

Housing and the Relationship with Healthcare

Housing is Healthcare

8/30/2016 | Presented by: Susan Tucker – AVP MLTSS Plan Support

Objectives

Understand:

- **The Connection Between Health and Housing**
- **Transition Needs**
 - Institutionalized: From Nursing Home to Community
 - Vickie's Story
 - Chronically Homeless: From Homeless to Home
 - Bob's Story
- **Solutions: One Size Doesn't Fit All**
- **Q&A**

Molina Healthcare

Founded in 1980
by Dr. C. David
Molina with a
single clinic



Provide quality
healthcare to
those most in
need and least
able to afford it



More than
20,000
employees



Serves more than
8 million
Medicaid and
Medicare
beneficiaries

16 states and two
territories



More than
4.2 million
managed care
members



The Molina Healthcare Story

Taking care of kids, adults, seniors and families for over 35 years

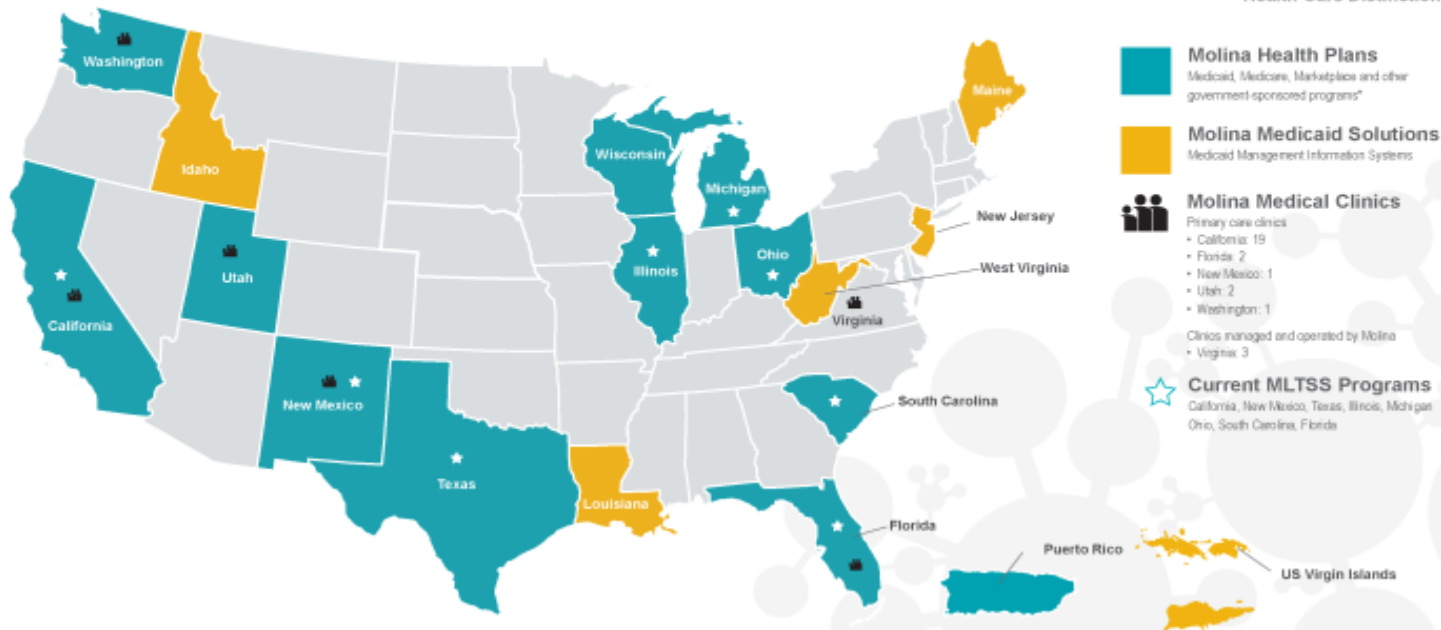
Molina Healthcare was founded by emergency room physician Dr. C. David Molina in 1980. After having treated patients with everyday ailments in the ER because they had no primary care physicians, Dr. Molina opened a clinic especially for them. Today Molina Healthcare continues his mission, serving millions of people through Medicaid, Medicare and the Marketplace, as well as other government-sponsored programs for low-income families and individuals.



