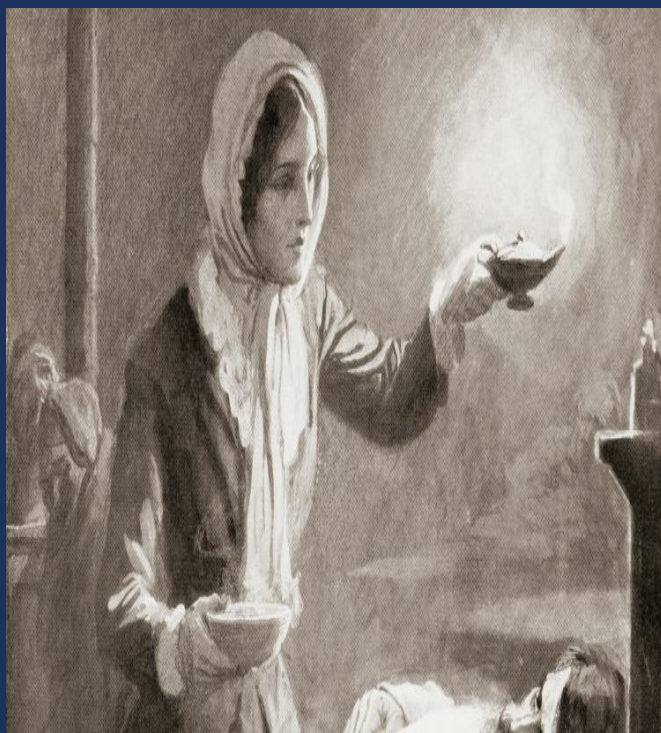




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Shining a Light on the Work of 200 POWH Nurses - Celebrating Florence Nightingale



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Principle 1

PD is fundamentally about person-centred practice that promotes safe and effective workplace cultures, where all can flourish.



Principle 2

PD uses collaborative, inclusive and participatory (CIP) approaches.



Principle 3

PD blends creativity with learning, freeing people's hearts, minds and souls, to achieve new ways of thinking, doing and being.



Principle 4

PD utilises active work-based learning to facilitate individual, practice and cultural transformation.



Practice Development Principles Aligning with Person Centred Processes ⁽¹⁾

Principle 5

PD is a facilitated process that seeks to promote critically informed action.



Principle 6

PD uses inclusive evaluation to integrate evidence from process and outcomes of transformation.



Principle 7

PD focuses on supportive relationships across individuals, teams and systems to stimulate effective change.



