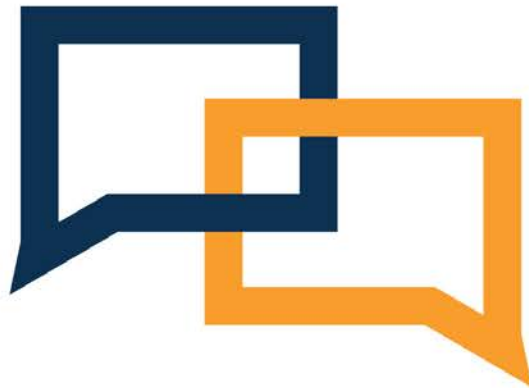


Twitter: @pallcarepharm



DecisionAssist
*Palliative Care and Advance Care Planning
for Aged Care*

Smart phone apps and GPs: A portable solution for community care

Paul Tait, Amanda Adams, Jennifer Tieman
September 2015

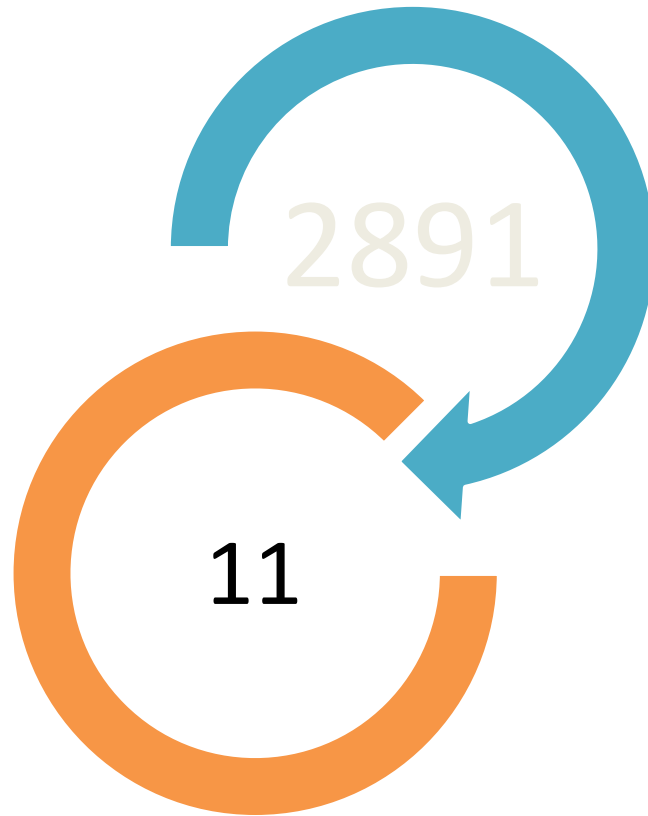
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- Palliative Care
- Aged Care
- Caregivers
- Pain
- Fatigue
- Home Care
- Carers
- Dementia

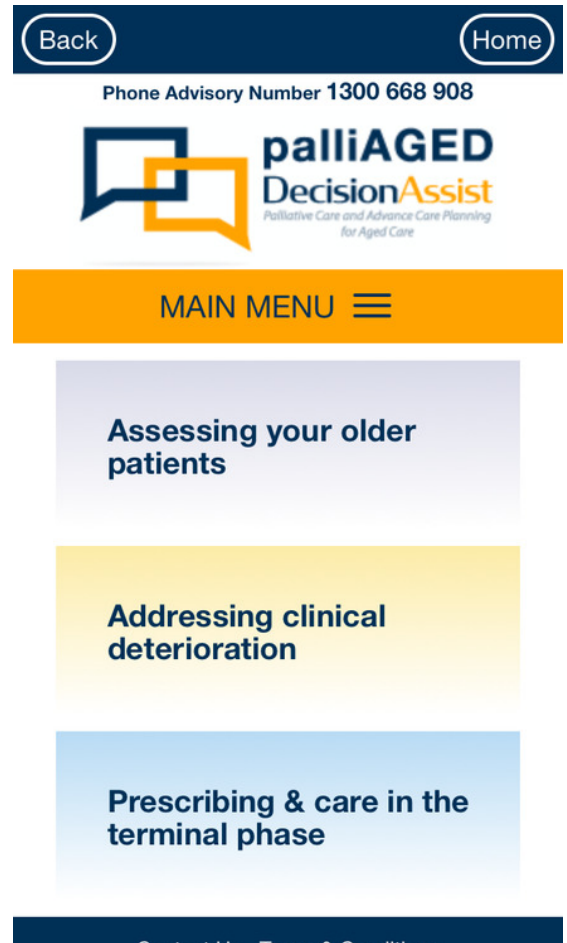
- Health professional
- Palliative care
- RAC or home setting