9 of 12 Molina plans are NCCA accredited
National Committee for Quality Assurance (NCCA)



11 of 12 Molina Health Plans have earned NCCA's Multicultural Health Care Distinction



~227k
MLTSS
Members

6 of 10
Medicare-
Medicaid
Programs

MolinaHealthcare.com



Social Determinants of Health

Conditions in the places where people live, learn, work, and play affect a wide range of health risks and outcomes. These conditions are known as social determinants of health.

Social determinants of health including housing and neighborhoods, are responsible for up to 40 percent of individual health outcomes.

Housing Needs

Extremely Low Income Households

- 10.3 million renter households in U.S.

Homeless

- over 500,000 on any given night

“Couch Surfing” or “Doubled Up”

- 7.7 million living temporarily with friends or family

Residents of Institutions

- Excluded from most federal reports on housing need, difficult to quantify

Individuals with Disabilities

- 14.4 million cannot afford their housing

Shortage of Affordable Housing

Key Facts

- **8.3 million people** receive Supplemental Security Income (SSI);
- **Not a single county** in the U.S. has affordable housing for those dependent on SSI

2015 Fair Market
Rent for one-bedroom
apartment:

\$806

**Number of hours at
minimum wage needed
to afford rent:**

86

Vickie's Story

- Retired, with pension
- Home paid
- Savings

- Knee Operation
- MRSA
- Spent savings
- Sold home
- Six different nursing facilities

- Jerry, Case Manager
- Terrance, LTSS Support Manager
- Amber, Transition Coordinator



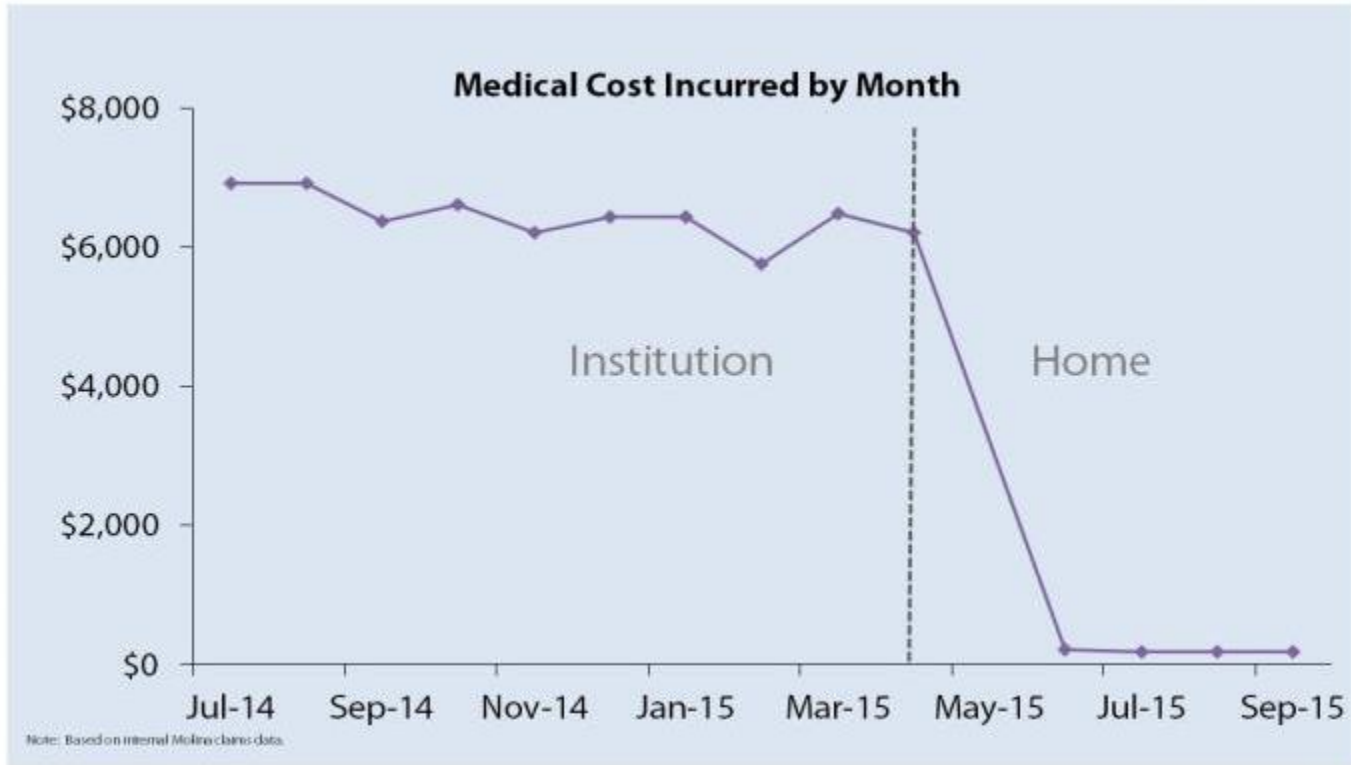
- Out of nursing facility
- Living Independently
- Reduction of prescription pills from 30 to 10 per day
- No ER
- Part-time job working with persons with disabilities

