

FROM 8.00AM	PRE CONGRESS WORKSHOP REGISTRATIONS OPEN ARMIDALE CITY BOWLING CLUB, 92 – 96 DUMARESQ ST, ARMIDALE NSW	
9.00-12.15PM Morning Tea: 10.30 – 10.45am	PRE CONGRESS WORKSHOPS: ARMIDALE CITY BOWLING CLUB <ul style="list-style-type: none"> • THE AUDITORIUM: “Leadership and Management Essentials Boot Camp” – Led by Jan Dent, HETI Leadership and Management facilitator and coach. This three hour workshop will help maximise management and leadership potential. • TOPS ROOM: “Closing the Gap - Building Connections with Aboriginal People and Communities” - Educators from the Training and Support Unit for Aboriginal Mothers, Babies and Families (TSU) will provide understanding and strategies to help health care providers engage more effectively with Aboriginal clients, families and communities. 	
FROM 12.00PM	CONGRESS REGISTRATIONS OPEN ARMIDALE CITY BOWLING CLUB, 92 – 96 DUMARESQ ST, ARMIDALE NSW	
1.00-2.00PM	MASTER OF CEREMONIES: WELCOME TO COUNTRY: OPENING ADDRESS: OPENING ADDRESS:	Associate Professor Gabriel Shannon AM Mr Steve Widders, Anaiwan Elder Adjunct Professor Annette Solman, Chief Executive, Health Education and Training Institute Mr Michael DiRienzo, Chief Executive, Hunter New England Local Health District
2.00-2.40PM	KEYNOTE:	Leadership in Tough Times - Major General John Cantwell AO DSC (Retired) , John Cantwell’s presentation draws on four decades of high-level military command, including in three wars, recovery from natural disasters, and leadership of major organisational change. Using real-world examples from his best-selling book ‘Leadership in Action’, John’s talk highlights the power of leadership to profoundly influence individuals and organisations working through tough times.
2.40-3.10PM	AFTERNOON TEA: TRADE DISPLAYS AND POSTER EXHIBITION	
3.10PM	KEYNOTE: <i>Sponsored by NSW Kids + Families</i>	Health status and social indicators of Indigenous people living in NSW: “A call to action” - Professor Jacinta Elston, Associate Dean, Australian Aboriginal and Torres Strait Islander Education and Strategy, Division of Tropical Health and Medicine, and Co-Director of the Anton Breinl Centre for Health Systems Strengthening at James Cook University (JCU). This presentation will provide an overview of the current status of key health and social indicators for Indigenous people living in NSW, including those living in rural and remote NSW. General population comparisons will be drawn and priority issues for health services highlighted in the context of improving the health of Indigenous people.
3.50PM	PLAY:	Never too old – by Mr Alan Hopgood and starring Kirsty Child, Matthew King and Alan Hopgood, tells the story of two old men quietly ‘rusting’ away in a nursing home, until their sympathetic nurse surprises one of them with an interesting and diverting excursion to a ‘certain establishment’. His sudden rejuvenation leads the other to insist on the same privilege. Based on a true story, this humorous play explores a very ‘human’ subject not often considered by those working with elderly clients in aged care.
4.40PM	SUMMATION OF DAY ONE:	Associate Professor Gabriel Shannon AM
5.00PM	CONGRESS WELCOME RECEPTION: OFFICIAL WELCOME: WELCOME RECEPTION SPONSOR:	‘TOPS ROOM’ ARMIDALE BOWLING CLUB Hon. Sarah Mitchell MLC, Member of the Legislative Council, Parliamentary Secretary for Regional and Rural Health and Western NSW Kim Nguyen, Executive Director Workforce & Executive Director Allied Health Hunter New England Local Health District

FROM 8.00AM	CONGRESS REGISTRATION DESK OPENS ARMIDALE CITY BOWLING CLUB, 92 – 96 DUMARESQ ST, ARMIDALE NSW		
8.45-9.10AM	WELCOME & OPENING OF DAY TWO: Associate Professor Gabriel Shannon AM		
9.10-9.40AM	KEYNOTE: Mental Health in Rural and Remote Areas; Facts, Fiction and New Ways Forward - Fay Jackson , Deputy Commissioner, NSW Mental Health Commission. Fay Jackson will present some of the latest statistics around mental health (MH) and wellbeing in rural and remote areas of NSW. She will discuss some surprising barriers to accessing MH supports and ways to overcome those barriers including technology, understanding traditional attitudes about Aboriginal and Torres Strait Islander wellbeing, and Peer Support. Fay will emphasize the importance of the connection between MH and physical wellbeing.		
9.40-10.10AM	KEYNOTE: Building partnerships between services, communities and researchers to conduct internationally leading substance abuse and mental health research: three examples from rural Australia - Professor Anthony Shakeshaft , Deputy Director National Drug and Alcohol Research Centre (NDARC), University of NSW. This presentation will articulate the case for innovative partnership models between rural services, communities and researchers, and illustrate the practicality and potential benefits of such models by presenting three examples of internationally leading substance abuse/mental health research currently occurring in The New England, South West and Far West regions of rural NSW.		
