

# Rural Health and Research Congress

## Beyond distance and diagnosis

5-7 SEPTEMBER 2018 • TAMWORTH, NSW

### DAY ONE: Wednesday, 5 September 2018

9.00am – 12.15pm	<b>PRE-CONGRESS WORKSHOP REGISTRATIONS OPEN</b>
9.00am – 12.15pm <i>(Morning Tea: 10.30-10.45)</i>	<b>WORKSHOP ONE: CRUCIAL CONVERSATIONS</b> <b>Room: Passchendaele Room</b> <i>Jan Dent, Senior Project Officer/Leadership, Health Education &amp; Training Institute and Dr Jo Burnand, Medical Director, IECO Consulting</i>
9.00am – 12.15pm <i>(Morning Tea: 10.30-10.45)</i>	<b>WORKSHOP TWO: WRITING FOR PUBLICATION</b> <b>Room: 207 Tutorial Room</b> <i>Associate Professor Gene Hodgins, Clinical Education Academic Lead &amp; Clinical Psychologist, Charles Sturt University, Three Rivers University Department of Rural Health</i>
9.00am – 12.15pm <i>(Morning Tea: 10.30-10.45)</i>	<b>WORKSHOP THREE: CULTURAL RESPONSIVENESS IN ACTION</b> <b>Room: SRI Function Room</b> <i>Donna Murray, Chief Executive Officer, Indigenous Allied Health Australia and Adjunct Professor Nicole Turner, Aboriginal Community Nutritionist &amp; Chairperson, Indigenous Allied Health Australia</i>
9.00am – 12.15pm <i>(Morning Tea: 10.30-10.45)</i>	<b>WORKSHOP FOUR: EDUCATION TECHNOLOGIES - FROM BASICS TO BALLISTICS</b> <b>Room: Campbell Howard Lecture Room</b> <i>Tod Adams, Manager Rural Education Innovation &amp; Training and Howard Dawson, Education Technology &amp; Innovation Manager, Health Education &amp; Training Institute</i>
9.00am – 11.00am	<b>WORKSHOP FIVE: GOMEROI GAAYNGGAL TOUR</b> <b>Transport: Buses departing Tamworth Town Hall at 9.00am, returning at 11.00am</b> <i>Associate Professor Kym Rae, Director, Gomeroi gaaynggal Centre</i>
From 12.00pm	<b>CONGRESS REGISTRATIONS OPEN</b>
1.00pm – 1.50pm	<b>MASTER OF CEREMONIES</b> <i>Tod Adams, Health Education &amp; Training Institute</i>
	<b>WELCOME TO COUNTRY</b> <i>Len Waters, Culture Tours</i>
	<b>WELCOME FROM THE PARLIAMENTARY SECRETARY FOR REGIONAL AND RURAL HEALTH</b> <i>Mrs Leslie Williams MP, Member for Port Macquarie, Parliamentary Secretary for Regional and Rural Health</i>
	<b>WELCOME ON BEHALF OF HUNTER NEW ENGLAND LOCAL HEALTH DISTRICT</b> <i>Michael DiRienzo, Chief Executive, Hunter New England Local Health District</i>
	<b>OPENING ADDRESS</b> <i>Adjunct Professor Annette Solman, Chief Executive, Health Education &amp; Training Institute</i>
1.50pm – 2.35pm	<b>OPENING KEYNOTE: beyondblue MENTAL HEALTH IN THE BUSH</b> <i>Fiona Coote, Director, beyondblue</i>
2.35pm – 3.05pm	<b>AFTERNOON TEA</b> <b>TRADE DISPLAYS AND POSTER EXHIBITION</b>

3.05pm – 3.45pm	<b>KEYNOTE: RURAL HEALTH - SETTING THE SCENE</b> <i>Emeritus Professor Paul Worley, National Rural Health Commissioner</i>
3.45pm – 4.20pm	<b>KEYNOTE: NSW REGIONAL HEALTH PARTNERS</b> <i>Professor Christine Jorm, Director, NSW Regional Health Partners</i>
4.20pm – 4.45pm	<b>KEYNOTE: NSW RURAL PRIMARY CARE WORKFORCE PLANNING</b> <i>Richard Colbran, Chief Executive Officer, NSW Rural Doctors Network</i>
4.45pm - 4.50pm	<b>SUMMATION OF DAY ONE</b> <i>Tod Adams, Health Education &amp; Training Institute</i>
5.15pm – 6.45pm	<b>7<sup>th</sup> RURAL HEALTH AND RESEARCH CONGRESS</b> <b>WELCOME RECEPTION</b> VENUE: The Pavillion Function Centre Tamworth ADDRESS: Corner of Back Kootingal & Nundle Roads, Nemingha DRESS CODE: Smart Casual TRANSPORT: Buses departing the Congress Venue (Tamworth Town Hall) at 5.00pm sharp

