

Challenges

- Engaging clients
- Client expectations
- Need for health care workers to provide quality care



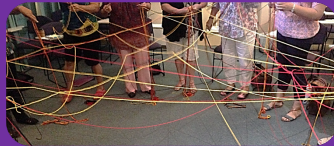
The Solution

- Pam's story
- Importance of yarning



The Training

- Interactive
- Communication skills
- Revisiting smoking at each appointment
- Sustained quit attempts



Reach



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Reach

- 12 times to 80 staff across the Western NSW and Far West LHDs
- External organisations such as Cancer Council and RFDS



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Post training evaluation

Participants were asked about engaging Aboriginal pregnant women and providing effective quit support:

	BEFORE training	AFTER training	% Increase
I have the knowledge	30% agree or strongly agree	91% agree or strongly agree	61%
I have the skills	33% agree or strongly agree	91% agree or strongly agree	58%
I feel confident	23% agree or strongly agree	89% agree or strongly agree	66%

Follow-up Evaluation



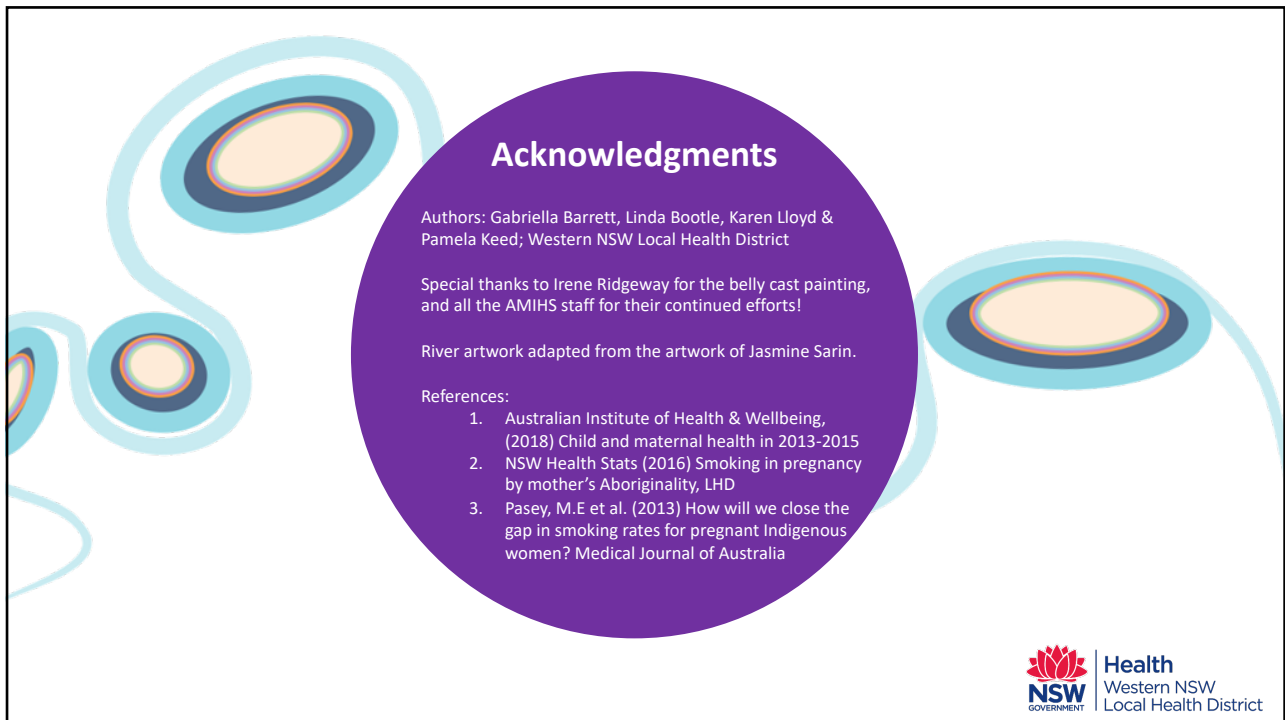
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Follow-up Evaluation

- 76.5% said the training was very helpful in their current job role
- 85.5% rated themselves as confident or very confident in discussing smoking cessation with clients
- 94.1% rated the training as valuable or very valuable for health workers providing smoking cessation advice.



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Acknowledgments


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Special thanks to Irene Ridgeway for the belly cast painting, and all the AMIHS staff for their continued efforts!

River artwork adapted from the artwork of Jasmine Sarin.

References:

1. Australian Institute of Health & Wellbeing, (2018) Child and maternal health in 2013-2015
2. NSW Health Stats (2016) Smoking in pregnancy by mother's Aboriginality, LHD
3. Pasey, M.E et al. (2013) How will we close the gap in smoking rates for pregnant Indigenous women? Medical Journal of Australia



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