

CDL 2015 **92ND ANNUAL JUNE 17-23*2015** **SESSION NASHVILLE, TN**


CE Course Handout

**Working in Collaboration to Improve the Oral
Health of Pregnant Women, Infants and
Children in Head Start**

**Friday, June 19, 2015
2:30pm-5:30pm**



American
Dental
Hygienists'
Association



THE NATIONAL CENTER ON Health


Working in Collaboration to Improve the Oral Health of Pregnant Women, Infants, and Children in Head Start

National Center on Health
 Susan Deming, Diane Flanagan,
 Kathy Hunt, and Michelle Landrum
 American Dental Hygienists' Association Session
 Nashville, TN
 June 19, 2015

Presentation Learning Objectives

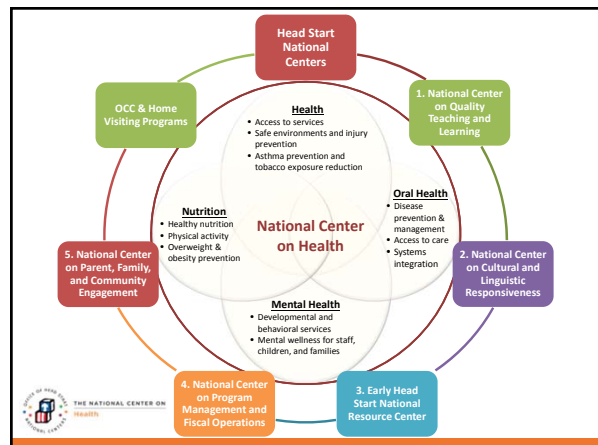
- Discuss successful strategies for collaboration to improve the oral health of pregnant women, infants, and children enrolled in Early Head Start/Head Start (EHS/HS)
- Discuss successful efforts to overcome challenges related to education, disease prevention, and access-to-care issues impacting EHS/HS participants.
- Describe materials produced by the National Center on Health (NCH) focused on oral health and the integration of oral health into overall health.
- Develop ways to interface with dental hygienist liaisons (DHLs) and HS programs in their own states.


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National Center on Health Dental Hygienist Liaisons

Michelle Landrum, R.D.H., M.Ed.
 National Center on Health Consultant
 American Dental Hygienists' Association Session
 Nashville, TN
 June 19, 2015



National Center on Health Priority Health Issues

- Healthy weight, nutrition, and physical activity
- Developmental and behavioral health
- Safety and Injury prevention
- Health literacy
- **Oral health and dental homes**
- Asthma prevention with special emphasis on tobacco exposure prevention



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National Center on Health Partners

- Project led by the **American Academy of Pediatrics**

Mission

Improve the health outcomes of pregnant women, infants, and children enrolled in EHS/HS




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National Center on Health Goals

- Provide evidence- and practice-based information and materials to the EHS/HS community
- Work collaboratively with **leaders** in the health, early childhood, and child care fields to **improve the health of EHS/HS children and their families**
- Work with national, state, and local **organizations** and agencies to **enhance the health care infrastructure** that impacts and serves children enrolled in EHS/HS and their families



National Center on Health Oral Health Project

- Project lead:
 - National Oral Health Resource Center working in collaboration with the Association of State and Territorial Dental Directors (ASTDD)
- Framework:
 - Disease Prevention and Management
 - Access to Care
 - Systems Integration



National Center on Health Oral Health Project

The American Dental Hygienists' Association (ADHA) is recognized as an important NCH Oral Health Project partner



What Is the Role of State Dental Hygienist Liaisons?

- Provide a **communication link** between NCH and statewide oral health activities and programs
- **Collaborate** with state partners including state dental directors, HS state collaboration directors, and former Dental Home Initiative state leads to address access-to-care issues
- Assist in **increasing preventive and educational services** to HS statewide
- **Share resources** with HS and other partners to deliver consistent messages on oral health



Common Dental Hygienist Liaison Activities


- Share **NCH oral health resources**, including the monthly *Brush Up on Oral Health* newsletter, with HS programs in their state
- Attend local **health advisory meetings**
- **Present** oral health information at local, state, and regional **HS meetings and conferences**
- **Link children** to oral health professionals and services



Poll:

Do you know who the DHL is in your state?





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Head Start Overview

Diane Flanagan, R.D.H.
National Center on Health
Wisconsin Dental Hygienist Liaison
American Dental Hygienists' Association Session
Nashville, TN
June 19, 2015

What Is Early Head Start/Head Start?