https://www.youtube.com/watch?v=oPFB0Sxg_IA

Housing and Health Care Value - Vickie's Experience

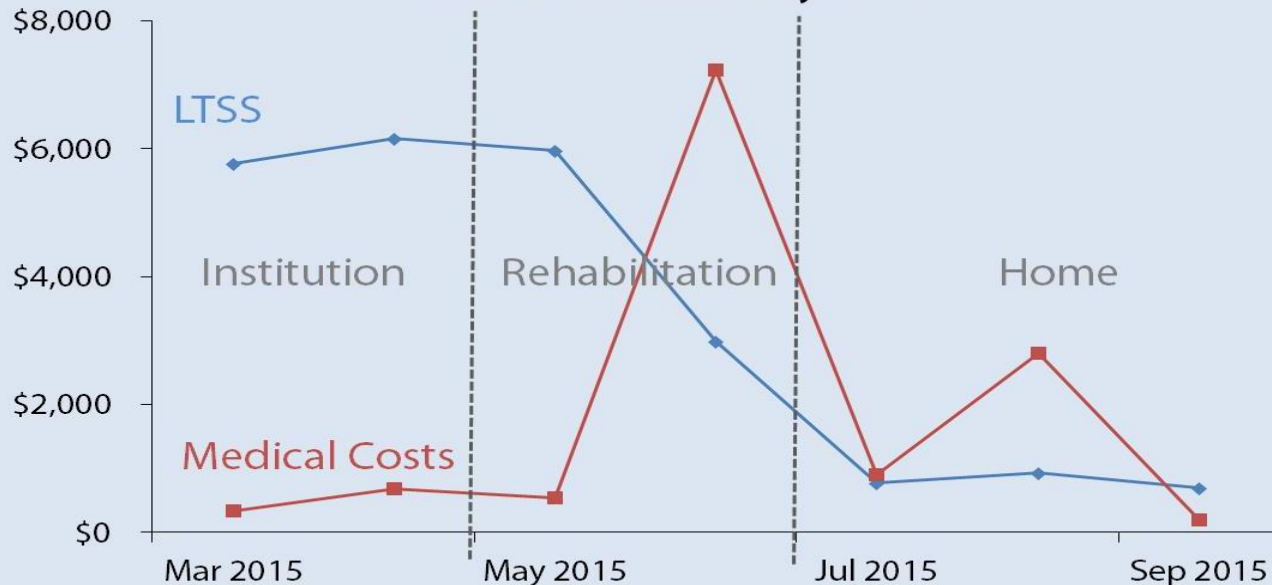


Note: Not actual patient.



MLTSS: Adding Value

Medical Cost Incurred by Month



Note: Based on internal Molina claims data.



- Diagnosed with diabetes, cancer in remission
- Nursing home resident
- Transitioned home
- Continues to improve

A Solution for Chronically Homeless - Intensive Care Management and Housing First Model

Members

- Serious mental illness
- High utilizers of crisis services

Care managers

- Ability to handle crisis situations
- Receive alerts of hospitalizations to engage in discharge planning

