

Attendee Brochure

NCNP

National Conference for Nurse Practitioners

For Primary, Acute, Urgent, and Emergency Care Clinicians

March 20-23, 2020



GAYLORD OPRYLAND®

RESORT & CONVENTION CENTER

Nashville



NCNPconference.com



Brought to you by
The Nurse Practitioner® journal



Dear Colleague,

I'd like to personally invite you to attend the National Conference for Nurse Practitioners for Primary, Acute, Urgent, and Emergency Care Clinicians, which will be held March 20-23, 2020, at the Gaylord Opryland Hotel in Nashville, Tennessee. This biannual event is sponsored by Wolters Kluwer, publisher of *The Nurse Practitioner*® journal, and offers you evidence-based educational sessions relevant to advanced clinical practice that will give you the tools you need to improve the overall quality of patient care.

NCNP will also meet your continuing education needs by providing skill-building sessions that deliver comprehensive, results-oriented patient care strategies. Our expert speakers will cover a broad range of topics for advanced practice clinicians in both primary and acute care settings. Topics include hypertension management, respiratory infections in challenging patients, opioids and safe prescribing, treatment guideline updates, reversal of DOACs, obesity, caring for LGBTQIA+ patients, pneumonia, heart failure, sepsis management, UTIs, and assessing and prescribing for anxiety and depression. We'll also cover topics in men's and women's health, pediatrics, geriatrics, and more. CE and Rx credit will be awarded upon completion of the conference.

In addition, be sure to take advantage of the hands-on workshops incorporated throughout the program! We're offering our most popular workshops as well as new ones, and we've added repeat sessions to accommodate more people. Remember to register early to secure your spot—these workshops are a BIG reason why many of you attend, and they almost always sell out!

We think you'll agree that the National Conference for Nurse Practitioners is the best choice for your continuing education needs. You'll enjoy a terrific setting, an evidence-based approach to learning, easy access to continuing education credits, numerous meal functions (which really sets the conference apart from all other events), and best of all, the opportunity to collaborate and exchange ideas with your peers.

I look forward to seeing you at the conference!



Margaret A. Fitzgerald

Margaret A. Fitzgerald, DNP, FNP-BC, NP-C, FAANP, CSP, FAAN, DCC, FNAP
Conference Chairperson

President, Fitzgerald Health Education Associates, LLC
North Andover, MA

Family Nurse Practitioner, Greater Lawrence Family Health Center
Lawrence, MA



Continuing Education Provider Information

Program Goals and Learning Objectives/Outcomes

The purpose of the National Conference for Nurse Practitioners is to offer interactive presentations, discussions, and practical workshops that promote clinical excellence and improve the quality of care that healthcare practitioners provide. By attending this conference and participating in the educational sessions, you'll be better able to:

- consult with experts in primary, acute, urgent, and emergency care, as well as clinical subspecialties
- discuss issues related to family, adult, pediatric, geriatric, men's and women's health, legal, mental health, and acute care practice specialties
- develop your assessment and clinical management skills in hands-on and skill-building workshops
- evaluate current and new treatment methods and pharmacologic therapies
- identify issues that affect advanced practice, including reimbursement, malpractice, clinical practice guidelines, and the latest technologies in the industry
- increase advanced practice clinicians' skill set in order to provide expanded services and improve billing and reimbursement.

Provider Accreditation

Lippincott® Professional Development will award a maximum of **22** contact hours and a maximum of **18** Advanced Pharmacology (Rx) hours for this continuing nursing education activity.

Lippincott Professional Development is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

This activity is also provider-approved by the California Board of Registered Nursing, Provider Number CEP 11749 for 22 contact hours. Lippincott Professional Development is also an approved provider by the District of Columbia, Georgia, and Florida #50-1223. Your certificate is valid in all states.

Call for Poster Abstracts

Subject Matter

Submissions should contain subject matter of interest to primary, acute, urgent, or emergency care clinicians in all specialty areas and practice settings. Topics can include, but are not limited to clinical care, technology, documentation strategies, medication administration, team development, patient and family education programs, family interventions, legal/ethical issues, and more.

General Poster Proposal Information/Guidelines

Poster abstracts must be submitted online. To submit a poster, please visit the conference website at **NCNPconference.com** and click "Submit a Poster Abstract."

Deadline: January 24, 2020

Notification

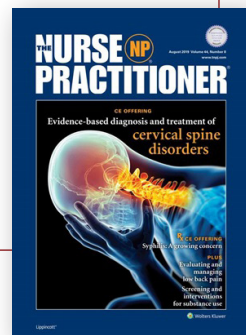
The Poster Review Committee will review all poster submissions. You'll receive notification of acceptance or rejection via email on or before **February 7, 2020**.

For posters to be accepted, they must comply with ANCC Standards of Commercial Support and Advertising. Product logos should not be used and generic drug/product names are preferred.

Special Offer for NCNP Attendees!

Add a subscription to The Nurse Practitioner® journal for only \$29.90 (see check box on registration page for details).

Published monthly, *The Nurse Practitioner* is the leading monthly source for clinical, practical, cutting-edge information for advanced practice nurses and other primary care clinicians. A one-year subscription is valued at \$120.00. Already a subscriber? We will add an additional 12 issues to your existing subscription.



FRIDAY, MARCH 20, 2020

1:00 pm – 1:15 pm

Opening Ceremony and *The Nurse Practitioner*[®] Editorial Awards

Margaret A. Fitzgerald, DNP, FNP-BC, NP-C, FAANP, CSP, FAAN, DCC, FNAP, Conference Chairperson; President, Fitzgerald Health Education Associates, LLC, North Andover, MA; Family Nurse Practitioner, Greater Lawrence Family Health Center, Lawrence, MA

Editorial Awards presented by Jamesetta A. Newland, PhD, RN, FNP-BC, FAANP, DPNAP, FAAN, Editor-in-Chief, The Nurse Practitioner; Clinical Professor and Nurse Practitioner, New York University Rory Meyers College of Nursing, New York, NY

1:15 pm – 2:15 pm | Keynote Address

101 Happy 100th Birthday! Loretta Ford Tribute

Moderator: Margaret A. Fitzgerald, DNP, FNP-BC, NP-C, FAANP, CSP, FAAN, DCC, FNAP

CE credit: 1

This year marks the 100th Birthday of Dr. Loretta Ford, the founder of the NP profession! Join us as we look back on her vision for nursing practice and the start of the NP movement. This commemorative session will celebrate how NP practice has revolutionized the healthcare industry and Dr. Ford's legacy!

2:15 pm – 2:45 pm | Refreshment Break

2:45 pm – 4:15 pm | Breakout Sessions

102 Easy to Diagnose but Hard to Treat Skin Conditions in Primary Care

Margaret Bobonich, DNP, FNP-C, DCNP, FAANP, Assistant Professor, Case Western Reserve University, School of Medicine and Frances Payne Bolton School of Nursing, University Hospitals Case Medical Center, Department of Dermatology, Cleveland, OH

CE credit: 1.5; Rx credit: 1.5

Clinicians and patients can become VERY frustrated by treatment challenges for common skin complaints. Patients often believe skin conditions should be a simple cure and wonder, "Why can't you just fix it?" Understanding the evidence and exploring clinical pearls from experts can be the key to successful treatment of recalcitrant and chronic skin diseases such as eczema, warts, molluscum, seborrheic dermatitis, and more.

103 Constipation Conundrums

Peter Buch, MD, AGAF, FACP, Associate Clinical Professor, University of Connecticut School of Medicine, Farmington, CT; University of New England College of Osteopathic Medicine, ECHN Clinical Campus, Manchester, CT; Frank H. Netter School of Medicine/Quinnipiac University, North Haven, CT

CE credit: 1.5; Rx credit: 1

The etiology of constipation can span from irritable bowel syndrome to colon cancer. Honing down on a diagnosis using the clinical tools

provided in this session will guide a speedy and accurate diagnosis. All this will be accomplished utilizing a case-based, practical, interactive, and fun format.

