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# Game change: The theory, practice, and possibilities of competency-based education

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WCET Annual Meeting



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# Agenda

Theory

Practice

What will it take?

Questions and Discussions

Resources



In theory

## In theory . . .

“Transitioning away from seat time, in favor of a structure that creates **flexibility**, allows students to progress as they **demonstrate mastery** of academic content, **regardless of time, place, or pace** of learning. Competency-based strategies provide flexibility in the way that credit can be earned or awarded, and provide students with **personalized learning** opportunities.”

U.S. Dept. of Education

# Theory that aligns with CBE

## The instruction paradigm

Provide/deliver instruction

Transfer knowledge from faculty to students

Time held constant; learning varies

Classes start/end at same time

Covering material

End of course assessment

Degree equals accumulated credit hours



## The learning paradigm

Produce learning

Elicit learner discovery and construction of knowledge

Learning held constant; time varies

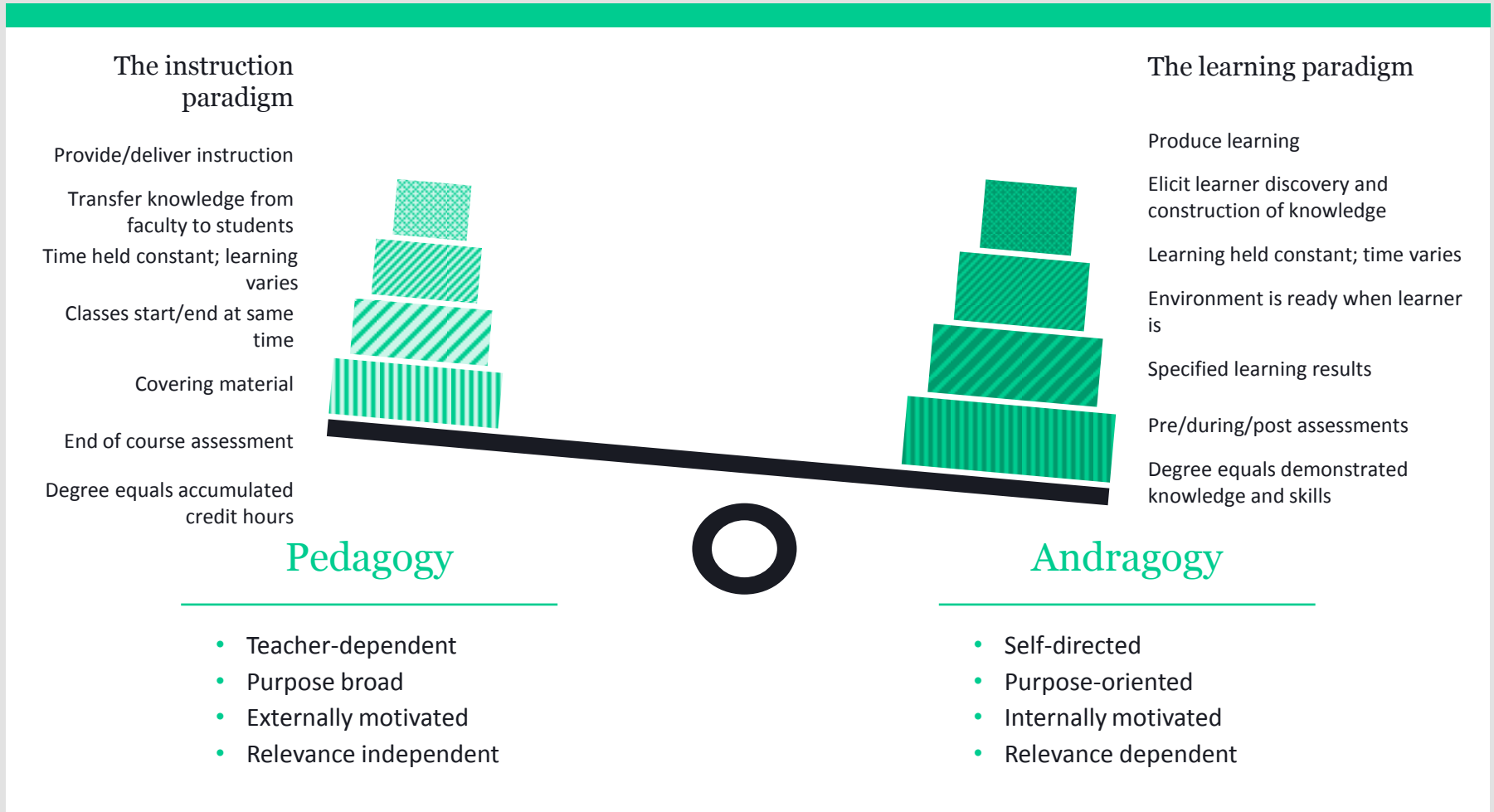
Environment is ready when learner is

Specified learning results

Pre/during/post assessments

Degree equals demonstrated knowledge and skills

# Drive towards andragogy





# Learning content visibility

MAJOR COURSE LEARNING OBJECTIVES: Upon successful completion of this course the student will be expected to:

