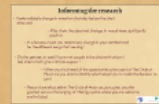
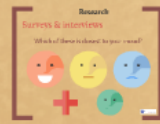
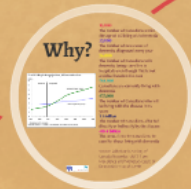
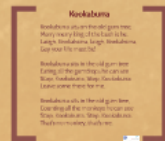


The Circle of Music

An intergenerational choir

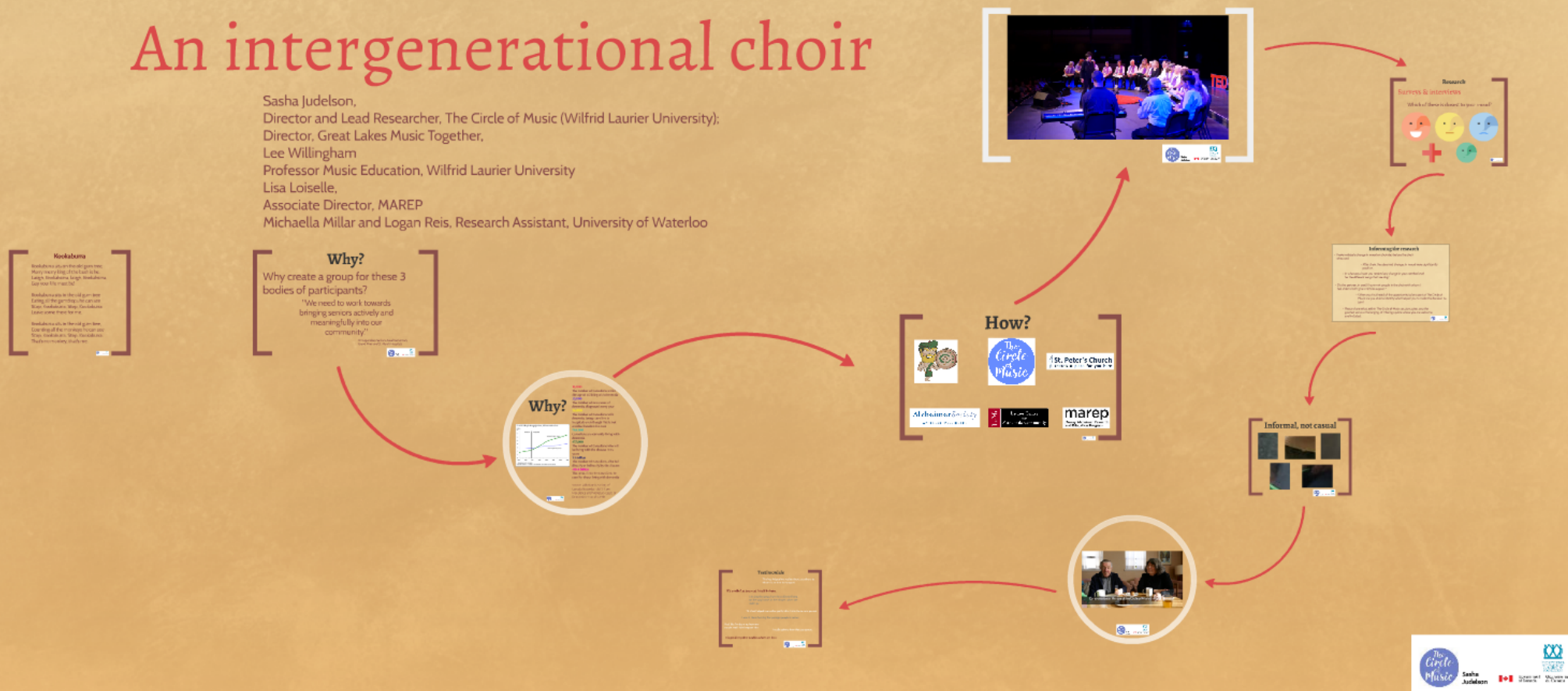
Sasha Judelson,
Director and Lead Researcher, The Circle of Music (Wilfrid Laurier University);
Director, Great Lakes Music Together,
Lee Willingham
Professor Music Education, Wilfrid Laurier University
Lisa Loiselle,
Associate Director, MAREP
Michaela Millar and Logan Reis, Research Assistant, University of Waterloo



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Kookaburra

Kookaburra sits on the old gum tree,
Merry merry king of the bush is he.
Laugh, Kookaburra, laugh, Kookaburra,
Gay your life must be!