104 Update on Osteoporosis and Fracture Prevention Strategies

Nancy R. Berman, MSN, ANP-BC, NCMP, FAANP, Adult Nurse Practitioner, Certified Menopause Practitioner, Michigan Healthcare Professionals, Farmington Hills, MI; Clinical Instructor, Department of Obstetrics and Gynecology, Wayne State University School of Medicine, Detroit, MI

CE credit: 1.5; Rx credit: 1.5

This session provides information regarding the screening and treatment of women and men at risk for fracture based on bone densitometry and their 10-year fracture risk using the FRAX calculation. Pharmacologic therapies will be reviewed, including their risks and benefits. Current controversies in management will be discussed, including long-term use of bisphosphonates, use of drug holidays, and rare adverse events including osteonecrosis of the jaw and atypical subtrochanteric femur fractures. New concerns about discontinuation of rank ligand inhibitors and the rapid increase in multiple vertebral fractures will be reviewed. Case studies will be used to provide real clinical scenarios.

105 Acute/Emergency Care: Putting Together the Puzzle of Shock: A Hemodynamic, Case Study Approach

Anne Dabrow Woods, DNP, RN, CRNP, ANP-BC, AGACNP-BC, FAAN, Critical Care NP, Penn Medicine, Chester County Hospital, West Chester, PA; Adjunct Faculty, Drexel University, Philadelphia, PA; Chief Nurse, Wolters Kluwer Health, Learning, Research & Practice, Philadelphia, PA

CE credit: 1.5; Rx credit: 1.5

When a patient is in shock, it's crucial to be able to recognize the type of shock and manage it appropriately to optimize patient outcomes. This session uses a case study approach to put the pieces together in recognizing the hemodynamic parameters of distributive, hypovolemic, obstructive, and cardiogenic shock states and identifying an evidence-based approach to managing these conditions.

106 Acute/Emergency Care: Acid-Base Disturbances

Eric Magana, MD, Internist, Presbyterian Hospital, Albuquerque, NM

CE credit: 1.5

This case-based session covers the diagnosis of gap and non-gap metabolic acidosis, metabolic alkalosis, and acute and chronic respiratory acidosis and alkalosis. We'll also discuss an approach to diagnosing the primary disturbance, limits of compensation, and the delta gap.

107 Workshop: Basic Suturing Part 1

Louise McDevitt, MS, ACNP-BC, ANP-BC, FNP-BC, FAANP, Senior Lecturer, FHEA, LLC, North Andover, MA; Board Certified Acute Care, Family Practice, Adult NP, Grace Cottage Family Practice, Townsend, VT

CE credit: 1.5

Proper suturing technique is essential for optimal laceration repair. A systematic approach to the fundamentals of laceration repair will be discussed, including wound assessment, local anesthesia, wound preparation, and closure. Participants will develop the skills of direct infiltration of local anesthesia and the suturing techniques of the simple interrupted suture and the horizontal mattress suture. *If you register for this session, you're automatically enrolled in session 113. One fee covers both parts 1 & 2.*

4:30 pm – 6:00 pm | Breakout Sessions

108 Metabolic Syndrome 2020: What Do We Know and How Do We Intervene?

Christine Kessler, MN, ANP-BC, CNS, BC-ADM, FAANP, Founder, Metabolic Medicine Associates, King George, VA

CE credit: 1.5; Rx credit: 1.5

After more than a decade, there's renewed interest in metabolic syndrome—a clustering of abnormalities that includes obesity, hyperglycemia, high blood pressure, and atherogenic dyslipidemia. This session addresses emerging insights regarding risk, identification, and biomarkers, creative new management strategies, and the surprising cause of this deadly metabolic disruption that now afflicts 1 in 3 Americans (including healthcare providers!).

109 The Role of Diet in Dermatology: Can It Affect Psoriasis, Rosacea, Acne, Atopic Dermatitis, and Many Other Skin Diseases?

Victor Czerkasij, MA, MS, FNP-BC, Associate Lecturer, FHEA, LLC, North Andover, MA; Skin Cancer and Cosmetic Dermatology, PC, Adult and Pediatric Dermatology, Cleveland, TN and Chattanooga, TN

CE credit: 1.5; Rx credit: .75

Many misconceptions remain about gluten, supplements, dairy, sugar, elimination diets, food triggers and subsequent allergies and their effect on skin conditions. What does the evidence and research have to say? While diet fads come and go, a healthy and balanced nutritional diet continues to be the bedrock of treating many conditions. This session focuses on the need to practice awareness of key dietary issues in certain skin conditions.

110 Vitamins, Minerals, and Herbs: Show Me the Evidence

Margaret A. Fitzgerald, DNP, FNP-BC, NP-C, FAANP, CSP, FAAN, DCC, FNPAP, Conference Chairperson; President, Fitzgerald Health Education Associates, LLC, North Andover, MA; Family Nurse Practitioner, Greater Lawrence Family Health Center, Lawrence, MA

CE credit: 1.5; Rx credit: 1.5

In this session, you'll learn about best evidence for some of the most commonly used vitamin, mineral, and herbal supplements. Find out which products you should warn your patients to avoid and update your knowledge on the latest information on drug-supplement interactions.

111 Acute/Emergency Care: OSA and Hypoventilation Syndrome in the ICU: Are We Sleepwalking into Disaster?

Daria C. Ruffolo, DNP, RN, CCRN, ACNP-BC, Acute Care Nurse Practitioner, Dept. of Anesthesia, Loyola Medicine, Maywood, IL
CE credit: 1.5

The features of OSA/HS include obesity, alveolar hypoventilation, and sleep-disordered breathing. OSA/HS is often unrecognized with delayed treatment, resulting in erythrocytosis, pulmonary hypertension, atrial fibrillation, stroke, and right heart failure. The most common reason for hospitalization is dyspnea, which is likely to require ICU care and mechanical ventilation, often without identifying the reason for the failing cardiopulmonary state. When compared with eucapnic obese hospitalized patients, OSA/HS patients require more ICU admissions (40% vs. 26%) and have an increased mortality rate (23% vs. 9%). The goal of this session is to familiarize attendees with the physical, clinical, and social features of this syndrome. These patients are often unstable and require interventions such as NPPV, endotracheal intubation with ventilation, and tracheostomy, as well as correction of acid-base imbalance, hemodynamic support, and therapeutic phlebotomy.

112 Human Trafficking: Effective Clinician Response in the Healthcare Setting

Jessica L. Peck DNP, APRN, CPNP-PC, CNE, CNL, FAANP; President-Elect, National Association of Pediatric Nurse Practitioners; Clinical Professor of Nursing, Baylor University, Waco, TX

CE credit: 1.5

An estimated 87% of rescued trafficking victims had encounter(s) with a healthcare provider during captivity in which they were not recognized as victims, missing opportunity for rescue and improved health outcomes. Nurses are critical front-line responders in the fight against trafficking of persons, who can present in any clinical setting. This presentation will equip nursing professionals to identify and intervene on behalf of potential victims. Learners will be equipped with knowledge to respond to potential trafficking in the clinical setting and be equipped with knowledge to implement a clinical protocol in their organizational setting to ensure best current practices implementing an evidence-based, public-health, survivor-informed, culturally responsive and trauma-informed care approach.

113 Workshop: Basic Suturing Part 2

See session 107 description. *If you registered for Part 1, you will be automatically enrolled in this class.* *CE credit: 1.5*

6:00 pm – 7:30 pm | Grand Opening of Exhibits & Welcome Reception

CE credit: 2

Learn about the latest products and technologies that help guide practice, view evidence-based poster presentations, and network with vendors and colleagues. A light dinner will be served.