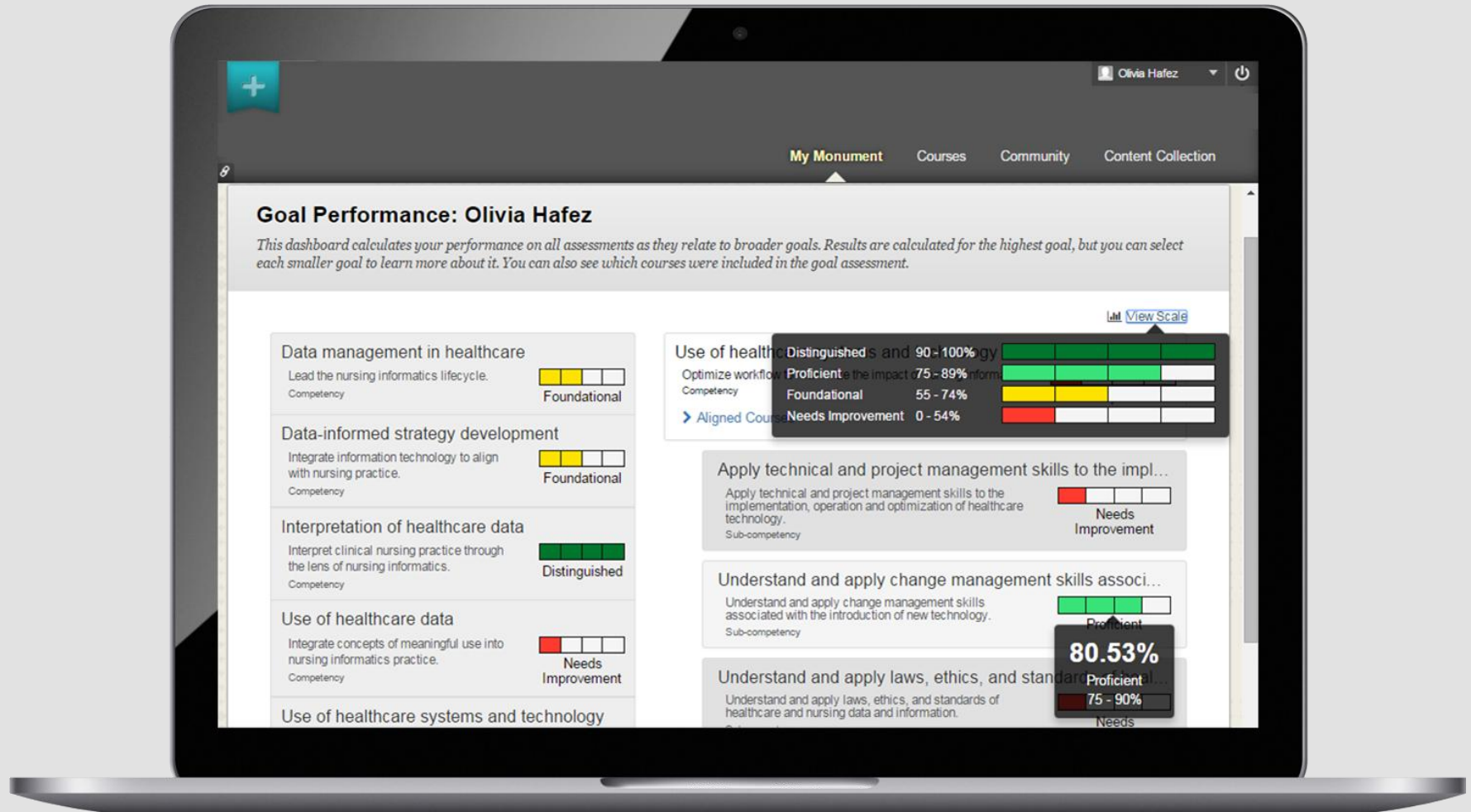
- Describe the differences between relational and hierarchical databases.
- Describe the general organization of a relational database and explain the functions of the basic relational operators.
- Given a list of data elements, code the data description specifications and create the physical files.
- Apply normalization techniques.
- Explain how choices made in defining and creating database files affect disk space requirements and computer performance.
- Plan, design, create and modify a database.
- Document a database.
- Create database objects using SQL commands.
- Retrieve and manipulate data using SQL commands.
- Identify data integrity and security requirements.
- Discuss the meaning and use of BIG Data, data warehousing, and data mining.



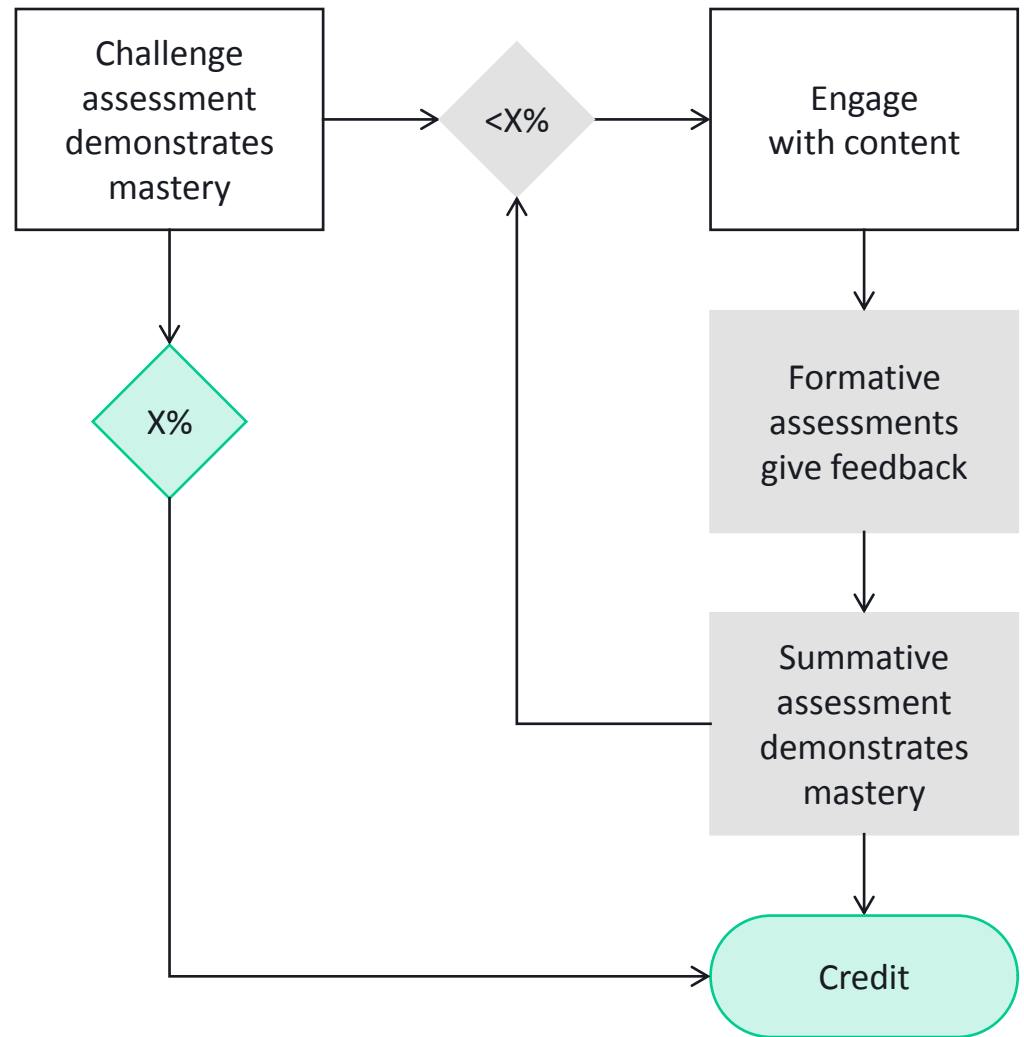
Competency Name	Competency Definition	Subcompetency
Knowledge of database purpose and structure	Identifies, defines, of describes the types and nature of databases in a business setting	Relational database
		Hierarchical database
		Relational operators
		Data elements
		Data specifications
Knowledge of database technology	Understands and applies technology of database usage	Database manipulation language
		Database definition language
		Database control language
		DBMS functions
		ANSI standard structured query language
Analysis of database interference with technology	Analyzes the impact of database size and performance on technology	Disc space requirements
		Computer performance
		Database objects
		Data integrity
		Data security requirements
Application of database operations	Understands and applies the processes of creating and maintaining databases	Database administration
		Database design methodology
		Database design normalization
		Database back-up
		Database recover
Application of database content	Evaluates data needed to inform decision-making in a business setting	Data creation
		Table query
		Forms and subforms
		Reporting



