



# Approach – Session Design

Phase 1: Introduce new concept of Person Centred Care

Phase 2: Introduce new concept using a concrete experience

Phase 3: Reflect and review tensions between old and new concepts





# Approach - Phase 1

"Person-Centred Practice as an approach to practice established through the formation and fostering of healthful relationships between all care providers, service users and others significant to them in their lives.

It is underpinned by values of respect for persons, individual right to self-determination, mutual respect and understanding."

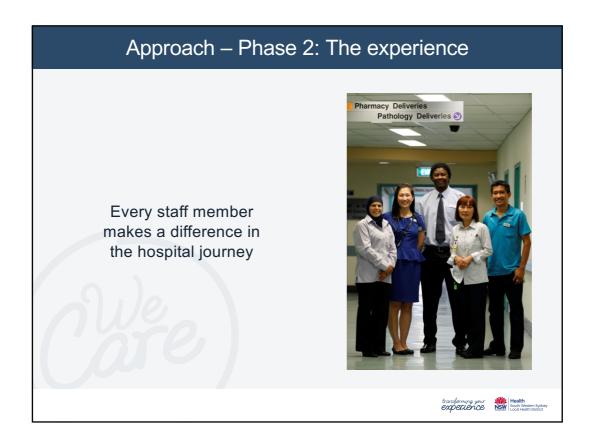
McCormack, B., & McCane, T. (Ed.). (2016). Person-Centred Practice in Nursing and Health Care. Theory and Practice, Iowa: Wiley Blackwell





# Approach – Phase 2: The experience Patients are not just patients, they are people

transforming your experience Swith Western Syd



# Approach – Phase 2: The experience



Healing begins by creating the relationship

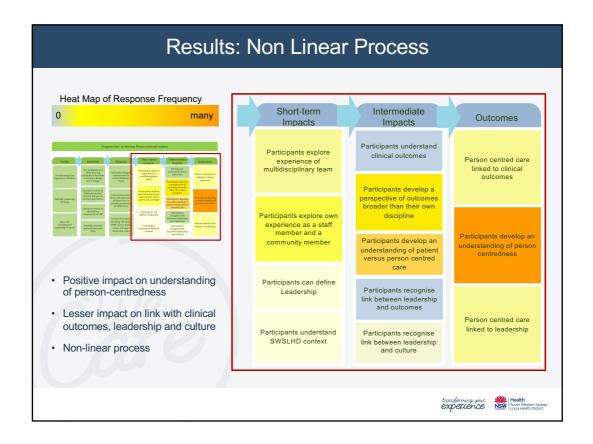


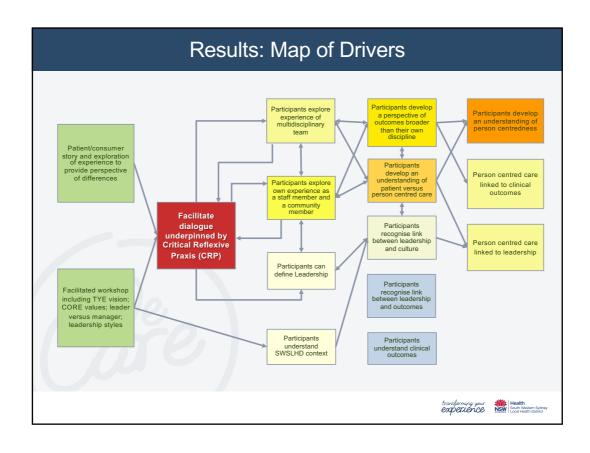
## Approach - Phase 3: Critical Reflexive Praxis · Sense of questioning Critical · Unmasking hidden tensions Conscious awareness Reflexive of one's perception of reality and assumptions · Self-conscious and ethical action based on **Praxis** a critical question of past actions and future possibilities Cunliffe, A.L. (2004). On becoming a critically reflexive practitioner. *Journal of Management Education*, 28(4), pg407-426. Holmes, P., Cockburn-Wotten, C., Motion, J., Zorn, T.E., & Roper, J. (2005). Critical Reflexive Practice in teaching management communication. *Business Communication Quarterly*, 68(2), pg 247-256 transforming your experience NSW South

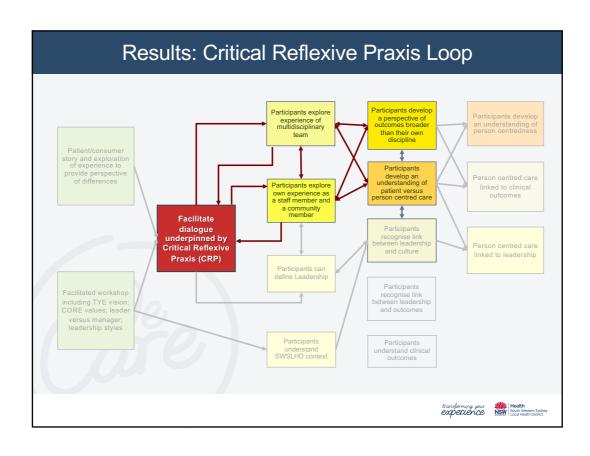
# **Evaluation Methodology** · Semi-structured interviews · Outlined the workshop and provided the objectives • "Thinking about this session, to what · Clinical & non clinical extent did it meet these objectives for · Facility and district Male and female • Can you tell me a bit more about that?" • 3 – 9 months post workshop · Responses coded against impacts and outcomes of the program logic

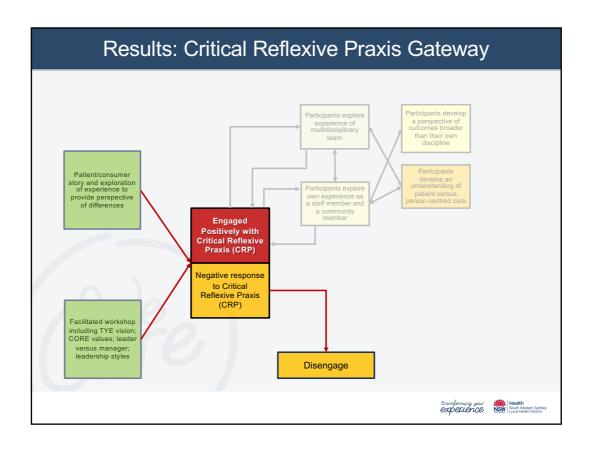
experience South Western Sydne Local Health District

• N = 8









# **Findings**

## Critical Reflexive Praxis

(the review of assumptions and values and the impact they have on others)

is key to developing an understanding of person-centredness.

It is both complex and personally difficult.

Careful structure and a focus on creating psychological safety is required to maximize impact





### Recommendations

Using the patient experience to create personcentred leaders

- Integrate emotional touchpoints to phase 3 to unpack personal reactions during the critical dialogue
- Explicitly discuss leadership behaviour and activities
- Include an additional fourth phase to emphasise link between clinical outcomes and person centred care





## Thankyou

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