

Norwegian Exit programme



Theme 3: The role of Family and Network in countering Extremism

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Background



- Initiated as a project by Prof. Tore Bjørgo in cooperation with Voksne for barn and Preventive police unit at Manglerud in 1996
- Funded by the Government from 1997 - 2000



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Norwegian Exit programme

- Run by Voksne for Barn as a programme since 2000
- No funding
- Elements in the programme:
 - The individual approach/support
 - Professionals – competence and responsibility - training
 - Parents – supervision and groups



Parental focus

- Parental challenges and coping strategies:
 - Withdrawal
 - Confidence and trust versus control between parents and the adolescent
 - Shame and lack of respect from society
- To have a place to turn to when facing challenges
 - Where to turn?
 - Child welfare
 - Police



Parental focus

- To have a place to turn to when facing challenges

– Where to turn?

- Child welfare
- Police
- NGO

How will the parents react in general?

What is the experience from the programme?




Voksne for Barn



- A promoting and preventive perspective concerning adolescents mental health
- NGO
- Tradition for parent programs since 1970ties
- Helpline and email service for parents since 1993



Perantalt fokus: erfaringer

- NGO fordeler sammenlignet med andre 
 - Lav terskel og tilgjengelighet for kontakt med foreldre
 - Basert på etablering av tillit og ikke på jurisdiksjon
 - Frivillig og anonymt hvis det ønskes
 - Tidlig inngripende



Parents's groups



- Background and concept:
 - Meet others in the same situation
 - Other parents with same experiences – how to be a parent in this situation
 - Need for information, supervision and feedback
 - Police, child protection care, ngo



How many parents have been involved in groups



- Period: 1995 – 2004
 - 130 parents involved in parents groups
 - In Kristiansand:
 - 60 adolescents followed up by and through parents in groups from 1996 to 2001.
 - By the end of the periode:
 - 49 adolescents had left the violent group



Who participated in the groups

- Parents with children between 13 – 17 years
- They who participated came into the group 5 months after their child become a group member

Outcome for the parents

- Very positive to meet other in the same situation
- Useful to share experiences
- Good advices on how to handle control/trust
- Openess about the problem in the family