SATURDAY, MARCH 21, 2020

6:30 am – 7:15 am

200 Basic Yoga Techniques for Clinical Practice

CE credit: 1

Theresa Steltzer, BS, MBA, RYT-500, Doylestown, PA

Join us for a gentle yoga class—no experience necessary. Whether you have always wanted to try yoga or already practice regularly, come and share this opportunity to stretch and relax with us. Learn to use basic yoga techniques and breathwork in your clinical practice. Towels provided; no mat required.

\$15 fee benefits Safe Haven Family Shelter which leads community efforts to eliminate homelessness in Middle Tennessee.

7:30 am – 8:30 am | Exhibits Open | View Posters

Continental Breakfast

Learn about the latest products and technologies that help guide practice, view evidence-based poster presentations, and network with vendors and colleagues. Continental breakfast will be available.

8:30 am – 10:00 am | Breakout Sessions

201 Cardiometabolic: The New Focus for Effective Type 2 Diabetes Management

Christine Kessler, MN, ANP-BC, CNS, BC-ADM, FAANP, Founder, Metabolic Medicine Associates, King George, VA

CE credit: 1.5; Rx credit: 1.5

The vast number of available antihyperglycemic agents has led to confusion for both patients and providers. The latest type 2 diabetes treatment guidelines reflect a focus that encompasses not just glycemic control but reduction in cardiovascular and kidney risk. Utilizing real patient case studies and endocrinology expertise, this important session provides clarity to the topic with useful tips on how to individualize and effectively prescribe current diabetes medications.

202 Treatment Guideline Updates: GI, Cardiology, Respiratory, and ID/ Dermatology

Margaret A. Fitzgerald, DNP, FNP-BC, NP-C, FAANP, CSP, FAAN, DCC, FNAP, Conference Chairperson; President, Fitzgerald Health Education Associates, LLC, North Andover, MA; Family Nurse Practitioner, Greater Lawrence Family Health Center, Lawrence, MA

CE credit: 1.5

In this informative session, you'll learn about the latest updates on a number of practice guideline updates for clinical situations we encounter commonly. Highlights include updates on PPI use and discontinuation, aspirin's role in the primary prevention of cardiovascular events, target-organ disease-specific recommendations for hypertension and type 2 diabetes mellitus, management of COPD and asthma exacerbation, and updated recommendations on the treatment of skin and soft tissue infections.

203 Cervical Cancer Prevention: Appropriate Use of PAP and HPV Testing

Nancy R. Berman, MSN, ANP-BC, NCMP, FAANP, Adult Nurse Practitioner, Certified Menopause Practitioner, Michigan Healthcare Professionals, Farmington Hills, MI; Clinical Instructor, Department of Obstetrics and Gynecology, Wayne State University School of Medicine, Detroit, MI

CE credit: 1.5

Cervical cancer screening has changed significantly in recent years with less frequent Pap testing and the addition of HPV testing. This session reviews the appropriate use of Pap testing, the rationale for HPV testing along with the Pap (co-testing) in women age 30 and older, and an introduction to the use of HPV testing as a primary screen (standalone test) in women age 25 and older. There will be an introduction to the role of HPV 16 in anal and oropharyngeal cancer and review of current screening guidelines for anal and oropharyngeal cancer, as well as a discussion of counseling in the age of less frequent cervical screening and HPV testing.

204 Acute/Emergency Care: Gerontological Pearls of Practice: What Every NP Should Know

Debbie A. Gunter, FNP-BC, ACHPN, Family and Palliative Care Nurse Practitioner, Emory Healthcare, Atlanta, GA

CE credit: 1.5; Rx credit: 1

Focusing on common geriatric syndromes encountered in primary care, this session discusses presentation and treatment interventions with an emphasis for the non-gerontological NP.

205 Acute/Emergency Care: Pearls to Performing a Quick but Thorough Neuro Exam

Tracey Anderson, MSN, CNRN, FNP-BC, ACNP-BC, Nurse Practitioner, Temecula Valley Neurosurgery, Murrieta, CA

CE credit: 1.5

Performing a good neuro exam is challenging, but it's easier than you think. Learn the skills to help you thoroughly assess your patient and how to interpret abnormal findings, which will guide your imaging and treatment choices.

206 Workshop: Dermatology Part 1

Margaret Bobonich, DNP, FNP-C, DCNP, FAANP, Assistant Professor, Case Western Reserve University, School of Medicine and Frances Payne Bolton School of Nursing, University Hospitals Case Medical Center, Department of Dermatology, Cleveland, OH

CE credit: 1.5

This session begins with a didactic lecture followed by a hands-on practice session. You'll learn shave biopsy, punch biopsy, and simple interrupted suturing, and how to perform a skin biopsy and practice elliptical excision. *If you register for this session, you're automatically registered for session 212. Separate fee.*

10:00 am – 10:30 am | Exhibit Hall Open

10:30 am – 12:00 pm | Breakout Sessions

207 Pain Management and Opioids: Balancing Risks and Benefits

Theresa Mallick-Searle, MS, RN-BC, ANP-BC – Stanford Health Care, Division Pain Medicine, Redwood City, CA

CE credit: 1.5; Rx credit: 1.5

Sponsored by the Nurse Practitioner Healthcare Foundation, this newly updated session addresses the nature and pathophysiology of pain, assessing patients in pain and creating a treatment plan, nonpharmacologic pain treatment strategies, initiating and managing patients on opioid therapy, educating patients and caregivers, and understanding opioid use disorder. Fully compliant with the September 2018 FDA Blueprint for Opioid REMS Education, this session meets many states' requirements for controlled substances CE.

*The curriculum is developed by the Collaborative for REMS Education (CO*RE) core-rem.org and supported by an independent educational grant from the Opioid Analgesic REMS Program Companies (RPC).*

Accreditation Statement: The Nurse Practitioner Healthcare Foundation is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. 1.5 contact hours and pharmacology credit will be awarded by NPHF upon completion of the program assessment and evaluation at the end of the session.

208 Community-Acquired Pneumonia (CAP) Update

Jana Esden, DNP, APNP, FNP-BC, CNE, Associate Professor, Frontier Nursing University, Clermont, FL

CE credit: 1.5; Rx credit: 1.5

This session will outline the recently updated CAP guideline from the American Thoracic Society and Infectious Diseases Society of America. Discussion will include a review of the diagnosis and treatment of CAP in the outpatient setting and will examine clinical situations that require hospital admission. A summary of pneumococcal vaccination recommendations for the prevention of pneumonia will also be included.

209 Assessing and Prescribing for Anxiety and Depression

Madeleine M. Lloyd, PhD, FNP-BC, PMHNP-BC, Clinical Assistant Professor, NYU Rory Meyers College of Nursing, Nurse Practitioner, NYU Langone Health, New York, NY

CE credit: 1.5; Rx credit: 1.5

Anxiety and depression disorders are the most prevalent mental health conditions in the United States. Patients often present first to primary care with physiological symptoms including fatigue, muscle tension, restlessness, and other somatic complaints, making the initial assessment challenging. This session reviews the initial assessment, diagnosis, and management of these mood disorders. Both anxiety and depression can be managed effectively, and pharmacologic and nonpharmacologic evidence-based treatment modalities will be discussed.

210 Negotiating: The Art of Asking for More ... and Getting It!

CE credit: 1.5

Tracey Anderson, MSN, CNRN, FNP-BC, ACNP-BC, Nurse Practitioner, Temecula Valley Neurosurgery, Murrieta, CA

Learn how to show your financial value to your hospital or practice and what you're contributing to the financial bottom line. This session is useful if you're trying to justify your current position, justify a salary increase, or show a rationale for hiring another NP.

211 Acute/Emergency Care: Oncologic Emergencies You Need to Know

Laura J. Zitella, MS, RN, ACNP-BC, AOCN, Nurse Practitioner, Clinical Associate Professor, University of California, San Francisco, CA

CE credit: 1.5

Patients with hematologic or solid tumors may develop acute life-threatening medical emergencies related to the underlying disease or as a result of complications of cancer therapy. Oncologic emergencies can occur as an initial presentation or in a patient with an established diagnosis. Healthcare providers in the ED and acute care settings should have a working knowledge of the potential oncologic emergencies they may encounter in their practice. Prompt recognition and intervention is critical to prevent morbidity and mortality. This session reviews the most common oncologic emergencies with evidence-based, practical recommendations for initial management of these patients.