## DAY TWO: Thursday, 6 September 2018

7.30am – 8.30am	<b>BREAKFAST EVENT: EMERGING RESEARCH SHOWCASE</b> Room: Passchendaele Room, Tamworth Town Hall			
From 8.00am	<b>CONGRESS REGISTRATIONS OPEN</b>			
8.30am – 8.35am	<b>WELCOME, OPENING OF DAY TWO</b> <i>Tod Adams, Health Education &amp; Training Institute</i>			
8.35am - 8.45am	<b>WELCOME FROM MEMBER FOR TAMWORTH</b> <i>Kevin Anderson MP, Member for Tamworth, Parliamentary Secretary for Regional Roads, Maritime and Transport</i>			
8.45am – 9.30am	<b>KEYNOTE: CHILD SOLDIER TURNED LAWYER AND HUMAN RIGHTS ADVOCATE - REFLECTIONS ON TRANSFORMATION</b> <i>Deng Thiak Adut, Sydney Lawyer and Refugee Advocate</i>			
9.30am – 10.35am	<b>KEYNOTE: BEYOND SUPERHUMAN – TECHNOLOGY FOR HUMANITY</b> <i>Dr Jordan Nguyen, TV Presenter and Biomedical Engineer</i>			
10.35am – 11.10am	<b>MORNING TEA</b> TRADE DISPLAYS AND POSTER EXHIBITION			
11.10am – 12.45pm	<b>CONCURRENT SESSION ONE</b>			
	<b>Aboriginal Health and Wellbeing</b>	<b>In Partnership</b>	<b>Tech Talk and Ingenuity</b>	<b>Unexpected Inspiration</b>
<b>ROOM ALLOCATION</b>	Tamworth Town Hall	SRI Function Room	Campbell Howard Room	Passchendaele Room
<b>FACILITATORS</b>	Brenda Holt	Cathy Vinters	Jane Gray	Maria Mury
11.10am – 11.30am	<a href="#">Identifying reasons for delay in accessing Early Intervention Services for rural Indigenous children with developmental disability: is there a gap and how do we close it?</a>  <i>Emma Gorman, Junior Medical Officer, Murrumbidgee LHD</i>	Do the bus stop: partnering for country kids  <i>John Reid, Community Programs Manager, Royal Far West</i>	<a href="#">The resident guide experience: design, engagement and data in clinician focused apps</a>  <i>Caitlin Weston, Wellbeing Project Lead, MedApps</i>	<a href="#">Implementing a proportionate review process for research in Northern NSW and Mid North Coast Local Health Districts</a>  <i>Rebecca Lavery, A/Research Ethics and Governance Coordinator, Northern NSW LHD</i>

