



Union Européenne de Médecins Spécialistes  
European Union of Medical Specialists

# **YOUTH MENTAL HEALTH: FROM CONTINUITY OF PSYCHOPATHOLOGY TO CONTINUITY OF CARE**

Perspectives from UEMS  
Section for Child & Adolescent Psychiatry  
Section for Psychiatry



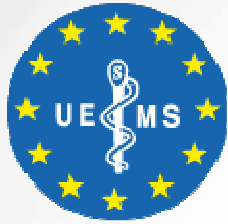
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UEMS Sections for Psychiatry

Training requirements for  
Psychiatry

Transition Psychiatry



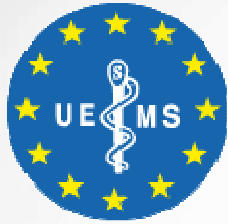
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**UEMS**

**UEMS Sections for Psychiatry**

**Training requirements for  
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**Transition Psychiatry**



## UEMS main focusses

**Postgraduate Training**  
**Continuing Medical Education  
and Professional Development**  
**Quality Assurance in Practice**



## UEMS main focusses

**Postgraduate Training**  
**Continuing Medical Education  
and Professional Development**  
**Quality Assurance in Practice**  
**Harmonisation**



# UEMS legal aspects

*[www.uems.net](http://www.uems.net)*

**not for profit association**

representing 1,6 million medical specialists

**according to the Belgian law**

a General Assembly

an Executive/Bureau



# UEMS legal aspects

## Executive = Bureau

president

secretary-general

treasurer

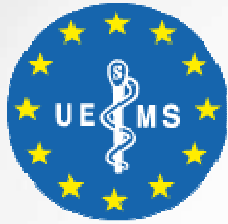
liaison officer

Dr Romuald Krajewski

Dr Edwin Borman

Dr Giorgio Berchicci

Dr Zlatko Fras



# UEMS legal aspects

## General Assembly = Council

34 National General Medical Associations  
(GMA)

2 delegates = 1 vote per GMA

28 EU states

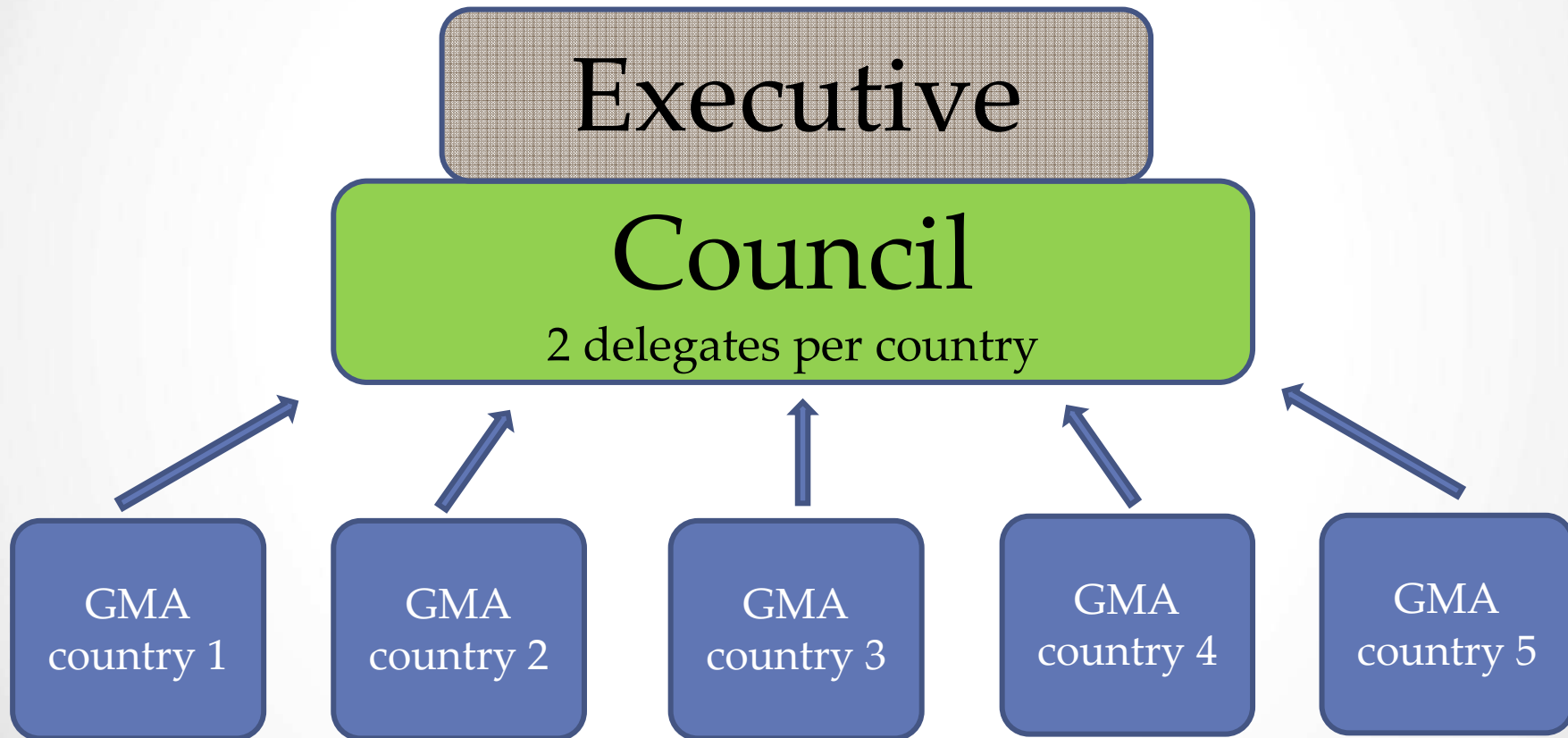
associated countries      => no voting rights