# Learner progress visibility



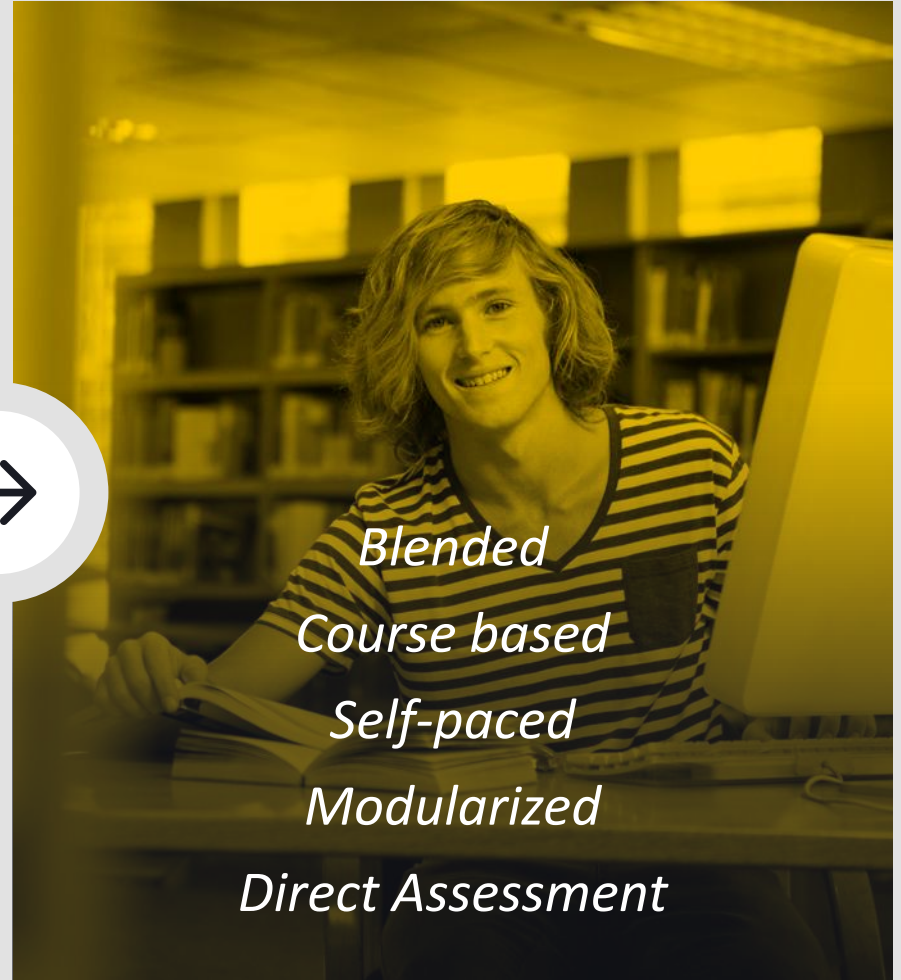
# Personalization through self-pacing and coaching





In practice

# Shift in delivery



# Shift in curricular framework

## Major Course Learning Objectives

Upon successful completion of this course the student will be expected to:

1. Describe the differences between relational and hierarchical databases
2. Describe the general organization of a relational database and explain the functions of the basic relational operators
3. Given a list of data elements, code the data description specifications and create the physical files
4. Apply normalization techniques
5. Explain how choices made in defining and creating database files affect disk space requirements and computer performance
6. Plan, design, create and modify a database
7. Document a database
8. Create database objects using SQL commands
9. Retrieve and manipulate data using SQL commands
10. Identify data integrity and security requirements
11. Discuss the meaning and use of BIG Data, data warehousing, and data mining

## Course Content

Topical areas of study include:

- Creating and managing data
- Multiple table queries
- Developing forms and sub-forms
- Complex reports
- Introduction to Database Management
- Database Administration
- Database Design Methodology
- Database Design Normalization
- Database backup and recovery
- Database administration and security
- ANSI Standard Structured query language (SQL)

