



# ARDS: WHEN CAN WE ALLOW SPONTANEOUS BREATHING?

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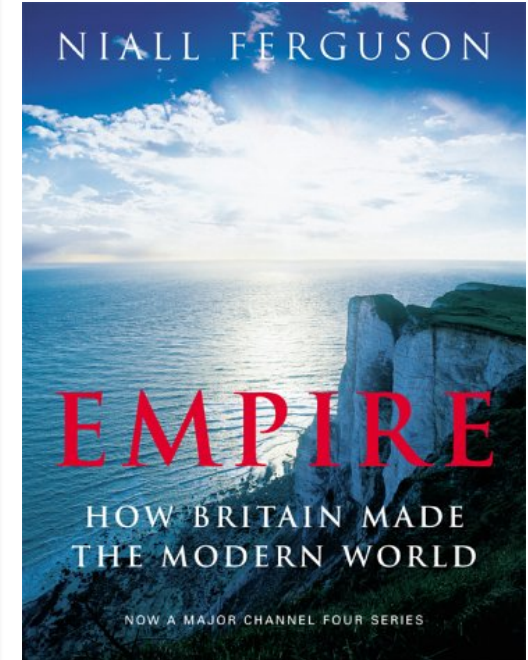
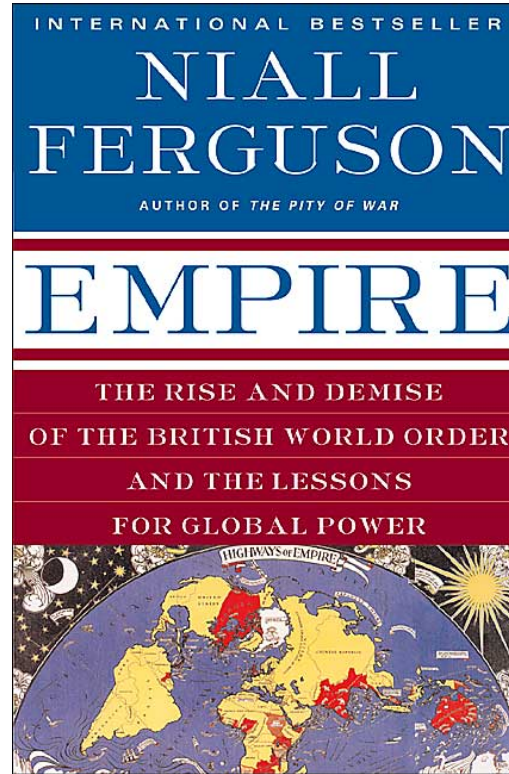


Niall D. Ferguson, MD, FRCPC, MSc  
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Interdepartmental Division of Critical Care Medicine  
University of Toronto



# Disclosures

- Consultant for Xenios
- Speaker fees from Getinge





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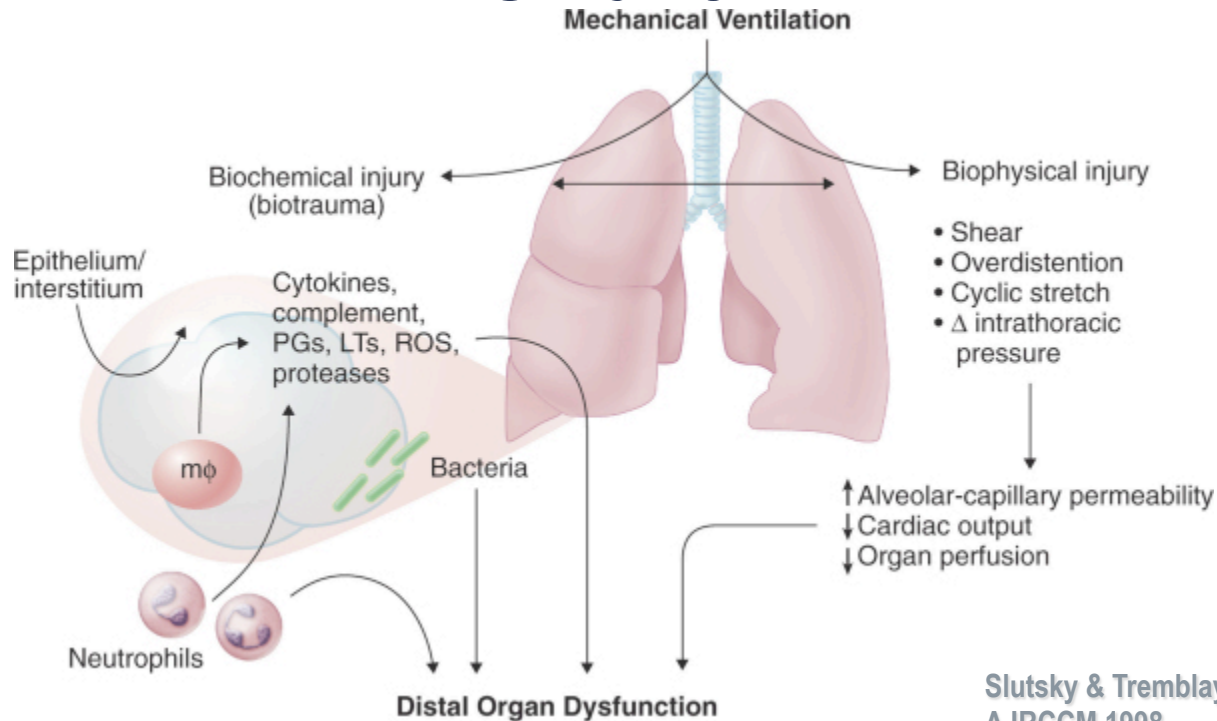


TC





# Ventilator-Induced Lung Injury



Slutsky & Tremblay  
AJRCCM 1998



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VENTILATION WITH LOWER TIDAL VOLUMES AS COMPARED WITH  
TRADITIONAL TIDAL VOLUMES FOR ACUTE LUNG INJURY  
AND THE ACUTE RESPIRATORY DISTRESS SYNDROME

THE ACUTE RESPIRATORY DISTRESS SYNDROME NETWORK\*

### High Stretch

- $V_T$ : 11.8
- $P_{PLAT}$ : 32–34
- RR: 18
- $V_{MIN}$ : 13
- PEEP: 8

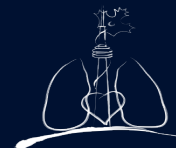
Mortality 40%

### Low Stretch

- $V_T$ : 6.2 ml/kg
- $P_{PLAT}$ : 25 cm H<sub>2</sub>O
- RR: 29
- $V_{MIN}$ : 13 L/min
- PEEP: 9 cm H<sub>2</sub>O

Mortality 31%\*

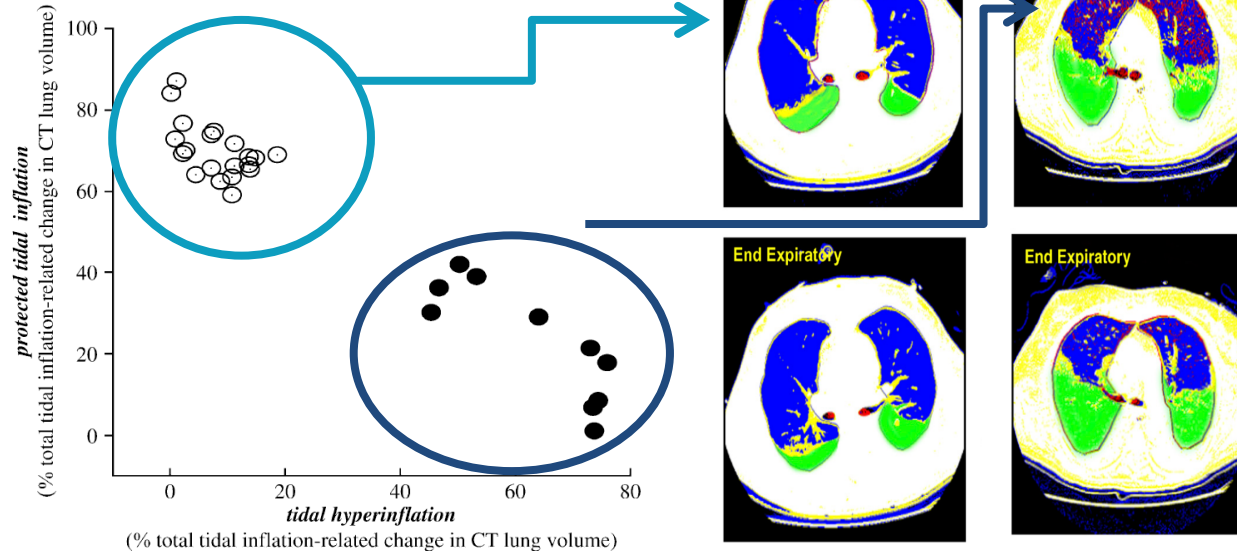
\* $p=0.005$



# Tidal Hyperinflation during Low Tidal Volume Ventilation in Acute Respiratory Distress Syndrome

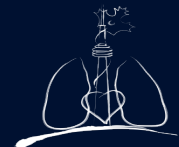
Am J Respir Crit Care Med Vol 175. pp 160–166, 2007

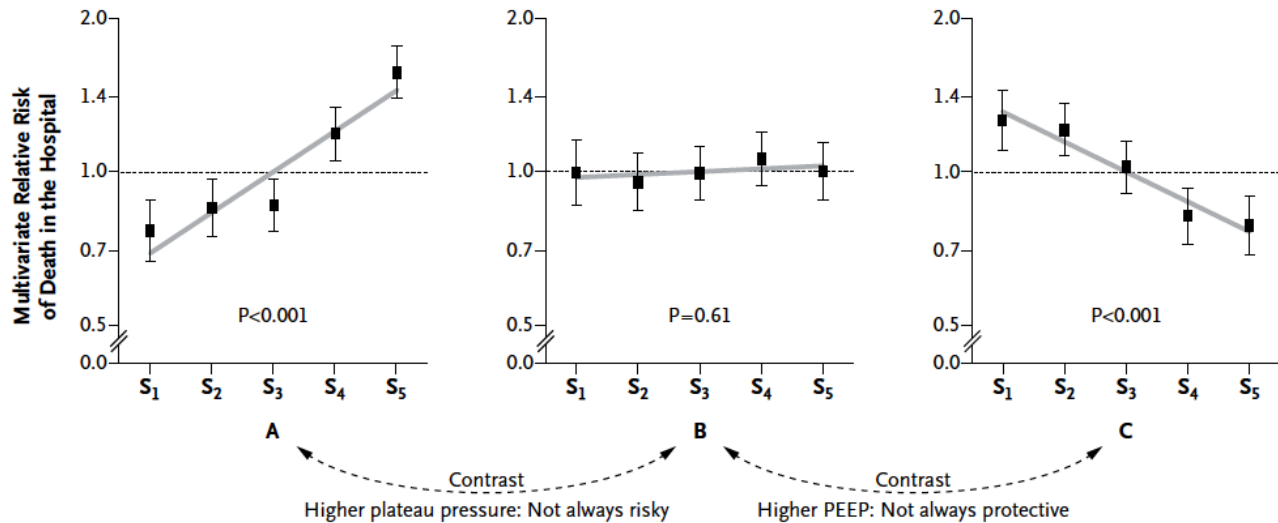
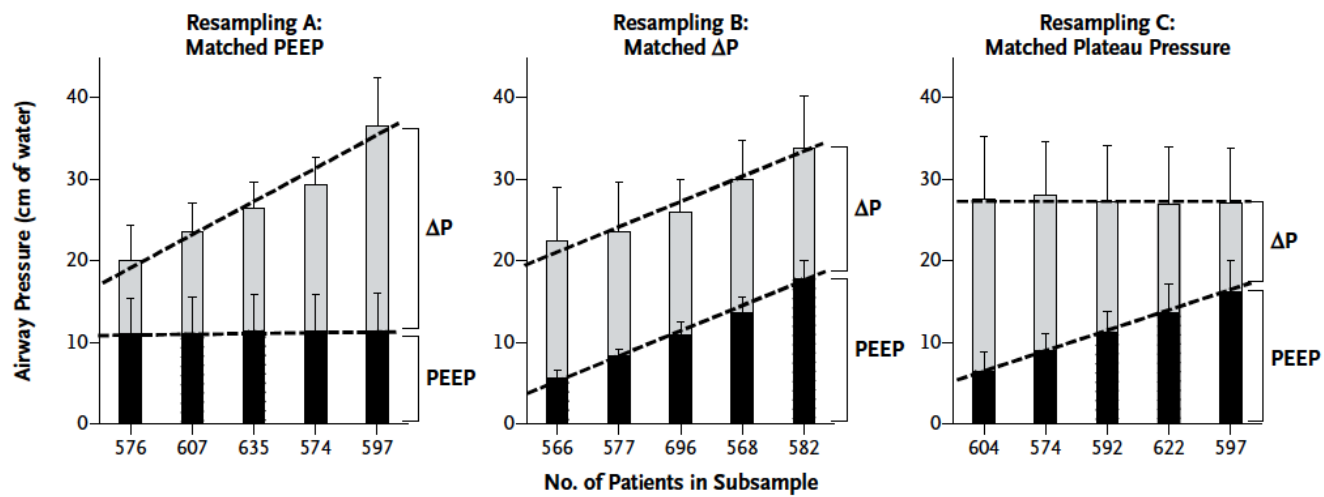
Pier Paolo Terragni, Giulio Rosboch, Andrea Tealdi, Eleonora Corno, Eleonora Menaldo, Ottavio Davini, Giovanni Gandini, Peter Herrmann, Luciana Mascia, Michel Quintel, Arthur S. Slutsky, Luciano Gattinoni, and V. Marco Ranieri