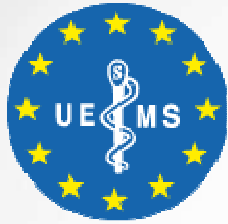
observer countries        => no voting rights



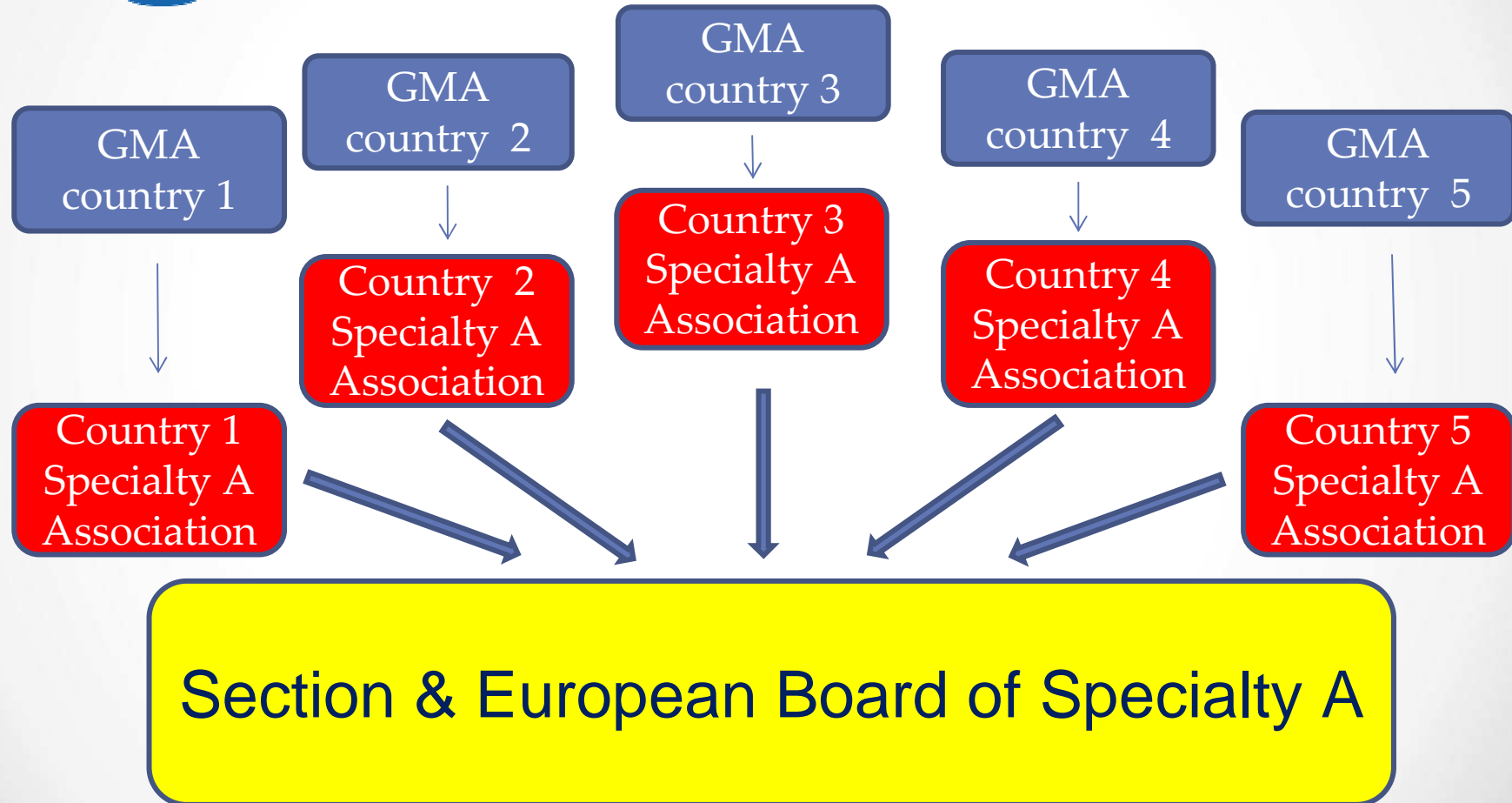


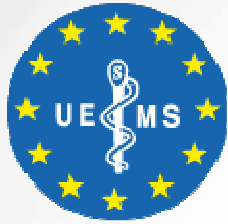
# UEMS internal structure





# UEMS internal structure





# UEMS internal structure

Executive

Council

2 delegates per country

Board

GMA  
country 1

GMA  
country 2

GMA  
country 3

GMA  
country 4

GMA  
country 5

Section  
Eur. Board  
Specialty

Section  
Eur. Board  
Specialty

Section  
Eur. Board  
Specialty

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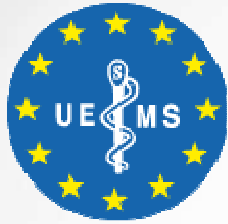
Section &  
Eur. Board  
Specialty H



## UEMS internal structure

**>50 medical specialties  
recognized in Europe**

**These medical specialists are represented  
through different bodies, operational platforms  
within UEMS**



## UEMS internal structure

**Sections are the major bodies**

39 for each specialty

&

**European Boards**

permanent working groups within a Section

setting specialty specific standards

for education and training

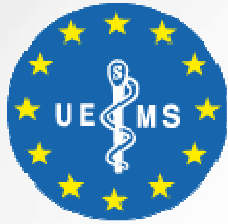


## UEMS main focusses

**Postgraduate Training**

**Continuing Medical Education  
and Professional Development**

**Quality Assurance in Practice**



## UEMS operational aspects

# European Accreditation Council for Continuous Medical Education

EACCME 1999

mutual recognition of accreditation

EU wide life events since 2000

e-learning projects

mutual recognition agreements USA/Canada



## UEMS operational aspects

# European Council for Accreditation of Medical Specialist Qualifications

ECAMSQ 2008

achieve a common background to assess  
competence of European medical specialists  
basis = core curricula developed by Sections  
=> central examination per specialty