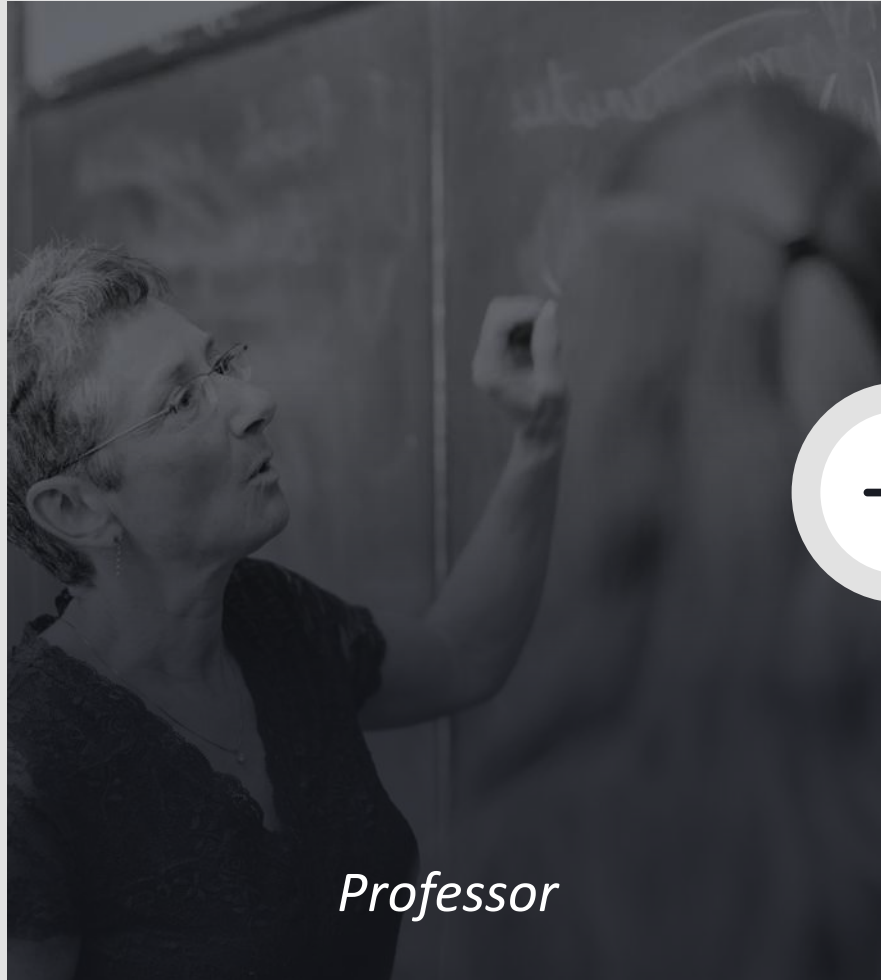
Competency Name/Definition	Subcompetency
Knowledge of database purpose and structure <i>Identifies, defines or describes the types and nature of databases in a business setting</i>	<ul style="list-style-type: none"> <li>• Relational database</li> <li>• Hierarchical database</li> <li>• Relational operators</li> <li>• Data elements</li> <li>• Data specifications</li> </ul>
Knowledge of database terminology <i>Understands and applies the terminology of database usage</i>	<ul style="list-style-type: none"> <li>• Database Manipulation Language</li> <li>• Database Definition Language</li> <li>• Database Control Language</li> <li>• DBMS Functions</li> <li>• ANSI Std. Str. query Language</li> </ul>
Analysis of database interface with technology <i>Analyzes the impact of database size and performance on technology</i>	<ul style="list-style-type: none"> <li>• Disc space requirements</li> <li>• Computer performance</li> <li>• Database objects</li> <li>• Data integrity</li> <li>• Data security requirements</li> </ul>
Application of database operations <i>Applies the processes of creating and maintaining databases</i>	<ul style="list-style-type: none"> <li>• Database Administration</li> <li>• Database Design Methodology</li> <li>• Database Design Normalization</li> <li>• Database back-up</li> <li>• Database recovery</li> </ul>
Evaluation of database content <i>Evaluates data needed to inform decision-making in a business setting</i>	<ul style="list-style-type: none"> <li>• Data creation</li> <li>• Table query</li> <li>• Forms and subforms</li> <li>• Reporting</li> </ul>

# Shifts in assessment practice

Competency Name/Description	Subcompetency Description	Assessed	
		Formative Assessment	Summative Assessment
<p>Analysis and classification of disease factors</p> <p><i>Analyzes and classifies patient behaviors in order to manage proximal, medial, and distal pro-inflammatory factors</i></p>	Analysis of proximal pro-inflammatory factors	A. _____ is a condition that results when a person ingests a substance.	Effectively analyzes patient behaviors and identifies proximal pro-inflammatory factors including: smoking, diet, inactivity, obesity, alcohol/drugs, pollution.
		A. Which of the following is NOT true?	
		A. About ____ of the adult American population smokes tobacco.	
		A. Which of the following statements is NOT true?	
		A. True or False: Most of the people who have an alcohol addiction, seek...	
		A. Excessive alcohol use increases the risk of _____.	
	Analysis of medial pro-inflammatory factors	A. If you are working with someone as a wellness coach, and they start to...	Effectively analyzes patient behaviors and identifies medial pro-inflammatory factors including: stress, anxiety, depression, social or peer pressure, psychological factors, occupation, boredom, technology, genetics.
		A. What are some lifestyle behaviors that often worsen anxiety?	
		A. One of the best lifestyle behaviors to help mental health is _____.	
	Analysis of distal pro-inflammatory factors	C. The local _____ is often a good source of information regarding...	Effectively analyzes patient behaviors and identifies distal pro-inflammatory factors including: industrialization, modernity, economic growth
		C. _____ is a chemical often used in plastic water bottles, that appears to ...	