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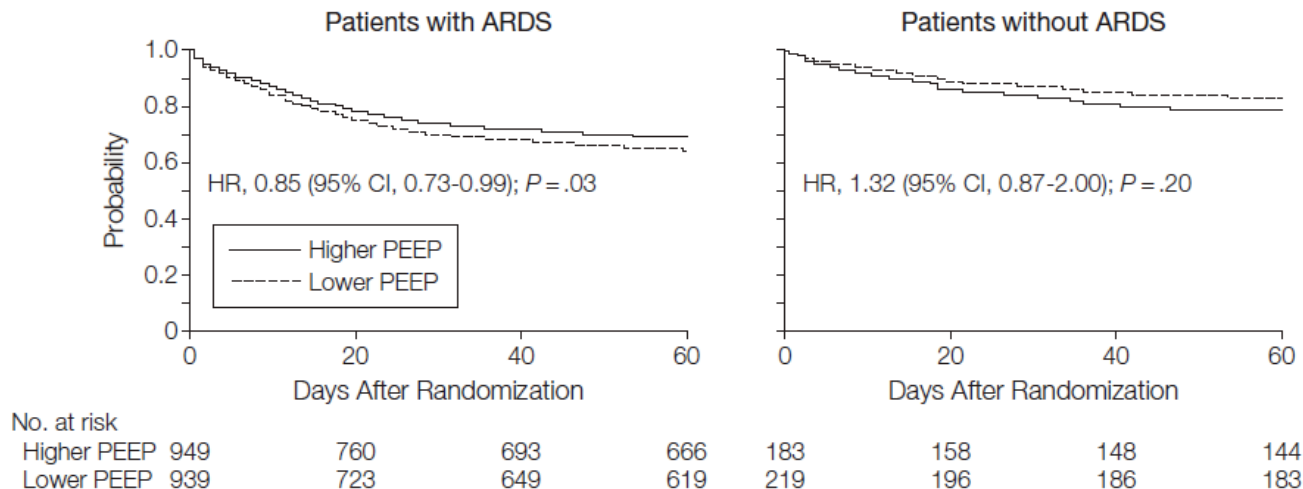
What

# Higher vs Lower Positive End-Expiratory Pressure in Patients With Acute Lung Injury and Acute Respiratory Distress Syndrome

Systematic Review and Meta-analysis *JAMA.* 2010;303(9):865-873

Matthias Briel, MD, MSc

In-hospital time to death



**ICU Mortality: RR 0.85 (0.76-0.94)**

**Hosp Mortality: RR 0.90 (0.81-1.0)**



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# Ventilation Strategy Using Low Tidal Volumes, Recruitment, and A Ratio

**Table 4. Respiratory Data<sup>a</sup>**

Variables	Day 1			Day 3			Day 7		
	Lung Open Ventilation	Control	P Value	Lung Open Ventilation	Control	P Value	Lung Open Ventilation	Control	P Value
Tidal volume, mean (SD), mL/kg predicted body weight	6.8 (1.4)	6.8 (1.3)	.76	6.9 (1.5)	6.7 (1.5)	.02	6.9 (1.3)	7.0 (1.6)	.53
No. of patients	436	469		337	395		177	243	
Total respiratory rate, mean (SD), /min	25.2 (6.6)	26.0 (6.5)	.08	25.1 (6.6)	27.1 (8.0)	<.001	25.5 (8.0)	26.1 (7.6)	.26
No. of patients	471	507		447	479		316	351	
Plateau pressure, mean (SD), cm H <sub>2</sub> O	30.2 (6.3)	24.9 (5.1)	<.001	28.6 (6.0)	24.7 (5.7)	<.001	28.8 (6.3)	25.1 (6.8)	<.001
No. of patients	435	424		334	380		174	232	
30.1-35.0	112	33		76	38		37	27	
35.1-40.0	88	4		41	12		27	13	
>40.0	8	1		8	3		4	4	
FiO <sub>2</sub> , mean (SD)	0.50 (0.16)	0.58 (0.17)	<.001	0.41 (0.12)	0.52 (0.16)	<.001	0.39 (0.12)	0.48 (0.17)	<.001
No. of patients	471	507		447	482		319	356	
Set PEEP, mean (SD), cm H <sub>2</sub> O									
All patients	15.6 (3.9)	10.1 (3.0)	<.001	11.8 (4.1)	8.8 (3.0)	<.001	10.3 (4.3)	8.0 (3.1)	<.001
No. of patients	471	507		447	479		316	348	
First 161 patients	15.3 (3.6)	10.6 (2.9)	<.001	12.1 (4.1)	9.3 (3.0)	<.001	10.4 (4.3)	8.2 (3.1)	.005
No. of patients	77	82		72	79		47	63	
Subsequent 822 patients	15.7 (4.0)	10.0 (3.0)	<.001	11.8 (4.1)	8.7 (3.0)	<.001	10.3 (4.3)	8.0 (3.1)	<.001
No. of patients	394	425		375	400		269	285	
I:E ratio, mean (SD)	0.62 (0.19)	0.56 (0.19)	<.001	0.64 (0.21)	0.56 (0.21)	<.001	0.64 (0.19)	0.59 (0.22)	.02
No. of patients	410	420		329	373		170	212	
Pao <sub>2</sub> /FiO <sub>2</sub> , mean (SD)	187.4 (68.8)	149.1 (60.6)	<.001	196.8 (60.6)	164.1 (63.5)	<.001	212.7 (70.5)	180.8 (73.0)	<.001

For tidal volume, data exclude patients weaning in pressure support mode, with FiO<sub>2</sub> ≤ 0.4 and PEEP ≤ 10

No. of patients	464	498		444	472		314	342	
24-h fluid balance, mean (SD), mL	2131.4 (2506.6)	2110.6 (2641.7)	.90	1029.0 (2222.9)	722.9 (2201.4)	.04	270.6 (2078.2)	102.4 (1808.4)	.26
No. of patients	465	500		445	473		326	363	

Abbreviations: FiO<sub>2</sub>, fraction of inspired oxygen; I:E, inspiration:expiration; PEEP, positive end-expiratory pressure; Pao<sub>2</sub>, partial pressure of arterial oxygen; Paco<sub>2</sub>, partial pressure of arterial carbon dioxide.

<sup>a</sup>Data shown were derived from the average value obtained for each patient over 3 measurements each day. Values were recorded on days 1, 3, and 7 after enrollment. For tidal volume and plateau airway pressure measurements, data exclude patients weaning in pressure support mode, with FiO<sub>2</sub> less than or equal to 0.40 and PEEP less than or equal to 10 cm H<sub>2</sub>O.



Sachin Sud  
Jan O. Friedrich  
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Jordi Mancebo  
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Rafael Fernandez  
Ming-Cheng Chan  
Pascal Beuret  
Gregor Voggenreiter  
Maneesh Sud  
Gianni Tognoni  
Luciano Gattinoni

# Prone ventilation reduces mortality in patients with acute respiratory failure and severe hypoxemia: systematic review and meta-analysis

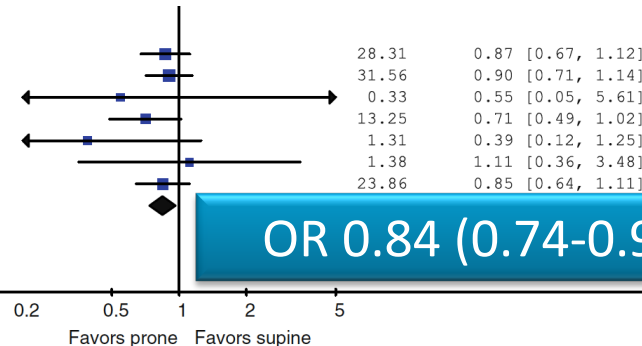
## Prone vs. Supine Position

- ARDS with P/F < 100

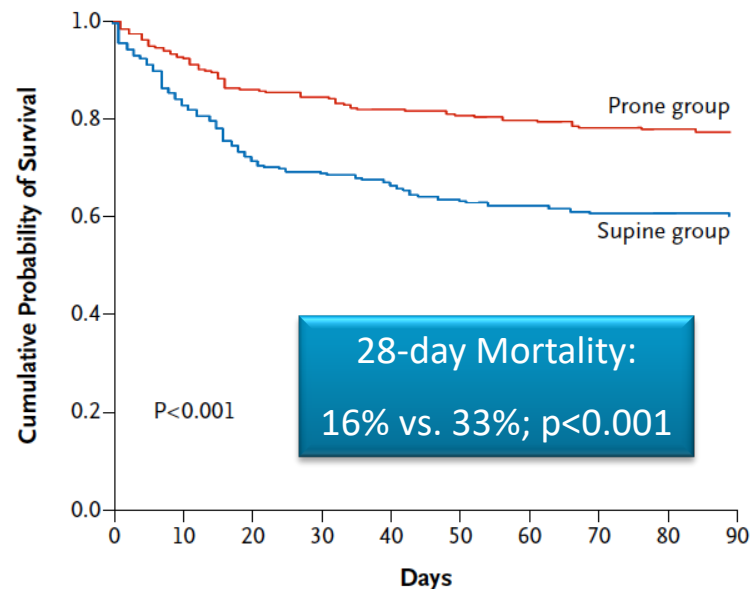
### PaO<sub>2</sub>/FiO<sub>2</sub> < 100 Subgroup

Gattinoni 2001	35/53	35/46
Guerin 2004	53/90	49/75
Curley 2005	1/21	2/23
Mancebo 2006	22/43	21/29
Chan 2007	2/6	6/7
Fernandez 2008	5/9	2/4
Taccone 2009	39/73	48/76
Subtotal (95% CI)	157/295	163/260

Test for Overall Effect:  $p=0.01$   
Heterogeneity:  $I^2 = 0\%$



# Prone Positioning in Severe Acute Respiratory Distress Syndrome



N Engl J Med 2013.  
DOI: 10.1056/NEJMoa1214103

No. at Risk						
Prone group	237	202	191	186	182	
Supine group	229	163	150	139	136	



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# Neuromuscular Blockers in Early Acute Respiratory Distress Syndrome

Laurent Papazian, M.D., Ph.D., Jean-Marie Forel, M.D., Arnaud Gacouin, M.D., Christine Penot-Ragon, Pharm.D., Gilles Perrin, M.D., Anderson Loundou, Ph.D., Samir Jaber, M.D., Ph.D., Jean-Michel Arnal, M.D., Didier Perez, M.D., Jean-Marie Seghboyan, M.D., Jean-Michel Constantin, M.D., Ph.D., Pierre Courant, M.D., Jean-Yves Lefrant, M.D., Ph.D., Claude Guérin, M.D., Ph.D., Gwenaél Prat, M.D., Sophie Morange, M.D., and Antoine Roch, M.D., Ph.D.,  
for the ACURASYS Study Investigators\*

N Engl J Med 2010;363:1107-16

**28-day Mortality:**

**24% - Nimbox**

**33% - Placebo**

**p=0.05**

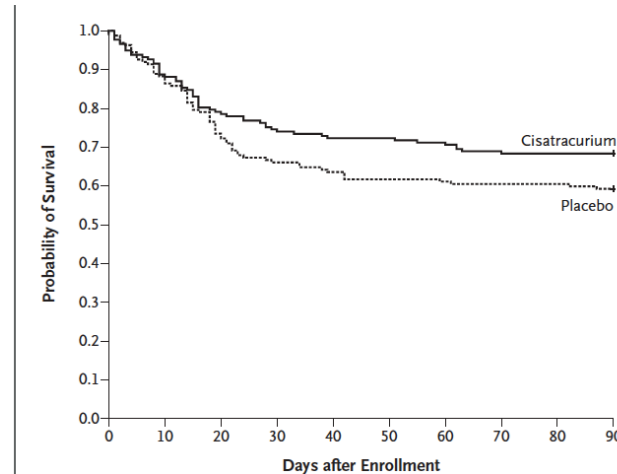
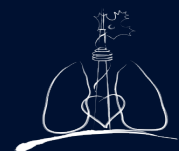
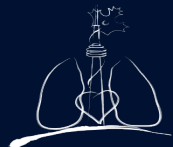


Figure 2. Probability of Survival through Day 90, According to Study Group.