<p>11.35am – 11.55am</p>	<p><a href="#">The views of Aboriginal women on health supports: a mixed methods study</a></p> <p><i>Sarah Perkes, PhD Candidate, University of Newcastle</i></p>	<p><a href="#">"Relational Solutions": working with children under 10 with problematic and harmful sexualised behaviours</a></p> <p><i>Erin Baxter, Clinical Lead, Children Under 10 with Problematic or Harmful Sexualised Behaviours, Hunter New England LHD</i></p>	<p><a href="#">FaceMatch: a secure portal providing automated face-matching for individuals with undiagnosed intellectual disability</a></p> <p><i>Tracy Dudding-Byth, Clinical Geneticist, Health Clinical Research Fellow, Hunter New England LHD</i></p>	<p><a href="#">Riding the wave of malnutrition screening tool referrals: evaluation of a prioritisation tool</a></p> <p><i>Megan White, Dietitian, Illawarra Shoalhaven LHD</i></p>
<p>12.00pm – 12.20pm</p>	<p><a href="#">Rheumatic heart disease: educating health professionals</a></p> <p><i>Linda Bootle, Clinical Midwife Consultant, Aboriginal Maternal Infant Health Service, Western NSW LHD</i></p>	<p><a href="#">Connecting corrections: partnership between Justice Health and Hunter New England LHD improves equity and access to specialist care and overall health outcomes for prison inmates using telehealth</a></p> <p><i>Jenny Rutherford, Registered Nurse Clinical Telehealth, Hunter New England LHD</i></p>	<p><b>Theme Change: Aboriginal Health and Wellbeing</b></p> <p><a href="#">Beyond the front door: improving access through innovation</a></p> <p><i>Matthew Crawford, Clinical Nurse Consultant, Integrated Chronic Care for Aboriginal People, Hunter New England LHD</i></p>	<p><a href="#">Living well in NSW multipurpose services evaluated: is it home?</a></p> <p><i>Jessica Drysdale, Implementation Officer, Agency for Clinical Innovation</i></p>
<p>12.25pm- 12.45pm</p>	<p>Empowering the local Aboriginal community through the implementation of a soap making program: new ways of working and doing</p> <p><i>Ann-Marie Thomas, Registered Nurse, Pius X Aboriginal Corporation</i></p>	<p><a href="#">Parents as partners: co-designing a localised model of care for children with medical complexity living in the Murrumbidgee</a></p> <p><i>Kristen Brown, Project Officer Paediatric Integrated Care Initiative, Murrumbidgee LHD and Sydney Children's Hospital Network</i></p>	<p><a href="#">Association of maternal adiposity, gestational weight gain and birth outcomes with subsequent obesity risk for mothers and babies in an Indigenous Australian cohort</a></p> <p><i>Kym Rae, Director, Gomerio gaaynggal Centre, University of Newcastle</i></p>	<p><a href="#">Resilience and post-traumatic growth in health workers exposed to stress and trauma</a></p> <p><i>Gene Hodgins, Clinical Education Academic Lead and Clinical Psychologist, Three Rivers UDRH, Charles Sturt University</i></p>
<p>12.45pm – 1.30pm</p> <p><b>LUNCH &amp; TRADE EXHIBITION</b> TRADE DISPLAYS AND POSTER EXHIBITION</p>				
<p>1.30pm – 2.30pm</p>	<p><b>HEALTH PLAY: WHAT MATTERS</b> What matters most in health care for patients, doctors, staff, cleaners, family and everyone is kindness! Based on true stories, this new Hush Play shows how acts of kindness can have the most surprising outcomes. "What Matters" is written by Alan Hopgood AM and Dr Catherine Crock AM.</p>			
<p>2.35pm – 3.30pm</p> <p><b>CONCURRENT WORKSHOPS – ALL THINGS RESEARCH!</b></p>				
<p>ROOM ALLOCATION</p>	<p><b>Tamworth Town Hall</b></p> <p><a href="#">Get onboard the rural research train</a></p> <p><i>Dr Kerith Duncanson, Rural Research Program Manager, Health Education &amp; Training Institute and Associate Professor Leanne Brown, Academic Lead – Teaching and Learning, University of Newcastle Department of Rural Health, Tamworth</i></p>	<p><b>SRI Function Room</b></p> <p>Research ethics and governance without tears</p> <p><i>Rebecca Lavery, Research Ethics &amp; Governance Coordinator and Dr Alex Stephens, Director of Research Northern NSW LHD</i></p>	<p><b>Campbell Howard Room</b></p> <p>Capturing the important contributions of rural research</p> <p><i>Dr Emma Webster, Senior Lecturer Rural Research and Dr Georgina Luscombe, Senior Lecturer Medical Statistics, University of Sydney, School of Rural Health</i></p>	<p><b>Passchendaele Room</b></p> <p>Using excel for data management and analysis</p> <p><i>Dr Xenia Dolja-Gore, Academic Biostatistician, Research Fellow, NSW Health Prevention Research Support Program</i></p>
<p>3.30pm – 4.00pm</p> <p><b>AFTERNOON TEA</b> TRADE DISPLAYS AND POSTER AUTHORS AVAILABLE BY THEIR POSTERS</p>				