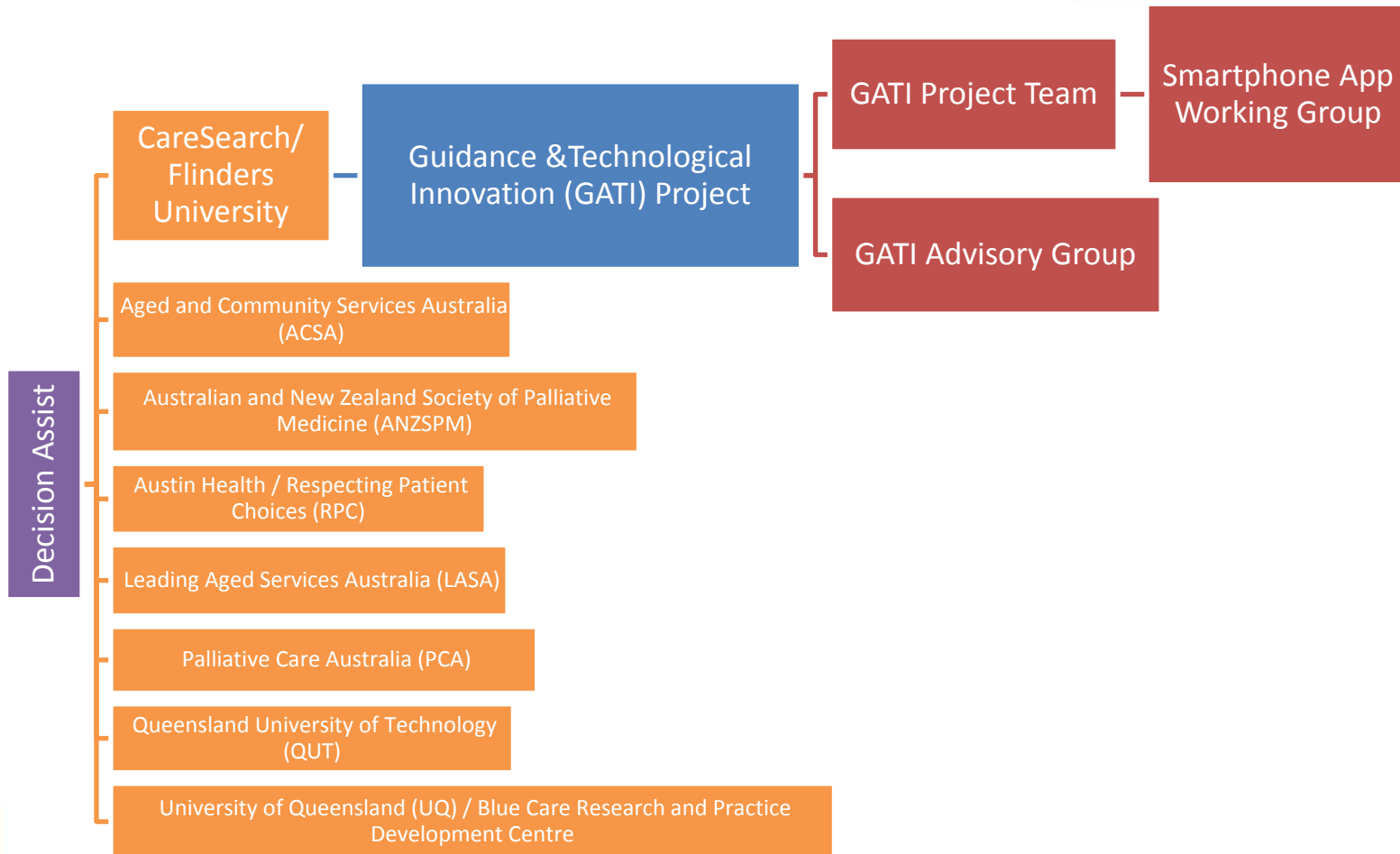
- Palliative Care
- Aged Care
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- Carers
- Dementia