# Spontaneous Ventilation in ARDS

- ROSE Trial Results



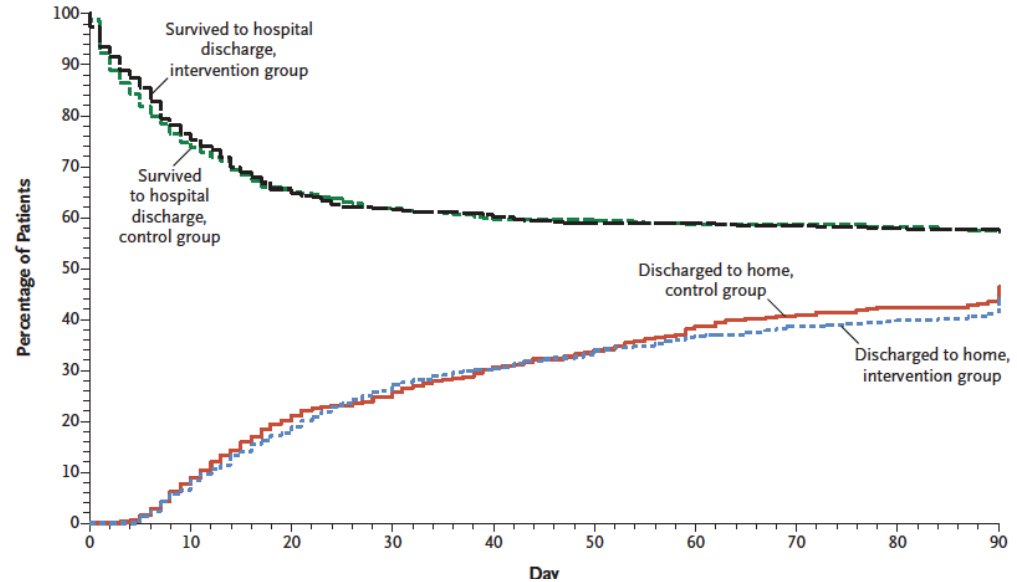


# Early Neuromuscular Blockade in the Acute Respiratory Distress Syndrome

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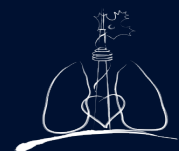
The National Heart, Lung, and Blood Institute PETAL Clinical Trials Network\*

- 1006 early ARDS P/F < 150
- 48h cisatracurium & deep sedation vs. lighter sedation
- Higher PEEP in both groups
- 15% prone in both groups
- Primary: 90-day mortality
- Stopped for futility



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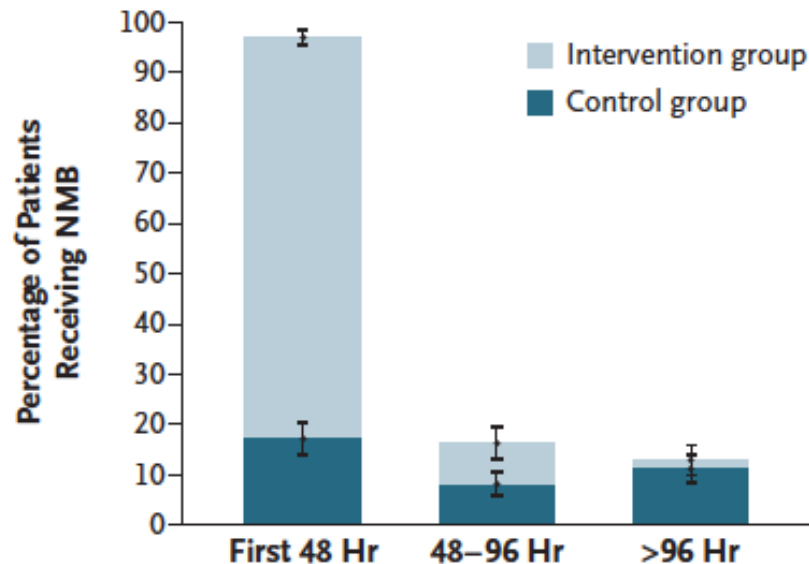
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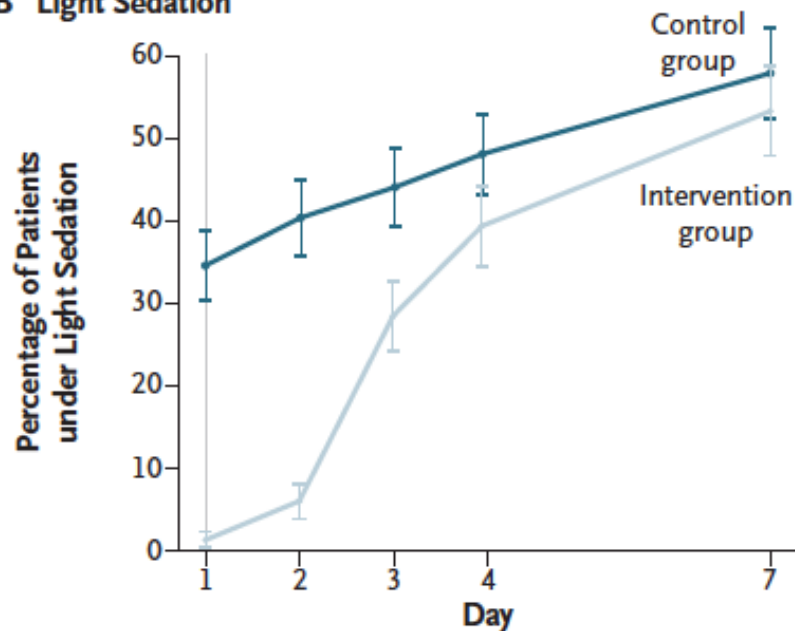
# Early Neuromuscular Blockade in the Acute Respiratory Distress Syndrome

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**A NMB**

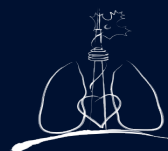


**B Light Sedation**



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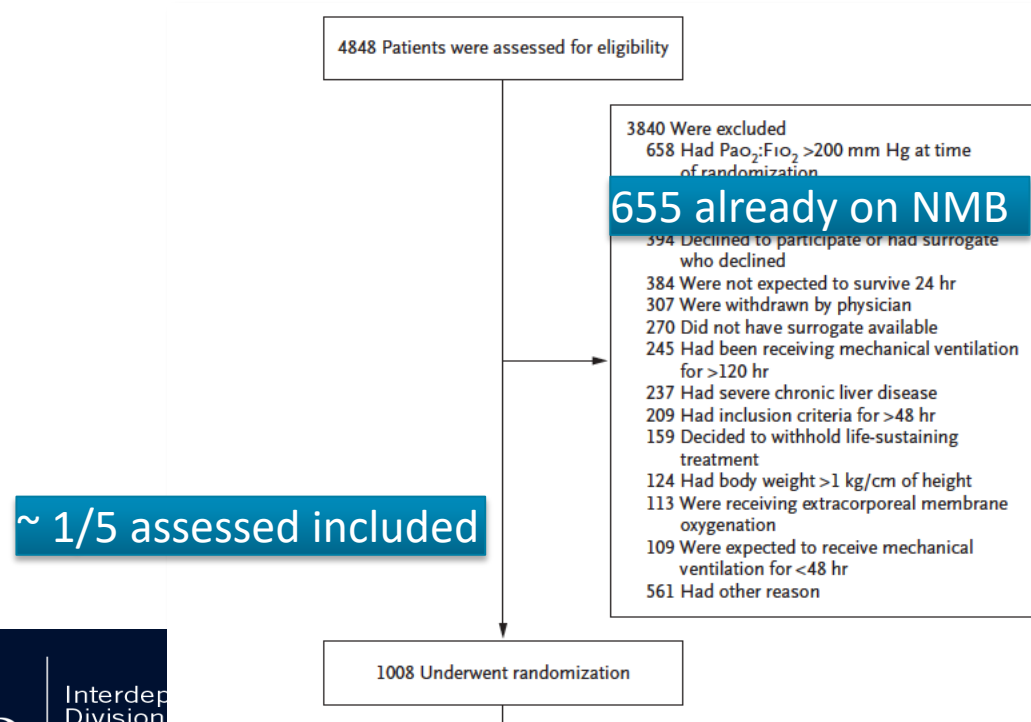
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# Early Neuromuscular Blockade in the Acute Respiratory Distress Syndrome

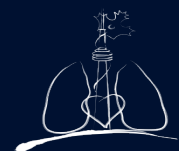
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The National Heart, Lung, and Blood Institute PETAL Clinical Trials Network\*



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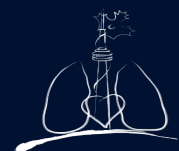
# Early Neuromuscular Blockade in the Acute Respiratory Distress Syndrome

N ENGL J MED NEJM.ORG

**Table 1.** Baseline Characteristics of the Patients.\*

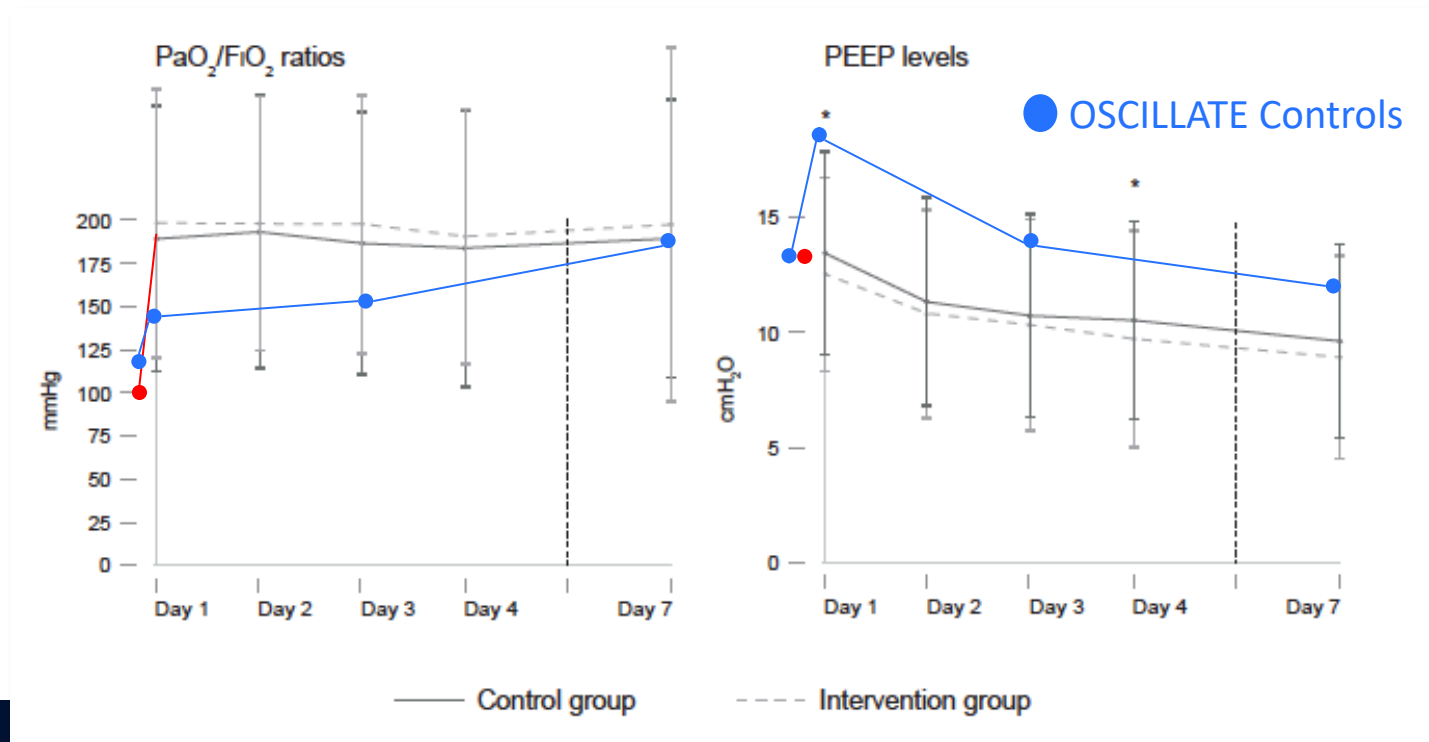
Characteristic	Intervention Group (N= 501)	Control Group (N= 505)
Age — yr	56.6±14.7	55.1±15.9
Female sex — no. (%)†	210 (41.9)	236 (46.7)
White race — no. (%)†	361 (72.1)	344 (68.1)
Shock at baseline — no. (%)	276 (55.1)	309 (61.2)
Median time from enrollment to randomization (IQR) — hr	8.2 (4.0–16.4)	6.8 (3.3–14.5)
Assessments and measurements		
APACHE III score‡	103.9±30.1	104.9±30.1
Total SOFA score§	8.7±3.6	8.8±3.6
Tidal volume — ml/kg of predicted body weight¶	6.3±0.9	6.3±0.9
F <sub>IO2</sub>	0.8±0.2	0.8±0.2
Inspiratory plateau pressure — cm of water**	25.5±6.0	25.7±6.1
PEEP — cm of water††	12.6±3.6	12.5±3.6
P <sub>aO2</sub> :F <sub>IO2</sub> — mm Hg‡‡	98.7±27.9	99.5±27.9
Imputed P <sub>aO2</sub> :F <sub>IO2</sub> — mm Hg§§	94.8±26.7	93.2±28.9

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# Early Neuromuscular Blockade in the Acute Respiratory Distress Syndrome

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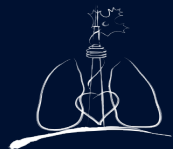
# Early Neuromuscular Blockade in the Acute Respiratory Distress Syndrome

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The National Heart, Lung, and Blood Institute PETAL Clinical Trials Network\*

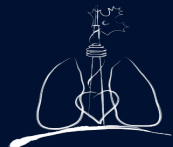
Why are ROSE and ACURASYS results different?