212 Workshop: Dermatology Part 2

See session 206 description. *If you registered for Part 1, you will be automatically enrolled in this class. CE credit: 1.5*

12:00 pm – 1:30 pm

Lunch in Exhibit Hall | View Posters

Learn about the latest products and technologies that help guide practice, view evidence-based poster presentations, and network with vendors and colleagues. Lunch will be available.

1:30 pm – 3:00 pm | Breakout Sessions

213 New Therapies for the Treatment of Hypercholesterolemia: Keeping Up With the Guidelines

Joyce L. Ross, MSN, CRNP, CLS, FNLA, FPCNA, Clinical Specialist, Clinical Associate, University of Pennsylvania, Past President National Lipid Association, Philadelphia, PA

CE credit: 1.5; Rx credit: 1.5

This session centers around the 2018 joint organization guidelines for the management of blood cholesterol. Case studies will be utilized to illustrate the 10 most important points that will assist the healthcare provider to guide practice.

214 Fickle SLE: Make the Diagnosis and Know How to Follow and Manage It

Rick Pope, MPAS, PA-C, Emeritus DFAAPA, CPAAPA, Adjunct Clinical Professor, Quinnipiac University PA Program, North Haven, CT

CE credit: 1.5; Rx credit: 1

Through case studies and providing SLE diagnosis criteria, this session will cover which lab tests are used in diagnoses and how to follow lupus cases while watching for flare signs. You'll also learn the best medications to control and prevent organ damage.

215 Psychiatric Dermatology: A Review of the Challenges and Possibilities in Psychocutaneous Conditions

Victor Czerkasij, MA, MS, FNP-BC, Associate Lecturer, FHEA, LLC, North Andover, MA; Skin Cancer and Cosmetic Dermatology, PC, Adult and Pediatric Dermatology, Cleveland, TN and Chattanooga, TN

CE credit: 1.5; Rx credit: 1

One of the most difficult clinical presentations in healthcare—as many patients are resistant to pursue psychiatric referrals—is the management of compulsive disorders that include the skin. Manifestations include delusions of parasitosis, prurigo nodularis, notalgia paresthetica, trichotillomania, skin anxiety disorders worsened by established diseases, urticaria, and others. This session presents a general review with a starting framework followed by a discussion of the controversies regarding Morgellons disease.

216 Acute/Emergency Care: A Clinical Approach to Proteinuria and Hematuria

Jayant Kumar, MD, Renal Medical Associates, Albuquerque, NM

CE credit: 1.5; Rx credit: 1.5

This session explores a diagnostic approach to managing patients with proteinuria and hematuria. How and when to order the correct tests will be discussed, along with seeking appropriate consultation.

217 Acute/Emergency Care: Evaluation and Treatment of Sodium Disorders

Eric Magana, MD, Internist, Presbyterian Hospital, Albuquerque, NM

CE credit: 1.5; Rx credit: 1.5

Sodium disturbances are the most common electrolyte disturbance in the acute care setting. The number associated with hyponatremia alone offers little benefit to the diagnostic reasoning of the clinician. In addition, the identification of hypernatremia offers the clinician more insight into the level of acuity for a critically ill patient. Join us on a journey in which we explore the pathophysiologic basis, identification, and evidence-based treatment for the common types and presentations of sodium disturbances. This session utilizes an interactive case study-based approach to apply knowledge of the diagnosis and management of sodium disturbances to actual patient cases. The knowledge gained is useful for the critical care clinician when making sound, evidence-based evaluation and treatment decisions, which contribute to high-quality patient care.

218 Workshop: Common Office Procedures Part 1

Linda S. Blasen, MS, FNP-BC, ACNP-BC, Associate Lecturer, FHEA, LLC, North Andover, MA

CE credit: 1.5

Add new office procedure skills to your repertoire and enhance patient care in your practice! This workshop provides the advanced practice nurse an opportunity to learn and practice several common procedures. Skills include field block and digital block anesthesia, removal of fishhooks, release of paronychias and subungual hematomas, removal of ingrown nails, and incision and drainage of uncomplicated cutaneous abscesses. Please note that some props are made with latex. *If you register for this session, you're automatically enrolled in session 224. One fee covers both parts 1 & 2.*

3:00 pm –3:30 pm | Exhibits Open | View Posters

3:30 pm – 5:00 pm | Breakout Sessions

219 Is It Celiac Disease or Something Else?

Peter Buch, MD, AGAF, FACP, Associate Clinical Professor, University of Connecticut School of Medicine, Farmington, CT; University of New England College of Osteopathic Medicine, ECHN Clinical Campus, Manchester, CT; Frank H. Netter School of Medicine/Quinnipiac University, North Haven, CT

CE credit: 1.5; Rx credit: 1.5

As clinicians, it's common to see patients on self-imposed gluten-free diets in search of a cure for their related symptoms. This session will review the appropriate workup for celiac disease as well as its varied manifestations. We'll also discuss non-celiac gluten sensitivity as well as IBS and how to differentiate them.

220 Prostate Health in the Adult and Aging Male

Mikel Gray, PhD, PNP, FNP, CUNP CCCN, FAANP, FAAN, Department of Urology, University of Virginia, Charlottesville, VA

CE credit: 1.5; Rx credit: 1

This session discusses the myths and realities of prostate health such as use of supplements and risk factors for prostate cancer. Prostatitis/male pelvic pain syndrome, BPH and aging, and prostate cancer will be covered, including an update on the latest techniques in early detection and treatment of local and advanced-stage prostate cancer.

221 Managing Geriatric Behaviors: Wandering, Aggression, Malnutrition, and More

Steven Atkinson, PA-C, MS, Founder and Co-Owner, Twin Cities Physicians Inc., Golden Valley, MN; Adjunct Faculty, University of Utah School of Medicine, Salt Lake City, UT; Owner, Mindful Geriatrics LLC

CE credit: 1.5; Rx credit: .5

In the US, 50% of geriatric adults age 85 and over will be diagnosed with some sort of dementia. Challenges associated with this diagnosis include wandering, aggression, depression, anxiety, anorexia, and sexual behaviors, and treatment often falls outside of FDA guidelines. In this session, you'll learn innovative and practical approaches to managing the disruptive behaviors frequently associated with aging and dementia through evidence-based treatment options that maintain your patient's dignity within a climate of respect and empathy.

222 Acute/Emergency Care: Rational Polypharmacy for the Treatment of Pain

Theresa Mallick-Searle, MS, RN-BC, ANP-BC – Stanford Health Care, Division Pain Medicine, Redwood City, CA

CE credit: 1.5; Rx credit: 1.5

With the opioid crisis continuing to rage, the number of opioid related deaths continuing to rise, insurance companies refusing to pay for quantities of opioids, pharmacists refusing to dispense quantities of opioids, peer to peer watch dogging, what is a clinician to do about helping manage their patient's pain. This lecture will focus on the use of rational polypharmacy effective for the management of pain. The consideration for and initiation of medication assisted therapy (MAT) will also be briefly discussed.

223 Acute/Emergency Care: Severe Acute Pancreatitis: An Update in Management

Sophia Chu Rodgers, DNP, ACNP, FNP, FAANP, FCCM, Director of Acute Care Programming/NCNP, Critical Care Nurse Practitioner, Lovelace Health Systems, Albuquerque, NM

CE credit: 1.5; Rx credit: .5

The most common causes of acute pancreatitis are alcohol and gallstones. In its severe form, mortality can approach 45%. This session discusses etiology, manifestations, diagnosis, prevention, and treatment.