# Shift in faculty roles and practice





# Shift in faculty roles

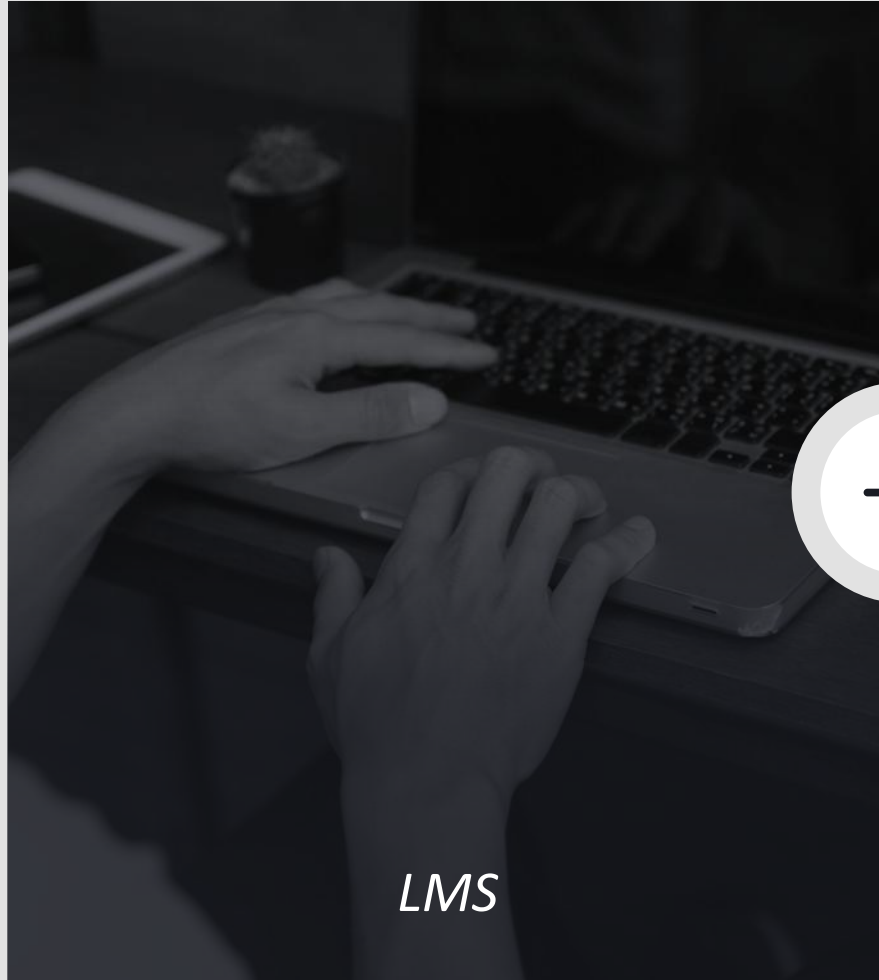
## Faculty and coach needs

- Has the student logged into the course?
- How is the student performing on formative assessments?
- Is the student spending adequate time on task in the course?
- How is the student progressing through the summative assessments?
- How is the student progressing through the program?
- What additional help does the student need?
- How can I work with the student to improve their success?

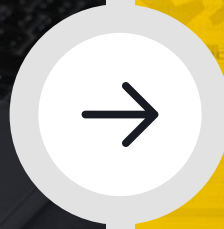
## Student needs

- How did I perform on the formative assessment?
- What areas do I need to brush up on in order to be ready for the summative assessment?
- How far along am I in the formative assessments?
- How far along am I in the summative assessments?
- How far along am I in the program? How many competencies have I completed, and how many do I have left?
- How many times have I taken the summative assessment?
- What tool do I use to engage with my coach or faculty?

