# **Enhancing Practice** 2022 Conference

20:20 Vision – Transforming Our Future Through Person-Centred Practices



WEDNESDAY 6 - FRIDAY 8 APRIL 2022 SAGE HOTEL WOLLONGONG, NSW AUSTRALIA

#enhancingpractice2022



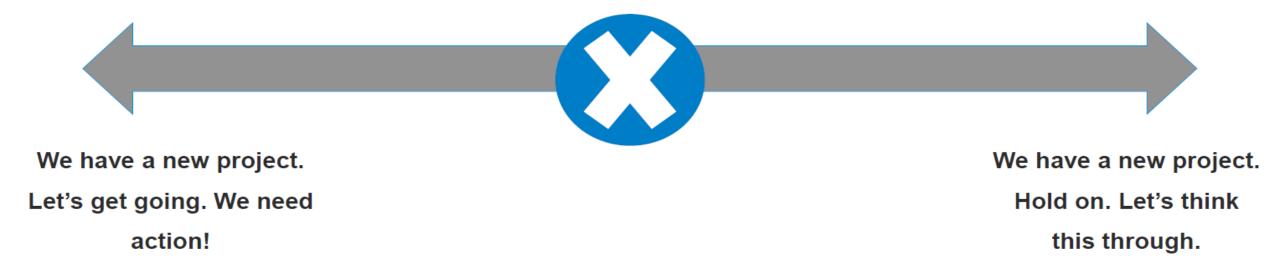


to develop practice

The key to **success** is to fully understand how to apply your greatest **talents** and **strengths** in your everyday life.





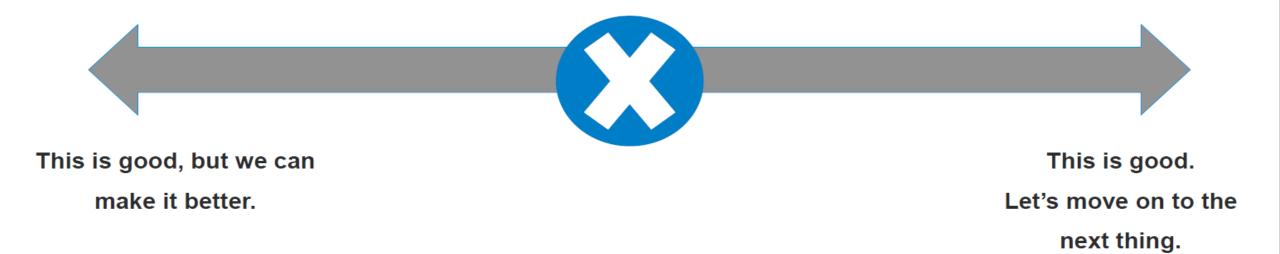






organise and get things done."

when you take care of people, the tasks get done."







something is true.

why something is true.



# **EVERYONE HAS TALENT**

Talent is a naturally recurring pattern of thought , feeling or behavior that can be productively applied

Examples of talent include:

- Effortlessly and instinctively starting conversations
- Thinking in an orderly or timely manner
- Being able to easily influence others
- Seeing patterns in data
- Consistently having a positive outlook on life





Donald O. Clifton, Ph.D. psychologist and business executive (1924-2003) What will happen when we think about what is right with people rather than fixating on what is wrong with them?"

#### **Conventional thinking**

Most behaviors can be learned Best in role have same behaviors Weakness fixing leads to success

#### **Strengths approach**

Only some behaviors can be learned

Best in role deliver same outcomes using different behaviors Weakness fixing prevents failure, strengths building leads to success

# **PEOPLE WORKING IN THE STRENGTHS ZONE ...**

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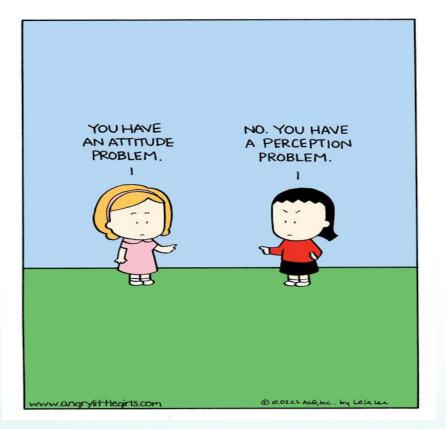
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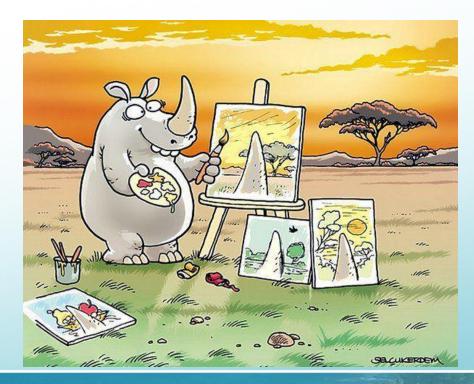
- look forward to going to work
- have more positive than negative interactions with colleagues
- treat colleagues/patients/consumers/clients better
- > tell their friends they work for a great organization
- > achieve more on a daily basis
- have more positive, creative, and innovative moments

# Talent X investment = Strength

Talent	Strengths
Potential	Performance
Being ( who you are)	Doing (what you do)
Soul	Role/goal
Aptitude	Application
Internal (invisible)	External (Observable)
Raw ( undeveloped)	Mature (invested in self)







]		SELF Known to Yourself Unknown to Yourself	
		OPEN AREA	BLIND SPOTS
		Transparent Behaviors	Misperceptions and Misunderstandings
OTHERS	Known to Others	Known Talents and Strengths	Areas Lacking Self-Regulation
•		HIDDEN AREA	UNKNOWN AREA
		Unclaimed Talents	Unknown Potential
	Unknown to Others	Underutilized Talents	
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Think about your best day at work...

How would you describe your best days at work? What makes these days different for you? How do you feel on these days at work?



# We Act Differently When We Are Engaged

We are 100% psychologically committed to the job.

We know the scope of our jobs and look for new and better ways to achieve outcomes.

We are more productive.

We work more efficiently.

We are safer.



Engaged employees and teams have more energy to take on challenges, increase their productivity and positively affect those around them.

People who like what they do every day are 2X more likely to be thriving in their lives overall.



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