- Higher PEEP?
- Lighter sedation comparator?
- Lower use of proning (15% vs. ~50%)
- Less sick patients



# Spontaneous Ventilation in ARDS

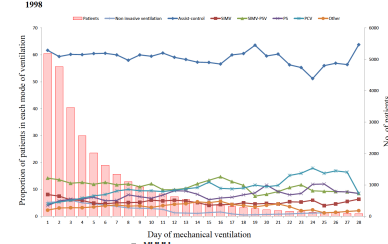
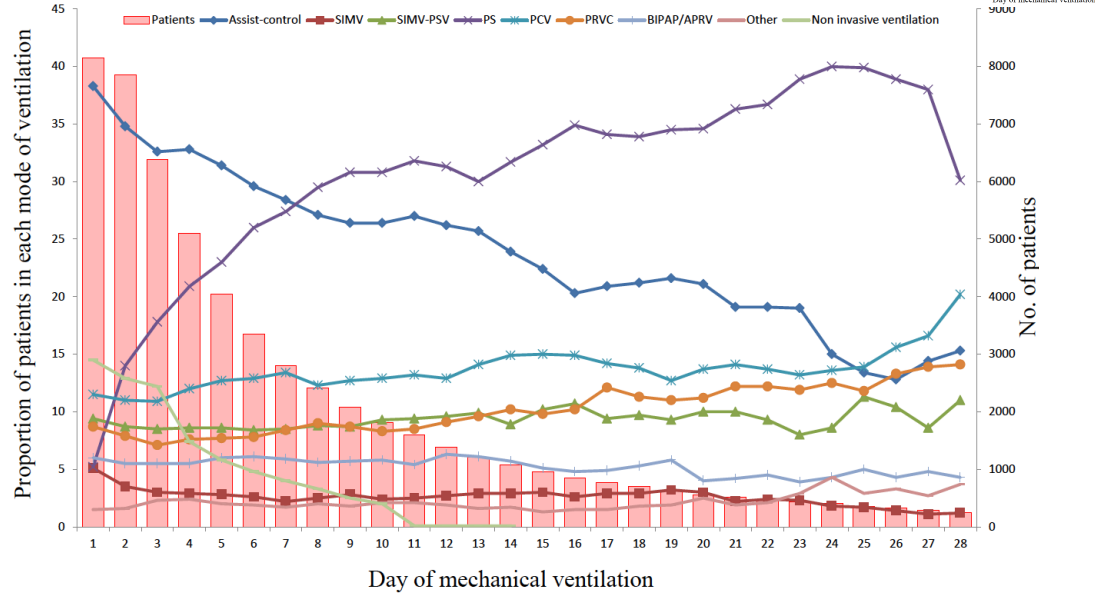
- Rose Trial Results
- Spontaneous is not always better



# Evolution of Mortality Over Time in Patients Receiving Mechanical Ventilation

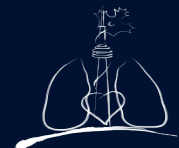
A Esteban, F Frutos Vivar, A Muriel, ND Ferguson, et al.  
*Am J Respir Crit Care Med* 2013

2010



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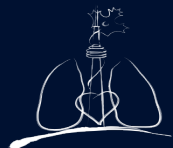
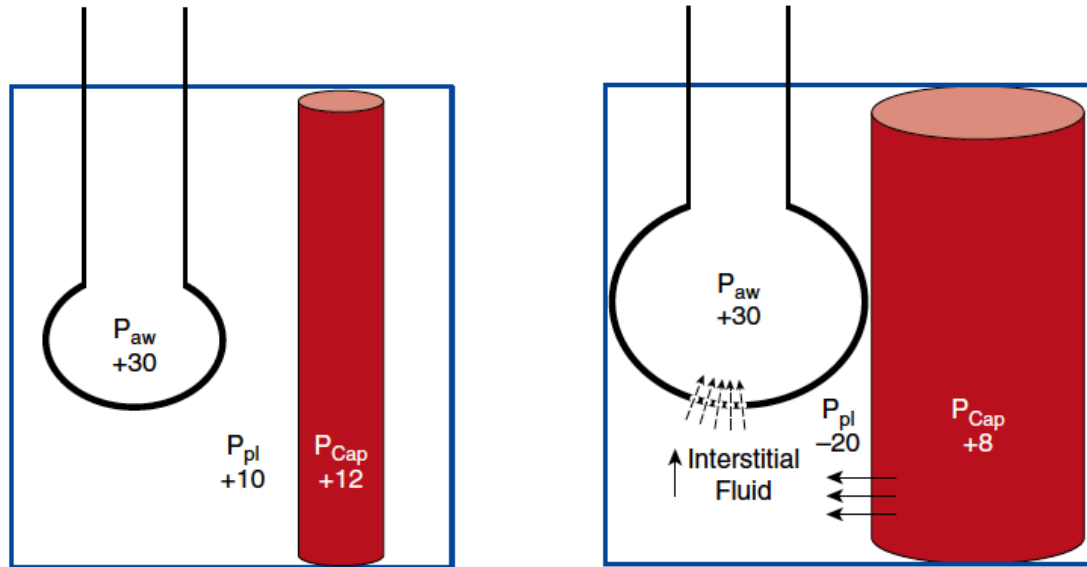
# FIFTY YEARS OF RESEARCH IN ARDS

## Spontaneous Breathing during Mechanical Ventilation

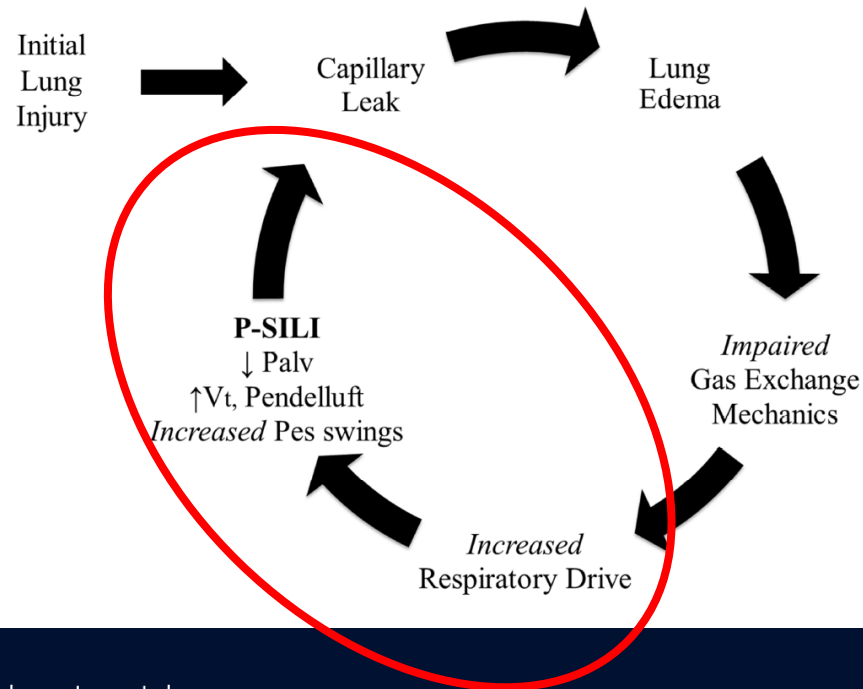
### Risks, Mechanisms, and Management

Am J Respir Crit Care Med Vol 195, Iss 8, pp 985–992, Apr 15, 2017

Takeshi Yoshida<sup>1,2,3,4</sup>, Yuji Fujino<sup>4</sup>, Marcelo B. P. Amato<sup>5</sup>, and Brian P. Kavanagh<sup>1,2,3</sup>



Laurent Brochard<sup>1,2</sup>, Arthur Slutsky<sup>1,2</sup>, Antonio Pesenti<sup>3,4</sup>





# Acute respiratory failure following pharmacologically induce hyperventilation: an experimental animal study

D. Mascheroni\*, T. Kolobow, R. Fumagalli\*, M. P. Moretti\*\*, V. Chen and D. Buckhold

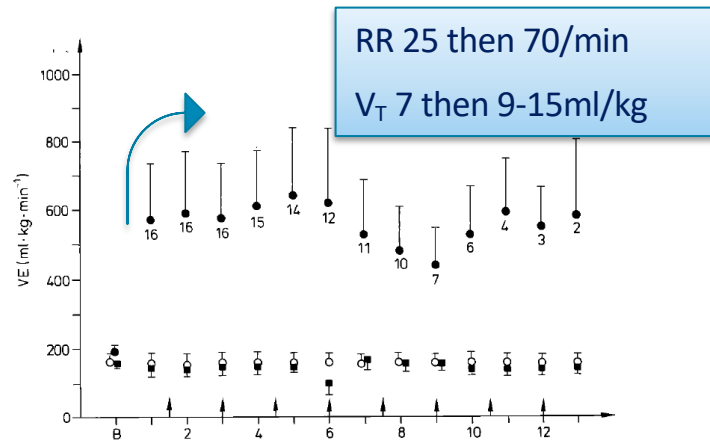
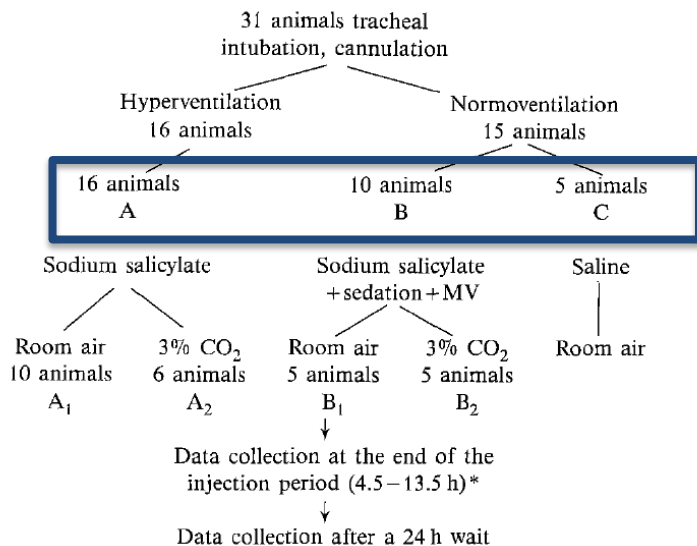


