

# Enhancing Practice 2022 Conference

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*20:20 Vision – Transforming Our Future  
Through Person-Centred Practices*

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**WEDNESDAY 6 – FRIDAY 8 APRIL 2022**  
**SAGE HOTEL WOLLONGONG, NSW AUSTRALIA**

**#enhancingpractice2022**



working together  
to develop practice





Creating a safe space to  
explore our own person-  
centredness and how this  
influences our culture

# Our Current Group

**Val Wilson**

**Rebekkah Middleton**

**Carolyn Antoniou**

**Denise Edgar**

**Helen Pratt**

**Ross Clifton**

**Emma Radbron**

**Kelly Marriott-Statham**

**Kelly Lewer**

**Maria Mackay**

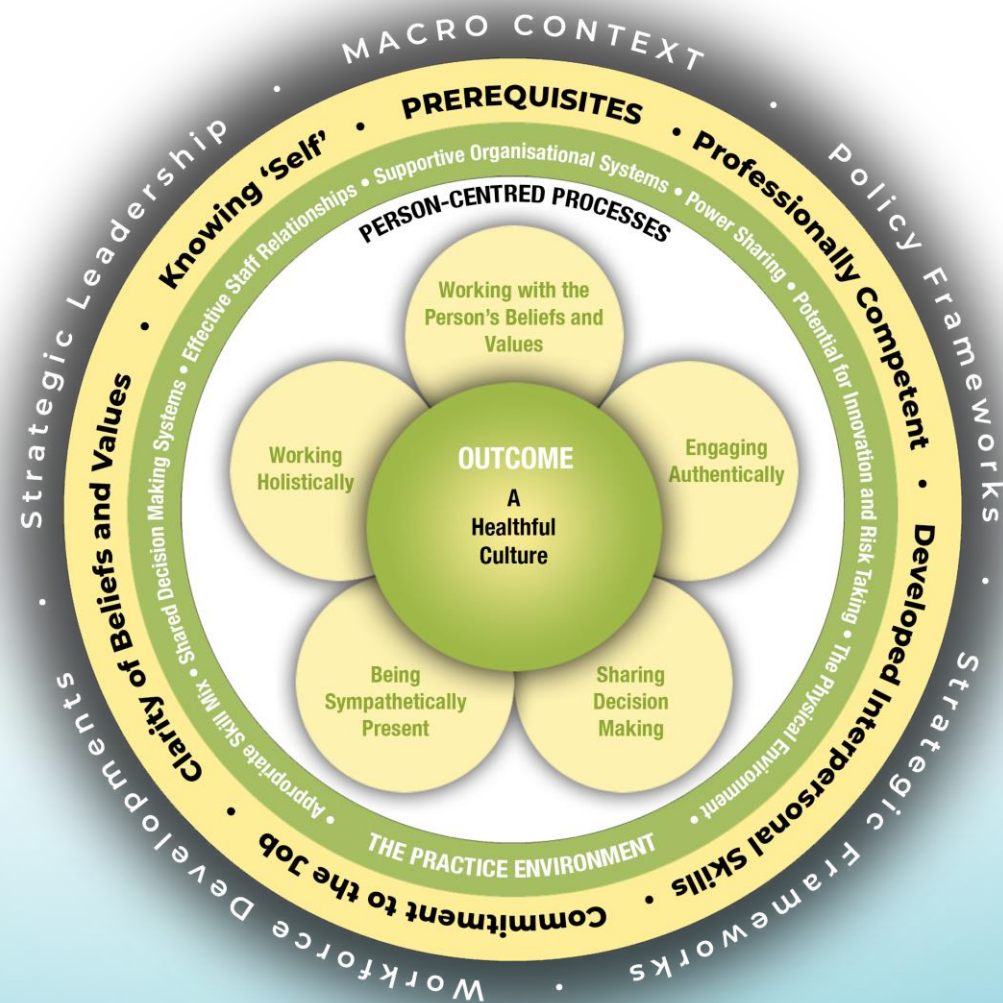
**Kat Riley**

## The Mentorship Group

- What was it for?
- Who was involved?
- How do you create a safe space for sharing and developing a person-centred culture?
- The goal of creating a healthful culture.



# Person-centred Practice Framework (McCormack & McCance, 2021)



The background of the slide is a photograph of a coastal landscape, featuring a body of water, a rocky shoreline, and a steep, forested hillside. The entire image is covered with a semi-transparent blue overlay. The text is positioned on the left side of the slide.

So what happened?

Let's hear from the  
[PcP Mentorship Group - YouTube](#)



Katherine Riley



Kelly Lewer

Emma Radbron



Denise Edgar





“Outcomes for me included meeting like-minded people with shared person-centred goals and ways of being, gave me an academic perspective of person-centred teaching, research and culture- this was useful in helping me know what person-centred theory New Graduates were exposed to prior to entering the workplace and then helping them see theory in practice through my PhD study. Undertaking person-centred research in New Graduates, support from the group through COVID (supervisors), we have also embarked on a shared research project using a person-centred measurement tool for academia. One session stands out for me 'what does it mean to be person-centred to ourselves'.

- Denise Edgar



# Key findings: so what did we learn?



## FINDINGS KEY THEMES:

*Self care and personal development* (e.g. high challenge, need for a safe space)

*Collaboration, being connected, support* (e.g. critical companions, shared reflection)

*Person centered development* (e.g. theory, research, person centred moments)

*Culture and mentorship* (e.g. developing culture, mentor/mentee roles, all words articulate developing a safe and healthful culture)

# So, what does this have to do with Practice Development?

## 4 Levels of PD (Manley in McCormack and McCance 2017)

**Building effective relationships**

**Building effective teams and workplaces**

**Embedding organisational values in systems**

**Building whole systems approaches through clinical systems leadership**

## Human Flourishing and Practice Development

**...collaborative, inclusive and participatory approaches to support the transformation of individuals, teams, practice and cultures to enhance the effectiveness of practices enabling all to flourish (Manley et al 2011)**



# Thank you and Questions

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