



# Engaging and Caring for Caregivers

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Standing with the Caregiver Nation™

Seniorlink is an innovative caregiving company, pioneering solutions to help caregivers provide their loved ones with the highest quality care.



Caregiver Homes supports caregivers and their loved ones with expert in-home care teams, providing guidance and insight to help keep care at home.



Vela brings compassion to technology, providing caregivers and their care partners with a powerful, collaborative platform and knowledge that will help them deliver care with confidence.

# Who We Serve and What We Do

## Who We Serve

7K+ Consumers in 6 States



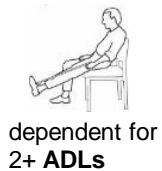
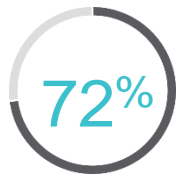
6 OUT OF 10  
are **Duals**



1 OUT OF 2  
are **65 or older**

26%

are enrolled in a  
**Medicaid MCO**



72%  
dependent for  
2+ **ADLs**

3 OUT OF 5

of those 65+ have a  
**chronic circulatory condition**



83%

have 5 or  
more **Meds**

54%

Hypertension

30%

Diabetes

13%

Dementia

2 OUT OF 3

have indicators of  
**depression, anxiety,**  
and/or **mood disorder**

40%

exhibit **behaviors**  
that make **caregiving**  
**difficult**

35%

diagnosed with  
a **psychiatric**  
**condition**

## What We Do

Activity Snapshot

33K Caregiver Candidates Screened

10.5k Caregivers Served

23.5k Person-Centered Care Plans  
Developed and Updated

47k Medication Lists Compiled and Reconciled

20k Falls Quick Screens Completed

300k+ Cumulative Caregiver Interviews

6M+ Cumulative Daily Caregiver Notes

Caregiver Homes is the first Home  
and Community Based Services  
(HCBS) provider in the nation to  
receive case management  
accreditation



# How We Are Helping

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## Remain at home

People receiving care through our program experience longer stays in their home compared to those living in a skilled nursing home environment.

## Less costly

On average, the Caregiver Homes program is approximately **½ the cost** of a skilled nursing facility.

## Less falls

Care recipients in our program experienced a fall nearly **3.5 times less** than those in a skilled nursing facility.

## Better results

A Medicare Current Beneficiary Study\* compared care recipients in our program to those in a Medicare group with similar conditions and needs. The results showed that:

- The Medicare group spent nearly 3 times more on care
- The Medicare group required 6.5 more home health visits, 2 times more physician visits, and 4 times more days in a skilled nursing facility.

# Dementia By The Numbers

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**1 in 5**

The number of Medicare dollars spent on people with Alzheimer's and other dementias. In 2050 it will be 1 in every 3 dollars.

**\$221.3 billion**

The estimated economic value of 18.1 billion hours of unpaid care to those with Alzheimer's and other dementias in 2015.

**28 %**

The percent more likely Alzheimer's care contributors are to eat less or go hungry because they cannot afford to pay for food.

# Impact of Dementia on Caregivers

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Meet Alice and Edra

Meet Richard and Gloria





# MEET OUR PANELISTS



# Anne Tumlinson

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- Anne Tumlinson has spent the last two decades as a health and aging services expert working to transform the financing and delivery of care for older adults.
- Anne has testified before Congress, and appeared before the Long-Term Care Commission and the Bipartisan Policy Center.
- She recently founded daughterhood.org in order to bring caregivers into the reform conversation, enhance their understanding of systems of care, and build community around common caregiving experiences.
- She also leads Anne Tumlinson Innovations, LLC, a firm dedicated to building bridges between delivery system innovations and financing.



# Nels Holmgren

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- Director of the Division of Aging and Adult Services at the State of Utah; oversees programs mandated by the Older Americans Act to promote healthy and secure lifestyles for Utah's growing senior population.
- Works with local partners, the Area Agencies on Aging, and other interested parties in the Aging network, the Division provides critical services to empower Utah's seniors to remain independent in their own homes.
- Prior to coming to the Division, he was a Senior Business Manager in Convergys Corporation's healthcare and Pharmaceutical division.
- Nels received Bachelor's degree in English from Brigham Young University and his Masters of Business Administration from the Eccles School of Business at the University of Utah. He and his wife Emily are the parents of five children.