Table 1. Gross pathologic findings

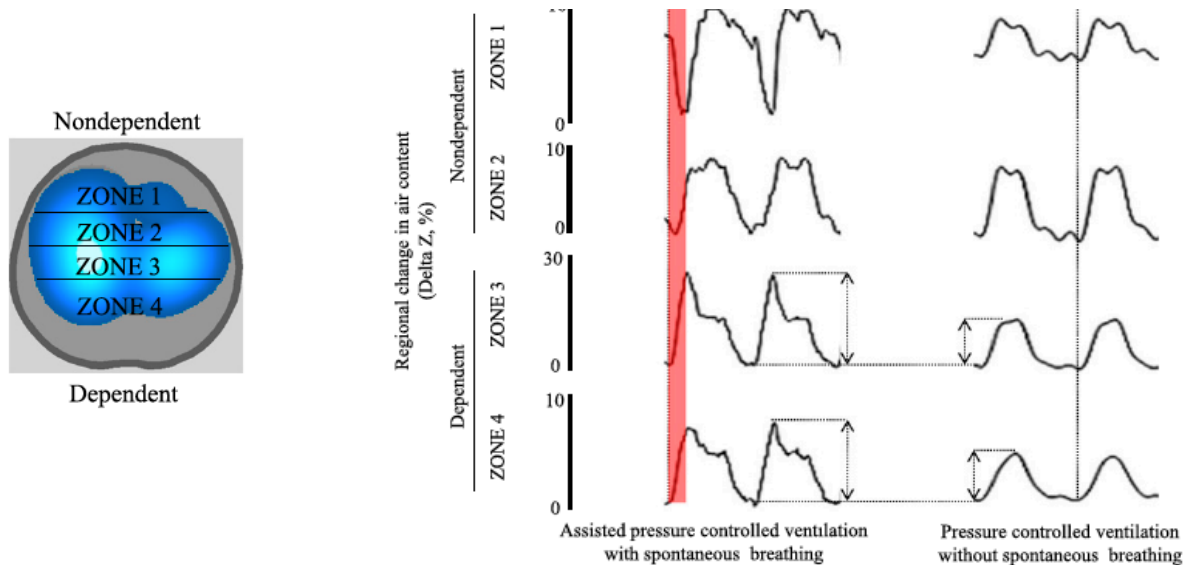
Group	Normal lungs	Mild lesions	Severe lesions
A	2	5 <sup>a</sup>	9 <sup>†</sup>
B	10	0	0
C	5	0	0



# Spontaneous Effort Causes Occult Pendelluft during Mechanical Ventilation

Am J Respir Crit Care Med Vol 188, Iss. 12, pp 1420–1427, Dec 15, 2013

Takeshi Yoshida<sup>1,2</sup>, Vinicius Torsani<sup>1</sup>, Susimeire Gomes<sup>1</sup>, Roberta R. De Santis<sup>1</sup>, Marcelo A. Beraldo<sup>1</sup>, Eduardo L. V. Costa<sup>1</sup>, Mauro R. Tucci<sup>1</sup>, Walter A. Zin<sup>3</sup>, Brian P. Kavanagh<sup>4,5</sup>, and Marcelo B. P. Amato<sup>1</sup>



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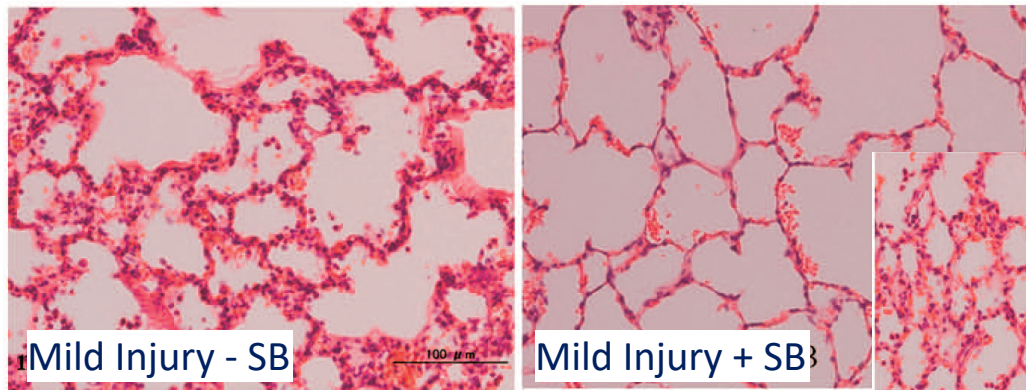
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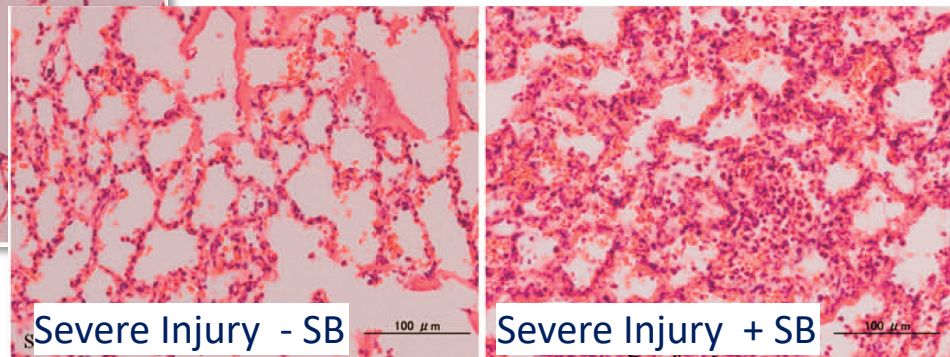
# The Comparison of Spontaneous Breathing and Muscle Paralysis in Two Different Severities of Experimental Lung Injury\*

Crit Care Med 2013; 41:536–545

Takeshi Yoshida, MD<sup>1,2</sup>; Akinori Uchiyama, MD, PhD<sup>2</sup>; Nariaki Matsuura, MD, PhD<sup>3</sup>;  
Takashi Mashimo, MD, PhD<sup>2</sup>; Yuji Fujino, MD, PhD<sup>2</sup>



Rabbits with mild (saline lavage) or  
severe (saline lavage + VILI) lung injury



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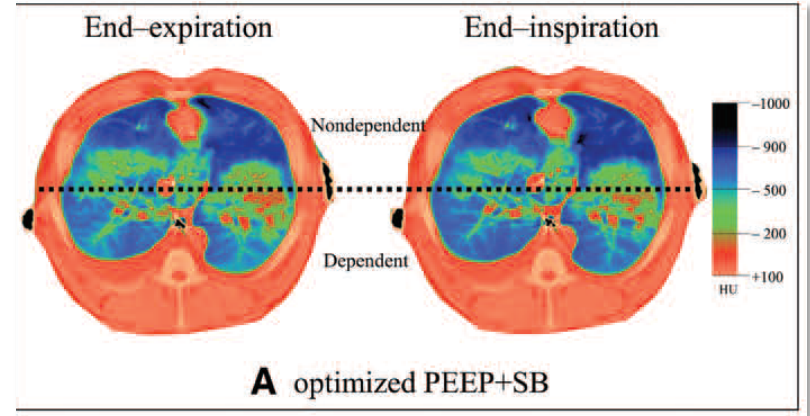
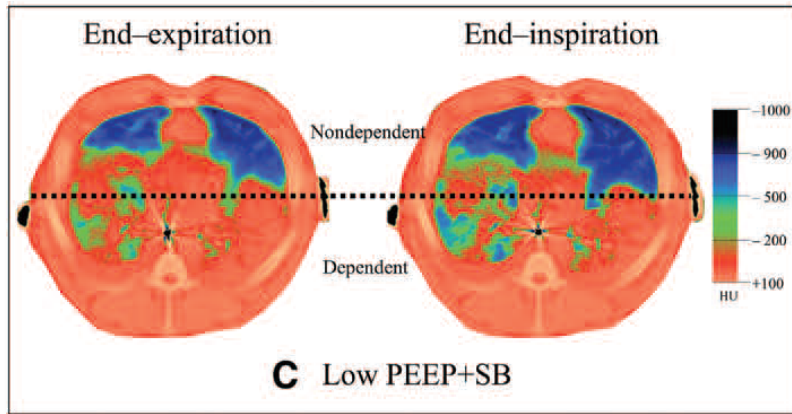
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# Spontaneous Effort During Mechanical Ventilation: Maximal Injury With Less Positive End-Expiratory Pressure\*

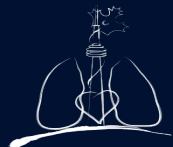
Crit Care Med 2016; 44:e678–e688

Takeshi Yoshida, MD, PhD<sup>1,2</sup>; Rollin Roldan, MD<sup>1,3</sup>; Marcelo A. Beraldo, PhD<sup>1,4</sup>; Vinicius Torsani, PhD<sup>1</sup>; Susimeire Gomes, PhD<sup>1</sup>; Roberta R. De Santis, MD<sup>1</sup>; Eduardo L. V. Costa, MD<sup>1,5</sup>; Mauro R. Tucci, MD<sup>1</sup>; Raul G. Lima, PhD<sup>6</sup>; Brian P. Kavanagh, MD<sup>7</sup>; Marcelo B. P. Amato, MD, PhD<sup>1</sup>



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# Spontaneous Breathing in ARDS

When to allow any?

How much to allow?

Consider maintaining normal effort levels – implies measuring effort

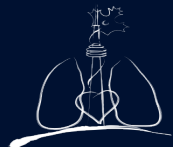


# Spontaneous Breathing in ARDS

- PRO
  - Prevent diaphragm atrophy (overassist myotrauma)
  - Improved hemodynamics
  - Less sedation and associated adverse effects
  - Progress patients towards liberation
- CONs
  - Direct overdistention injury
  - Pendelluft injury
  - Increased lung perfusion
  - Dyssynchrony – double-trigger
  - Expiratory muscle activation leading to decreased EELV

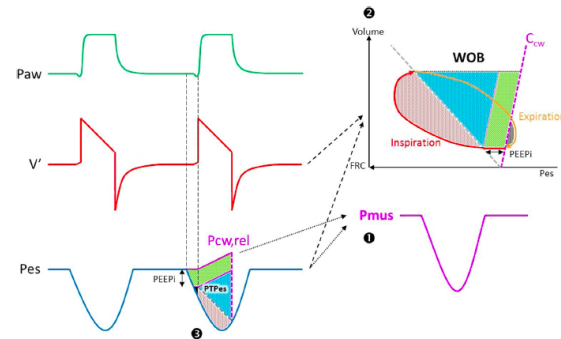
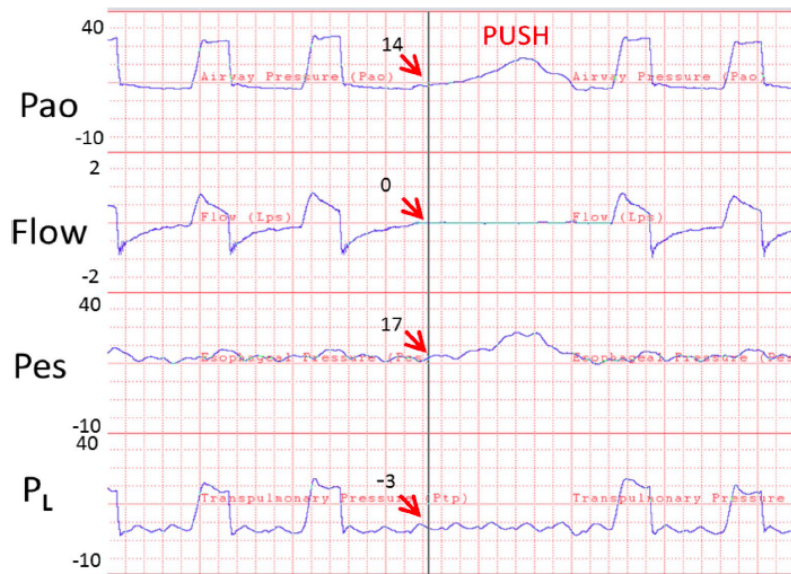
## Effect Modifiers:

