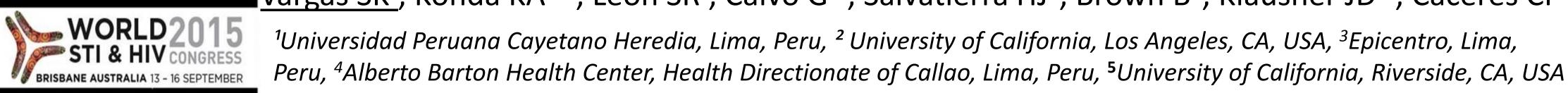
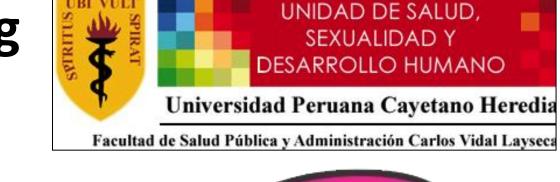


The Relationship between HIV Testing Frequency and HIV Risk Perception among Peruvian MSM and Transgender women who attend STI clinics in Lima, Peru

<u>Vargas SK¹</u>, Konda KA^{1, 2}, Leon SR¹, Calvo G ³, Salvatierra HJ⁴, Brown B⁵, Klausner JD ², Caceres CF¹



¹Universidad Peruana Cayetano Heredia, Lima, Peru, ² University of California, Los Angeles, CA, USA, ³Epicentro, Lima,





Background

- HIV in Peru is concentrated among men who have sex with men (MSM) (13%-15%) and transgender women (TW) (20%-30%)
- ART is available through Peruvian government financing and entrance into care is predicated on HIV testing, HIV prevention consists of HIV VCT
- Over 70% of HIV+ MSM/TW may be unaware of their status, as HIV testing rates are low, delaying diagnosis and treatment
- As HIV testing is conducted only on request, risk perception could influence MSM/TWs testing practices
- We assessed the relationship between perceived HIV risk and self-reported HIV testing frequency among MSM/TW attending STI clinics from Lima

Methods

- This cross-sectional analysis included data from recruited MSM/TW ≥18 years of age at high risk for STI acquisition, attending 2 STI clinics in Lima, capital city of Peru, reporting a negative result in their last HIV test or never being tested.
- All known HIV positive participants were excluded for this analysis.
- Behavioral survey (CAPI) assessed HIV risk perception and prior testing frequency (frequent HIV testing is defined as testing at least every 6 months)
- Lab testing assessed for: HIV, syphilis, Chlamydia & gonorrhea
- Chi-square tests, Fisher's exact test and multivariable regression were used to estimate adjusted prevalence ratios (aPRs).

Table 1: Characteristics of MSM/TW from two STI Clinics who self-reported frequent HIV testing. Lima, Peru 2014

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Variable	Frequent HIV testing	p-value			
C '	39% (122/310)	0.004			
Sex identity*		0.001			
Gay/Homosexual	40% (66/164)				
Bisexual/Heterosexual	24% (18/74)				
Trans women	55% (37/67)				
Monthly income in Dollars*		0.031			
< 250	50% (54/109)				
250-500	33% (49/147)				
>500	43% (18/42)				
No of sex partners, last 3 mos		0.028			
0-1 sex partners	26% (16/62)				
2-4 sex partners	48% (39/82)				
>4 sex partners	40% (67/166)				
UAI, last 3 months *		<0.001			
Yes	35% (84/239)				
No	61% (37/61)				
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Sex role during intercourse		0.034			
Insertive	29% (22/77)	0.034			
Receptive	48% (47/98)				
Insertive and receptive	39% (53/135)				
ilisertive and receptive	39/0 (33/133)				
Sex worker		0.055			
	F00/ /21 /C2\	0.055			
Yes	50% (31/62)				
No	37% (91/248)				
		.0.004			
Previous syphilis infection		<0.001			
Yes	55% (54/99)				
No	32% (68/211)				
*Variables had missing values, but none were >10%					