Life skills coaches

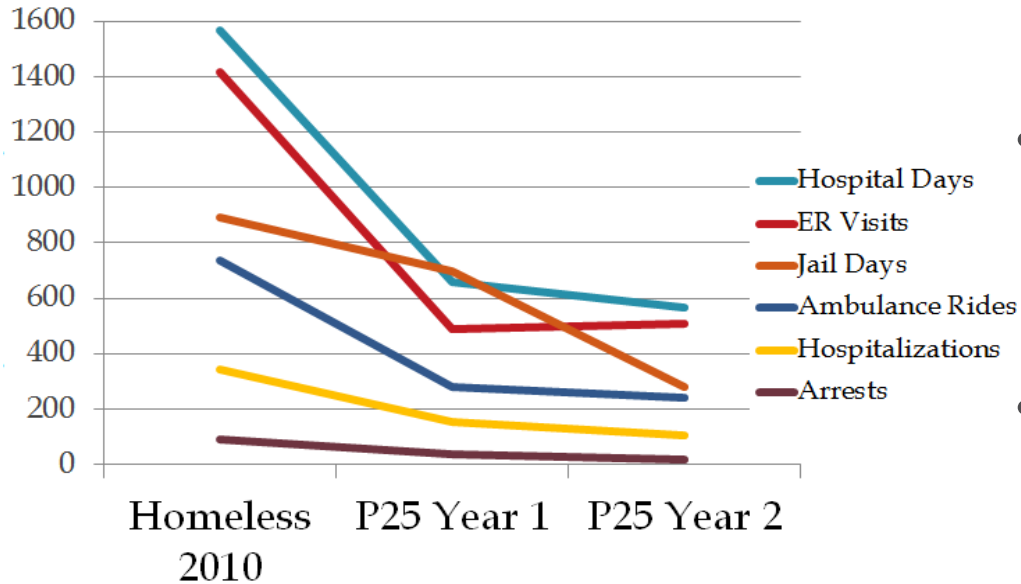
- Assist with accessing health care
- Help make house a home
- Landlord mediation

Housing locators

- Care managers and life skills coaches are cross-trained
- Engagement in the community at the grass-roots level