224 Workshop: Common Office Procedures Part 2

See session 218 description. *If you registered for Part 1, you will be automatically enrolled in this class.* **CE credit: 1.5**

SUNDAY, MARCH 22, 2020

7:30 am – 8:30 am | Exhibits Open | View Posters

Continental Breakfast

Learn about the latest products and technologies that help guide practice, view evidence-based poster presentations, and network with vendors and colleagues. Continental breakfast will be available.

8:30 am – 10:00 am | Breakout Sessions

301 New Drug Update 2020: What's Hot and What's Not

Wendy L. Wright, DNP, ANP-BC, FNP-BC, FAANP, FAAN, FNP, Adult/Family Nurse Practitioner, Wright & Associates Family Healthcare, Amherst, NH and Concord, NH

CE credit: 1.5; Rx credit: 1.5

Keeping up with new medications, particularly given the recent trend toward direct-to-consumer advertising, is one of the true challenges of primary care. This session focuses on the top new, widely used medications, including their appropriate uses, adverse effects, and drug interactions.

302 Medicinal Cannabis: What You and Your Patients Need to Know

Theresa Mallick-Searle, MS, RN-BC, ANP-BC – Stanford Health Care, Division Pain Medicine, Redwood City, CA

CE credit: 1.5; Rx credit: 1.5

With 47 states having passed legislation for the use of medicinal cannabis in some form or another, and the growing number of states passing legislation allowing for the use of recreational cannabis by their residents, the country is awash with green. Does cannabis have true utility as a medicine? What about addiction, psychosis, drug interactions, driving under the influence? These and many other questions will be answered and discussed in this updated lecture, "Medicinal cannabis: what you and your patients need to know".

303 Challenges in the Pediatric Sick Visit: How to Approach Immunizations, Fever, and Symptom Management

Margaret A. Fitzgerald, DNP, FNP-BC, NP-C, FAANP, CSP, FAAN,

DCC, FNAP, Conference Chairperson; President, Fitzgerald Health Education Associates, LLC, North Andover, MA; Family Nurse Practitioner, Greater Lawrence Family Health Center, Lawrence, MA
CE credit: 1.5; Rx credit: 1.5

When children and their caregivers present for a pediatric sick visit, you have to provide a balance between helping the child feel better and offering the best in safe, effective care based on the evidence. You'll learn about options for the management of cough, cold, fever, and GI upset as well as when to immunize, or not, during an episodic illness.

304 Acute/Emergency Care: Antithrombotic Cocktails—Everything in Moderation

Allison E. Burnett, PharmD, PhC, CACP, Director, Inpatient Anticoagulation Services, University of New Mexico Hospital; Clinical Assistant Professor, University of New Mexico College of Pharmacy, Albuquerque, NM

CE credit: 1.5; Rx credit: 1

In this session, we will review the current evidence for combined anticoagulation and antiplatelet therapies in patients with atrial fibrillation (AF) undergoing percutaneous coronary intervention (PCI). We will also discuss recommended approaches to de-escalation of combined antithrombotic regimens.

305 Skill Builder: Chest X-Ray Part 1

Theresa M. Campo, DNP, FNP-C, ENP-C, FAANP, FAAN, Director of the Emergency Nurse Practitioner Post-Master Certificate Track, Co-Director of the Family Nurse Practitioner track, and Associate Clinical Professor, Drexel University, Philadelphia, PA; Emergency Nurse Practitioner

CE credit: 1.5

Learn the basics of chest radiography interpretation. The session begins with the basic foundational methods of identifying key aspects of the radiograph used for clinical interpretation and moves on to common findings of infiltrates, pleural effusion, pneumothorax, and pulmonary edema. More advanced cases will also be covered, including tuberculosis, rib fractures, pneumomediastinum, and masses. *If you register for this session, you're automatically enrolled in session 311.*

306 Workshop: Orthopedic Assessment of the Lower Extremity Part 1

Monica N. Tombasco, MS, MSNA, FNP-BC, CRNA, Senior Lecturer, FHEA, LLC, North Andover, MA; Certified Registered Nurse Anesthetist, Catholic Medical Center, Manchester, NH; Certified Family Nurse Practitioner, MWV Health Care, North Conway, NH

CE credit: 1.5

This workshop focuses on the evaluation, diagnosis, and treatment of adult orthopedic problems of the lower extremity (hip, knee, ankle, and foot) commonly encountered in primary and acute care settings. A look at orthopedic anatomy and physical examination, including performing an orthopedic examination of the lower extremity, special orthopedic tests, diagnostic modalities, and medications used to treat orthopedic problems, will be presented. This interactive workshop also includes hands-on participation where you'll perform a comprehensive physical exam of the lower extremity, so please wear comfortable clothing and prepare to have fun. *If you register for this session, you're automatically enrolled in session 312. One fee covers both parts 1 & 2.*

10:00 am – 10:30 am | Exhibits Open | View Posters

10:30 am – 12:00 pm | Breakout Sessions

307 Pharmacologic Management of Obesity Throughout the Lifespan

Wendy L. Wright, DNP, ANP-BC, FNP-BC, FAANP, FAAN, FNAP, Adult/Family Nurse Practitioner, Wright & Associates Family Healthcare, Amherst, NH and Concord, NH

CE credit: 1.5; Rx credit: 1.5

Obesity is reaching epidemic proportions. At present, approximately one-third of the entire US population is considered obese. The incidence is rising, particularly in certain parts of the country and subsets of the population. Children are more obese than ever before and are at significant risk for a number of conditions related to their obesity. Healthcare professionals are often unaware of the methods available to treat the individual with or at risk for obesity. Learn about the various nonpharmacologic and pharmacologic treatment options available for individuals with or at risk for obesity.

308 Differentiating Dementias

Steven Atkinson, PA-C, MS, Founder and Co-Owner, Twin Cities Physicians, Inc., Golden Valley, MN; Adjunct Faculty, University of Utah School of Medicine, Salt Lake City, UT; Owner, Mindful Geriatrics LLC

CE credit: 1.5; Rx credit: .5

Distinguishing the various types of dementia is often difficult. This session provides tools to appropriately screen patients experiencing dementia, as well as a discussion of the most effective interventions to improve the care you provide.

309 Preventing HIV: What Every NP Needs to Know about PrEP

Sheldon D. Fields, PhD, RN, AACRN, FAANP, FNAP, FAAN, FNP-BC, Founder & CEO, The SDF Group, Fairport, NY; Adjunct Professor LIU-Brooklyn, Harriet Rothkopf Heilbrunn School of Nursing

CE credit: 1.5; Rx credit: 1.5

Learn about the indications and effective use of pre-exposure prophylaxis (PrEP) for HIV prevention in this dynamic session that discusses attitudes and perceptions of its use. Key factors of need, access, use, side effects, cost, and stigma will be reviewed along with established protocols for prescribing and monitoring.

310 Acute/Emergency Care: Chronic Kidney Disease

Jayant Kumar, MD, Renal Medical Associates, Albuquerque, NM

CE credit: 1.5; Rx credit: 1.5

Kidney disease is a global health concern. Utilizing the current clinical guidelines, this session covers assessment, diagnosis, and treatment for chronic kidney disease and how it manifests in the outpatient setting.

311 Skill Builder: Chest X-Ray Part 2

See session 305 description. *If you registered for Part 1, you will be automatically enrolled in this class.* **CE credit: 1.5**

312 Workshop: Orthopedic Assessment of the Lower Extremity Part 2

See session 306 description. *If you registered for Part 1, you will be automatically enrolled in this class.* **CE credit: 1.5**

12:00 pm – 1:30 pm

Lunch in Exhibit Hall | View Posters

Learn about the latest products and technologies that help guide practice, view evidence-based poster presentations, and network with vendors and colleagues. Lunch will be available.