- Federal programs
- Serves pregnant women and children from birth to age 5 from families with low incomes
- Promotes comprehensive child development, family support, and school readiness
- Supports children's growth in the following domains:
 - language and literacy
 - cognition and general knowledge
 - **physical development and health**
 - social and emotional development
 - approaches to learning



Source: <http://eclkc.ohs.acf.hhs.gov/hslc/hs/about>

How to Find an Early Head Start/Head Start Program

EHS/HS Locator:

<http://eclkc.ohs.acf.hhs.gov/hslc/HeadStartOffices>



History of Head Start

- HS began in 1965 as part of Lyndon Johnson's War on Poverty
- Administered by the Administration for Children and Families
- HS has served nearly 30 million children and serves over 1 million children annually
- In 2007 HS training and technical assistance system was redesigned to support programs through **six national centers** and a state-based system
- EHS began in 1994



Source: <http://eclkc.ohs.acf.hhs.gov/hslc/hs/about/history>

Early Head Start/Head Start Services

- EHS/HS programs provide comprehensive services to enrolled children and their families, which include:
 - education and cognitive development services
 - health, nutrition, social, and other services
- EHS/HS emphasizes the role of parents as teachers, and programs build relationships with families that support:
 - family well-being and positive parent-child relationships
 - families as learners and lifelong educators
 - family engagement in transitions
 - family connections to peers and community
 - families as advocates and leaders



Source: <http://eclkc.ohs.acf.hhs.gov/hslc/hs/about>

Early Head Start/Head Start



Service delivery models

- Center-based or school-based
- Family child care homes
- Home-based
- Combination of center-based and home-based



Source: <http://eclkc.ohs.acf.hhs.gov/hslc/hs/about>

Early Head Start/Head Start Program Performance Standards

- Provide a standard definition of quality services that all local EHS and HS grantees are required to follow
- Oral-health-related performance standards completed within first 90 days of enrollment and documented in Performance Information Report (PIR)
 - HS must determine whether each child has an ongoing source of continuous, accessible care (“dental home”)
 - A health professional must determine if a child is up to date on preventive and primary oral health care according to state EPSDT (Medicaid) periodicity schedule



Head Start Performance Standards

- HS must help parents bring the child up to date within the first 90 days of enrollment, if a child is not up to date on age-appropriate preventive and primary care (EPSDT)
e.g., assists with Medicaid and Children’s Health Insurance Program (CHIP) application, transportation, finding a dental professional
- HS must obtain or arrange further diagnostic testing, examination, and treatment for each child with a health/dental problem



Head Start Performance Standards

- Dental follow-up and treatment must include topical fluoride treatments as recommended by a dental professional
- HS must establish ongoing communication with parents of children with identified dental needs to facilitate the implementation of the plan
- Education of HS staff, case-management systems, and documentation are vital to this process



Photo Source: Wikimedia Commons



Head Start Program Information Reports

- Provides data on services provided to children and their families. All grantees must submit self-reported data annually to the Office of Head Start.
- Data collected for children ages 3 and older:
 - # who received preventive oral health care
 - # who needed dental treatment
 - # who received treatment
 - Most common reason children did not receive dental treatment
 - # who are up to date on preventive and primary oral health care (requirement varies by state)
 - # of pregnant women who received an oral exam or treatment



Challenges for Access to Dental Care



Challenges for Access to Dental Care

- Finding dental providers who:
 - See young children
 - Treat pregnant women
 - Provide follow-up needed treatment
 - Accept Medicaid
 - Have extended hours



Photo Credit: Jane September | Stock Free Images & Dreamstime Stock



Dental Access Challenges for Parents

- Dental office staff are not friendly or welcoming
- Explanations and instructions are hard to understand
 - Too technical
 - Not in the language they speak
- Transportation is difficult or impossible
- Difficult to miss work for dental appointments
- Oral health care is too expensive



Challenges for Dental Providers

- Not feeling comfortable treating young children
 - May not have received adequate education
- Concerns about safety of treating pregnant women
 - May not have received adequate education
- Parents canceling or not keeping appointments
- Inadequate Medicaid reimbursement to cover services



Early Head Start/Head Start Staff

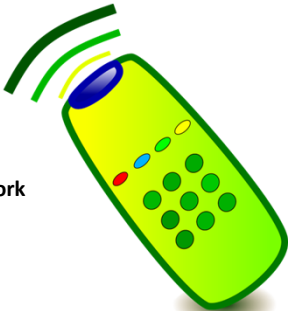
- Directors/supervisors
- Health coordinators/nurses
- Home visitors
- Child educators
- Family advocates
- Support staff



River Arts / Flickr / CC BY-ND 2.0

Poll:

Do you currently work with a HS program?