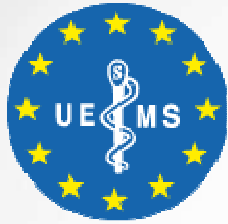


## UEMS operational aspects

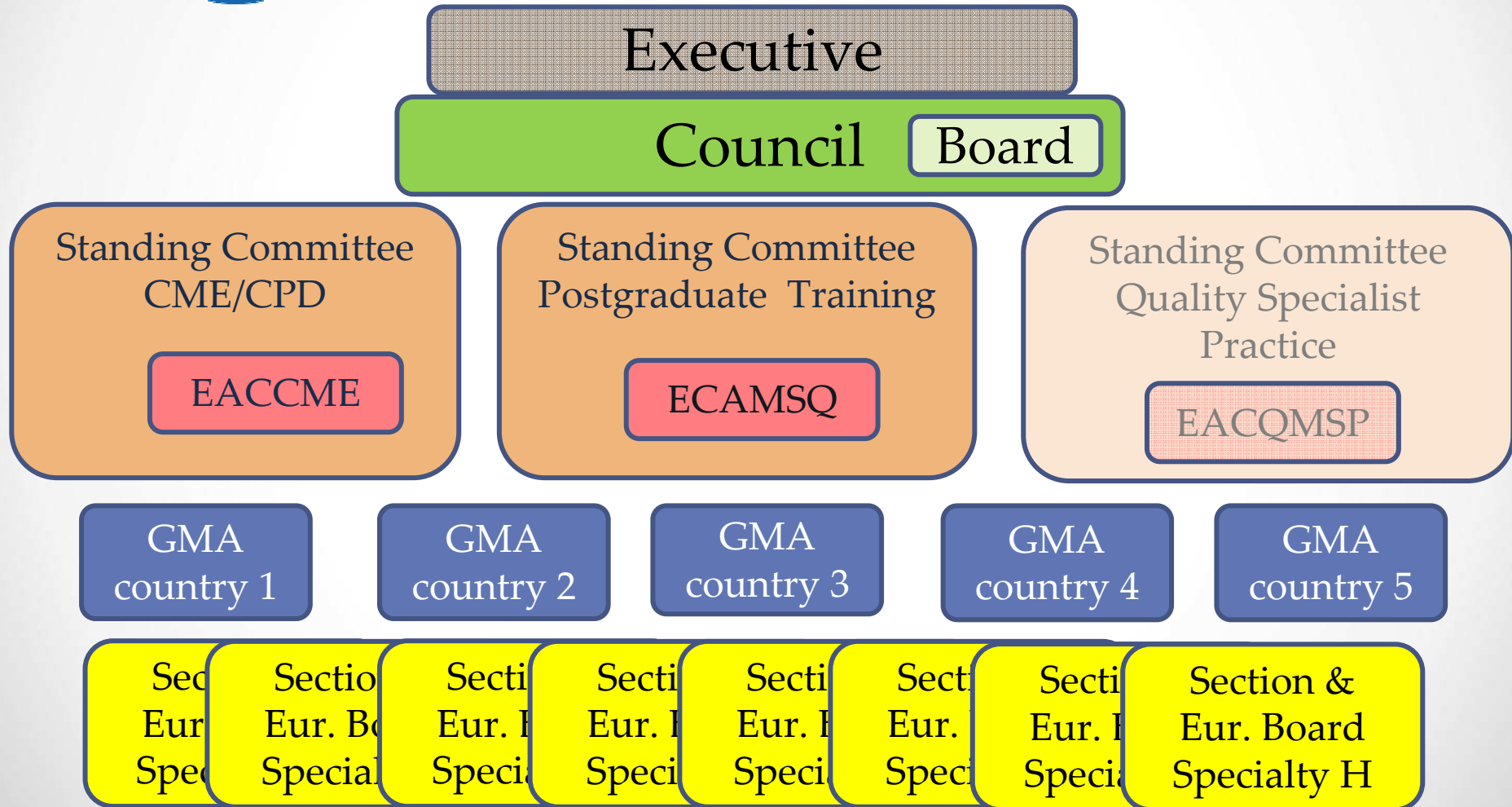
# Council for European Specialists Medical Assessment

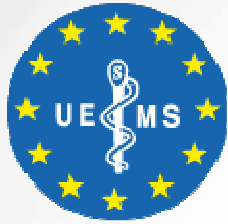
CESMA 2007

advisory body on organizing assessments  
promoting harmonization  
providing guidelines conducting assessments  
encourage Board assessment = quality mark  
alternative for national assessment



# UEMS internal structure





## UEMS output

### Policy documents

Charter on Specialist Training

Charter on Continuing Medical Education

Charter on Quality Assurance in Specialist Practice in EU

Charter on the Visitation of Training Centers

Charter on Continuing Professional Development

Declaration on Promoting Good Medical Care

Ensuring the Quality of Medical Care

Policy Statement on Assessment During Postgraduate  
Medical Training



## UEMS output

# Charter on Specialist Training

Treaty of Rome: free exchange of persons,  
services, goods, and capital

Medical sector: mutual recognition of basic and  
specialist medical qualifications 1975