10.10-10.40AM	MORNING TEA: TRADE DISPLAYS AND POSTER EXHIBITION		
10.40-12.05PM	CONCURRENT SESSION ONE		
	AUDITORIUM	TOPS ROOM	DANGARSLEIGH
	Aboriginal Health: Closing the Gap, opening the connections	Partnerships and integrated care: connecting rural people and services	Rural health research in practice: connecting for change
10.40-11.05AM	An intervention for young people with multiple and complex needs: preliminary results – Alice Knight, National Drug and Alcohol, NDARC, UNSW	Help me to say NO - Residential Aged Care Facilities (RACF) education and quality improvement project – Jenny Zirkler, Executive Care Manager, Nambucca Valley Care	Identifying Approaches to Reduce Q Fever in NSW – Tony Lower, Director, Australian Centre for Agricultural Health & Safety, University of Sydney
11.10-11.35AM	Tamworth Hospital Closing the Gap videos, connecting patients and staff in a regional centre – David Willis, Chief Radiation Therapist, North West Cancer Centre Tamworth Hospital, HNELHD and Rose Wadwell, Aboriginal Health Unit, HNELH	A public-private partnership model for a rural physiotherapy service – Kylie Marquart, Finley Hospital HSM, MLHD, and Rosemary Garthwaite Rural Group Manager, Boarder, Cathy Maloney, Director Allied Health, MLHD	Creating rural allied health leadership structures using district advisors – David Schmidt, Physiotherapy District Advisor, SNSWLHD
11.40-12.05PM	Aboriginal stories about approaching the end of life: patient voices being heard – Kay Cope, Clinical Services Manager, Palliative Care, ISLHD	Delivering an integrated system of care in Western New South Wales – Julie Cooper, Director of Integrated Primary Care and Partnerships, WNSWLHD and Louise Robinson Project Manager Integrated Care, WNSWLHD	Antibiotic prescribing in the emergency department – Girish Swaminathan, Chief Pharmacist, Bega District Hospital
12.05-1.00PM	LUNCH: TRADE DISPLAYS AND POSTER EXHIBITION		
1.00-2.00PM	HYPOTHETICAL PANEL: Are we really Closing the Gap or tolerating the status quo? Hypothetical panel discussion facilitated by John Merrick, Director Allied Health HETI		



2.05-3.30PM	CONCURRENT SESSION TWO		
	TOPS ROOM	DANGARSLEIGH	AUDITORIUM
	Aboriginal Health: Closing the Gap, opening the connections	Partnerships and integrated care: connecting rural people and services	Rural health research in practice: connecting for change
2.05-2.30PM	Let's Talk Tucker: nutrition resource manual for Aboriginal health education officers – Jodie Peace, Dietitian, Tamworth Community Health Service and Deanne Harris, Dietitian, Tamworth Rural Referral Hospital, HNELHD.	Innovative approaches to delivering oral health services by the Royal Flying Doctor Service – Linda Cutler, General Manager Health Services, Royal Flying Doctor Service South Eastern Section	Exploring Patient Safety in Rural New South Wales — Vicki Parker, Conjoint Professor of Rural Nursing, HNELHD and the School of Health University of New England and Associate Professor Fredy Valenzuela-Abaca, School of Business, University of New England
2.35-3.00PM	Maranguka Bourke Community Hub: co-location as an answer to a fragmented service system in Bourke NSW – Jo Thomson, Senior Policy Analyst, NSW Kids + Families	Against all Odds! A Chronic Palliative Integrated Approach – Inspiration, Integration and Collaboration – Michelle Baird, Chronic and Complex Care Nurse Practitioner, WNSWLHD	Engagement as a catalyst: developing an evidence-based toolkit for planning rural and remote maternity services – Margaret Rolfe, Biostatistician, University Centre for Rural Health
3.05-3.30PM	Aboriginal stories of diabetes care in Dubbo – Emma Webster, Senior Lecturer Rural Research, University of Sydney School of Rural Health, Craig Johnson, Dubbo Base Hospital Diabetes Unit, Valerie Smith, Dubbo Regional Aboriginal Health Service, Bernie Kemp, Dubbo Regional Aboriginal Health Service and Monica Johnson, Marathon Health	Mid-Western Live Smart Healthy Communities Alliance – Kate Egan, Manager Primary and Community Health, Mudgee and Gulgong Health Services and Dr Penelope Small, Dietetic Discipline Advisor, WNSWLHD	Autism diagnosis in a rural community: are there opportunities for improvement? – Catherine Bourke, Social Worker, Mudgee Health Service, WNSWLHD
3.30-4.00PM	AFTERNOON TEA: TRADE DISPLAYS AND POSTER EXHIBITION – POSTER AUTHORS AVAILABLE BY THEIR POSTERS		
4.00-5.25PM	CONCURRENT SESSION THREE		
	AUDITORIUM	DANGARSLEIGH	TOPS ROOM
	Mental Health/Drug and Alcohol: a focus on recovery	Social determinants of health in the bush: the changing landscape	Right care, right place, right time: making the connections
4.00-4.25PM	Did it 'Break the Cycle'? The impact of community led programs which aimed to prevent drug and alcohol harms in two remote NSW communities – Professor Anthony Shakeshaft, NDARC, UNSW	Improving the management of refugee patients in Australian hospitals – Lindsey Ross, Final Year Medical Student, University of Notre Dame	Telepaediatrics: bridging the gap in knowledge and service delivery in rural and remote NSW – Piumee Bandara, Telepaediatric Program Manager, Royal Far West and Marcel Zimmet, Consultant Paediatrician, Royal Far West
4.30-4.55PM	"A Cancer Journey" booklets: Culturally safe and localised resources for Aboriginal peoples in the Hunter New England Local Health District – Rose Wadwell Project Officer, Aboriginal Cancer Services, Aboriginal Health Unit, HNELHD	Healthy Kids Bus Stop: overcoming barriers to care in the bush – Samantha Adams, Research Officer, Royal Far West	Caring for country kids – Helen Stevens, Paediatric Clinical Nurse Consultant, Hunter New England Health / Northern Child Health Network and Keith Howard, Medical Lead, NSW Children's Health Care Network / Northern.