1:30 pm – 3:00 pm | Breakout Sessions

313 Grab a BEERS List: Medication Management for Older Adults

Amy Siple, Associate Professor of Nursing, Newman University, Wichita, KS

CE credit: 1.5; Rx credit: 1.5

Caring for the pharmacologic needs of older adults presents a number of challenges. Staying abreast of the latest CMS guidelines, knowledge of pharmacokinetic risk factors, remaining current with evidence-based practice standards, and knowing the hazards of polypharmacy are essential for NPs caring for older adults. Adverse drug events are a significant cause of morbidity and mortality among our older patients, and data support that over a third of these events are preventable. The BEERS list is one tool that can be used to assist providers in managing medications. The recent release of the 2019 edition creates an opportunity for NPs to update their familiarity with these important evidence-based guidelines. This interactive session addresses the unique pharmacologic risk factors that older adults face. A review of pharmacokinetic-related age changes will be addressed along with current recommendations for older adult medication management. Interactive cases will help guide the participant in identifying adverse drug events related to high risk agents.

314 Acute Decompensated Heart Failure; Recognition and Treatment

Kismet D. Rasmussen, DNP, FNP-BC, FAHA, CHFNP, Associate Lecturer, FHEA, LLC, North Andover, MA; Family Nurse Practitioner, Heart Failure Prevention and Treatment Center, Intermountain Medical Center, Salt Lake City, UT

CE credit: 1.5; Rx credit: .5

Learn how to diagnose acute heart failure and how to use guidelines, known therapies and emerging data to treat your patients

315 Laboratory Data Interpretation: A Case-Based Approach

Margaret A. Fitzgerald, DNP, FNP-BC, NP-C, FAANP, CSP, FAAN, DCC, FNAP, Conference Chairperson; President, Fitzgerald Health Education Associates, LLC, North Andover, MA; Family Nurse Practitioner, Greater Lawrence Family Health Center, Lawrence, MA

CE credit: 1.5

What's the appropriate use of laboratory testing as part of the differential diagnosis process? How do lab abnormalities influence the differential diagnosis process? Discover the answer to these questions and more in this session featuring challenging case studies.

316 Acute/Emergency Care: The Altered Brain—An Overview of TBI/Concussions, and Dementias

Tracey Anderson, MSN, CNRN, FNP-BC, ACNP-BC, Nurse Practitioner, Temecula Valley Neurosurgery, Murrieta, CA
CE credit: 1.5; Rx credit: 1

Many things will cause altered brain activity, and sometimes it's difficult to know whether changes are normal aging or something more significant. Learn about common symptoms seen in mild TBI/concussion as well as in various dementias. We'll take it one step further and explore concussion in the setting of underlying dementia. Don't be fooled by mimics again!

317 Acute/Emergency Care: A Practical Approach to the Diagnosis and Treatment of Anemia in Adults

Laura J. Zitella, MS, RN, ACNP-BC, AOCN, Nurse Practitioner, Clinical Associate Professor, University of California, San Francisco, CA

CE credit: 1.5; Rx credit: 1

Anemia is one of the most common problems encountered in clinical practice in adults. Making a diagnosis of "anemia" is never sufficient; the etiology of the anemia must be investigated to determine the underlying cause. This session reviews the diagnostic approach to use laboratory evaluation of anemia, with an emphasis on iron deficiency and anemia of inflammation (chronic disease). The therapeutic options for the various types of anemia will be reviewed, including the role of diet, RBC transfusion, oral iron, and I.V. iron therapy.

318 Workshop: Common Office Procedures Part 1

Linda S. Blasen, MS, FNP-BC, ACNP-BC, Associate Lecturer, FHEA, LLC, North Andover, MA

CE credit: 1.5

Add new office procedure skills to your repertoire and enhance patient care in your practice! This workshop provides the advanced practice nurse an opportunity to learn and practice several common procedures. Skills include field block and digital block anesthesia, removal of fishhooks, release of paronychias and subungual hematomas, removal of ingrown nails, and incision and drainage of uncomplicated cutaneous abscesses. Please note that some props are made with latex. *If you register for this session, you're automatically enrolled in session 324. One fee covers both parts 1 & 2.*

3:30 pm – 5:00 pm | Breakout Sessions

319 The Pocket Endocrinologist for Primary Care Clinicians

Christine Kessler, MN, ANP-BC, CNS, BC-ADM, FAANP, Founder, Metabolic Medicine Associates, King George, VA

CE credit: 1.5; Rx credit: 1.5

This session is your gift from those among the rare species of specialists—endocrinology. Attendees will receive specialist tips on the initial workup and intervention of commonly referred metabolic complaints and conditions (e.g., subclinical hypothyroidism, hypercalcemia, adrenal incidentaloma, hirsutism, etc.) that may cause needless (or delayed) endocrinology consultations. It promises to help you learn when and how to treat and when to punt!

320 6 Important Ideas about Asthma

Louis Kuritzky, MD, Clinical Assistant Professor Emeritus, Department of Community Health and Family Medicine, University of Florida, Gainesville, FL

CE credits: 1.5; Rx credits 1.5

The goal of this program is to improve management of asthma in primary care. We'll assess data about use of daily inhaled corticosteroids and leukotriene antagonists in the treatment of asthma. Characteristics of patients with near-fatal asthma will also be discussed.

321 Expanding the Rainbow: Understanding the Needs of the LGBTQIA+ Patient

Vanessa Pomarico-Denino, EdD, FNP-BC, FAANP, Senior Lecturer, FHEA, LLC, North Andover, MA; Northeast Medical Group (NEMG), Hamden, CT

CE credit: 1.5

The LGBTQIA+ population has evolved over the past several years to include other gender nonconforming and gender minority populations. The individual needs of each population within this acronym vary and as a result need to have specialized, focused care in order to meet their healthcare needs. These gender and sexual minorities still encounter issues concerning sexuality, identity, gender, and freedom of expression with their healthcare providers. It's well-documented that the majority of healthcare providers today haven't been properly educated on how to care for this population and the specific needs of each individual group represented in this acronym go largely ignored. This session focuses on how to approach the care of the LGBTQIA+ patient and addresses their specific needs in an effort to promote patient-centered care.

322 A Beginner's Approach to Hematologic Malignancies

Justin Speyer, MSN, ARNP, FNP-BC, University of Washington, Department of Medicine, Seattle, WA

CE credit: 1.5; Rx credit: 1.5

This session discusses the initial presentation, workup, and management of several common hematologic malignancies such as AML, ALL, and DLBCL. Discussion will include pretreatment considerations and treatment considerations, as well as post-treatment monitoring, follow-up, and planning.

323 Acute/Emergency Care: DOAC-Associated Bleeds: An Overview of 'Antidotal' Evidence

Allison E. Burnett, PharmD, PhD, CACP, Director, Inpatient Anticoagulation Services, University of New Mexico Hospital; Clinical Assistant Professor, University of New Mexico College of Pharmacy, Albuquerque, NM

CE credit: 1.5; Rx credit: 1.5

In this session, we will examine the incidence of bleeding with the DOACs in comparison to warfarin. We will also review current evidence pertaining to the role of Andexanet alfa, prothrombin concentrate and idarucizumab in the reversal of DOACs. Lastly, we will discuss guideline-based recommendations for management of DOAC-associated bleeding.

324 Workshop: Common Office Procedures Part 2

See session 318 description. If you registered for Part 1, you will be automatically enrolled in this class. **CE credit: 1.5**

MONDAY, MARCH 23, 2020

7:30 am – 8:30 am | Continental Breakfast

8:30 am – 10:00 am | Breakout Sessions

401 Hypertension Management Challenges: The Latest Treatment Recommendations

Margaret A. Fitzgerald, DNP, FNP-BC, NP-C, FAANP, CSP, FAAN, DCC, FNAP, Conference Chairperson; President, Fitzgerald Health Education Associates, LLC, North Andover, MA; Family Nurse Practitioner, Greater Lawrence Family Health Center, Lawrence, MA
CE credit: 1.5; Rx credit: 1.5

How does the busy clinician choose the best treatment option for a patient with hypertension, particularly in the presence of comorbidities or resistant hypertension? In this session, you'll learn how to negotiate the many available treatment options and select the best medication to enhance outcomes in patients with hypertension.