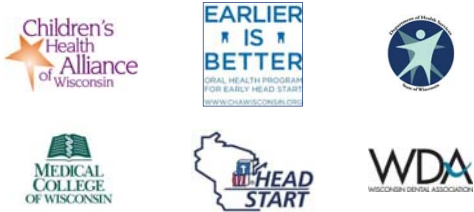


The Wisconsin Dental Hygienist Liaison Experience

Diane Flanagan, R.D.H.
 National Center on Health
 Wisconsin Dental Hygienist Liaison
 American Dental Hygienists' Association Session
 Nashville, TN
 June 19, 2015



Early Head Start: Home Visitation



Funded by the Healthier Wisconsin Partnership Program, a component of the Advancing a Healthier Wisconsin endowment at the Medical College of Wisconsin



Dental Hygienist Liaison National Activities



- Present at national meetings
- ADHA
- National Oral Health Conference
- National Primary Oral Health Conference
- Participate in webinars
- Resource to NCH



Dental Hygienist Liaison Statewide Activities

- Annual conference
- Exhibit
- Present
- Health coordinators meetings
- Board of directors meetings
- Resource to HS state collaboration office
- Resource to dental hygienists



Local Activities

- Provide oral health information for newsletters
- Train HS staff
- Participate in family health events
- Perform oral screenings and apply fluoride varnish
- Serve on health advisory committees
- Connect HS centers to oral health services



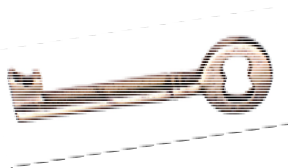
Effective Messaging

Most health education materials are hard for parents to understand



Keys to Providing Oral Health Information

- Understand your audience
- Provide clear oral health messages
- Use effective visuals
- Include easy-to-use oral health tools and materials



Oral Health Education Tips to Share with HS Staff

- Be prepared to discuss family's oral health needs
- Ask for permission to discuss oral health
- Start the conversation with open-ended questions
- Assess parents' readiness for change
- Recognize parents' strengths and challenges
- Build parents' confidence
- Summarize the discussion and action plan



Setting Oral Health Goals

Adapted from Caries Management by Risk Assessment (CAMBRA)



Activity

Hands-on and visual oral health education materials



THE NATIONAL CENTER ON Health



Getting a Head Start in Michigan

Susan Deming, R.D.H., R.D.A., B.S.
National Center on Health
Michigan Dental Hygienist Liaison
American Dental Hygienists' Association Session



Introductions



Jennifer VanWingen, R.D.H.



Collaborations



The Central District Dental Hygienists' Society
serving the counties of Ingham, Eaton, Clinton,
Shiawassee and Livingston