# Lance Robertson

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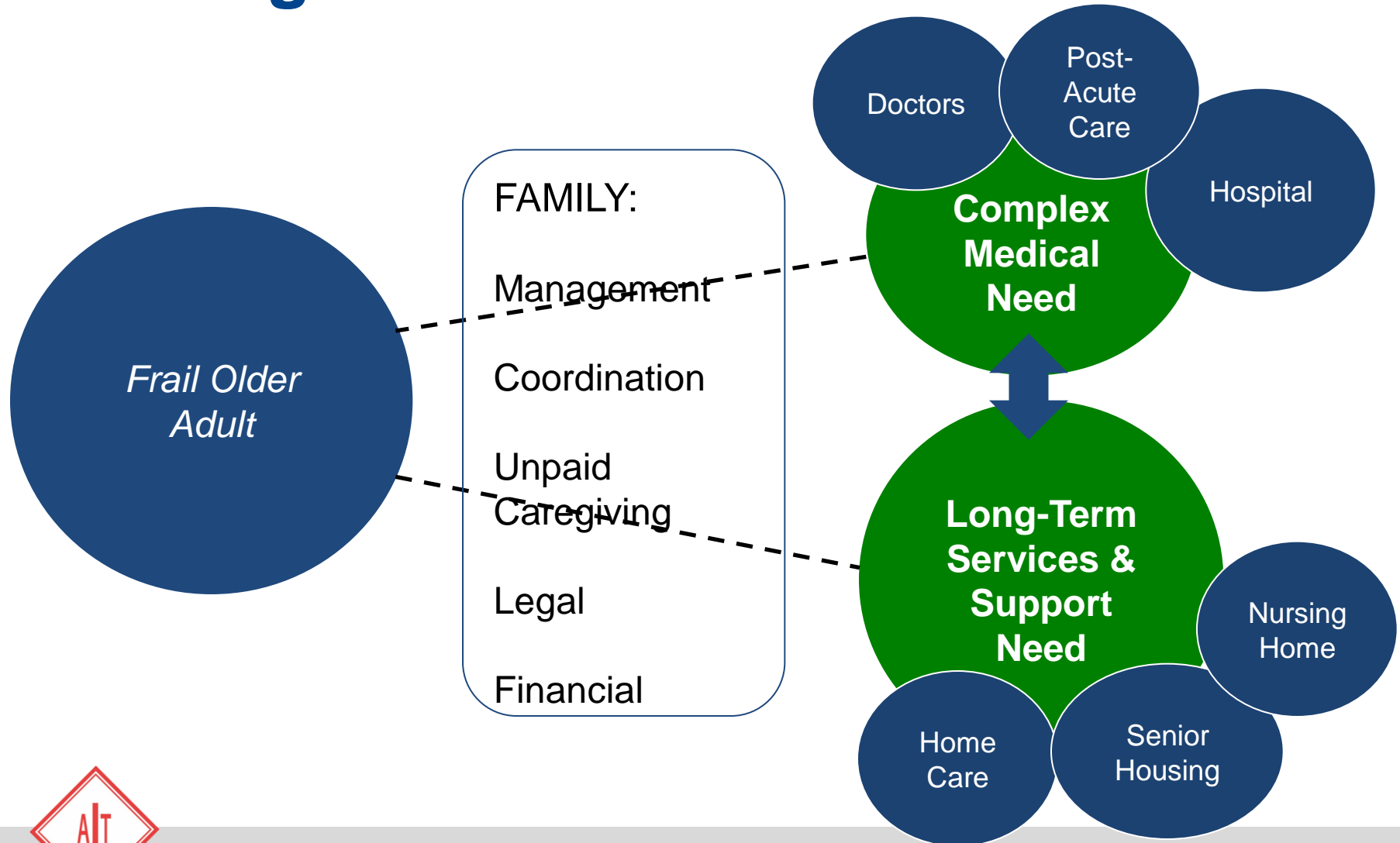
- In August 2007, Lance Robertson became the state's Director of the Aging Services, Oklahoma Department of Human Services.
- As Director of Aging Services, he is responsible for an annual budget of \$325 million dollars (Medicaid/Federal & State) , oversees 21 major programs, and leads a statewide team of 255 staff members.
- A career gerontologist, he was at Oklahoma State University for twelve years, where he co-founded the Gerontology Institute and contractually served as Executive Director of PartnerShips for Aging, the largest regional gerontology association in the United States.
- His undergraduate degree is from Oklahoma State University and he has a Master in Public Administration degree from the University of Central Oklahoma.
- He is the immediate past president of the National Association of States United for Aging & Disability (NASUAD),
- He resides with his wife and two daughters in Edmond, Oklahoma.



ANNE TUMLINSON



# Families: The Ultimate Accountable Care Organizations





NELS HOLMGREN



## Some Utah Context



- One of the highest per capita prevalence increases of Alzheimer's nationwide
- Cache County Memory Study on Memory, Health and Aging
- University of Utah Center for Alzheimer's Care, Imaging and Research

# Some Utah Context



- No state funded or administered programs specifically for Alzheimer's or related dementias
- Utah Chapter of the Alzheimer's Association
- “Rugged Western Individualism”
- Utah State Legislature

# Utah's Path Forward



- Utah State Alzheimer's Task Force
- Utah State Alzheimer's Plan
- Proposed Legislation
- Roadblocks
- Renewal and Baby Steps
- New Context



