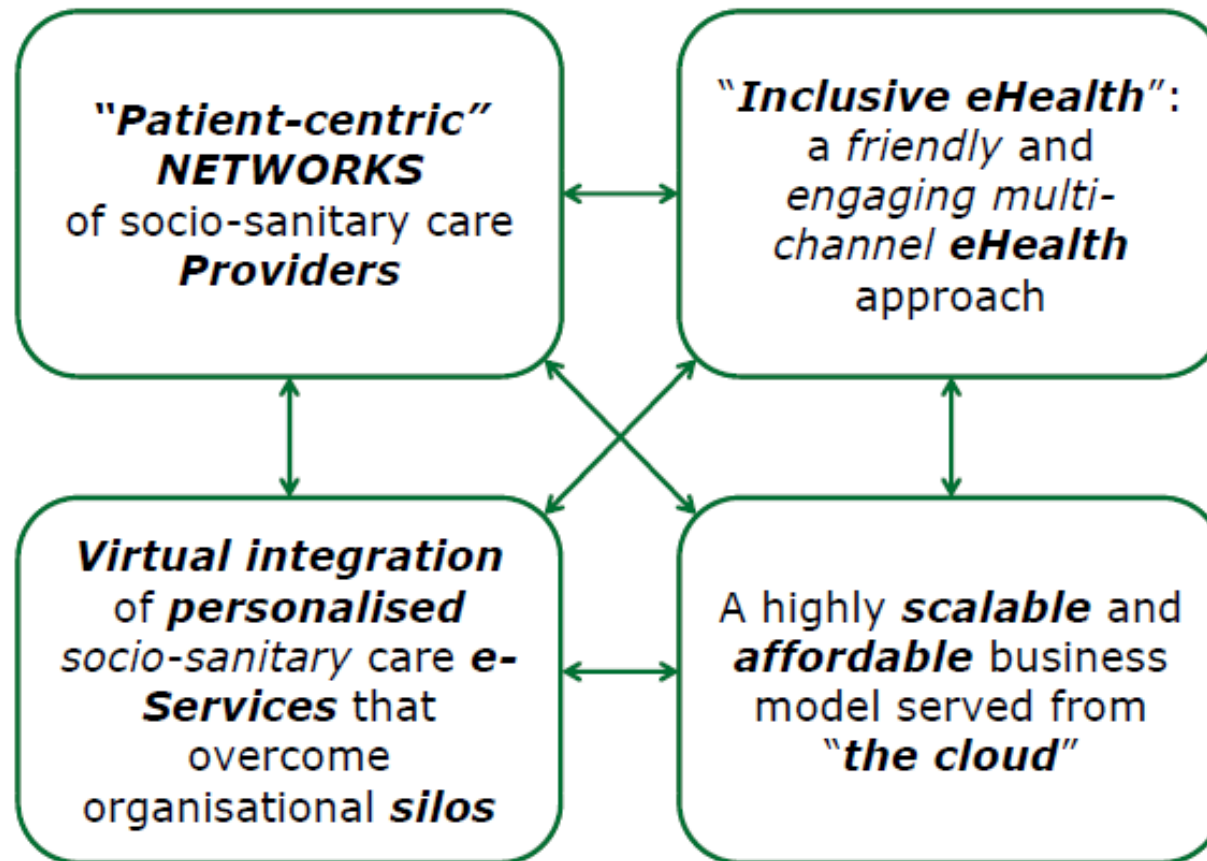
**INCLUSIVE INTRODUCTION  
OF INTEGRATED CARE**

# INCA Project Goals

*A pragmatic and scalable contribution towards first-time introduction of integrated care programmes in EU Member States or associated countries and regions.*