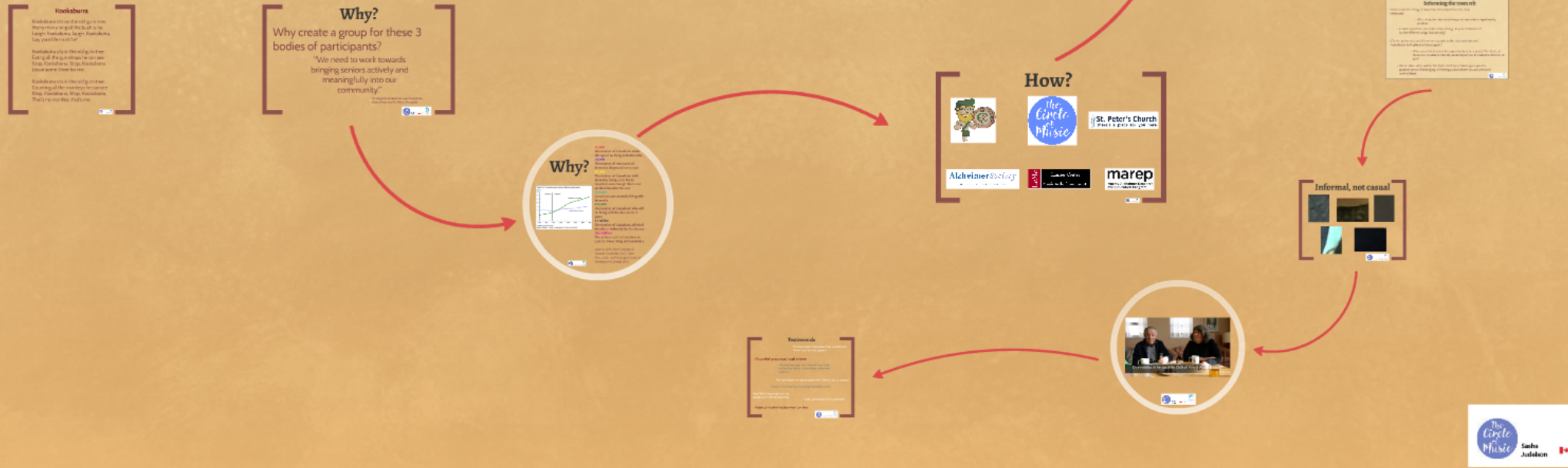
Kookaburra sits in the old gum tree
Eating all the gumdrops he can see
Stop, Kookaburra, Stop, Kookaburra
Leave some there for me.

Kookaburra sits in the old gum tree,
Counting all the monkeys he can see
Stop, Kookaburra, Stop, Kookaburra,
That's no monkey, that's me.

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Why?

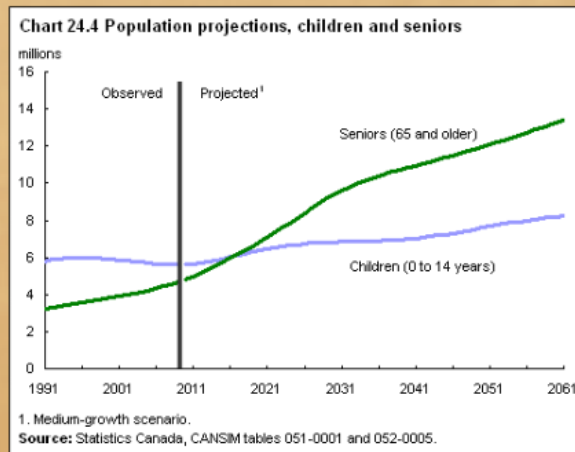
Why create a group for these 3 bodies of participants?

"We need to work towards bringing seniors actively and meaningfully into our community."

Dr Gagandeep Sarkaria, Lead Geriatrician,
Grand River and St. Mary's Hospitals



Why?



16,000

The number of Canadians under the age of 65 living with dementia

25,000

The number of new cases of dementia diagnosed every year

56,000

The number of Canadians with dementia being cared for in hospitals even though this is not an ideal location for care

564,000

Canadians are currently living with dementia

937,000

The number of Canadians who will be living with the disease in 15 years

1.1 million

The number of Canadians affected directly or indirectly by the disease

\$10.4 billion

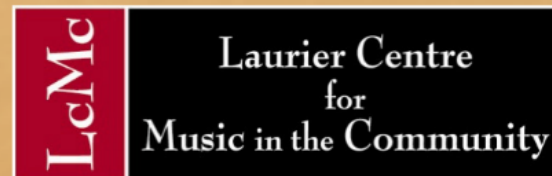
The annual cost to Canadians to care for those living with dementia

Source: Alzheimer's Society of Canada November 2017, from Prevalence and Monetary Costs of Dementia in Canada 2016

How?



Alzheimer Society
WATERLOO WELLINGTON



marep
Murray Alzheimer Research
and Education Program



Sasha
Judelson



Gouvernement
du Canada



Conseil canadien
des arts
Canadian Council
of the Arts



Research

Surveys & interviews

Which of these is closest to your mood?



Informing the research

- I have noticed a change in mood on choir day before the choir rehearsed.
 - After choir, the observed changes in mood were significantly positive.
- In what ways have you noticed any change in your comfort level for the different songs that we sing?
- [To the partners in care] I have met people in the choir with whom I feel able to both give and take support?
 - When you first heard of the opportunity to be a part of The Circle of Music are you able to identify what helped you to make the decision to join?
- Please share what, within The Circle of Music sessions gives you the greatest sense of belonging, of it being a place where you are welcome and included.

Informal, not casual



Sasha
Judelson



Government
of Canada



Ministère de la Culture
et du Patrimoine



Do you notice on the day of the Circle of Music a change in mood?

Testimonials

This has helped me realise there are others to whom I can turn for support.

It's a relief as soon as I walk in here.

We sing the songs from here all week long, on the way home, in the shower, when we wake up.

This has helped me realise partly who I want to be as a person.

I love it, I love hearing the younger people's voices.

I feel like I'm learning from my couple and I didn't expect that.

I really admire how they persevere.

I forget all my other troubles when I am here.

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