Principle 8

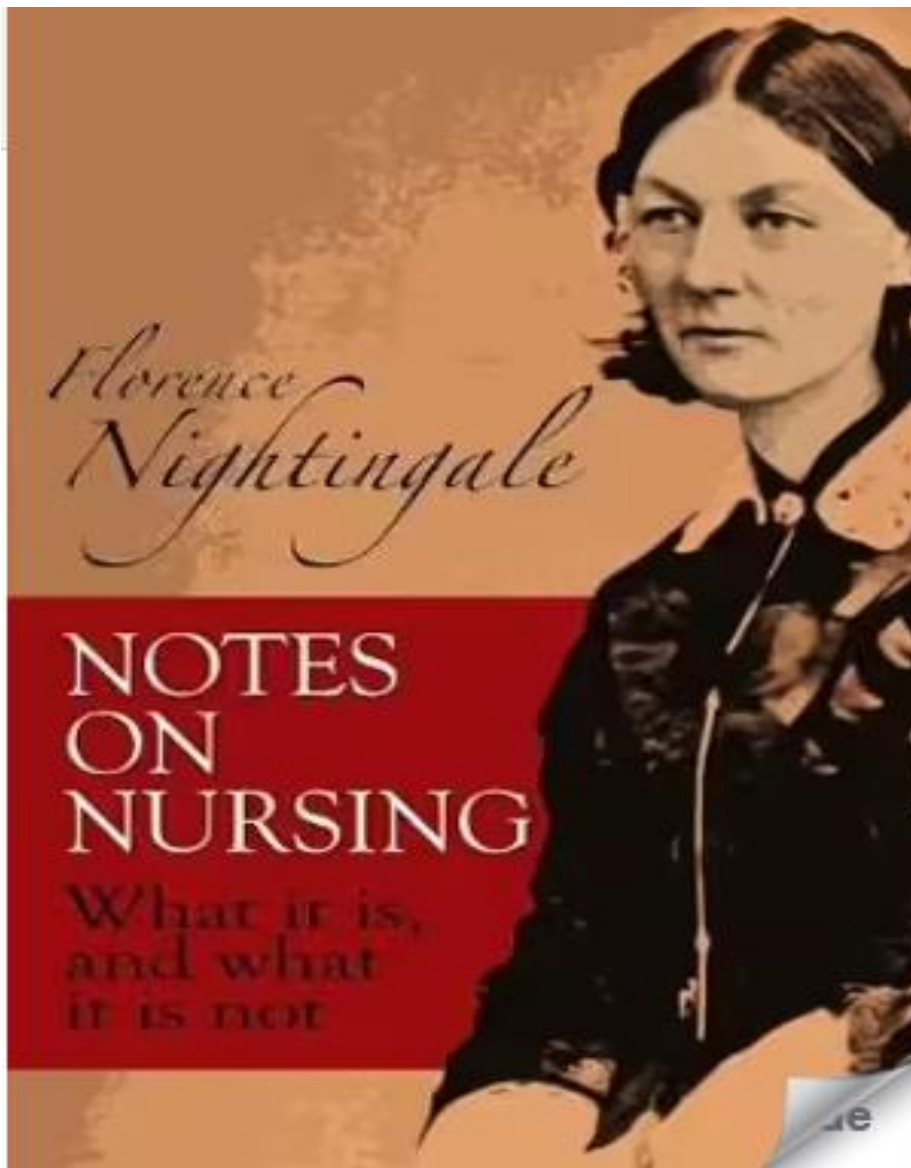
PD is a complex methodology that uses a variety of evidence to inform transformation for individuals, teams and systems.



1. Manley, et al. (2021) International Practice Development in Health & Social Care, 2nd Edition.



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‘Notes on Nursing What it is and what it is not’

“Outspoken writings by the founder of modern nursing, record fundamentals in the needs of the sick that must be provided in all nursing.

Covers such timeless topics as ventilation, noise, food, bed and bedding, light, cleanliness, and observation of the sick.

Still the finest book on nursing."

Co-Evolution Quarterly

2. Nightingale, F. (1860). *Notes on nursing: What it is and what it is not*. London, England: Harrison & Sons.



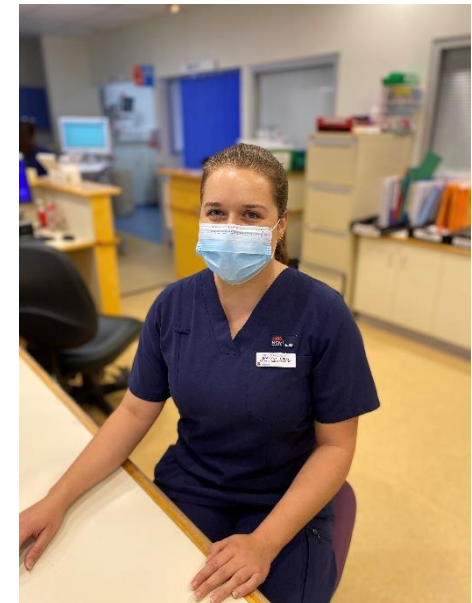
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2020 Celebrating the life & work of Florence Nightingale

Aims of this work

- Contribution
- Reflection



Shining a light on the work of 200 POWH Nurses

Dear Diary....