Aim

Guide GPs in a best practice approach in support of older palliative patients and their families



Governance

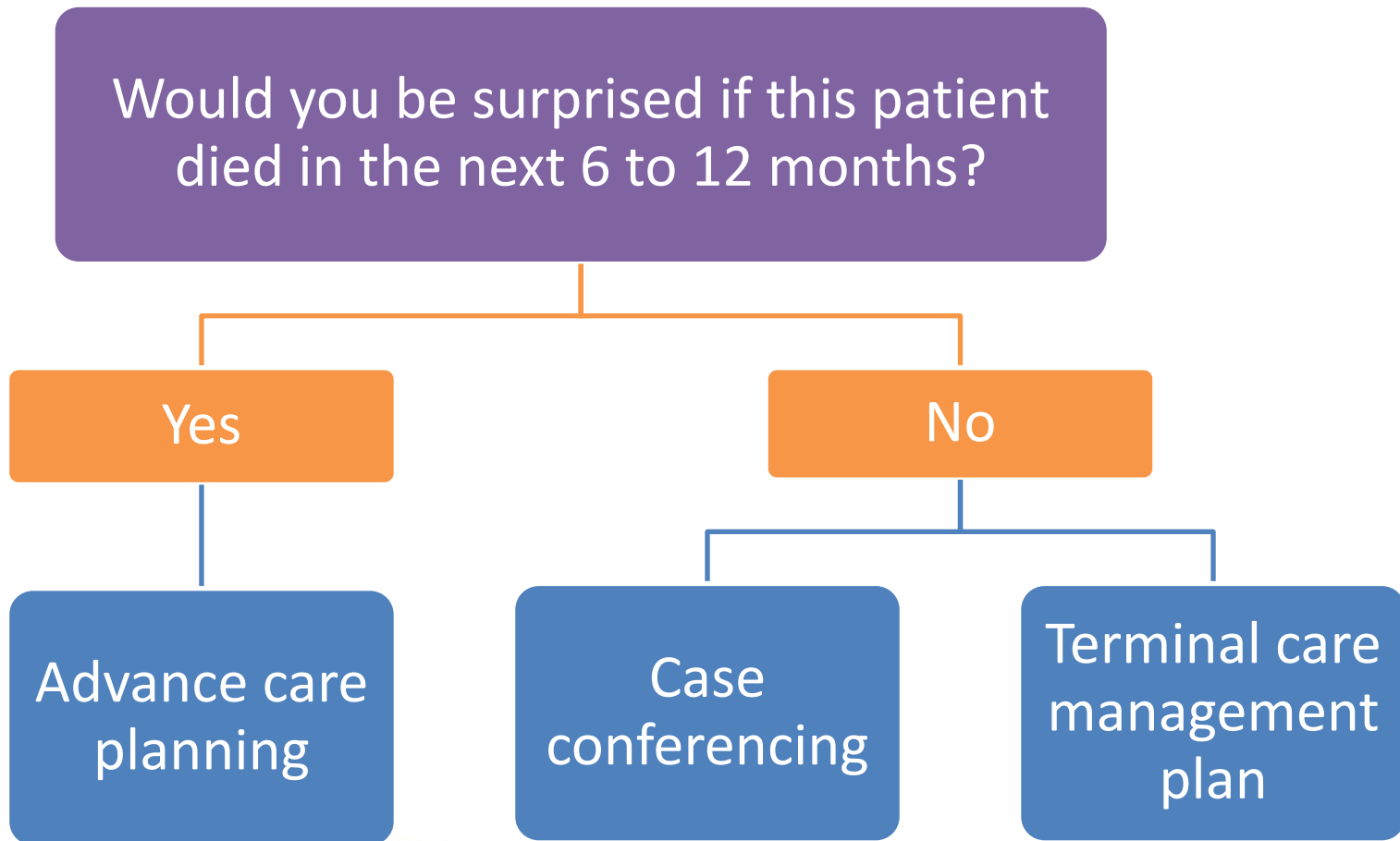


Defining the Content



- GATI Project Team prepared a series of content options
- Smartphone App Working Group reviewed each option
 - GPs needed direct clinical content with an emphasis on prescribing assistance.
- Clinical Processes Framework
 - Palliative Care GP Education training (Decision Assist)

Clinical Processes Framework



Limits



- PA toolkit intended for use in a residential aged care setting
 - link the medicines with their related PBS criteria;
 - Include a home care checklist

