



Thursday 2 March 2017

0730	Registration Desk Open
0730	Welcome Refreshments and Exhibition Open
0830-0900	<i>Conference Opening</i> <i>Convenor Welcome- Dr Elena Moran</i> <i>President Welcome- Fran James</i>
0900-1000	Exercise in Chronic Pain Dr Hamish Osborne , Senior Lecturer, Dunedin School of Medicine, Otago University, Dunedin, NZ
1000-1030	Morning Tea and Industry Exhibition
1030-1125	PATRICK WALL LECTURE The Process of Central Sensitisation Professor Jo Nijs , Department of Physiotherapy, Human Physiology and Anatomy, Vrije Universiteit Brussel, Belgium
1125-1155	The Management of Pharmaceutical Opioid Dependence Carina Walters , Pharmacist, The University of Auckland, Auckland, NZ
1155-1200	Lifetime Membership Award Presentation Presented by: David Jones

Free Paper Presentations Acute Pain Management	Free Paper Presentations Physiology of Pain	Free Paper Presentations Psychosocial Aspects of Pain
<p style="text-align: right; font-size: small;">Waimea</p> <p>1205-1215 Fusion and Repeat Discectomy following Single Level Open Lumbar Discectomies. Survival Analysis John Mortimer*, Mr Chris Hoffman** *Mana Orthopaedics, Wellington, NZ **Orthopaedic Specialist, TBI Health Group, Wellington, NZ</p> <p>1215-1225 Opioid Use After Injury Sunita Goyal, Lead Pharmaceutical Advisor; Dr R Griffiths, Senior Medical Advisor, Corporate Clinical Advice, Clinical Services Directorate, Accident Compensation Corporation, NZ</p> <p>1225-1235 A Biopsychosocial Understanding of Lower Back Pain: Content Analysis of Online Information Dr Ram Mani, Centre for Health, Activity and Rehabilitation Research, School of Physiotherapy, University of Otago, Dunedin, NZ</p>	<p style="text-align: right; font-size: small;">Riwaka</p> <p>1205-1215 What are the Predictive Factors for Central Sensitisation in Chronic Musculoskeletal Pain Populations? A Systematic Review Jacqui Clark, Manchester Metropolitan University UK and Vrije Universiteit Brussel, Belgium</p> <p>1215-1225 Structural Changes in the Brain prior to and following Knee Joint Replacement Dr Gwyn Lewis, Health and Rehabilitation Research Institute, Auckland University of Technology, Auckland, NZ</p> <p>1225-1235 The Relationship between Clinical Symptoms and Low Back Pain Syndromes Mr Chris Hoffman, Orthopaedic Specialist, TBI Health Group, Wellington, NZ</p>	<p style="text-align: right; font-size: small;">Maitai 2</p> <p>1205-1215 Gender Differences in the Prevalence of Pain and Analgesia Use in the Australian Population April Miller, Menzies Institute for Medical Research, University of Tasmania, Hobart, Australia</p> <p>1215-1225 Should Occupational Therapists and Physiotherapists Deliver Graded Exposure in Pain Management? Paul Lagerman, Department of Orthopaedic Surgery & Musculoskeletal Medicine, University of Otago, Christchurch, NZ</p> <p>1225-1235 What Works and What Doesn't in a Self-Management Support Intervention for Individuals with Persistent Pain? A Systematic Review and Meta-Synthesis of Qualitative Studies Dr Hemakumar Devan, Centre for Health, Activity and Rehabilitation Research (CHARR), School of Physiotherapy, University of Otago, Dunedin</p>

1235-1330	Lunch, Industry Exhibition and Posters	Maitai 1
-----------	--	----------



NZPS 2017
2-4 March 2017, The Rutherford Hotel, Nelson



Please note this is a draft programme and is subject to change.