Capital Area Community Services, Inc
Head Start and Early Childhood Programs




Capital Area Community Services Health Advisory Committee


Capital Area Community Services, Inc
Head Start and Early Childhood Programs



Michigan Head Start Health Advisory Committee





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graph LR
    DHS1[DHS  
Head Start Collaboration  
Office] --> MDE[MDE  
Office of Early Childhood  
Education and Family  
Services]
    DHS2[DHS  
Office of Child Development  
and Care] --> MDE
    MDE --> MDE2[MDE  
Office of Great Start]
```




PA 161: Public Dental Prevention Program


"A dental hygienist may perform dental hygiene services under the supervision of a dentist as part of a **program for dentally underserved** populations in this state conducted by a local, state, or federal grantee health agency for patients who are not assigned by a dentist."



PA 161: Public Dental Prevention Program






- Administered by Michigan Department of Community Health Oral Health Program
- Allows collaborative practice arrangement to deliver preventive care to unassigned and underserved populations in Michigan
- Non-profit agencies receive 2-year approval to provide care
- Two HS agencies are PA 161 grantees



PA 161: Public Dental Prevention Program

DHL Activities:

- Encourage HS participation in PA 161 programs
- Provide direct services
- Educate HS staff and parents using standardized training program
- Promote use of oral health materials in HS programs




Michigan Oral Health Coalition and Clare County





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Presentations



**Getting a
Head Start on
Oral Health**

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Cavity Free Kids






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Parent Education Days



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Training Resources



<http://eclkc.ohs.acf.hhs.gov/hslc/tta-system/health/center/oral-health/oral-health.html>



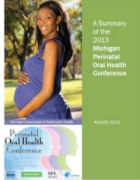







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National and State Perinatal Initiatives

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Home Visiting




Special Supplemental Nutrition Program for Women, Infants, and Children (WIC)



Successes


- Joined Michigan HS Association
- Trained parents and staff
- Attended HS conferences
- Established collaborations
- Provided role modeling
- Utilized assessment codes
- Member of Michigan health advisory board



Challenges




Challenges are what make life interesting.
Overcoming them is what makes it meaningful.

- Making time for HS activities
- Dealing with administration restrictions and state-level collaborations
- Engaging parents, staff, and volunteers
- Finding funding sources



Activity

Hands-on and visual oral health education materials



Improving Oral Health in Head Start: A Kansas Story

Kathy Hunt, R.D.H., ECPII
National Center on Health
Kansas Dental Hygienist Liaison
American Dental Hygienists' Association Session
Nashville, TN
June 19, 2015




Primary Partners




THE NATIONAL CENTER ON HEALTH

Collaborations


- Oral Health Kansas**
 (State Oral Health Coalition)
 


ORAL HEALTH KANSAS
- Bureau of Oral Health**
 (Kansas Department of Health and Environment)
 


BUREAU OF ORAL HEALTH

THE NATIONAL CENTER ON HEALTH

Other Contacts: Kansas







KANSAS DENTAL ASSOCIATION

- Kansas Association for the Medically Underserved** (State Primary Care Association)
- Kansas Dental Hygiene Association** (Chair for Community Dental Health Committee)
- Kansas Dental Association** (Board Member, Kansas Dental Charitable Foundation)

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Other Contacts: National

- National Center on Health**
 (Office of Head Start)
 
- National Maternal and Child Oral Health Resource Center**
 (Georgetown University)
 
- Association of State and Territorial Dental Directors**



Where oral health lives



Dental Hygienist Liaison Activities

- Contact for early childhood oral health
- Disseminate information about
 - Changes in policy
 - Approved materials
 - Funding, training, and meeting opportunities
- Provide technical assistance



On-Site Dental Services



Screening and fluoride varnish in the classroom



Staff Development



Family Education



Oral Health and Pregnancy



Photo Source: MJZ Photography / Flickr / CC BY-NC-ND 2.0

Challenges



Cavity Equation Activity

Germs
+ Carbohydrates
= Acid

Acid
+ Tooth
= Cavity

Graphic Source: Kansas Head Start Association

THE NATIONAL CENTER ON
Oral Health

Resources

Resources for Head Start Staff, Health Professionals, and Families

- Resource guide
- Curricula
- Tip sheets
- Newsletter
- Booklet and poster
- Brochures
- Webinars
- Website

Early Childhood Learning and Knowledge Center

- HS program performance standards, policy clarifications, and program instructions
- Featured resources
- Additional resources (assessment, follow-up care and treatment, education, and policies and procedures)

<http://eclkc.ohs.acf.hhs.gov/hslc/tta-system/health/Health/Oral%20Health>

<http://eclkc.ohs.acf.hhs.gov/hslc/tta-system/ehsnrc/comp/family-engagement/EngagingFamilies.htm>

<http://eclkc.ohs.acf.hhs.gov/hslc/tta-system/family/relationship>

Tooth Talk

The website for Early Head Start, Head Start and other early childhood educators and childcare providers

Videos

These short, helpful Tooth Talk videos (most lasting less than 2 minutes) cover a wide variety of topics from the importance of baby teeth to how to improve communication with parents, bottle-weaning to toothbrushing. Many are perfect for sharing with parents!

Baby Teeth

- Baby Teeth Baby Teeth
- Healthy Teeth, Healthy Pregnancy, Healthy Baby
- Babies and Bottle Weaning
- Motivational Interviewing for Baby Teeth

Babies and a Dental Home

- Why Babies Need a Dental Home
- Excuse Me, I'm a Baby Teeth Doctor

Toothbrushing

- Tooth Talk Moments - Motivational Interviewing Techniques
- Toothbrushing Tips for Kids
- Toothpaste Recommendations for Young Children
- Healthy Teeth, When, Why, and How
- Healthy Teeth, Are Good for Kids and Important to Parents

Check out our great, short videos on dental care for kids by clicking on the videos list at the top.

CATEGORIES

- All the Great
- Babies and a Dental Home
- Baby Teeth
- Brushing, Dental Care
- Healthy Teeth, When, Why, and How
- Motivational Interviewing
- Toothbrushing
- Videos
- Webinars
- Webinars
- Webinars

Subscribe to our weekly newsletter!

<http://toothtalk.web.unc.edu/video>

What Does Motivational Interviewing Sound Like?



Poll:

Have you ever used any of these resources?



Small Group Participation



How to Engage Head Start Programs



Developing a Lesson Plan





Poll:

Do you plan to reach out to
your local HS programs
when you get back home?



**National Center on Health
Contact Information**

Toll-Free: (888) 227-5125

E-mail: nchinfo@aap.org

Website: <http://eclkc.ohs.acf.hhs.gov/hslc/tta-system/health/center>



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