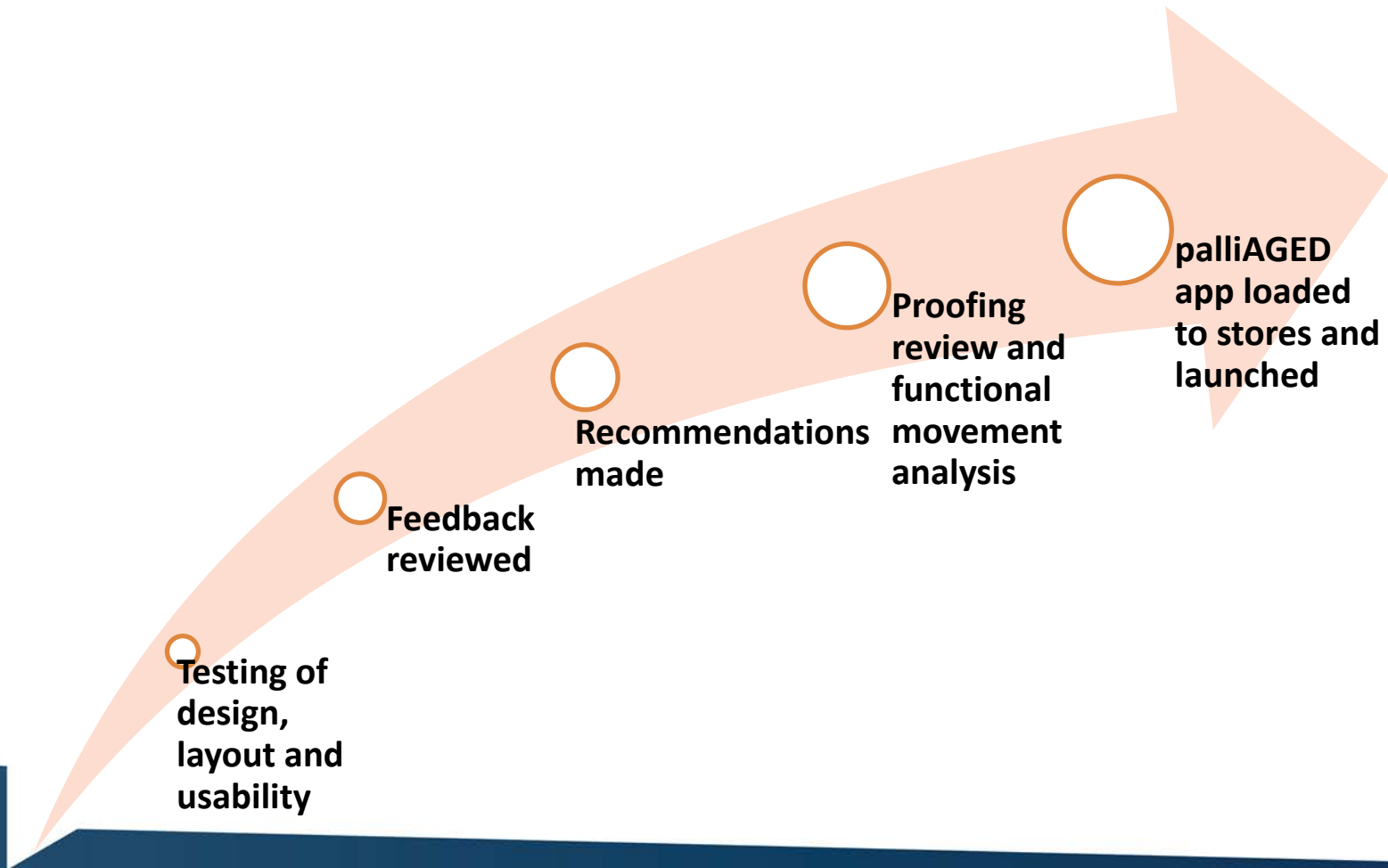
App Design



iTunes

- Functional specification
 - GATI project team
 - IT developer
 - Graphic designer
- Device agnostic
- Responsive design

Review And Usability Testing



Marketing



Care Search
@CareSearch

Apr 30

palliAGED, new smartphone app from @DecisionAssist, helps GPs caring for older #palliative patients at home or RAC ow.ly/MjAgs

[View details](#) · [←](#) [t3](#) [★](#)



NEW APP HELPS GPs CARE FOR OLDER PEOPLE DYING AT HOME AND IN RESIDENTIAL AGED CARE

Decision Assist palliAGED

Launched today, **palliAGED** is a new smartphone app that helps GPs who care for older palliative patients at home or in residential care. The app informs key clinical processes such as advance care planning, case conferencing and terminal care management. It also provides prescribing support for common symptoms that patients experience in the terminal phase.

As most deaths are expected, death can be planned for and the required care delivered pre-emptively. General practitioners (GPs) have a central role in planning and providing for that care. **palliAGED** helps a GP in this role, prompting them to consider if they would be surprised if the patient died in the next 6 to 12 months and providing information to support the key clinical processes that follow.