Consolidated in the Directive 93/16/EEC  
5 April 1993



## UEMS output

# Charter on Specialist Training

chapters common for all specialties

Chapter 1: National Authority

Chapter 2: General Aspects of Training

Chapter 3: Requirements for Training Institutions

Chapter 4: Requirements for Chief of Training

Chapter 5: Requirements for Trainees

specialty specific chapter

**Chapter 6: Requirements for each Specialty**



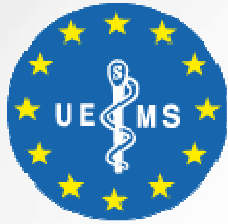
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**UEMS Sections for Psychiatry**

**Training requirements for  
Psychiatry**

**Transition Psychiatry**



UEMS

## Sections of Psychiatry

[www.uemspsihchiatry.org](http://www.uemspsihchiatry.org)

[www.uemscap.eu](http://www.uemscap.eu)



# UEMS Section of Psychiatry

## Structure

Bureau: president, honorary secretary,  
2 vice-presidents, treasurer

General Assembly: 2 delegates/country

28 full		
2 associated		members
3 observing		

Board: permanent working group





# UEMS Section of Psychiatry

## Bureau

president	<i>Marc Hermans</i>	Belgium
vice president postgraduate training	<i>Andy Brittlebank</i>	UK
vice president continuous medical education	<i>Dan Georgescu</i>	Switzerland
honorary secretary	<i>Torsten Jacobsen</i>	Denmark
officer for associations	<i>Thea Heeren</i>	The Netherlands



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UEMS Sections for Psychiatry

Training requirements for  
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# UEMS Sections of Psychiatry

## Charter on Specialist Training

common chapters

Chapter 1: National Authority

Chapter 2: General Aspects of Training

Chapter 3: Requirements for Training Institutions

Chapter 4: Requirements for Chief of Training

Chapter 5: Requirements for Trainees

specific chapter

Chapter 6: Requirements for each Specialty



# UEMS Section of Child & Adolescent Psychiatry

## Training requirements for Child & Adolescent Psychiatry 2014

trainees  
organisation of training  
requirements for trainers



# UEMS Section of Psychiatry

## Chapter 6 for Psychiatry

2003

Central Monitoring Authority = Board

General Aspects of Training in Psychiatry

Requirements for Training Institutions

Requirements for Teachers

Requirements for Trainees

**Appendices:** psychiatric theory, psychotherapy, community psychiatry, biological psychiatry, old age psychiatry, leadership and management, logbook, supervision, quality assurance



## UEMS Section of Psychiatry

# The Profile of a Psychiatrist 2005

position paper describing necessary competences and tasks

aimed at other medical professionals, educators, politicians, decision makers and the general public

stated a lack of a universally accepted definition of “mental disorder”



# UEMS Section of Psychiatry

## The Profile of a Psychiatrist 2005

CanMEDS 2005 roles (definition, competencies)

1. Expert/Clinical Decision-Maker
2. Communicator
3. Collaborator
4. Manager
5. Health Advocate
6. Scholar
7. Professional



# UEMS Section of Psychiatry

## European Framework for Competencies in Psychiatry 2009

Working group members:

European Board of the Section

European Federation of Psychiatric Trainees  
medical educationalists





# UEMS Section of Psychiatry

## European Framework for Competencies in Psychiatry 2009

Supporting Documents:

Charter on Training of Medical Specialists

Chapter 6

Profile of a Psychiatrist



# UEMS Section of Psychiatry

## Purpose of the paper

listing learning outcomes to refer to for  
national associations  
regulating bodies

when they conceive/construe  
curricula for postgraduate training  
systems for continuing professional  
development



# UEMS Section of Psychiatry

Working group consulted during an iterative process  
national psychiatric associations  
trainee organisations  
patient & carer organisations  
European Psychiatric Association  
World Psychiatric Association  
paper approved in Ljubljana October 2009



# UEMS Section of Psychiatry

## Purpose of the paper

defines a curriculum as a set  
statement of learning outcomes  
description of training structure  
assessment to be used

no structure for professional development  
proposed out of respect for national conditions



# UEMS Section of Psychiatry

Structure of the paper

seven CANMed roles = metacompetencies

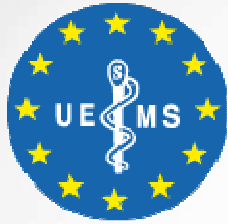
key competencies

supporting competencies

formulated in an operational way to

facilitate learning/assessment

a grid of suggested methods to assess



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UEMS Sections for Psychiatry