# Shift in technology



LMS



Goal  
Performance  
Dashboard

Retention  
Center  
and Analytics

Portfolio

Tests, Rubrics

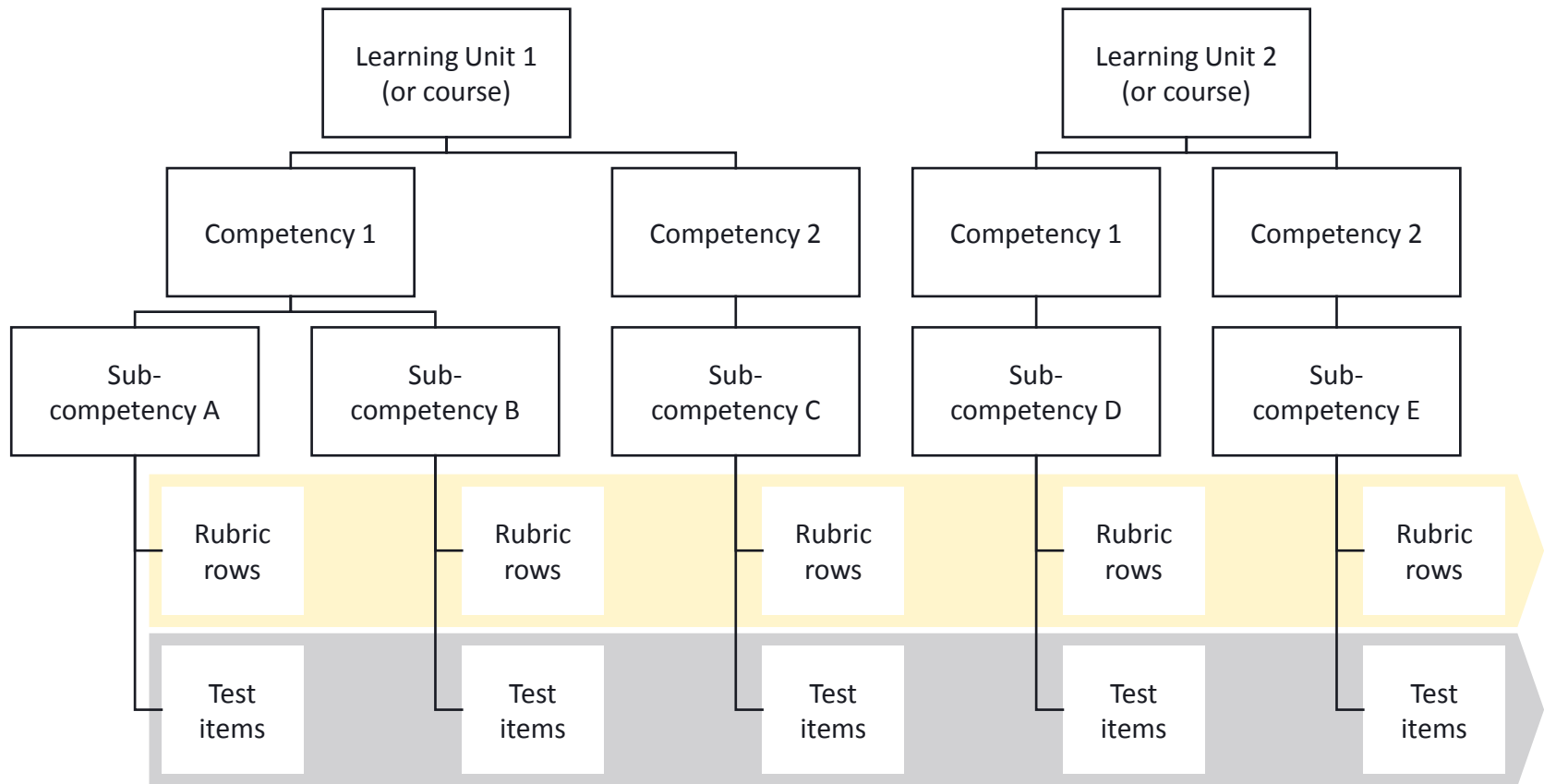
Blackboard  
Collaborate

xPlor,  
Publisher  
Integrations

Blackboard  
Achievements

Goals  
Management  
Infrastructure

# Shift in use of assessment technology

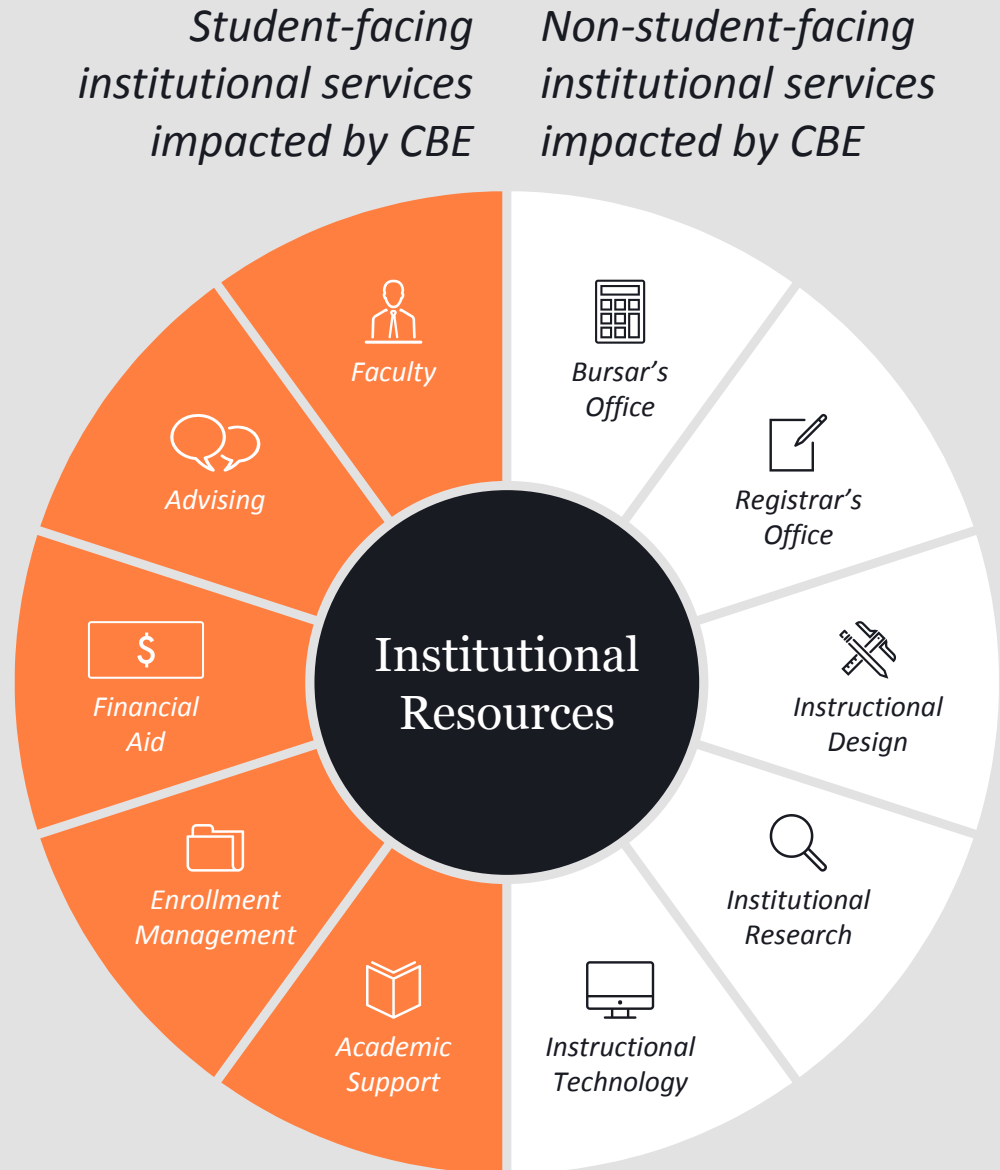




What will it take?

Beyond the  
course . . .

CBE  
impacts every  
section of  
an institution



# Comprehensive approach to CBE

## Planning

- Academic program demand
- CBE financial model
- Operational process and quality improvement

## Preparing

- Regulatory authorization
- Administrative and academic policy
- Staffing model

## Orienting

- Faculty and staff ownership
- Competency definition and development
- Assessment design and development

## Delivering

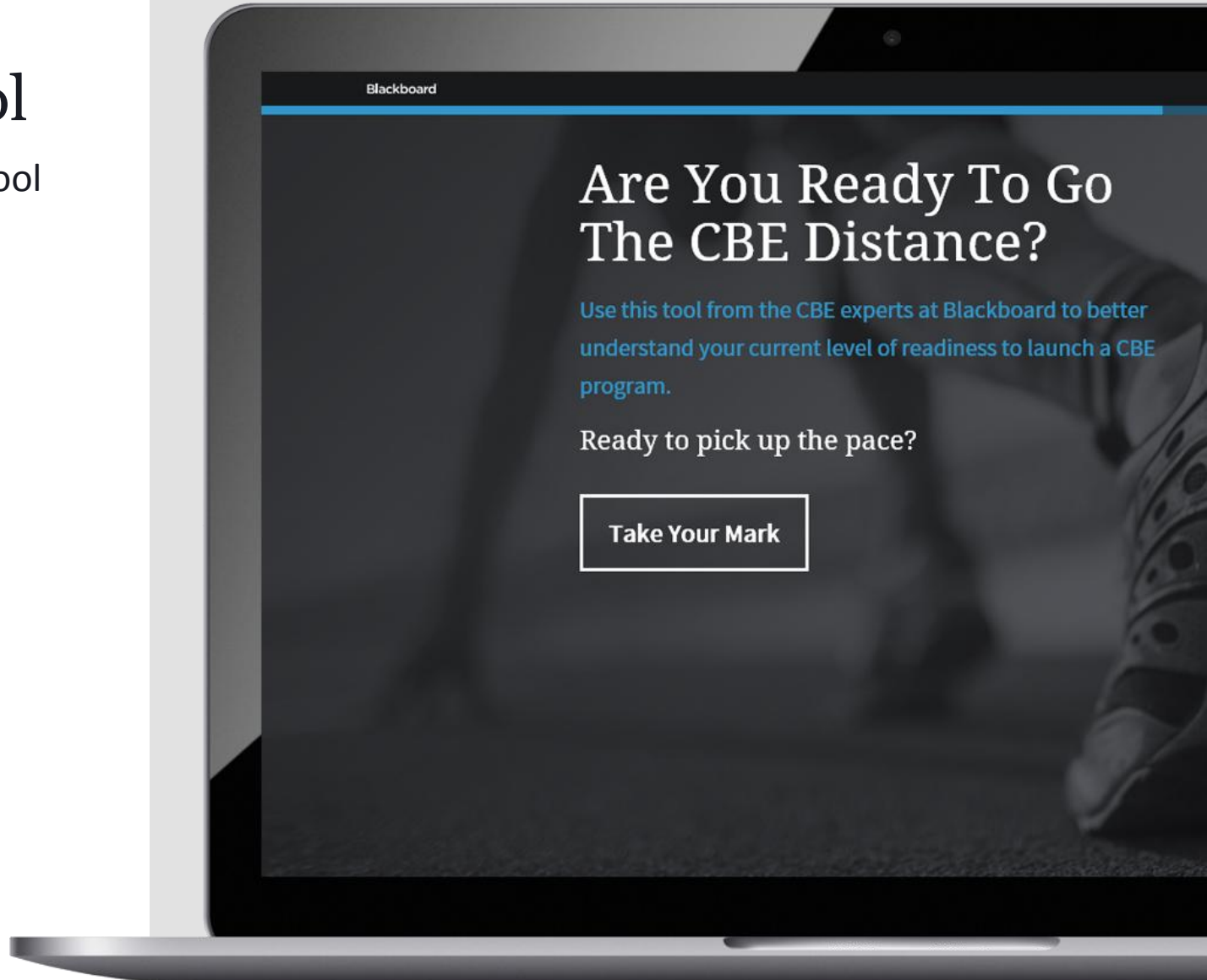
- Learning module design
- Quality and accessibility framework
- Technology and platform systems