Molina Partnered with Local Organization

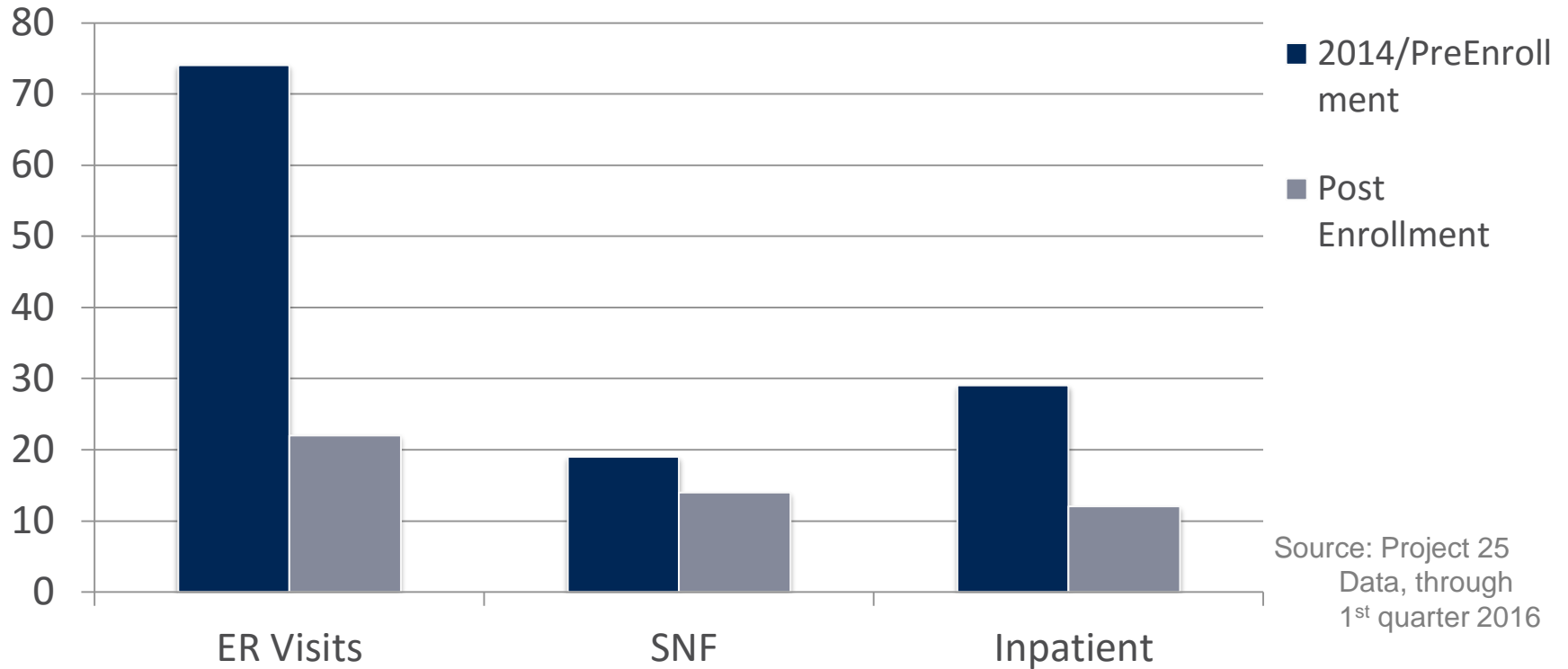
Project 25 – San Diego



Source: Corporation for Supportive Housing

- The program targets those who are the most frequent users of crisis services
- Housing and medical care, delivered in concert, reduced costs and improved health outcomes
- Molina care managers support ongoing successful community living for the member

Project 25 - User Frequency



Source: Project 25 Data, through 1st quarter 2016

Bob's Story

- Transient, street-based life
- Chronically homeless
- Poor self- management

- Episodic incarceration
- Behavioral health issues
- Physical ailments

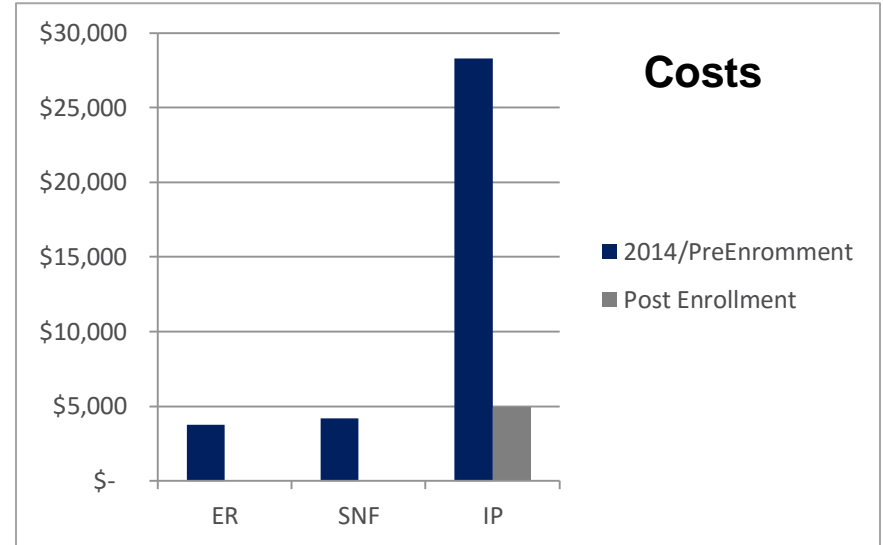
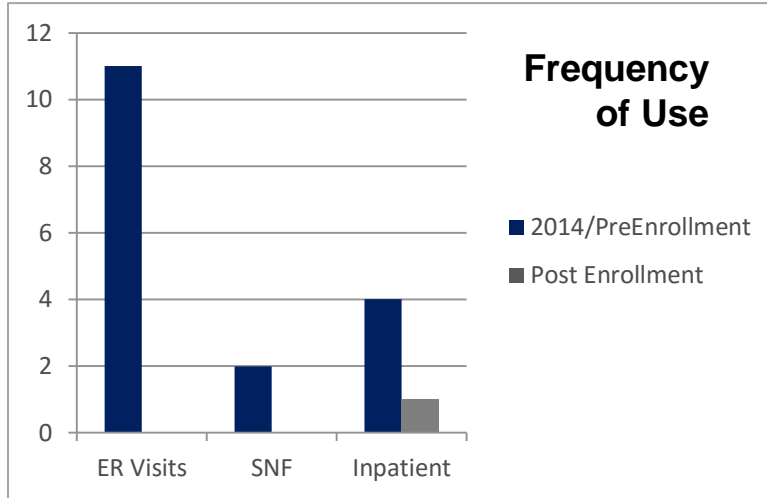
- Intensive Case Management
- Life skills coach
- Cross-trained as housing locators



- Living in his own apartment since June 2015
- Interest in culinary arts and vocational opportunities
- Internalized value of self-management skill development, harm reduction and sobriety
- Strong support from his medical home and care team

Note: Image for illustration purposes only. Not actual member.

Housing and Health Care Value - Bob's Experience



Source: Project 25 Data, through 1st quarter 2016

Questions