palliAGED has been developed as part of the Decision Assist Program. The Decision Assist Program aims to enhance the provision of palliative care and advance care planning services to the aged nationally. It is funded by the Australian Government.

The app was designed and developed following a review of available apps relevant to palliative care and aged care, and provides a unique set of resources to the many GPs who make use of mobile technologies in managing and providing care. The app is one of a suite of resources for GPs on palliative care and advance care planning being developed by Decision Assist.

The **palliAGED** app is free. It can be downloaded at the following stores:

- Google Play
- Windows phone store
- Apple iTunes

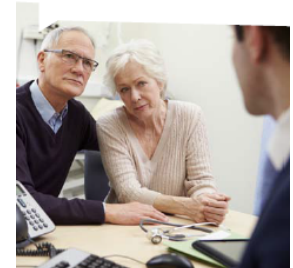
For further information visit the Decision Assist website.

Decision Assist | www.decisionassist.org.au | Copyright © 2015 Decision Assist. All rights reserved.
Decision Assist is funded by the Australian Government.



PHOTO: Dr Daniel Byrne uses a new app aimed at guiding GPs through treating palliative care patients. (ABC News: Alina Escott)

palliAGED



Helping GPs plan and provide palliative care for their older patients.

Information on:

- Assessing your older patients
- Addressing clinical deterioration
- Prescribing and care in the terminal phase