402 Suicide Prevention: Identification and Intervention with the At-Risk Person

David J. Denino, MS, LPC, NCC, Associate Lecturer, FHEA, LLC; Director Emeritus, Counseling Services and Adjunct Faculty, Clinical Mental Health Program at Southern CT State University; Licensed Professional Counselor (LPC): State of Connecticut; Nationally Certified Counselor (NCC); QPR Gatekeeper Instructor: Suicide Prevention/Education; QPR National Master Trainer
CE credit: 1.5; Rx credit: 1

This session examines suicide warning signs, safety assessment, and safety planning for teens and adults. A comprehensive overview of suicide and prevention will include key protective factors and managing the suicidal person.

403 Guide to Pharmacotherapy of Common Urologic Disorders for the Primary Care Provider

Mikel Gray, PhD, PNP, FNP, CUNP CCCN, FAANP, FAAN, Department of Urology, University of Virginia, Charlottesville, VA
CE credit: 1.5; Rx credit: 1

This session includes a brief overview of UTI management (emphasis on brief!) as well as information on urinary incontinence drugs, with a main focus on overactive bladder, drugs for urinary retention, drugs for management of erectile dysfunction, and interstitial cystitis/painful bladder syndrome.

404 Acute/Emergency Care: Seizures in Critical Care: Can We Get a Status Check?

Mindy D. Mason, MSN, RN, ACNP-BC, University of New Mexico Hospital, Albuquerque, NM
CE credit: 1.5; Rx credit: 1

This session will briefly discuss the pathophysiology of seizures and identify the most common causes of seizures in the critical care population. Then we'll navigate through the care of several case studies while developing an algorithmic approach to diagnosis and management. The session will wrap up with general discharge and follow-up recommendations.

405 Preventing Heart Failure: It's Time to Focus on Life's Simple 7 (plus a few more!)

Kismet D. Rasmussen, DNP, FNP-BC, FAHA, CHFN, Associate Lecturer, FHEA, LLC, North Andover, MA; Family Nurse Practitioner, Heart Failure Prevention and Treatment Center, Intermountain Medical Center, Salt Lake City, UT
CE credits: 1.5; Rx credits 1.5

This session is aimed to help clinicians recognize advanced heart failure. Because it is a chronic illness and the care spans both inpatient and outpatient settings, it's important to recognize advancing disease, regardless of setting. Learn the benefits of guideline-directed medical therapies, cardiac devices, and when to consider transplant or mechanical support for patients with advanced illness.

406 Workshop: Orthopedic Assessment of the Lower Extremity Part 1

Monica N. Tombasco, MS, MSNA, FNP-BC, CRNA, Senior Lecturer, FHEA, LLC, North Andover, MA; Certified Registered Nurse Anesthetist, Catholic Medical Center, Manchester, NH; Certified Family Nurse Practitioner, MWV Health Care, North Conway, NH
CE credit: 1.5

This workshop focuses on the evaluation, diagnosis, and treatment of adult orthopedic problems of the lower extremity (hip, knee, ankle, and foot) commonly encountered in primary and acute care settings. A look at orthopedic anatomy and physical examination including performing an orthopedic examination of the lower extremity, special orthopedic tests, diagnostic modalities, and medications used to treat orthopedic problems, will be presented. This interactive workshop also includes hands-on participation where you'll perform a comprehensive physical exam of the lower extremity, so please wear comfortable clothing and prepare to have fun. If you register for this session, you are automatically enrolled in session 412. One fee covers both parts 1 & 2.

10:15 am – 11:45 am | Breakout Sessions

407 Wound Care Essentials: A Case-Based Journey

Elizabeth Ayello, PhD, RN, ACNS-BC, CWON, MAPWCA, FAAN; Dr. R. Gary Sibbald BSc, MD, FRCPC (Med, Derm), MACP, FAAD, MEd, FAPWCA, D.Sc. (Hons)
CE credit: 1.5

Using the wound bed preparation paradigm, this session will highlight an approach to prevention and treatment of commonly seen cases in clinical practice. The program will include the 60 second screening tool for the high risk diabetic foot and foot ulcer treatment, the prevention and treatment of venous ulcers as well as the clinical diagnosis of localized vs. deep and surrounding wound infections. Enablers for knowledge translation to practice will be provided.



408 Cocktail Party Medicine

Vanessa Pomarico-Denino, EdD, FNP-BC, FAANP, Senior Lecturer, FHEA, LLC, North Andover, MA; Northeast Medical Group (NEMG), Hamden, CT

CE credit: 1.5

Have you ever been in a social setting and when someone finds out what you do for a living, they ask the dreaded question, "Would you mind if I asked you about..."? Even though it's most likely a common complaint, diagnosing someone who isn't your patient is risky. This session presents common dermatologic and other infections that are often seen in the primary care office. You'll also learn how to deflect the questions of strangers asking for free medical advice.

409 The 7 Habits of Financially Savvy Nurse Practitioners

Kathleen M. Thomas, CFP, CIMA, CLU, Certified Investment Management Analyst, Chartered Life Underwriter, Certified Financial Planner practitioners, Hampton, NH

CE credit: 1.5

It's never too late to plan for the future! This session will help guide you in personal finance and retirement planning. Learn tips for a well-aligned overall plan for your future.

410 Evaluation of Abnormal Hepatic Enzymes

Bruce D. Askey, MS, ANP-BC, Associate Lecturer, FHEA, LLC, North Andover, MA; Certified Adult NP, Department of Gastroenterology and Hepatology, Guthrie Clinic, Sayre, PA

CE credit: 1.5; Rx credit: 1.5

Although a finding of elevated liver enzymes is becoming commonplace when running routine blood work, the findings can also be confusing and, quite often, nerve wracking. This session will delineate between cholestatic and hepatocellular patterns of liver injury, explore the common diseases that result in the abnormal readings, and help participants make sense of the the liver panel's various components. The session will conclude with actual case studies that will allow participants to apply the information presented.

411 Acute/Emergency Care: What's New in the Treatment of Sepsis?

Sophia Chu Rodgers, ACNP, FNP, FAANP, FCCM, Director of Acute Care Programming/NCNP, Critical Care Nurse Practitioner, Lovelace Health Systems, Albuquerque, NM

CE credit: 1.5; Rx credit: 1.5

Mortality rates from sepsis are estimated to be between 30% and 50%. The Surviving Sepsis Guidelines were developed to offer informed, evidence-based recommendations for clinician consideration to improve care and outcomes in patients who develop sepsis. This presentation discusses what's new in the guidelines, the epidemiology of sepsis, the bundles, and what you need to know to care for a septic patient. It will also highlight key points with a case-based study.

412 Workshop: Orthopedic Assessment of the Lower Extremity Part 2

See session 406 description. *If you registered for Part 1, you will be automatically enrolled in this class.* **CE credit: 1.5**

SPRING 2020 PLANNING PANEL

NCNP Conference Chairperson

Margaret A. Fitzgerald, DNP, FNP-BC, NP-C, FAANP, CSP, FAAN, DCC, FNAP

President, Fitzgerald Health Education Associates, LLC, North Andover, MA

Family Nurse Practitioner, Greater Lawrence Family Health Center
Lawrence, MA

NCNP Director of Acute Care Programming

Sophia Chu Rodgers, DNP, ACNP, FNP, FAANP, FCCM

Critical Care Nurse Practitioner, Lovelace Health Systems
Albuquerque, NM

Tracey Anderson, FNP-BC, ACNP-BC

Neurology Nurse Practitioner Consultant
Loveland, CO

Jana Esden, DNP, APNP, FNP-BC

Associate Professor, Frontier Nursing University
Orlando, FL

Karen Innocent, DNP, RN, ANP-BC, CMSRN

Executive Director of Continuing Education
Wolters Kluwer Health, Inc.
Philadelphia, PA