## Supporting

- Academic support services
- Student preparedness development
- Non-academic services

# CBE readiness tool

[blackboard.com/cbetool](https://blackboard.com/cbetool)

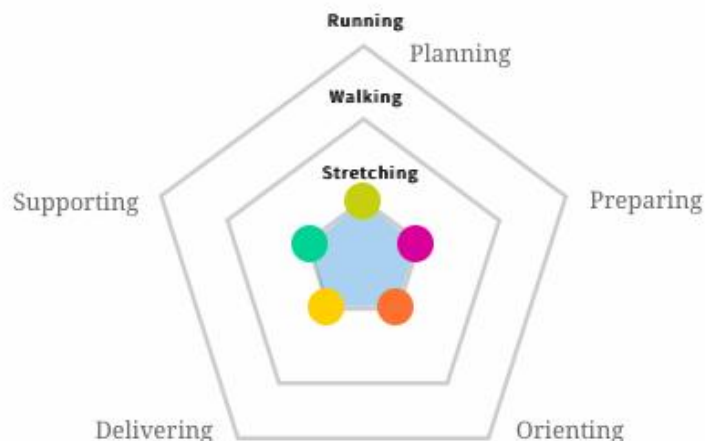




## Scenario 1: Starting to Stretch

# Great! You're Starting to Stretch Your Legs

You are ready to begin - determine where you need help to start developing a strong CBE program.



This is a great first step! Now is the time to make sure that all of your major stakeholders are involved in these conversations. It's not too early to think about what key aspects of your CBE program will look like, such as the financial and staffing models, faculty and staff ownership, and learning module design.

## Scenario 2: Starting to Walk

# Great! It Looks Like You're Starting To Walk

You are making good ground - focus on areas where you have more challenges to come up to speed.



You've moved past those early exploratory conversations about the role of CBE at your institution and have made a commitment to move forward with program development. Congratulations! Now is the time to make sure that you have your CBE team assembled and everyone knows the game plan.

# Lessons learned

The right leaders matter

Managed growth

Use external facilitators

Rolling implementation

Leave room for fear and questions

Automate processes from the start

Provide ongoing and just-in-time professional development

Leverage instructional designers

Faculty-driven with the right mix of junior and senior faculty

Clarity, consistency, granularity of competencies

# Leadership matters

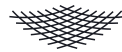
Having the right leaders at every level of the program is critical. It creates buy-in, it means there is an institutional champion, and it greases squeaky wheels



*Lead  
by example*



*Providing  
advocacy*



*Creating  
safe spaces  
to fail*



*Creating  
buy-in*



*Greasing  
squeaky wheels*



*Providing  
external  
cover*

# Hard work but big payoffs

“[This is] the most visible aspect  
of a revolution occurring  
in education at all levels:

**the shift to learning outcomes  
and learner-centered education.**

Every institution of higher education  
will have to make this shift,  
and the time to plan for it is now.”