5.00-5.25PM	What does a multidisciplinary approach look like to a drug and alcohol patient – Lynette Bullen, Senior Drug and Alcohol Worker and Meagan Beasley, Senior Social Worker, Involuntary Drug and Alcohol Unit, WNSWLHD	Healthy Futures Network – Anne Williams, Integrated Care Manager, HealthWISE New England North West	Addressing the burden of disease: is it possible to create and implement a structured Cardiac Rehabilitation program in a small rural village which is effective and meets the expressed needs of clients – Barbara Turner, Health Service Manager Menindee Health Service, FWLHD
5.25PM	CONGRESS CLOSE OF DAY TWO		

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9.00-9.15AM	WELCOME & OPENING OF DAY THREE: Associate Professor Gabriel Shannon AM Congress Poster Awards announced		
9.20-10.45AM	CONCURRENT SESSION FOUR		
	AUDITORIUM	TOPS ROOM	DANGARSLEIGH
	Mental Health/Drug and Alcohol: a focus on recovery	Social determinants of health in the bush: the changing landscape	Right care, right place, right time: making the connections
9.20-9.45AM	Yarning with Aboriginal pregnant women and mothers about quitting – increasing the smoking cessation skills of health professionals – Cherie Butler, Analyst, NSW Kids + Families and Catherine Faulkner, Aboriginal Health Education Officer, HNELHD.	Physical and mental health of informal caregivers in northern regional New South Wales – Peta Ryan, Research Assistant, The University of New England	Rheumatology rural outreach project – Ainslie Cahill, Chief Executive Officer, Arthritis Australia and Manu Arora, Arthritis NSW Rural Outreach Education Program
9.50-10.15AM	Collaborating on an integrated model of care for the treatment of co-occurring mental health and substance use disorders: an innovative approach designed by clinical services – Catherine Foley, Psychologist, MNCLHD Drug and Alcohol Service, Coffs Harbour	Intimate partner violence and self-reported health: A comparison of women living in metropolitan, regional and rural areas – Gina Dillon, Researcher, University of New England, School of Rural Medicine	Connecting with rural generalist nurses through a needs-based eLearning program to support and enhance excellence in patient care - Maureen Winn, Senior Program Officer, HETI (Nursing & Midwifery Portfolio)
10.20-10.45AM	Healthy Mind and Body: Headspace and Dieticians connecting to improve the health and well-being of young people with disordered eating in rural NSW – Deanne Harris, Dietitian, Tamworth Rural Referral Hospital and Lisa Staples Clinical Care Coordinator Headspace, Tamworth	Exploration of Social Determinants of Self Harm: preliminary findings from the ARCHER Study – Karen Paxton, ARCHER Study Manager, Sydney University, School of Rural Health and Margot Rawsthorne Associate Professor, Faculty of Education and Social Work, University of Sydney	Cerebral palsy hip surveillance: a virtual clinic model – Karen Height, Service Manager, Kaleidoscope Paediatric Rehabilitation Service and Erin Ralph, Physiotherapist, Kaleidoscope Paediatric Rehabilitation Service
10.45-11.15AM	MORNING TEA: TRADE DISPLAYS AND POSTER EXHIBITION		
11.15-12.00PM	KEYNOTE:	Expanding possibilities: rethinking how technology can support clinicians and patients in rural locations - Dr John Lambert , Chief Clinical Information Officer and Kerri Ryan, Program Director Rural eHealth, eHealth NSW. This presentation focuses on refreshing and challenging ideas about how technology can be successfully integrated into practice to provide practical and meaningful benefits for clinicians and patients alike. Dr John Lambert will focus on the improvements technology can make for clinicians and patients in relation to improving interactions and health outcomes. And, with the benefit of case studies from regional hospitals, Kerri Ryan, will detail the experiences of those involved in the roll-out of new clinical applications – including their initial responses to the change, and their assessment of the overall benefits once implemented.	
12.00PM	PRESENTATIONS:	ACI Rural Health Innovation Awards for Concurrent Presentations	
	SUMMATION:	Associate Professor Gabriel Shannon AM	
	CONGRESS CLOSE		