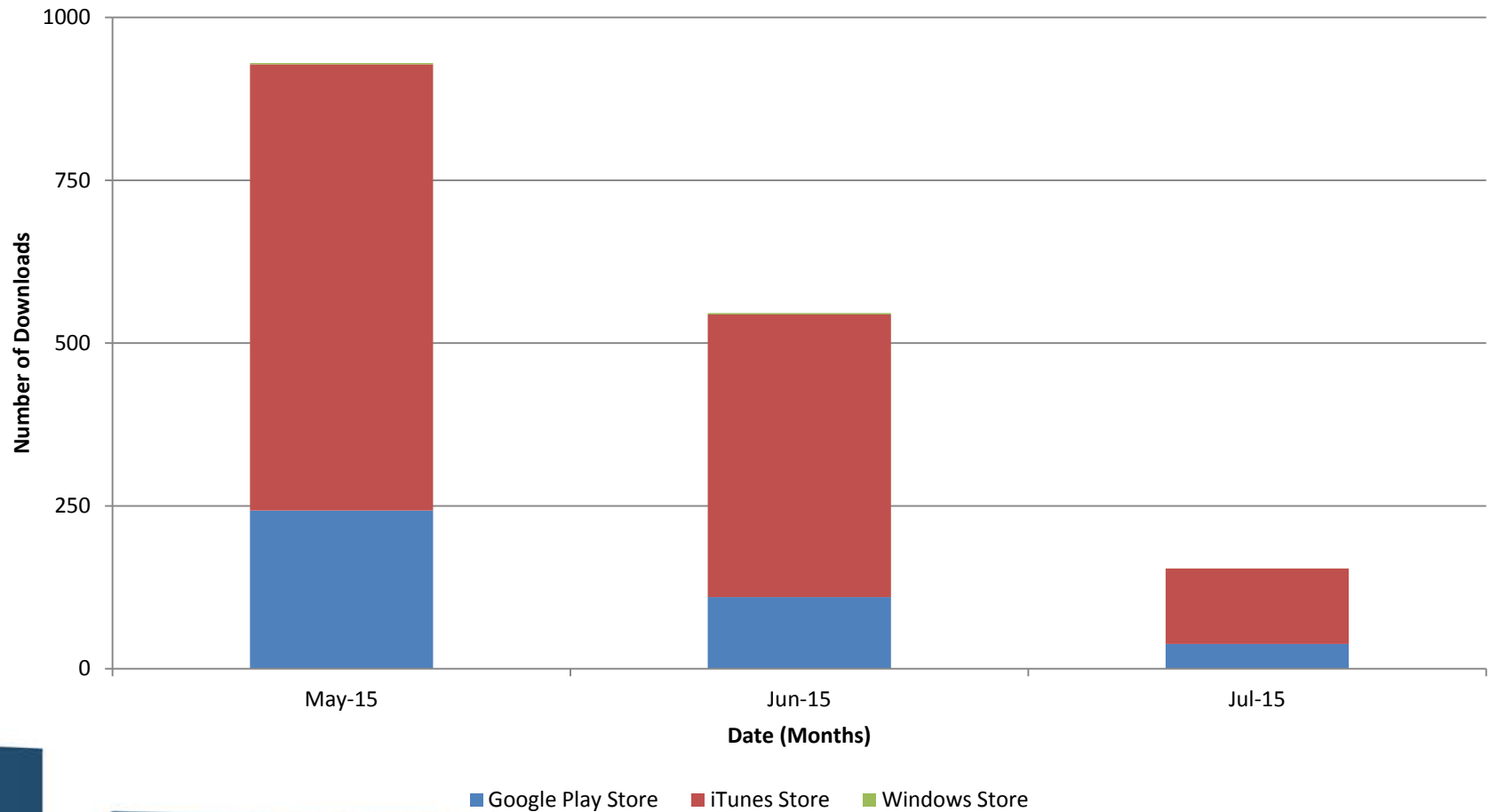
Part of the Decision Assist GP resources.

GP Matters - May 2015

Issue 76

New smartphone app to support GPs in caring for older palliative patients

Downloads



Future Considerations



Modifications:

- Development of an offline version
- Inclusion of a community medications list; and
- Inclusion of MBS items for ACP related activity

Sustainability:

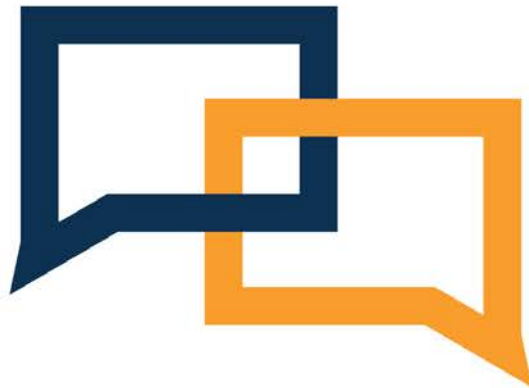
- Review of the content in April 2016

Conclusion



- GPs - central role in planning and providing for care of community based patients
- The **palliAGED** app provides GPs clinical support at the bedside
- Explore the role of apps in future projects to extend their reach and distribution

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