BOBBY GOLDSMITH FOUNDATION
MODEL OF CARE SUPPORTING TREATMENT ADHERENCE

Bobby Goldsmith Foundation (BGF) works holistically to provide practical, emotional and financial support to the most disadvantaged people living with HIV in NSW. BGF’s Model of Care empowers clients to live well, with dignity, and to lead healthier and more fulfilling lives.

CLIENT JOURNEY

ISSUES AND IMPACTS

- Living with HIV
- Unemployment
- Ageing
- Alcohol and other drugs
- Homelessness
- Mental health
- Social isolation and stigma
- Poverty
- Poor health
- Migrants and refugees

CASE COORDINATION AND PROGRAMS

- Casework, financial assistance and advocacy
- Individual Service Plans
- Financial Counselling, NILS
- HIV/AIDS Integrated Care
- Community Support
- Workshops and Programs

OUTCOMES

- Improved treatment adherence (including HIV medications)
- Increased capacity, skills and confidence
- Improved money management
- Stabilisation
- Retention in care

IMPROVED PHYSICAL AND MENTAL HEALTH

INTAKE

Clients self-referred or referred via health professionals and services undertake a rigorous intake and assessment process. Each client is then allocated a specific caseworker or case manager.

INTERVENTIONS

These are determined in conjunction with clients upon intake and in the development of Individual Support Plans (ISPs).

PROGRAMS

A range of complementary programs designed to address treatment adherence, social isolation, financial distress, nutrition and stigma. Positive and Chronic Disease Self-Management Programs equip clients with tools and skills to better determine their own health and negotiate more confidently with health professionals.

OUTCOMES

BGF connects clients living with HIV to programs, and delivers services that result in sustained treatment adherence and improved health outcomes.

EVALUATION/FOLLOW UP

Client Individual Support Plans are regularly reviewed. Evaluation and feedback of all BGF programs. Client Satisfaction Surveys.

PROGRAMS & SERVICES

- Advocacy to health and medical professionals
- Tools to manage HIV health and treatment adherence
- Personal and emotional support
- Casework and financial assistance to help support treatment adherence
- Financial counselling – advocacy, budgeting, planning
- No Interest Loans Scheme (NILS)
- Community and Alcohol & Other Drugs
- Referral to health and community services
- Positive and Chronic Disease Self-Management Programs
- Phoenix Art, Money and Nutrition Workshops
- Outreach services to rural and regional NSW
- Support with employment and study options

PROVIDING CARE AND SUPPORT TO PEOPLE LIVING WITH HIV SINCE 1984