<p>Nurses Special Interest Group Presentation</p> <p style="text-align: center;"><i>Proudly supported by</i> </p>	<p>Psychologists Presentation</p>	<p>Physiotherapists & Occupational Therapists Presentation</p> <p style="text-align: center;"><i>Proudly supported by</i> </p>
<p>1330-1410 Real World Emergency Nursing and Pain Management Kevin Henshall, Trauma Nurse, Middlemore Hospital, Auckland, NZ</p> <p>1410-1425 Nurses' SIG AGM</p>	<p>1330-1425 Psychological Formulation in Chronic Pain Dr Elena Moran, Clinical Psychologist, Psychology and Behavior Services, Nelson, NZ</p> <p>Mark Ottley, Senior Clinical Psychologist and Clinical Lead for Pain Services, Southern Rehabilitation, Christchurch, NZ</p>	<p>1330-1425 ACC Discussion</p> <p>Annie Jones, Physiotherapist/ Rehabilitation Advisor, Clinical Services Directorate, ACC, Wellington, NZ</p> <p>Nic Johnson, Health Sector Design Lead, Provider Service Delivery Team, ACC, NZ</p>
<p>1430-1530 Mindfulness and Pain Workshop Unlearning Chronic Pain with Mindfulness-Based Interoceptive Exposure Dr Bruno Cayoun, Mindfulness Researcher & Director, Mindfulness Integrated Cognitive Behaviour Therapy Institute, Hobart, Australia</p>	<p style="text-align: center;">Maitai 2</p> <p>1430-1500 Acute Pain</p> <p>Bridging the Divide between Acute and Chronic Pain Services Adrienne Batterton, Clinical Nurse Specialist, Department of Anaesthesia and Pain Medicine, Counties Manukau DHB, Auckland, NZ</p> <p>1500-1530 Physiotherapy Management of Acute Pain in Preventing Chronicity Helen Nott, Physiotherapist, Activate Physiotherapy, Nelson NZ</p>	<p style="text-align: center;">Waimea</p>
1530-1600 Afternoon Tea and Industry Exhibition		
<p>1600-1700 Mindfulness and Pain Workshop continued Dr Bruno Cayoun, Mindfulness Researcher & Director, Mindfulness Integrated Cognitive Behaviour Therapy Institute, Hobart, Australia</p>	<p>1600-1630 Reducing Medication Use in Acute Pain Dr Peter McKenzie, General Practitioner/ Musculoskeletal Pain Specialist, Nelson, NZ</p>	
1700-1800 Welcome Reception and Industry Exhibition Including 5 min presentations from exhibitors and socialising; MC - Dr Buzz Burrell		

Gold Sponsor



Bronze Sponsor



Your Host



NZPS 2017
2-4 March 2017, The Rutherford Hotel, Nelson

Please note this is a draft programme and is subject to change.