# Lessons Learned



- Partnerships and Coalitions
- Embed
- Education
- Small Victories
- Persistence



LANCE ROBERTSON



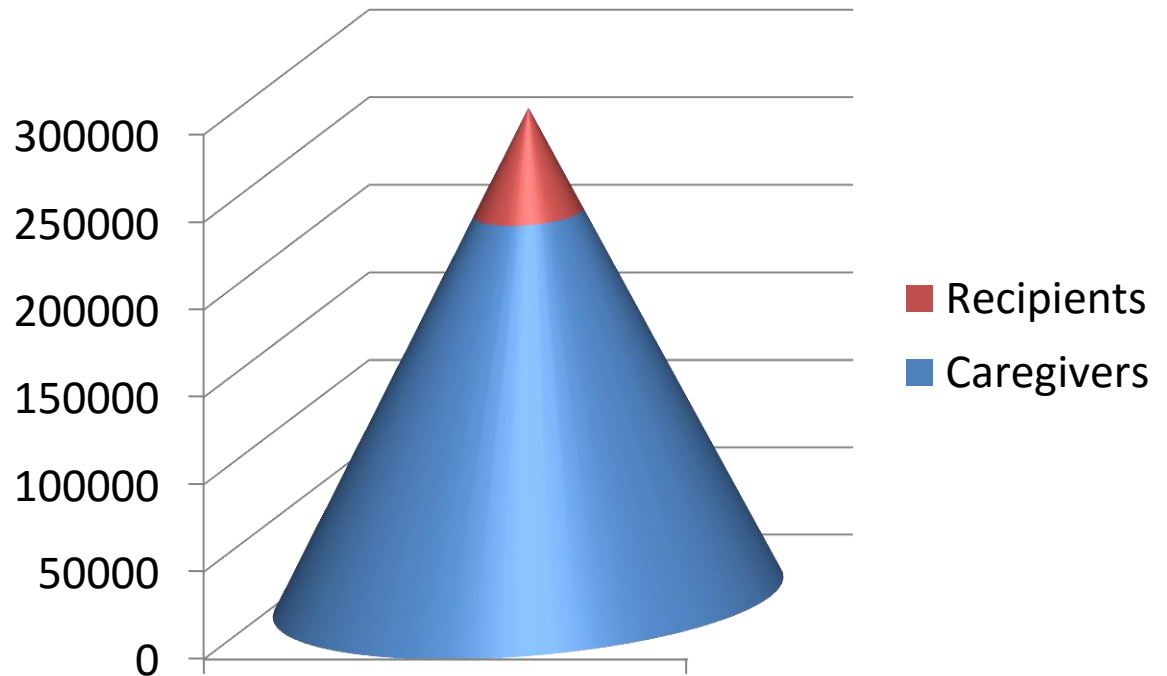
# Oklahoma's Crisis

- There are 61,000 Oklahomans currently living with Alzheimer's.
- That number will grow by 26.7% by 2025.
- Oklahoma's 2016 Medicaid costs for caring for people with Alzheimer's: \$457 million dollars.

*“Alzheimer's is the most under-recognized public health crisis of our time”*

# Oklahoma's Crisis

- Over 220,000 unpaid family caregivers.
- 252 million hours of unpaid care at a value of \$3.1 billion dollars.
- Health costs of caregivers: \$136 million dollars.





# OKLAHOMA alz State Plan 2016

*Because of the impact of Alzheimer's disease on the citizens of Oklahoma, the Oklahoma Department of Human Services - Aging Services, in collaboration with community partners, presents this Oklahoma State Plan to the Governor of Oklahoma this 22<sup>nd</sup> day of February, 2016.*

[http://www.alz.org/oklahoma/alzheimers\\_disease\\_102675.asp](http://www.alz.org/oklahoma/alzheimers_disease_102675.asp)

# OK Alzheimer's State Plan

- Original plan developed in 2009
- Governor's Exec Order 2015-32
- Sizeable, bi-partisan legislative caucus
- Core working group, large advisory group
- 23 recommendations
- Four areas:
  - Caregiving & Case Management
  - Education & Training
  - Service Enhancement & Delivery
  - State Government



# Session Items

- Innovative solutions to supporting caregivers and people with dementia
- What more can we do to engage caregivers?
- What roles should States play?
- How do we ensure that family members receive consistent, targeted, and relevant support?



# Innovative Plan Ideas

- Information & Assistance = Partnership with the No Wrong Door Initiative, and 2-1-1 program
- Outreach = Targeted employers
- Training = Dementia-specific training for all first responders
- Financial Incentive = Student loan forgiveness program
- Research = State-level focus and funding



# Conclusion

- Issues for further study
  - Tax credit for caregivers
  - More support for specialized care centers
  - Economic incentives for physicians
- Criticality of legislative support
- Better agency coordination
- Connecting with the Governor's Healthy Aging Initiative
- Involvement of higher education