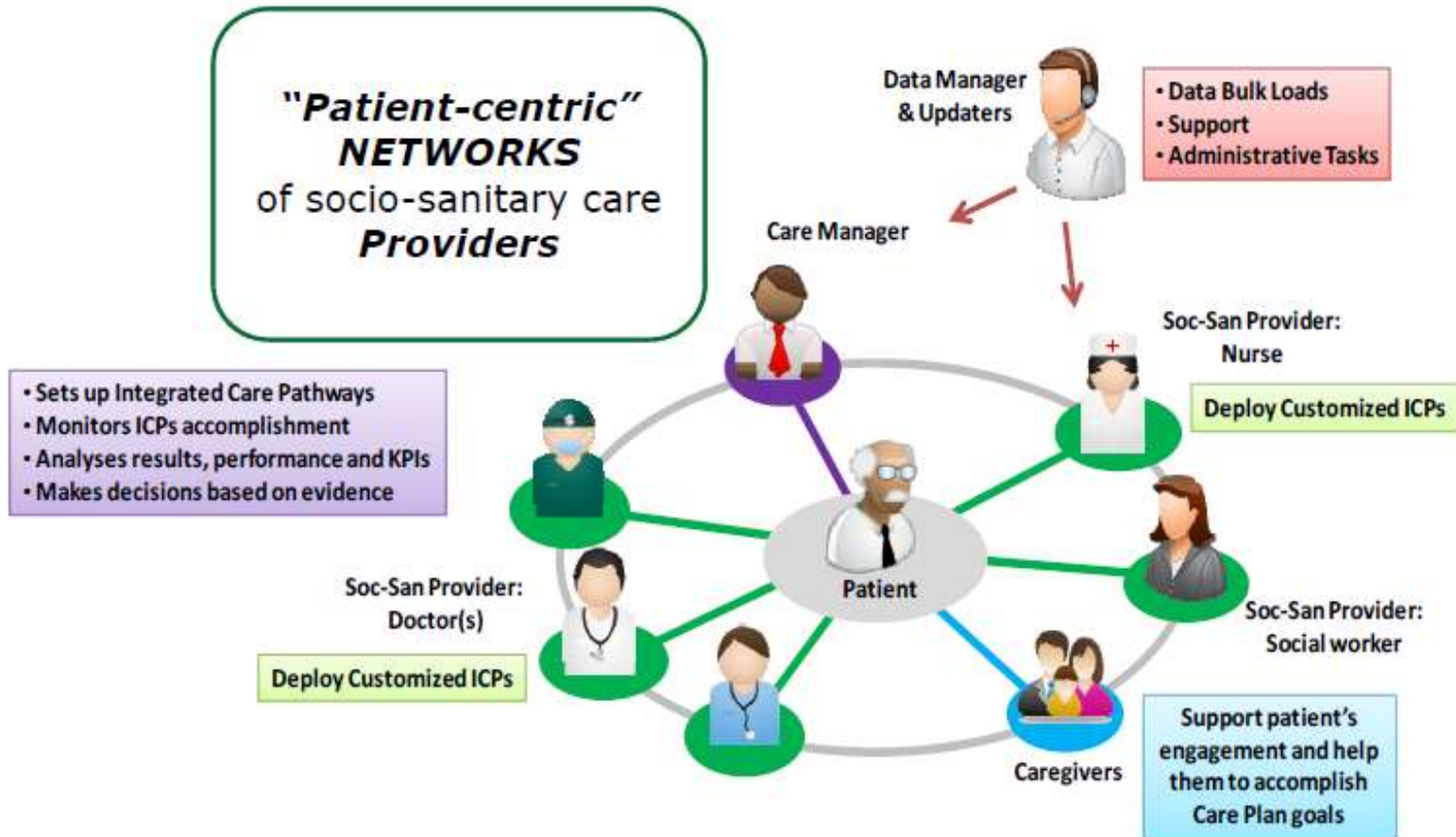


# Four pillars



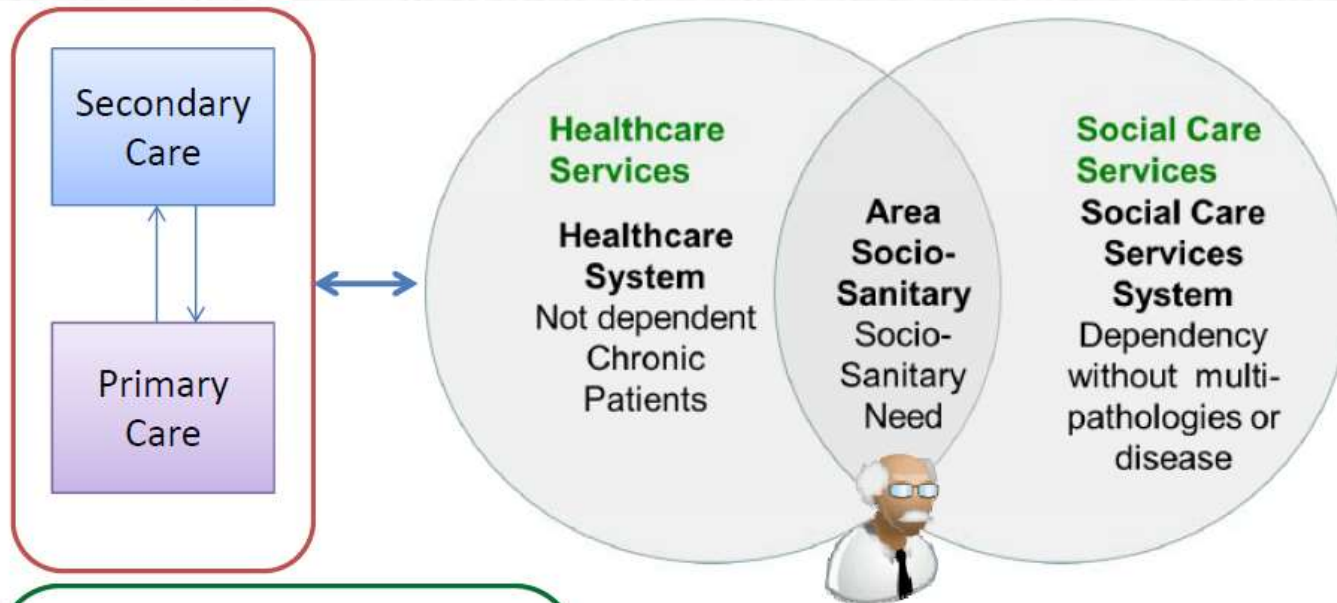
# Patient-centric NETWORKS

**"Patient-centric"  
NETWORKS  
of socio-sanitary care  
Providers**





# «Virtual» integration



**“Virtual” integration of *personalised* socio-sanitary care e-**Services** that overcome organisational *silos***

- Needs to manage clinical populations that:
  - Overuse services (hyper-frequentation)
  - Generate unbalanced workloads among providers
  - Wrongly use available resources (especially expensive ones)

# «Inclusive ehealth»

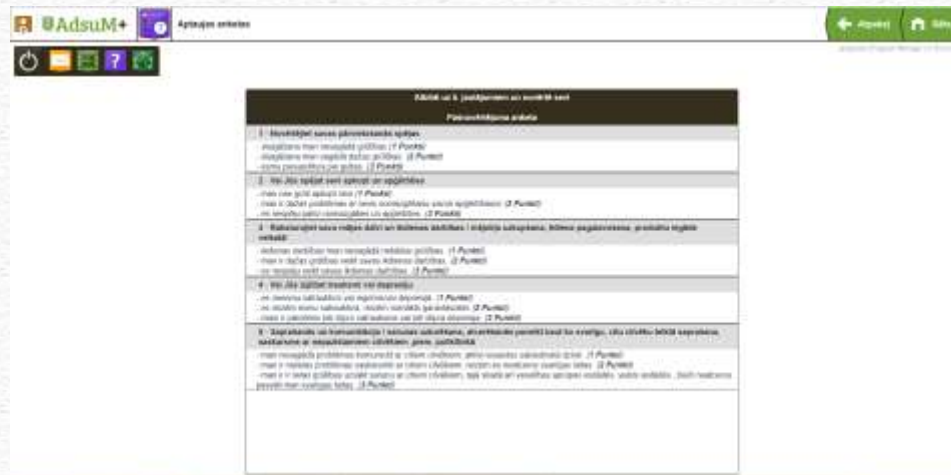
**“Inclusive eHealth”:**  
a friendly and  
engaging multi-  
channel **eHealth**  
approach





# Target group

- Over 65 years old
- Hypertension
- Under informal/formal social care
- Cooperation with Primary care sector



# Pilot in Ventspils

- E-Health service development for active and Healthy Ageing
- Cloud computing for more efficient service usage
- Improve efficiency in socio-sanitary system
- Minimize bureaucratic burdens between institutions
  - Easier way for doctors and social workers to monitor patients health change
- Organizational optimization
  - All information about patient, in case of emergency treatment, is in one place and accessible for medical stuff
- Patient centric health care development
- Improvement of institution general competencies and experience
- Localized cloud base sociosanitary e-solution

## Stakeholders:

- patients
- carers
- social workers
- doctors
- nurses
- NGO representatives



# Findings

- Interest from people under 65
- Carers show interest in self-monitoring
- Interest from Nursing Homes
- Cooperation between different entities creates better communication circle
- Stakeholders admit the need of socio sanitary systems like INCA
- Support from municipality in INCA deployment



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# THANK YOU!

For more information visit:  
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