ARDS Severity; Smaller Baby Lung; High Drive; Injurious Settings

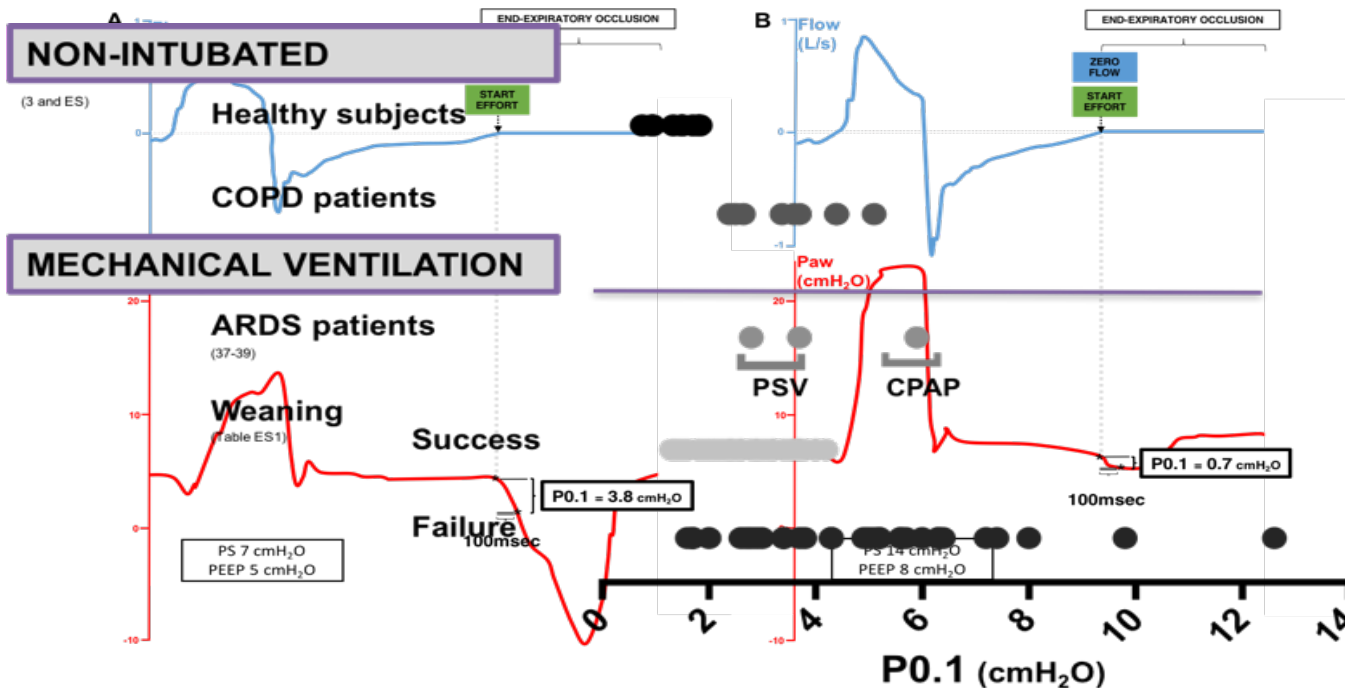




# Esophageal and transpulmonary pressure in the clinical setting: meaning, usefulness and perspectives

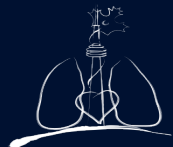
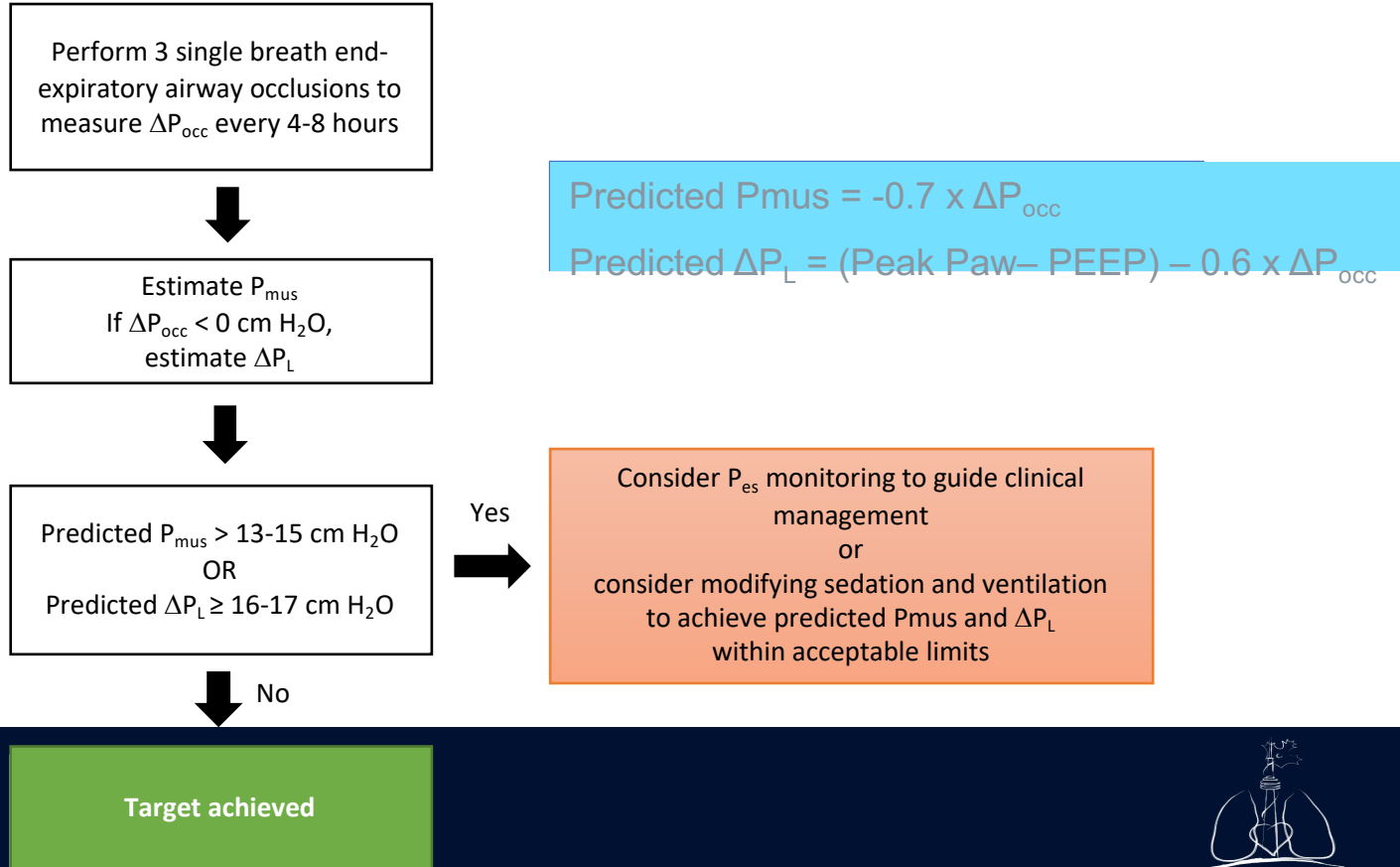


# Airway Occlusion Pressure – P0.1





# End-Expiratory Exclusion Manoeuvre



# Bedside Adjustment of Proportional Assist Ventilation to Target a Predefined Range of Respiratory Effort\*

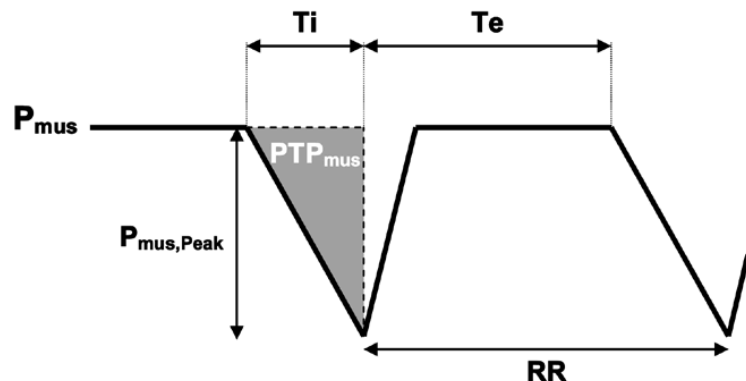
Guillaume Carteaux, MD<sup>1,2</sup>; Jordi Mancebo, MD, PhD<sup>3</sup>; Alain Mercat, MD, PhD<sup>4</sup>;

Jean Dellamonica, MD, PhD<sup>5,6</sup>; Jean-Christophe M. Richard, MD, PhD<sup>7,8</sup>;

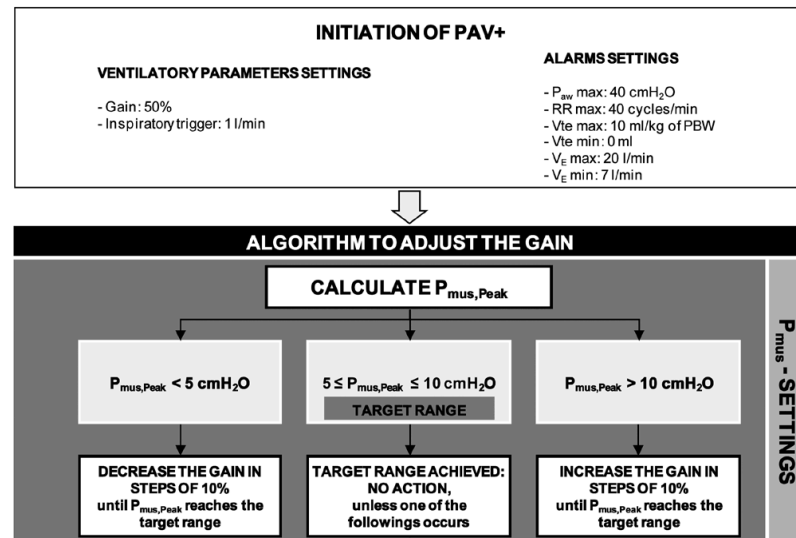
Hernan Aguirre-Bermeo, MD<sup>3</sup>; Achille Kouatchet, MD<sup>4</sup>; Gaetan Beduneau, MD<sup>7,9</sup>;

Arnaud W. Thille, MD, PhD<sup>8</sup>; Laurent Brochard, MD<sup>10,11</sup>

*Crit Care Med* 2013;41:2125–2132



$$PTP_{mus} = \frac{P_{mus,Peak} \times T_i}{2} \times RR$$



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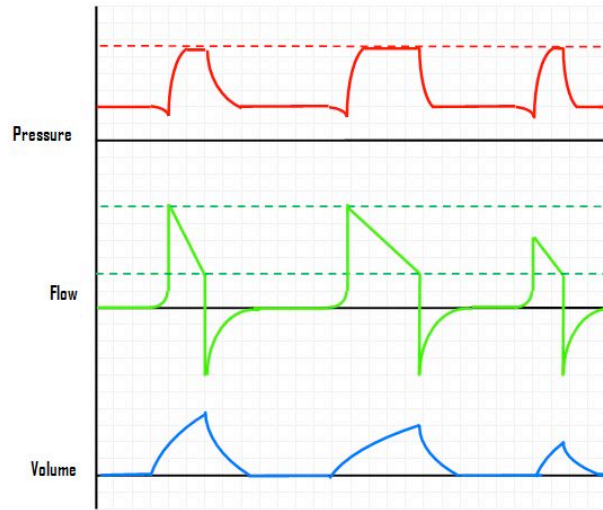
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Care Medicine



# Pressure Support Ventilation

Ventilator's mission is to regulate pressure

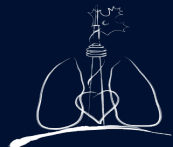
- Set PS level;  $C_{RS}$  ; AND Patient Effort determine  $V_T$



PS 8; PEEP 5

$V_T = 750$  mL

How do control  $V_T$  in this patient???



# Decreasing spontaneous effort levels

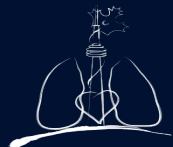
Increase inspiratory assist – but be careful with  $V_T$

Increase PEEP

Consider NMB – but trade Under for Over-assist

Consider partial NMB

Consider ECLS



Arnaud W. Thille  
Pablo Rodriguez  
Belen Cabello  
François Lellouche  
Laurent Brochard

## Patient-ventilator asynchrony during assisted mechanical ventilation

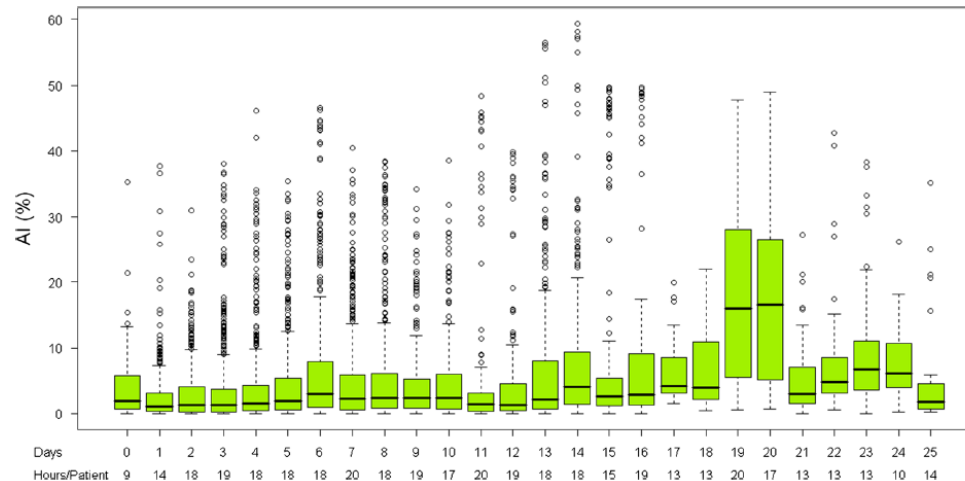
	Asynchrony index < 10% ( <i>n</i> = 47)	Asynchrony index ≥ 10% ( <i>n</i> = 15)	<i>p</i>
Duration of mechanical ventilation (days; IQR)	7 (3–20)	25 (9–42)	0.005
Duration of mechanical ventilation ≥ 7 days	23 (49%)	13 (87%)	0.01
Tracheostomy	2 (4%)	5 (33%)	0.007
Mortality	15 (32%)	7 (47%)	0.36