CONCURRENT SESSION TWO				
4.00pm – 5.10pm	Aboriginal Health and Wellbeing	In Partnership	Our Workforce	Unexpected Inspiration
ROOM ALLOCATION	207 Tutorial Room	SRI Function Room	Campbell Howard Room	Passchendaele Room
FACILITATORS	Kerith Duncanson	Susan Heyman	Kim Nguyen	Kate Johnson
4.00pm – 4.20pm	<a href="#">Burden of hypertensive disease in Indigenous and non-Indigenous Australians: assessed for vascular disease in regional centre</a>  James Carroll, Junior Medical Officer, Murrumbidgee LHD	<a href="#">Removing distance barriers to excellence in leadership and management qualifications</a>  Lucinda Matheson, Consultant, Organisational Development and Learning, Hunter New England LHD	<a href="#">Many more than one to blaze a new trail: collaboration and the new NSW Rural Generalist Medical Training Program 2018</a>  Craig Shields, Senior Program Manager, Rural GP Procedural Training Programs, Health Education & Training Institute	<a href="#">"Going from statistics to stories": how to capture value and diversity of practice in rural areas</a>  Bethany Croker, Dermatology Registrar, The Australasian College of Dermatologists
4.25pm – 4.45pm	THIS SESSION CLOSSES	Bringing junior doctors to the country: a national study of JMO satisfaction  Matthew Lennon, Junior Medical Officer, Murrumbidgee LHD	<a href="#">Same but different: success factors for implementing Leading Better Value Care initiatives in rural NSW</a>  Gary Disher, Manager Strategy and Reform, Strategic Reform Branch, NSW Ministry of Health	<a href="#">Aboriginal community people of the Lismore region painting their journeys to improve chronic health care</a>  Liz Lewis, Aboriginal Immunisation Officer, Northern NSW LHD
4.50pm – 5.10pm		<a href="#">Counting the chickens as they hatch: the challenges of tracking studies and the rural pipeline</a>  Jenny May, Director, University of Newcastle Department of Rural Health  Tony Smith, Academic Lead – Research, University of Newcastle, Department of Rural Health	<a href="#">Equity considerations in evaluation of public and preventive health policies</a>  Xenia Dolja-Gore, Academic Biostatistician, Research Fellow, NSW Health Prevention Research Support Program	<a href="#">From Israel to Tamworth: trauma-informed group approaches with children</a>  Marisa Barnes, Psychologist, Northern Psychology Professional Lead, Tamworth
From 7.00pm	<b>7<sup>th</sup> RURAL HEALTH AND RESEARCH CONGRESS DINNER</b> <b>VENUE:</b> Tamworth Town Hall <b>ADDRESS:</b> Fitzroy St, Tamworth <b>THEME:</b> Boots 'n' Buckles **Donations will be collected to support the Aussie Farmers in the New England and Northwest region**			

## DAY THREE: Friday, 7 September 2018

From 8.00am	<b>CONGRESS REGISTRATIONS OPEN</b>
9.00am – 9.05am	<b>WELCOME, OPENING OF DAY THREE</b> Tod Adams, Health Education & Training Institute