Table 2: Relationship between HIV risk perception and Fragues of LIV/ tocting

Frequency of HIV testing							
Variable	N (%)	Frequent HIV testing	Infrequent HIV testing	p-value			
		N=122 (39)	N=188 (61)	p value			
HIV risk perception				0.001			
High	72 (23)	28 (39)	44 (61)				
Moderate	148 (48)	44 (30)	104 (70)				
Low	75 (24)	41 (55)	34 (45)				
Not at risk	15 (5)	9 (60)	6 (40)				

Table 3: Multivariable analyses for the prevalence of frequent HIV testing among men who have sex with men and transgender women from Lima, Peru. 2014

Variable	(a)PR*	95% CI*	p-value
HIV Risk Perception			
High	1.02	0.71-1.46	0.913
Moderate	Ref.	-	-
Low/No risk	1.53	1.13-2.08	0.006
No of sex partners, last 3 mos			
0-1 sex partners	Ref.	-	-
2-4 sex partners	1.73	1.09-2.72	0.018
>4 sex partners	1.49	0.94-2.36	0.086
Had condomless anal intercourse	0.66	0.49-0.87	0.003
Self-reported history of syphilis	1.59	1.23-2.06	<0.001
Monthly income in USD			
< 250	Ref.	-	-
250-500	0.76	0.57-1.01	0.055
>500	0.81	0.53-1.23	0.325
Has post-secondary education	1.38	1.03-1.84	0.028

partner, sex work.

*Adjusted by sex identity, age, sexual role during anal intercourse, stable

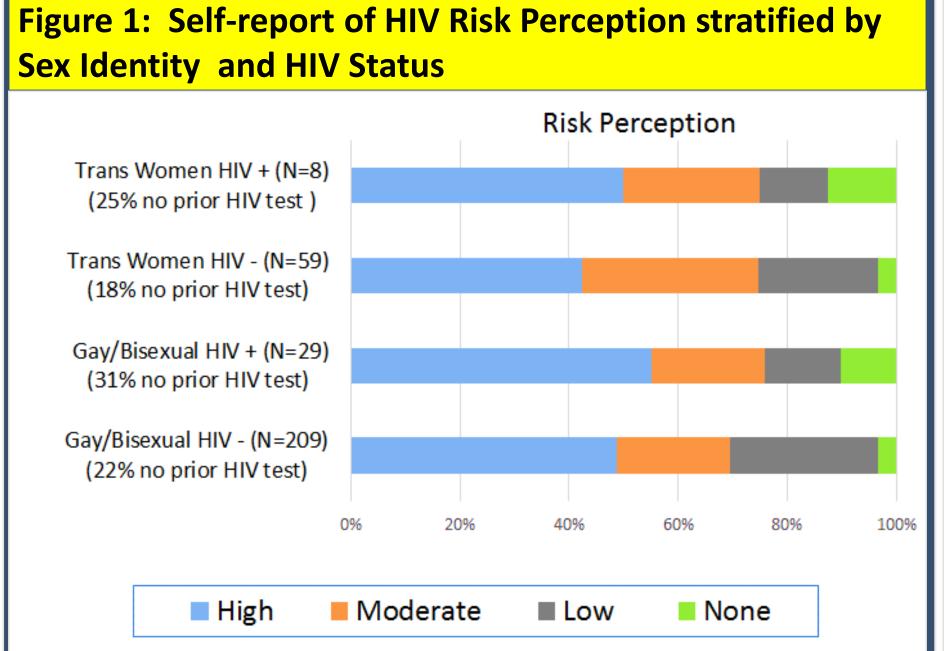
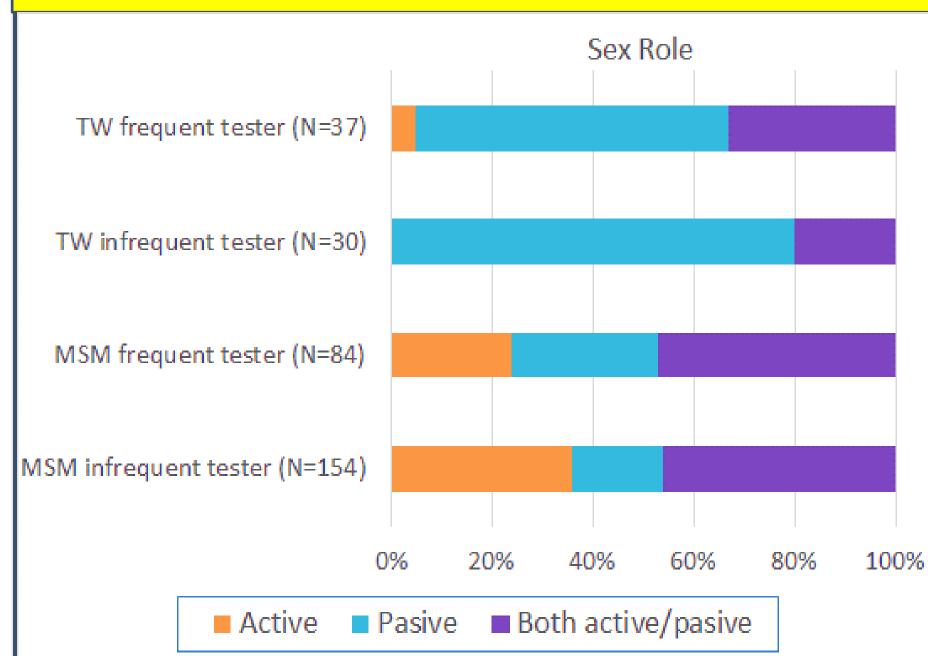