Friday 3 March 2017	
0800	Registration Desk Open
0800	Welcome Refreshments and Exhibition Open
0900-0925	<i>Pain, Body and Brain @ AUT</i> Dr Gwyn Lewis , Health and Rehabilitation Research Institute, Auckland University of Technology, Auckland, NZ
0930-1030 <i>Concurrent 1: More Active</i>	0930-1030 <i>Concurrent 2: More Able</i>
<i>The Assessment of Persistent Pain</i> Tracey Pons , Registered Physiotherapy Specialist, Pain Management Physiotherapy, Kaiapoi, NZ	<i>Childhood Pain</i> Dr Wendy Hunter , Paediatrician, Nelson Hospital, Nelson, NZ
1030-1100	Morning Tea and Industry Exhibition
1100-1125 <i>Outcome Measures for Chronic Pain</i> Debbie Bean , Health Psychologist, The Auckland Regional Pain Service (TARPS), Auckland, NZ	1100-1120 <i>Pelvic Pain: The Team Approach</i> Dr Glyn Richards , Pain Consultant, Auckland DHB, Auckland, NZ
1130-1230 <i>Physiotherapy for Persistent Pain</i> Tracey Pons , Registered Physiotherapy Specialist, Pain Management Physiotherapy, Kaiapoi, NZ	1120-1140 <i>The Role of Physiotherapy in Chronic Pelvic Pain</i> Nicol Ranger , Women's Health Physiotherapist, Auckland DHB, Auckland, NZ
	1140-1155 <i>The Role of Psychology in Chronic Pelvic Pain</i> Leena St Martin , Clinical Psychologist Professional Leader Psychological Medicine, Auckland DHB, Auckland, NZ
	1200-1230 <i>Sexual Medicine and Pain</i> Dr Andrea Burri , Clinical Psychologist, Genetic Epidemiologist, School of Clinical Sciences, Faculty of Health and Environmental Sciences, AUT University, Auckland, NZ <i>Presented by: Leena St Martin</i>
1230-1330	Lunch and Industry Exhibition and Posters
1330-1430	<i>The Health Benefits of Work in Pain Management</i> Dr David Beaumont , Director; Lenny O'Connell , Director, Fit For Work, Otago, NZ
1430-1500	<i>Turning Chest Trauma Patients Analgesia Strategies on its Head</i> Kevin Henshall , Trauma Nurse, Middlemore Hospital, Auckland, NZ (TBC)
1500-1530	Afternoon Tea and Industry Exhibition
1530-1600	<i>Intervening in the Cycle of Pain and Insomnia</i> Dr Anna Clarkson , Clinical Psychologist, Centre for Human Potential, Nelson, NZ
1600-1630	ACC Presentation - <i>electronic Persistent Pain Outcome Collaboration</i> Nic Johnson , Health Sector Design Lead, Provider Service Delivery Team, ACC, NZ
1630-1635	Conference 2018 Fran James , President, NZPS
1645-1745	NZPS AGM
1800	Bus departs for Mahana Kitchen, from Rutherford Hotel foyer
1830	Bus for AGM attendees departs from Rutherford Hotel foyer
1900-late	Conference Dinner at Mahana Kitchen



NZPS 2017
2-4 March 2017, The Rutherford Hotel, Nelson

Please note this is a draft programme and is subject to change.

Saturday 4 March 2017	
0730	Council Breakfast Meeting
0730	Breakfast Meeting for GPs – Nelson Bays Primary Health sponsor <i>Kindly supported by</i> <div style="float: right; text-align: right;">  </div>
0830	Registration Desk Open
0830	Welcome Refreshments and Exhibition Open
0900-0930	<i>Pain Mechanisms and Management in Osteoarthritis</i> Dr David Rice , Senior Lecturer, School of Clinical Sciences, Auckland University of Technology; Scientific Officer, Waitemata Pain Services, Department of Anaesthesiology and Perioperative Medicine, Waitemata DHB, Auckland, NZ
0930-1100	<i>Panel: Primary Care Forum</i> <ul style="list-style-type: none"> - Explain chronic pain in 10min - Apps for Patients and GPs - Patient Perspectives - Case presentations - Q&A Session Dr Buzz Burrell , GP, Nelson Bays Primary Health, Nelson NZ Dr David Beaumont , Director, Fit For Work, Otago, NZ Dr John Alchin , Pain Management Centre, Burwood Hospital, Christchurch, NZ Tracey Pons , Registered Physiotherapy Specialist, Pain Management Physiotherapy, Kaiapoi, NZ
1100-1130	Morning Tea and Industry Exhibition
1130-1230	<i>Treatment of Pain Sensitisation</i> Professor Jo Nijs , Department of Physiotherapy, Human Physiology and Anatomy, Vrije Universiteit Brussel, Belgium
1230-1300	<i>Chronic Postsurgical Pain after Knee Replacement</i> Dr David Rice , Senior Lecturer, School of Clinical Sciences, Auckland University of Technology; Scientific Officer, Waitemata Pain Services, Department of Anaesthesiology and Perioperative Medicine, Waitemata DHB, Auckland, NZ
1300-1330	Conference Close, Industry Awards & Abstract Prize Giving

Gold Sponsor



Bronze Sponsor



Your Host