**25% of patients showed significant asynchrony**



Lluís Blanch  
Ana Villagra  
Bernat Sales  
Jaume Montanya  
Umberto Lucangelo  
Manel Luján  
Oscar García-Esquirol  
Encarna Chacón  
Anna Estruga  
Joan C. Oliva  
Alberto Hernández-Abadia  
Guillermo M. Albaiceta  
Enrique Fernández-Mondejar  
Rafael Fernández  
Josefina Lopez-Aguilar  
Jesús Villar  
Gastón Murias  
Robert M. Kacmarek

## Asynchronies during mechanical ventilation are associated with mortality



	AI ≤ 10 % (n = 44)	AI > 10 % (n = 6)	p value
Length of MV (days)	6 [5.0; 15.0]	16 [9.7; 20.0]	0.061
Reintubation	9 (20 %)	0 (0 %)	0.57
Tracheostomy	14 (32 %)	2 (33 %)	0.999
ICU mortality	6 (14 %)	4 (67 %)	0.011*
Hospital mortality	10 (23 %)	4 (67 %)	0.044*



# Types of Asynchrony

## Ineffective Efforts / Delayed Triggering

- Trigger too insensitive / weak efforts
- Auto PEEP
- Cycle-off Asynchrony (prolonged inspiration)

## Cycle-off Asynchrony

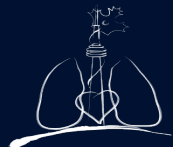
- Prolonged inspiration
- Premature termination

## Double Triggering

- High respiratory drive
- Short set inspiratory time

## Auto Triggering

- Cardiac oscillations
- Trigger too sensitive



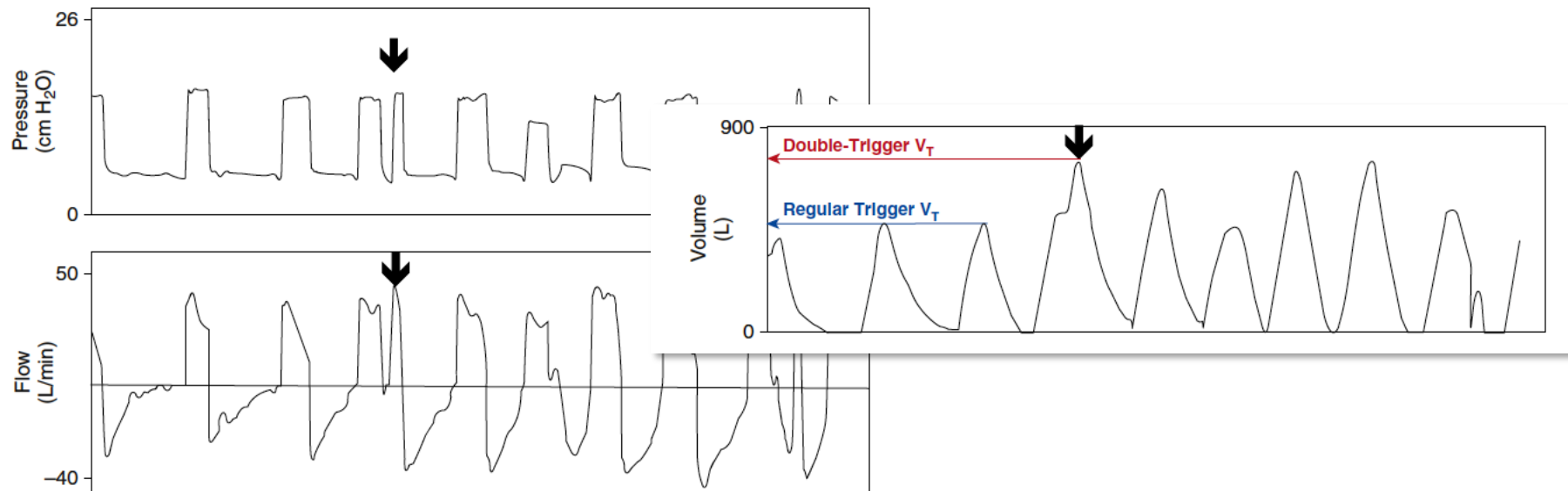
# FIFTY YEARS OF RESEARCH IN ARDS

## Spontaneous Breathing during Mechanical Ventilation

### Risks, Mechanisms, and Management

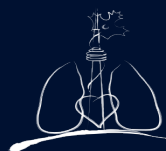
Am J Respir Crit Care Med Vol 195, Iss 8, pp 985–992, Apr 15, 2017

Takeshi Yoshida<sup>1,2,3,4</sup>, Yuji Fujino<sup>4</sup>, Marcelo B. P. Amato<sup>5</sup>, and Brian P. Kavanagh<sup>1,2,3</sup>



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# Partial Neuromuscular Blockade during Partial Ventilatory Support in Sedated Patients with High Tidal Volumes

Jonne Doorduyn<sup>1</sup>, Joeke L. Nolle<sup>1</sup>, Lianne H. Roesthuis<sup>1</sup>, Hieronymus W. H. van Hees<sup>2</sup>, Laurent J. Brochard<sup>3,4</sup>, Christer A. Sinderby<sup>3,4</sup>, Johannes G. van der Hoeven<sup>1</sup>, and Leo M. A. Heunks<sup>1</sup>

Am J Respir Crit Care Med Vol 195, Iss 8, pp 1033–1042, Apr 15, 2017

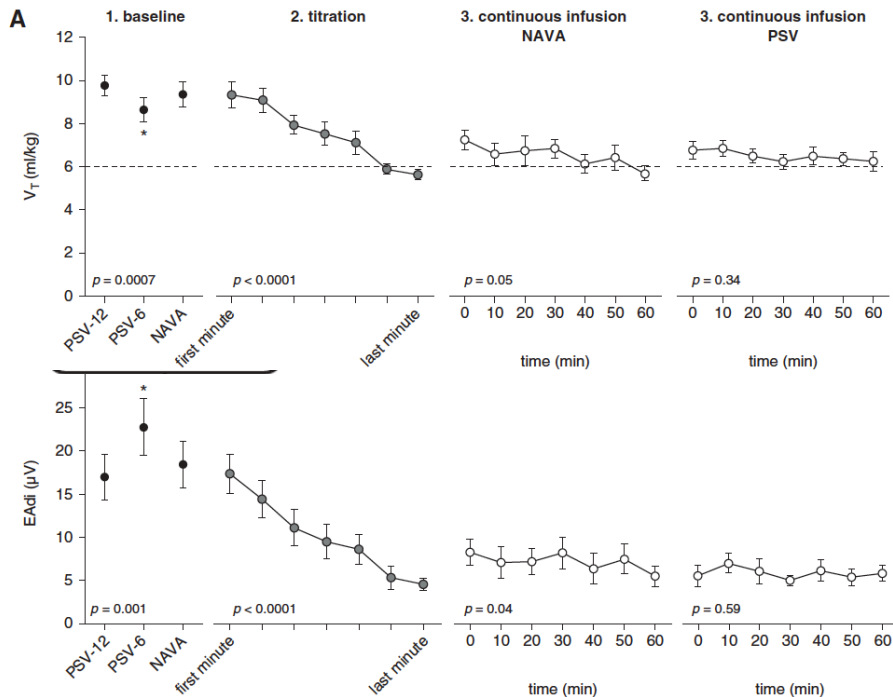
## 1. Baseline

VCV (10 min):  
 $V_T = 6 \text{ ml/kg}$

## 2. Titration

bolus rocuronium  
2–5 mg

if  $V_T > 12$



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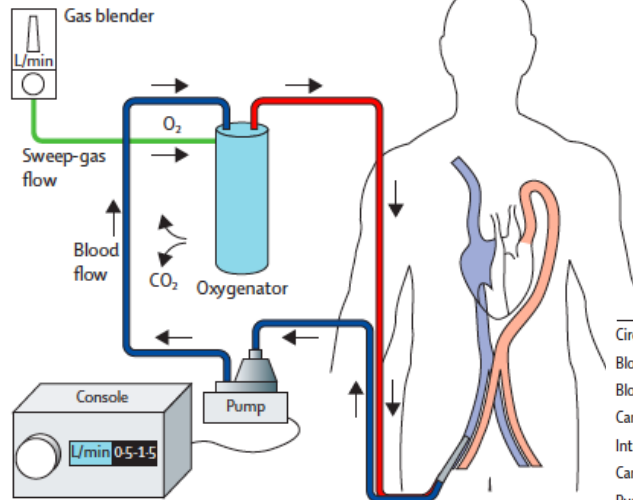


# Extracorporeal life support for adults with severe acute respiratory failure

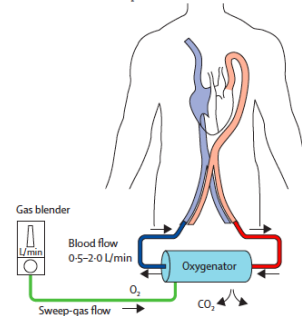
Lorenzo Del Sorbo, Marcelo Cypel, Eddy Fan

*Lancet Respir Med* 2014;  
2: 154-64

C ECCO<sub>2</sub>R



D Arteriovenous ECCO<sub>2</sub>R



ECCO<sub>2</sub>R

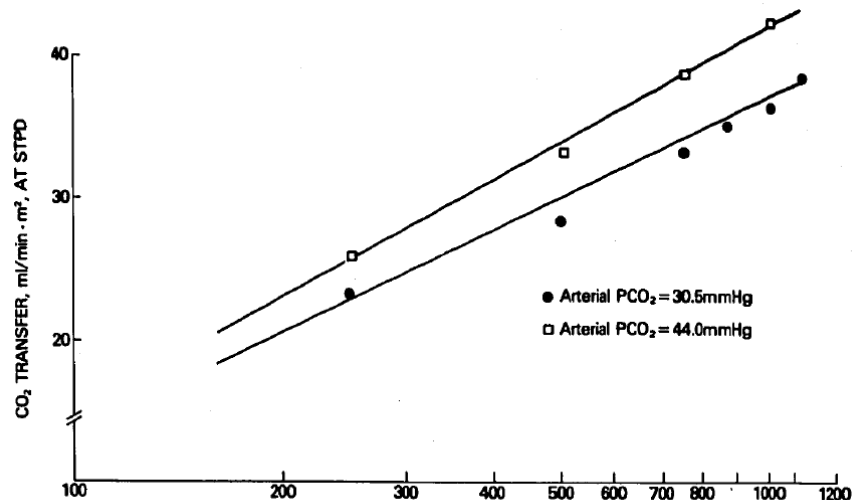
Circuit/bypass	Venovenous bypass or arteriovenous bypass
Blood drainage	From central vein (IJ, FV, SV) or femoral artery in arteriovenous configuration
Blood return	Into central vein (IJ, FV, SV)
Cannula dimension	8-29 Fr
Intravascular access	Single or double
Cannula type	Two single cannulas or dual-lumen cannula
Pump	Centrifugal or peristaltic (absent in arteriovenous configuration)
Extracorporeal blood flow	0.2-2.0 L/min
CO <sub>2</sub> clearance	10-100% VCO <sub>2</sub> , dependent mainly on sweep-gas flow
Oxygen delivery capacity	Not significant
Anticoagulation target	ACT 1.5 times normal, aPTT 1.5 times normal

## Laboratory Report

### *Control of Breathing Using an Extracorporeal Membrane Lung*

Theodor Kolobow, M.D.,\* Luciano Gattinoni, M.D.,\* Timothy A. Tomlinson, B.S.,\* Joseph E. Pierce, D.V.M.†