Jamesetta A. Newland, PhD, RN, FNP-BC, FAANP, DPNAP, FAAN

Editor-in-Chief, *The Nurse Practitioner*
Clinical Professor and Nurse Practitioner
New York University Rory Meyers College of Nursing
New York, NY

Janet S. Thomas, MS, RN-BC

Manager of CE Accreditation & Compliance
Wolters Kluwer Health, Inc.
Philadelphia, PA

Anne Dabrow Woods, DNP, RN, CRNP, ANP-BC, AGACNP-BC, FAAN

Critical Care NP, Penn Medicine, Chester County Hospital
West Chester, PA
Adjunct Faculty, Drexel University
Philadelphia, PA
Chief Nurse
Wolters Kluwer Health, Inc.
Philadelphia, PA

General Information



Headquarters Hotel Gaylord Opryland® Resort & Convention Center

2800 Opryland Drive
Nashville, TN 37214



Book Your Hotel Reservation Online:
NCNPconference.com

Book Your Hotel Reservation by Phone:
615-889-1000
(Refer to Group: NCNP)

Conference room rate is \$195.00 single/double, plus tax (+ \$20 resort fee). Reservations must be made by **February 25, 2020**. Please mention "NCNP" to receive this special rate. Rooms not reserved by this date are subject to the hotel's availability and prevailing rate. Please make room reservations as early as possible as the group room block may sell out before the actual cutoff date.

Hotel Information

The world-class Gaylord Opryland Hotel and Convention Center is located on the banks of the Cumberland River, in the heart of Nashville, TN—known worldwide as *Music City, USA*.

Rooms: Make yourself at home in one of the 2,888 air-conditioned rooms featuring refrigerators and Smart televisions. Cable programming provides entertainment, and wired and wireless Internet access is available for a surcharge. Private bathrooms with shower/tub combinations feature designer toiletries and hair dryers. Conveniences include safes and desks, as well as phones with free local calls.

Amenities: Pamper yourself with a visit to the spa, which offers massages, body treatments, and facials. You're sure to appreciate the recreational amenities, which include 2 outdoor swimming pools, a nightclub, and a water park (surcharge).

Additional amenities at this resort include concierge services, an arcade/game room, and gift shops/newsstands. If you'd like to spend the day shopping, you can hop on the complimentary shuttle.

Dining: Grab a bite to eat at one of the resort's 18 restaurants, or stay in and take advantage of the 24-hour room service. Snacks are also available at the 2 coffee shops/café. Need to unwind? Take a break with a tasty beverage at one of the 5 bars/lounges. Full breakfasts are available daily for a fee.

Recreation: Two outdoor swimming pools are on site along with an indoor pool. Other recreational amenities include a water park (surcharge), a spa tub, a fitness center, and a children's pool.

Airport & Transportation Information

Gaylord Opryland Resort & Convention Center is located approximately seven miles from Nashville International Airport (BNA). It is recommended that attendees search for the best possible airfare by comparing various airline pricing through expedia.com.

Shuttle Service

Gaylord Opryland offers daily roundtrip shuttle service from the Nashville International Airport to the hotel. Look for the Gaylord Opryland Welcome Desk on the lower level of the airport between the two escalators. Surcharges will apply. Please estimate your departure from hotel at approximately 2 hours prior to your flight time.

Parking

Self-parking (subject to charges) is available onsite.

Weather Conditions in Nashville

In March, the average temperatures in Nashville are a high of 62°F and a low of 40°F. The average temperature inside of Gaylord Opryland is set at 72°F all year round!

3 Easy Ways to Register

• **On-line:** www.NCNPconference.com

• **By fax:** 215-565-2807

• **By Mail:** Wolters Kluwer

NCNP Registration

Two Commerce Square

2001 Market Street

Philadelphia, PA 19103

Inquiries: 1-800-346-7844 x18850 or x18814



**National
Conference
for Nurse
Practitioners**

For Primary, Acute, Urgent, and Emergency Care Clinicians

Gaylord Opryland® Resort & Convention Center

Nashville, TN • March 20-23, 2020

CANCELLATION/TRANSFER POLICY

All cancellations and transfers must be received in writing. For cancellations received prior to March 6, 2020, we will refund registration costs less a \$75 administrative fee. We are unable to make refunds after March 6, 2020, but will gladly transfer your registration to a colleague if the request is made in writing to helen.solensky@wolterskluwer.com. Substitutes must have a copy of original confirmation.

SECTION 1: CONTACT INFORMATION (please type or print clearly)

NAME AND CREDENTIALS		Specialty/Circle all that apply	
NAME OF FACILITY		Adult	Family
STREET ADDRESS ____ Home ____ Work		Pediatric	Geriatric
CITY	STATE	Women's Health	Psych
DAYTIME PHONE ____ Mobile		Legal/Business	Education
EMAIL ADDRESS (required) ____ Personal ____ Work		Acute Care	Critical Care

SECTION 2: SESSION SELECTIONS

Please indicate your first and second choices for each time period below. Please note that sessions listed in **red** require an additional fee.

Friday, March 20

1:30 pm – 2:30 pm ____101 Keynote Address
2:45 pm – 4:15 pm ____102 ____103 ____104 ____105 ____106 ____107
4:30 pm – 6:00 pm ____108 ____109 ____110 ____111 ____112 ____113

Saturday, March 21 ____200 (Yoga, \$15 additional fee)

8:30 am – 10:00 am ____201 ____202 ____203 ____204 ____205 ____206
10:30 am – 12:00 pm ____207 ____208 ____209 ____210 ____211 ____212
1:30 pm – 3:00 pm ____213 ____214 ____215 ____216 ____217 ____218
3:30 pm – 5:00 pm ____219 ____220 ____221 ____222 ____223 ____224

Sunday, March 22

8:30 am – 10:00 am ____301 ____302 ____303 ____304 ____305 ____306
10:30 am – 12:00 pm ____307 ____308 ____309 ____310 ____311 ____312
1:30 pm – 3:00 pm ____313 ____314 ____315 ____316 ____317 ____318
3:15 pm – 4:45 pm ____319 ____320 ____321 ____322 ____323 ____324

Monday, March 23

8:30 am – 10:00 am ____401 ____402 ____403 ____404 ____405 ____406
10:15 am – 11:45 am ____407 ____408 ____409 ____410 ____411 ____412

SECTION 3: PAYMENT INFORMATION

REGISTRATION FEES/CUTOFF DATES

Registration will not be processed without payment. A confirmation letter will be emailed to you once your registration form and payment are processed.

All pre-registration for the conference must be received no later than March 19, 2020. Walk-in registrations will be accepted on-site.

*Workshop fees include both Part 1 and Part 2; one fee covers both sections of each workshop.

	Super Early (postmarked by 1/24)	Early (postmarked 1/25 to 3/19)	Regular/Onsite (postmarked after 3/20)
<input type="checkbox"/> Add a 1-year subscription to <i>The Nurse Practitioner</i> for \$29.90			
Main Conference (3/20-3/23)	\$649	\$769	\$819
One Day Only (3/21 or 3/22)	\$319	\$399	\$449
Half Day Only (3/20 or 3/23)	\$160	\$260	\$299
*Workshop Fee (with conference)	\$139	\$149	\$159
*Workshop Fee (without conference)	\$179	\$189	\$199
Guest (Exhibit Hall Only/includes food functions)	\$359	\$359	\$359

Conference Fee (main, one day or half day): _____

Workshop Fee: _____ x _____ = _____

Yoga Fee (\$15): _____

1-Year *The Nurse Practitioner* Subscription (\$29.90): _____

Guest Fee (if applicable): _____

TOTAL AMOUNT ENCLOSED: _____

_____ Check Enclosed (Payable in U.S. funds to **NCNP**: Federal Tax ID# 13-293-2696)

_____ Credit Card (Visa, MasterCard, or American Express only)

Card Number _____

Expiration Date _____ / _____ Security Code _____

Signature _____

Credit Billing Address: _____

List special needs: _____