Training requirements for  
Psychiatry

**Transition Psychiatry**



# Transition Psychiatry

## Psychiatry now

a specialty facing difficulties

stigma

budget cuts

co-workers from multiple disciplines

cultural differences due to migration



# Transition Psychiatry

## Psychiatry now

a specialty facing difficulties concerning  
shortage of staff  
recruitment  
lack of subspecialties





# Transition Psychiatry

## Child & Adolescent Psychiatry now

a young specialty  
in many countries still  
not officially recognised specialty  
no solid formal training  
no CAP dedicated units



# Transition Psychiatry

## Child & Adolescent Psychiatry now

prevailing paradigm =  
stimulate development as much as possible

different from (earlier) adult psychiatry =  
prevent further breakdown as much as possible



# Transition Psychiatry

## A small survey

child and adolescent psychiatrists

see themselves as very motivated

work in multidisciplinary teams

work with more stakeholders



# Transition Psychiatry

## A small survey

child and adolescent psychiatrists' concern  
the transition is problematic  
a lack of a transition protocol  
conceptual gap with adult psychiatry  
concern of the loss of multidisciplinary



# Transition Psychiatry

## A small survey

child and adolescent psychiatrists experience  
poor interest in C&A psychiatry from  
adult psychiatry colleagues  
policy makers  
youngsters loosing interest in treatment

by



# Transition Psychiatry

## A small survey

adult psychiatrists experience

poor information from C&A psychiatrists  
difficult interventions in sudden crises  
a lack of knowledge, skills, attitudes  
a lack of an appropriate team or an  
appropriate treatment environment



# Transition Psychiatry

## A small survey

referral of a young adult is easy

when psychopathology mirrors adult images  
e.g. anxiety, affective disorders, psychosis

referral of a young adult becomes difficult

when it comes to autism spectrum disorders,  
learning disabilities, ADHD, conduct disorder



# Transition Psychiatry

## A small survey

only one colleague mentioned

the lack of financial resources !!





# Transition Psychiatry

## What about training?

don't create another gap to be bridged

*no specialty in adolescent psychiatry*



# Transition Psychiatry

## What about training?

set up a curriculum for colleagues  
*interested C&A and adult psychiatrists*

learning from each other



# Transition Psychiatry

## What about training?

transition psychiatry is a challenge

*an experiment how to establish, an opportunity for setting up a common training program in psychiatry*



# Transition Psychiatry

## What about training?

transition psychiatry is a challenge

*a possible step towards harmonisation  
of training in psychiatry in Europe*

**S.M.A.R.T.**



# Transition Psychiatry

## What about training?

engage many stakeholders

*parents, carers, educationalists,*

*actual and former patients*

*colleagues working in this field*

*researchers*



# Transition Psychiatry

## What about training?

courses as a project of ESCAP / EPA / WPA  
*congresses, itinerant courses, NPA's*

evaluation (part of) an EU wide examination  
*mutual recognition of competencies*



# Transition Psychiatry

## What about delivery of care?

Needs of patients are the main focus  
*individualised as much as possible*  
*low access thresholds*  
*financial aspects*  
*geographical issues*  
*flexible professionals*



# Transition Psychiatry

## What about delivery of care?

Needs of patients are the main focus

*respect for timing*

*other transitions ?*

*mental stability ?*

*well prepared long before*





# Transition Psychiatry

## What about delivery of care?

Needs of patients are the main focus

*collaborative stakeholders*

*policy makers*

*insurers*

*management*

*joint care by CAMHS & AMHS*



# Transition Psychiatry

## What about delivery of care?

Needs of professionals are another focus

*collaborative stakeholders*

*policy makers*

*insurers*

*management*



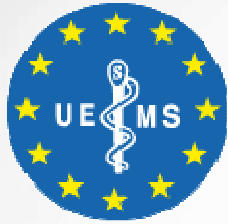
# Transition Psychiatry

## What about delivery of care?

Evidence based where possible

*what about preferences of the patient ?  
how to keep them within a caring unit?*

Research is definitely needed



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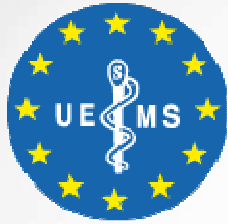
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**WORK IN PROGRESS  
CHECKS BACK SOON!**



Union Européenne de Médecins Spécialistes  
European Union of Medical Specialists

**Thank you for your attention**

**marc.hermans1 @telenet.be**