Figure 1: Sex Role by HIV Testing frequency and Sex Identity



Results

Population Description

- Among MSM/TW participants, 243/310 (68%) reported an HIV negative result at their last HIV test and 67/310 (22%) reported never being tested
- Median age was 29 years (IQR 23.4 38.4)
- 54% were gay or homosexual, 22% were transgender women, 24% self-identified as bisexual
- UAI in last three months was highly prevalent (79%)
- Almost a third (32%) reported history of syphilis
- 11% of the participants were HIV positive and all were unaware of their infection

Frequency of HIV testing

- Frequent HIV testing was reported by 39% of participants
- Frequent HIV testers were more likely to report having low or no perceived HIV risk (54% vs 45%), and being TW (55% vs 45 %) (p-values<0.05)
- Participants with 2+ recent sex partners, condomless receptive anal sex, previous syphilis infection and engaging in sex work are less likely to be frequent testers (pvalues<0.05)
- There was no statistical difference of testing frequency by age group, type of sex partner and education (p-values>0.1) Self-assessment of HIV Risk
- HIV risk perception: 5% reported no HIV risk, low HIV risk was reported by 24%, moderate risk was reported by 48%, and high risk by 23%
- Education, number of sex partners and sex work were independently associated with moderate HIV risk perception (p-value<0.05)
- Baseline HIV status and HIV risk perception were not associated: HIV prevalence was 11%, 13% and 10% among those reporting high, moderate and low/no HIV risk (pvalue>0.1)

Discussion

Key Findings

- Despite being part of the local key population and reporting high risk behavior, only 39% of participants tested frequently and 22% have never been tested for HIV
- Even frequent testers had 11% prevalence of unknown HIV infection
- Interestingly low/no HIV risk perception was associated with frequent testing; while those reporting high risk perception were less likely to test frequently
- Sexual risk behaviors (syphilis, UAI, # partners) were not consistently associated with frequent testing

Recommendations

- HIV testing provision is insufficient for HIV prevention in this population
- Regardless of risk perception, this population should be encouraged to test frequently (national and international guidelines suggest testing every 6 months)
- Factors potentially affecting risk perception and testing frequency (e.g. access, stigma, fear of HIV, lack of knowledge about treatment – availability and benefits) should be identified and addressed by HIV programming for MSM/TW in Peru

Contact & Acknowledgements

Contact Information: Silver K. Vargas silver.vargas.r@upch.pe



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