7 lambs  
No anaesthesia or  
sedation  
ECCO<sub>2</sub>R



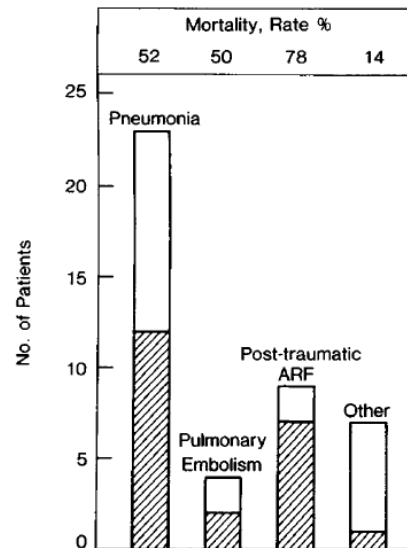
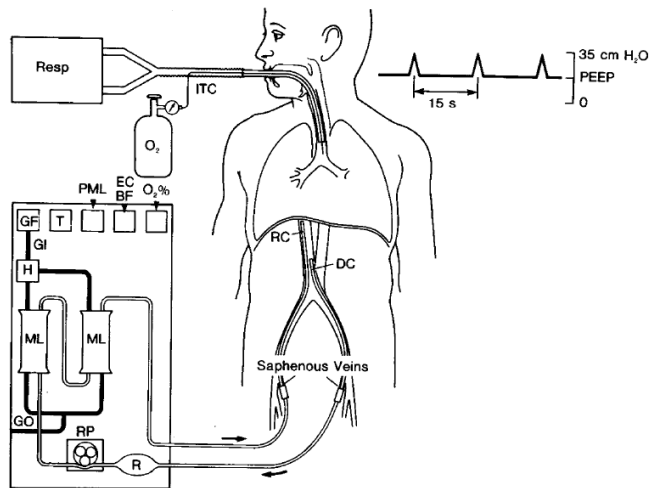
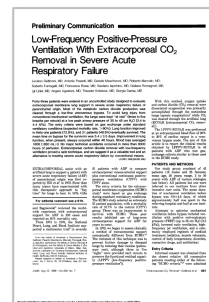
CO<sub>2</sub> Removal Increases with Blood Flow 200-1000 mL



# Low-Frequency Positive-Pressure Ventilation With Extracorporeal CO<sub>2</sub> Removal in Severe Acute Respiratory Failure

(*JAMA* 1986;256:881-886)

Luciano Gattinoni, MD; Antonio Pesenti, MD; Daniele Mascheroni, MD; Roberto Marcolin, MD; Roberto Fumagalli, MD; Francesca Rossi, MD; Gaetano Iapichino, MD; Giuliano Romagnoli, MD; Liji Uziel, MD; Angelo Agostoni, MD; Theodor Kolobow, MD; Giorgio Damia, MD



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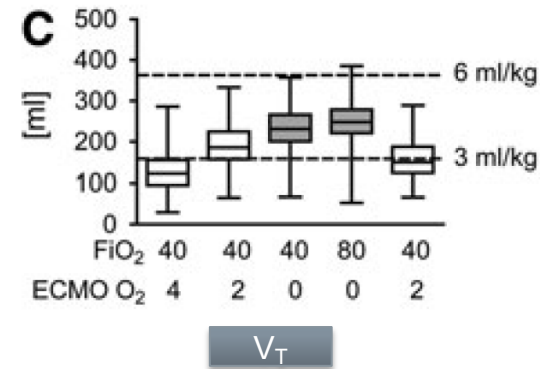
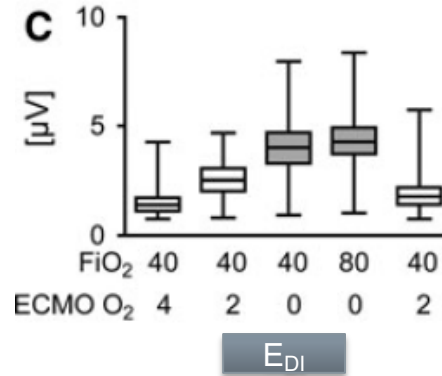
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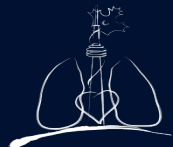
Christian Karagiannidis  
Matthias Lubnow  
Alois Philipp  
Guenter A. J. Riegger  
Christof Schmid  
Michael Pfeifer  
Thomas Mueller

## Autoregulation of ventilation with neurally adjusted ventilatory assist on extracorporeal lung support

6 patients in  
recovery phase of  
ARDS on ECMO  
and NAVA



ECMO can Modulate Respiratory Drive

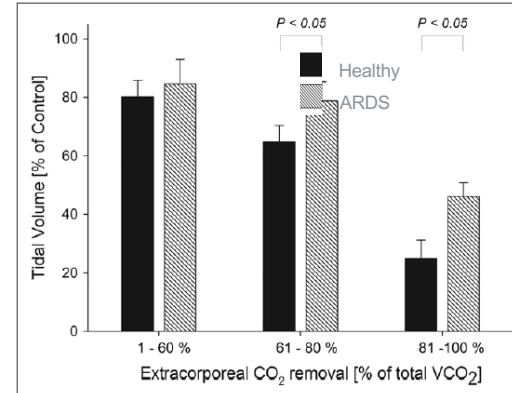
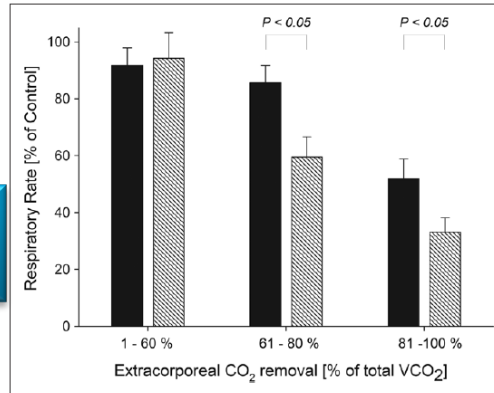


# Extracorporeal Gas Exchange and Spontaneous Breathing for the Treatment of Acute Respiratory Distress Syndrome: An Alternative to Mechanical Ventilation?\*

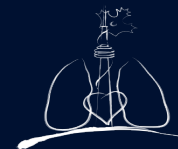
*Crit Care Med* 2014; 42:e211–e220

Thomas Langer, MD<sup>1,2,3</sup>; Vittoria Vecchi, MD<sup>1,3,4</sup>; Slava M. Belenkiy, MD<sup>1</sup>; Jeremy W. Cannon, MD<sup>1,5</sup>; Kevin K. Chung, MD<sup>1,6</sup>; Leopoldo C. Cancio, MD<sup>1</sup>; Luciano Gattinoni, MD<sup>2,7</sup>; Andriy I. Batchinsky, MD<sup>1</sup>

Sheep Model:  
Cardiohelp w Avalon  
2L/min blood flow



- $\Delta P_{es}$  6 vs. 35 cmH<sub>2</sub>O (baseline)
- $V_T$  and  $P_{es}$  variations only reduced when >80% of VCO<sub>2</sub> removed (ARDS)

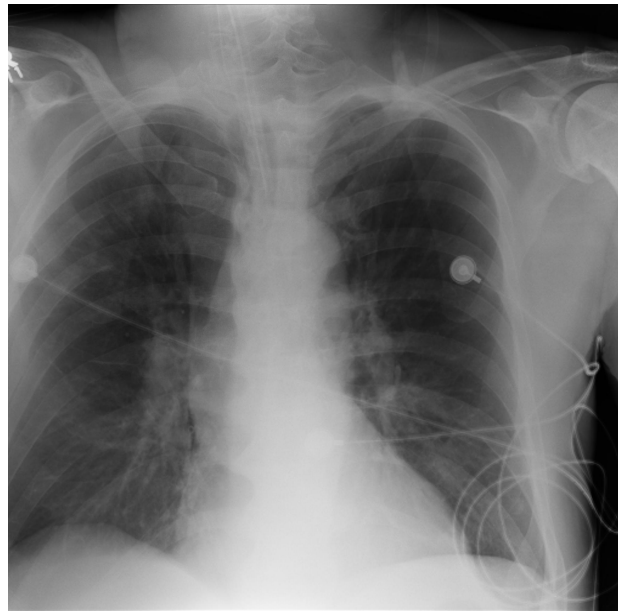


# Opinion Based Medicine...

Set  $V_T=6$  ml/kg (or lower)  
Control breath size if mod-severe ARDS



Set  $V_T=6-8$  ml/kg  
Tolerate larger spontaneous breaths  
Consider check for pendeluft



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# Take Home Points

Impact of spontaneous breathing during ARDS depends on timing and severity

Measuring patient effort is important

When allowing spontaneous breathing – consider normalizing efforts to protect both lung and diaphragm





# ECMO for ARDS: from salvage to standard of care?

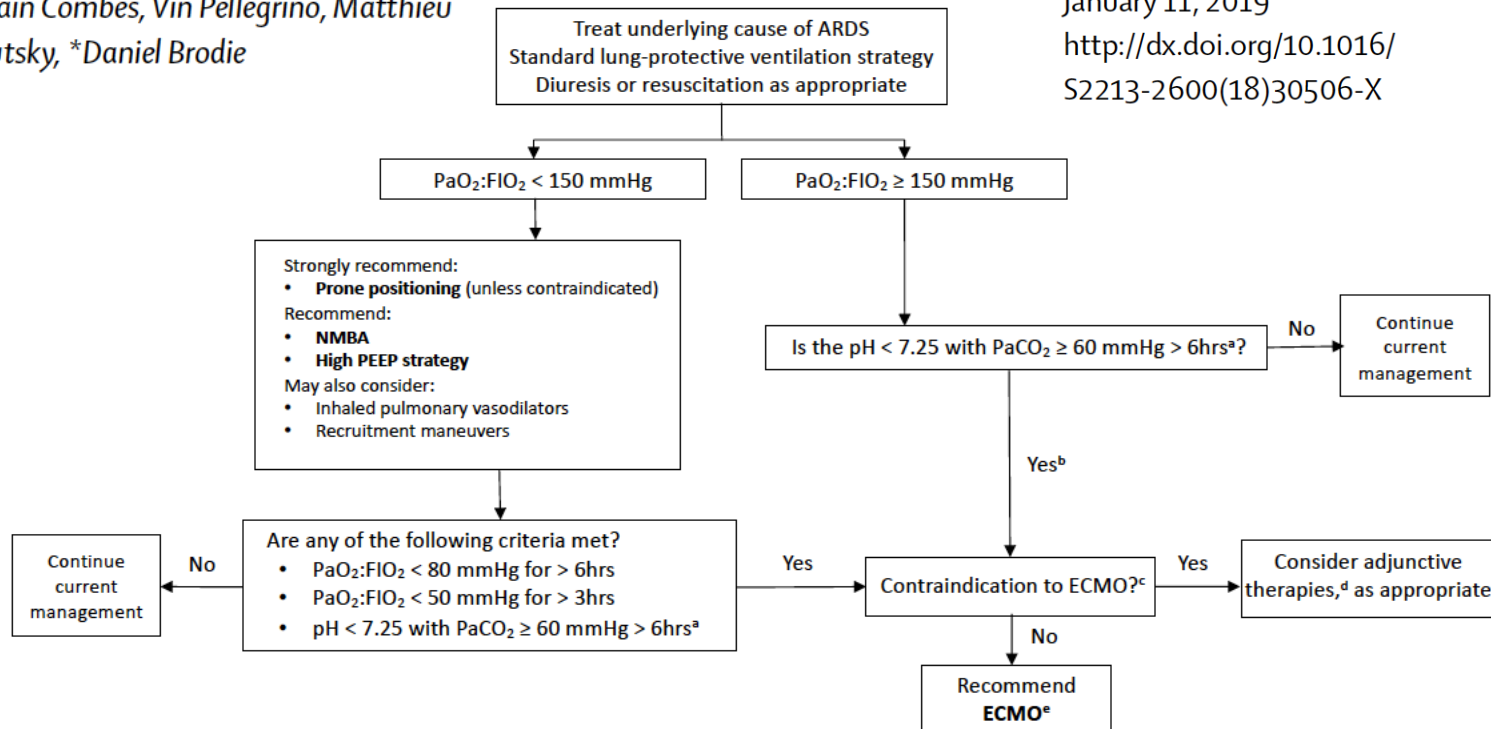
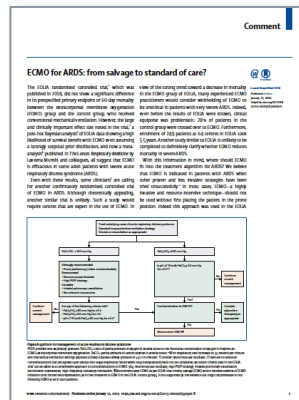
Darryl Abrams, Niall D Ferguson, Laurent Brochard, Eddy Fan, Alain Mercat, Alain Combes, Vin Pellegrino, Matthieu Schmidt, Arthur S Slutsky, \*Daniel Brodie

Lancet Respir Med 2019

Published Online

January 11, 2019

[http://dx.doi.org/10.1016/S2213-2600\(18\)30506-X](http://dx.doi.org/10.1016/S2213-2600(18)30506-X)



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[www.criticalcaretoronto.com](http://www.criticalcaretoronto.com)



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@nialldferguson



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