Calling all Nurses to write a diary entry
'A day when you made a difference'



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Study Design – Narrative Inquiry

- Reveals the subjective meanings of a person's experience in contrast to objective, decontextualised truths
- Allowed the nurses to construct their stories and experiences in a way that conveyed specific perspective of an event and its meaning



PD is a complex methodology that uses a variety of evidence to inform transformation for individuals, teams and systems. (Principle 8)



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Ethics and Enrolment

- Ethical standards informed each aspect of the work – ethical approval was originally sought
- Information Flyers were distributed hospital wide
- Voluntary involvement and anonymity maintained if requested
- Photographic permission also gained



Setting and Participants

Nurses were invited to participate in this project by describing *'a day when they made a difference to patient care'*

In the end we had 210 nurses participate!:

- AINs, ENs, RNs, CNSs, CNEs, CNCs, NPs, NUMs, NMs and Senior Nurse Managers

42 Units were represented

- Diverse range of clinical specialities



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Collection of Diary Entries

Sharing stories of a time they felt they made a difference to patient care in relation to the delivery of Safe, Compassionate and Quality Care

Diary Entries included different forms:

- 20 written 'diary style' entries and poems
- 174 interviews that highlighted memorable person centred moments and reflections on the work of Florence Nightingale
- 15 electronic survey



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Data Analysis

- Interviews were transcribed ‘word for word’ – 100,000!
- All diary data analysed by individual researchers using Braun and Clarke’s ‘Thematic Analysis’
- Emerging themes were then identified, discussed and verified collectively by the research team.



3. Braun, V. & Clarke, V. (2014) What can “thematic analysis” offer health and wellbeing researchers?. International Journal of Qualitative Studies on Health and Well-being.



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Key Themes

- Compassion
- Person Centred Care
- Human Connection
- Teamwork
- Quality and Safety
- Wellbeing
- Impact of Covid



PD focuses on supportive relationships across individuals, teams and systems to stimulate effective change. (Principle 7)



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Compassion

"Today I learned that compassion is ingrained in me-in these quiet and private moments it comes so naturally and authentically, purely for the patient, no matter who they are"

'Compassion'
Original Artwork



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Person Centred Care

“The human spirit is a powerful thing and we should never underestimate it, having a positive belief in our patients’ is so important”

‘Regeneration’
Original Artwork



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Human Connection

“So many nurses would move heaven and earth to achieve what their patient needs”

‘Moving Heaven and Earth’
Original Artwork



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Teamwork

“It’s not about one person it’s about whole of health team response. We make a bigger difference collectively. How you get through day to day, year to year, crises to crises is through a team”.

‘Vulnerability
Original Artwork



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Quality and Safety

"Every time I come to work, I try my best to find something I can improve upon"

'Transfiguration'
Original Artwork



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Wellbeing

"I like to greet my patients with a smile and to have a chat about everyday things.

There are a lot of people who are socially isolated and who are lonely, we may be the only person they might see for that day – you want to make it count"

'Transcendence'
Original Artwork



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TRANSFORMING PERSON CENTRED CARE TOGETHER

CELEBRATING NURSING - THE PAST, PRESENT & FUTURE

"Dear Diary - Shining A Light On The Work Of 210 POWH Nurses"



PD blends creativity with learning, freeing people's hearts, minds and souls, to achieve new ways of thinking, doing and being (Principle 3)

Remembering International Nurses Day 2021

Thank You!

*We hope you enjoy
the following Arts and
Culture Experience ...*



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References

1. Manley, et al. (2021) International Practice Development in Health & Social Care, 2nd Edition.
2. Nightingale, F. (1860) *Notes on nursing: What it is and what it is not*. London, England: Harrison & Sons.
3. Braun, V. & Clarke, V. (2014) What can “thematic analysis” offer health and wellbeing researchers?. *International Journal of Qualitative Studies on Health and Well-being*.



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