9.05am – 9.35am	<b>KEYNOTE: BUILDING A CULTURALLY RESPONSIVE WORKFORCE – SUSTAINABILITY, IMPACTS AND OUTCOMES</b> <i>Adjunct Professor Nicole Turner, Aboriginal Community Nutritionist, Hunter New England LHD and Chairperson, Indigenous Allied Health Australia</i>			
9.40am – 11.15am	<b>CONCURRENT SESSION THREE</b>			
	<b>Tech Talk and Ingenuity</b>	<b>Our Workforce</b>	<b>In Partnership</b>	<b>Diversity and Inclusion</b>
<b>ROOM ALLOCATION</b>	<b>Tamworth Town Hall</b>	<b>SRI Function Room</b>	<b>Campbell Howard Room</b>	<b>Passchendaele Room</b>
<b>FACILITATORS</b>	<b>Catherine Helps</b>	<b>Bernadette King</b>	<b>David Schmidt</b>	<b>Karyn Sherman</b>
9.40am- 10.00am	<a href="#">Achieving equity, effectiveness and efficiency, digital health in allied health</a>  <i>Richard Cheney, Executive Director, Allied Health and Innovation, Western NSW LHD</i>	<a href="#">Evaluating the nursing and midwifery exchange program</a>  <i>Amy Byrne, Nursing Director, Clinical Excellence, South West Hospital and Health Service Queensland</i>	<a href="#">Together we can</a>  <i>Ragina Rogers, Integrated Aboriginal Chronic Care Coordinator, Northern NSW LHD</i>	<a href="#">Last Days of Life toolkit: Safe, Individualised, Patient Centred Care for Dying Patients</a>  <i>Bernadette King, Senior Manager, Team Culture &amp; Communication, Program Lead, End of Life, Clinical Excellence Commission</i>
10.05am – 10.25am	<a href="#">Virtual home visits: when home is a long way from hospital</a>  <i>Sarah McBurney, Virtual Occupational Therapist, Occupational Therapy Project Officer, Western NSW LHD</i>	<a href="#">Grow our own: sustainable midwifery workforce in rural and remote areas</a>  <i>Tammy O'Connor, Clinical Midwifery Consultant, Western NSW LHD</i>	<a href="#">Improving the cardiovascular health of a rural population: a unique collaboration of workforce</a>  <i>Helen Orvad, Clinical Nurse Consultant, Cardiology, Hunter New England LHD</i>	<a href="#">A consumer led model of care to increase female participation in cardiac rehabilitation</a>  <i>Joanne Leonard, Cardiac Rehabilitation Clinical Nurse Specialist, Murrumbidgee LHD</i>
10.30am – 10.50am	<a href="#">Digital lifestyle change program: a viable solution for the “hardly reached”</a>  <i>Narelle Sohler, Business Manager and Registered Nurse, Diabetes NSW</i>	<a href="#">“Golden Angels” spreading their wings: the impact of volunteer support for patients with dementia and delirium in seven rural hospitals</a>  <i>Annaliese Blair, Clinical Research Officer, Aged Care Evaluation Unit, Southern NSW LHD</i>	<a href="#">Perfect positioning every time for cancer patients</a>  <i>Lauren Chamberlain, Radiation Therapist, Mid North Coast Cancer Institute</i>	<a href="#">Exploring the distance: the experience of being a service provider under the NDIS in a rural area</a>  <i>Rhys Dintino, Occupational Therapy Honours Student, University of Newcastle</i>
10.55am – 11.15am	<a href="#">Speech pathology: linking therapy into isolated schools</a>  <i>Alison Marshall, Speech Pathologist, Armidale Community Health Centre, Hunter New England LHD</i>	<a href="#">Navigating a traumatised system: trauma-informed approaches to supervision</a>  <i>Tegan March, Mental Health Social Work Clinical Leader, Hunter New England LHD</i>	<a href="#">Impact analysis of implementing an afterhours primary contact: physiotherapy service in an emergency department</a>  <i>Judith Henderson, Physiotherapy, John Hunter and Belmont District Hospitals, Hunter New England LHD</i>	<a href="#">Transgender health and gender diversity: supporting and connecting clinicians</a>  <i>Sandra Fitzgerald, Clinical Editor, HealthPathways, Hunter New England LHD</i>
11.15am – 11.40am	<b>MORNING TEA</b> <b>TRADE DISPLAYS AND POSTER EXHIBITION</b>			
11.40am – 12.20pm	<b>KEYNOTE: METHAMPHETAMINE IN RURAL COMMUNITIES</b> <i>Adjunct Professor Nicole Lee, Director, 360Edge &amp; Professor, National Drug Research Institute and Jack Nagle, Recovery Advocate, Realdrugtalk</i>			
12.20pm- 12.30pm	<b>PRESENTATIONS</b> Congress Poster Awards Announced <i>Maggie Crowley, Executive Director, Rural &amp; Remote Portfolio HETI</i>			

ACI Rural Health Innovation Awards for Concurrent Presentations Announced  
*Jessica Drysdale, Implementation Officer, Agency for Clinical Innovation*

12.30pm – 12.45pm

**SUMMATION**

*Tod Adams, Health Education & Training Institute*



HEALTH  
EDUCATION  
& TRAINING

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HOSTED BY



**Health**  
Hunter New England  
Local Health District

CONGRESS PARTNERS

Cancer Institute NSW  
NSW Agency for Clinical Innovation  
Clinical Excellence Commission