

Sara Fleming

Like many of you, Adelaide-based Nurse Practitioner Sara Fleming has seen Palliative Care roll through changes – or not – over the years. When will it be cool to say you work in Palliative Care? Can we yet safely add the word Paediatric and not get “the look”?

Sara’s enthusiasm and passion is inexhaustible. She employs a combination of life in the trenches and open self-reflection to take you on a tour of wonder at the things we are capable of in the face of what tests us most. She has led many developments in Paediatric Palliative Care from being one of the drivers of the first service in Australia in 1999, to writing content for a fledgling university topic and the publication *Journeys*. She constantly seeks to improve how we might serve families.

So from the curious, concerned clinical nurse who worried about stunned families as they crawled home from the “bad news room”, to the “we can still do better” seasoned NP who sidesteps the hard questions in polite company by saying she’s a hairdresser... who takes her frustrations out on an unsuspecting bicycle ... whose son told his early childhood class peers that his mum was a crap nurse because so many of her patients died ... what lies between, underneath and beyond?

Sara will fuse her experiences and conversational, relaxed style to share the journey with you. Buckle up for the ride!