**Arthur Levine**

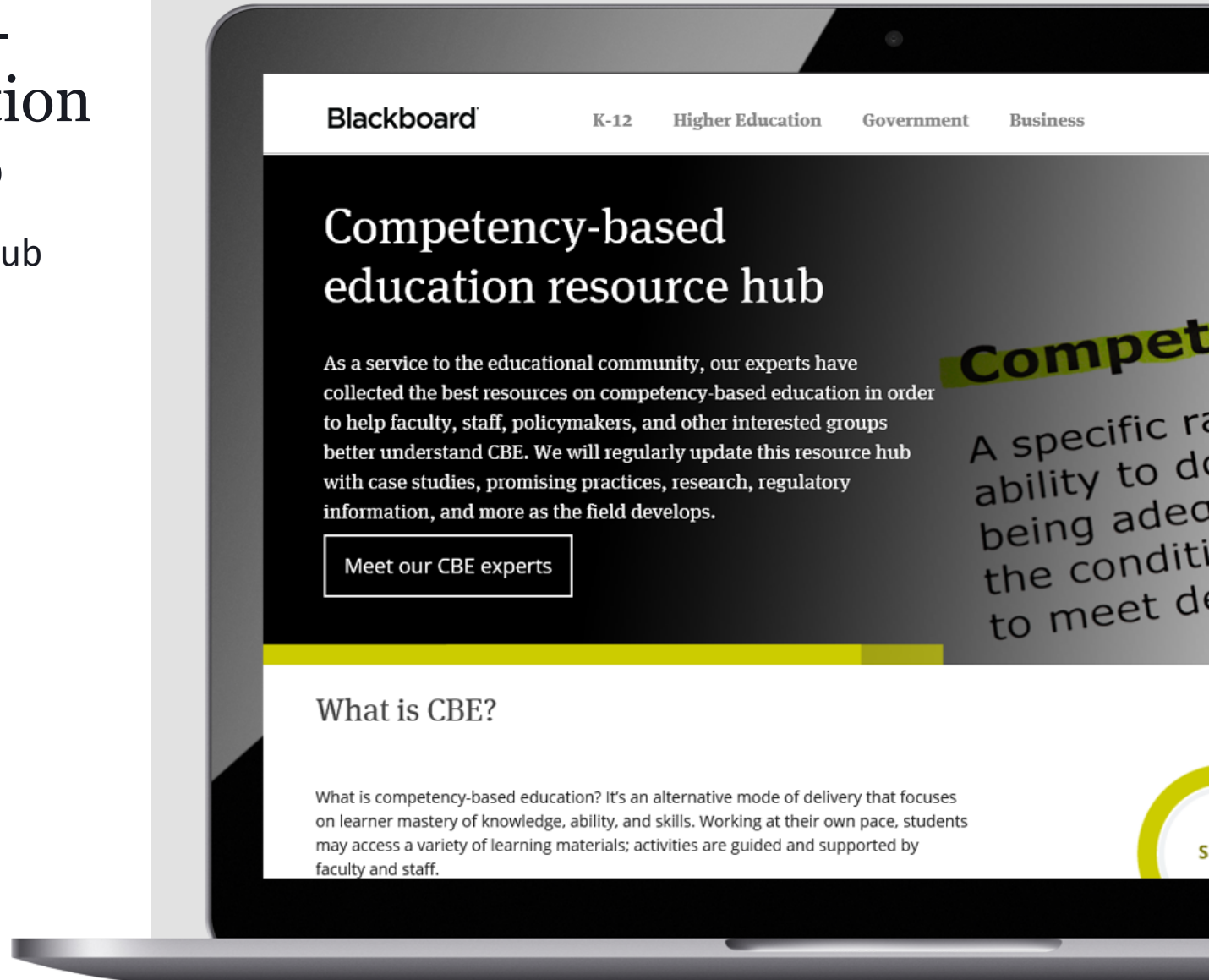
*President of the Woodrow Wilson National Fellowship Foundation  
and past president of Teachers College of Columbia University*



# Resources

# Competency-based education resource hub

[blackboard.com/cbehub](https://blackboard.com/cbehub)



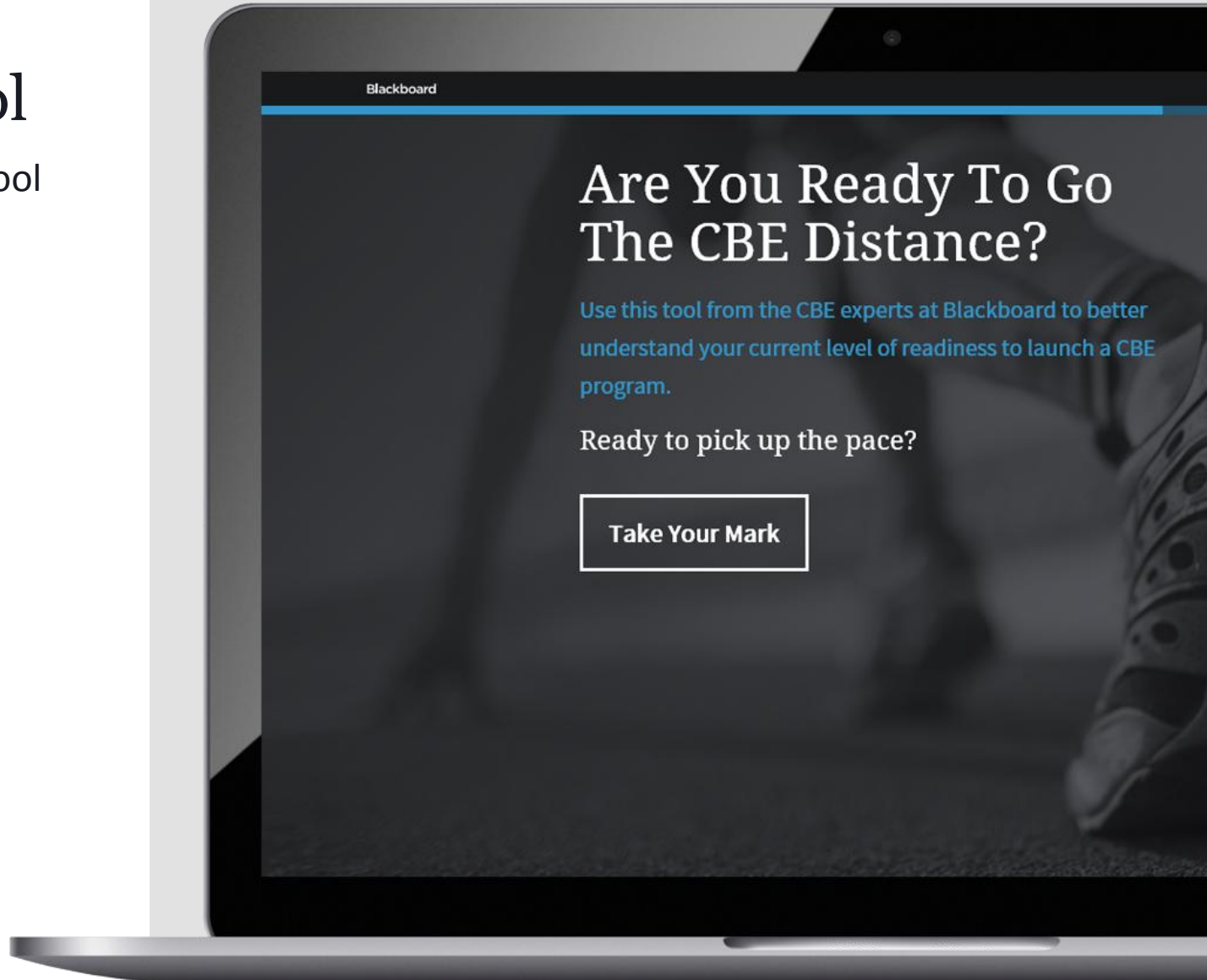


# NCHEMS competency-based education cost modeling



# CBE readiness tool

[blackboard.com/cbetool](https://blackboard.com/cbetool)





# Questions and discussion



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# CBE continuum

