Creating a Digital Harm Reduction Tool for LGBTI People Experiencing Co-Occurring Issues with Mental Health and Alcohol and Other Drugs

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WHY? The Gaps

~ Lack of MSM, LGBTI & PLHIV specific resources

~ Lack of local sex positive and evidence based resources that reflect current trends of drug use among MSM

Limited accessible information on drug interactions with other commonly used medications within target populations

~ Lack of resources that holistically look at risk factors that may lead to problematic drug use, poor mental health and sexual risk taking behaviours and how these all intersect.

Developed with strong consumer input.
Drug interactions: HIV meds

Living with HIV and taking a protease inhibitor? Your HIV treatment schedule combined with crystal or any other amphetamine may lead to elevated amounts of the drug pushing through your system. This significantly increases the chance of negative side effects with potentially fatal results.

Drug interactions: hormones

Cyproterone Acetate is a powerful anti-androgen used primarily in the treatment of prostate cancer. It can also be prescribed to interfere with the production of sex hormones for the treatment of endometriosis and hormone-dependent breast cancer.

After a big night on the turps, Cyproterone acetate may leave you feeling lethargic, tired or with limited ability to concentrate. Used long-term in dosages of 150 mg or higher it may lead to liver damage or failure, so it’s a safe bet to assume that a combination of heavy drinking and cyproterone acetate is going to exacerbate this.
Integrating campaigns

Analytics: one year on
Questions?

THANK YOU
AFAO
Commonwealth Department of Health
ADF