

## HEALING FROM THE GROUND UP

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In 2007 community enforced alcohol restrictions came into effect, prohibiting the sale of mid and full strength take away alcohol in Fitzroy Crossing. It was an important circuit breaker, reigniting a long fought journey of societal recovery in confronting the effects of intergenerational trauma.

June Oscar AO speaks to this courageous story by explaining the foundational importance of healing. With the restrictions enforced it was clear, a young generation are growing with the physiological and neurological imprints of trauma. The evidence was established, 1 in 5 children have Foetal Alcohol Spectrum Disorders (FASD) and countless others experience early life trauma. June explores the transformative process of healing across working and societal relationships to help us all comprehend, live through, and ultimately overcome the many ramifications of transmitted trauma. It is a process which is infusing and informing the women's holistic reconstruction agenda and reminding us all why community driven and informed early life interventions are so essential.

Together the women are constructing a healing model at the forefront of 21<sup>st</sup> century learning and evidence which places children and families at its centre. It is a model with a profound respect for the integration of both Indigenous and Western epistemologies that moves services away from isolated delivery, toward wrap around health and educational supports for all.

As this model is constructed and positive changes made, June and the women see in the lives of children and families today, a vibrant and healthy future.