

Integrating Care in Texas

The Key to Holistic Treatment and Recovery for Individuals with Mental Illness

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Disclaimer

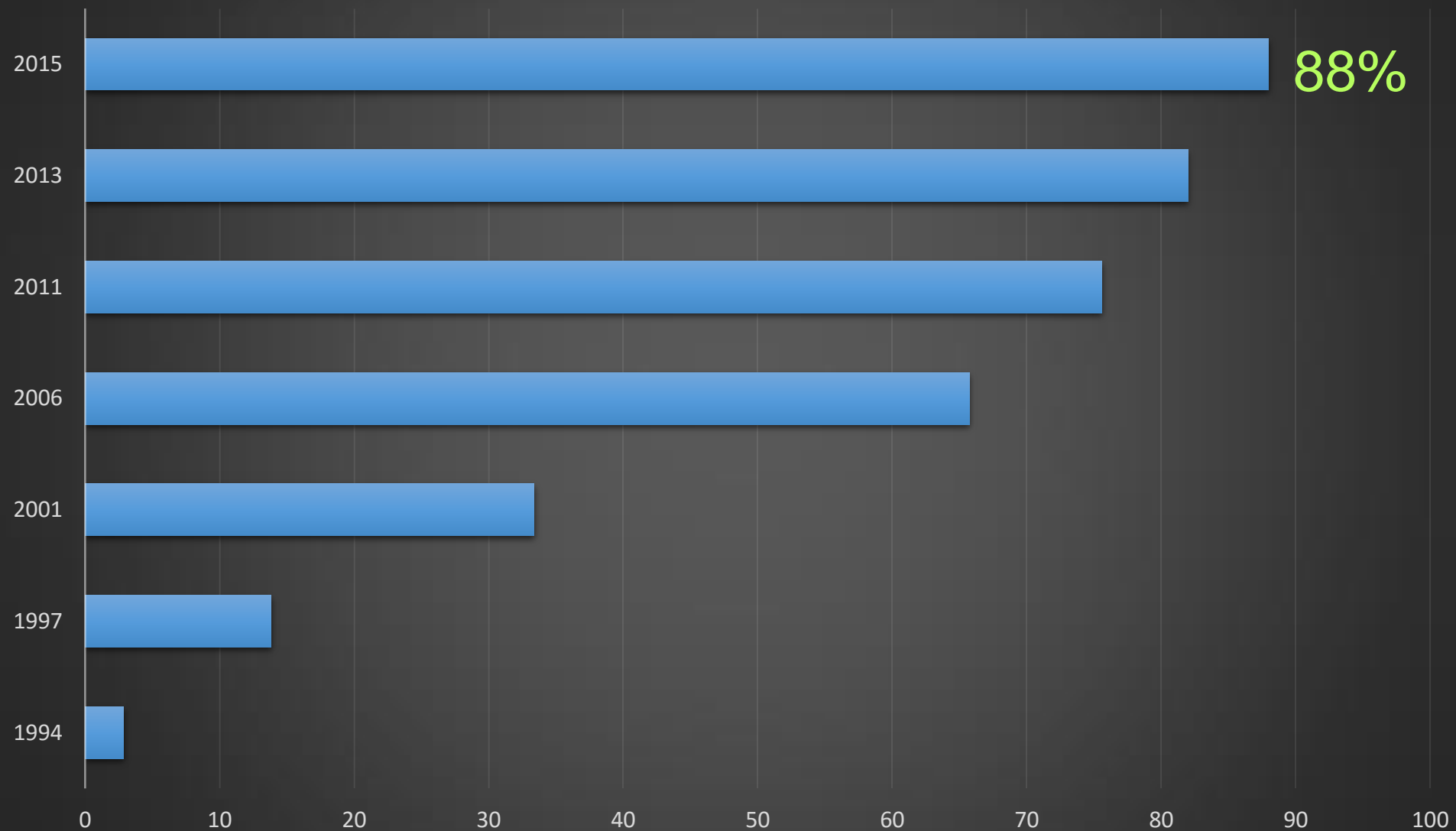
Texas is a work in progress. We haven't found the answers but are making our way. Slow but steady.



If you've seen one Medicaid program, you've seen one Medicaid program. A little on the Texas specifics...

Texas Medicaid Managed Care

Percent of Medicaid Clients Enrolled in Managed Care



Medicaid Behavioral Health Services

Carved In Services Prior to 2014

Psychiatric Services

Licensed Professional Counseling

Inpatient Psychiatric Care (state/private hospital;
children and adults)

ECI Services

Outpatient Substance Use Disorder Treatment
including assessment, detoxification services,
counseling treatment and medication assisted
therapy

Residential Substance Use Disorder Treatment
services including detoxification, substance use
disorder treatment including room and board

Carved Out Services Prior to 2014

Mental Health Rehabilitation Services, including
Targeted Case Management

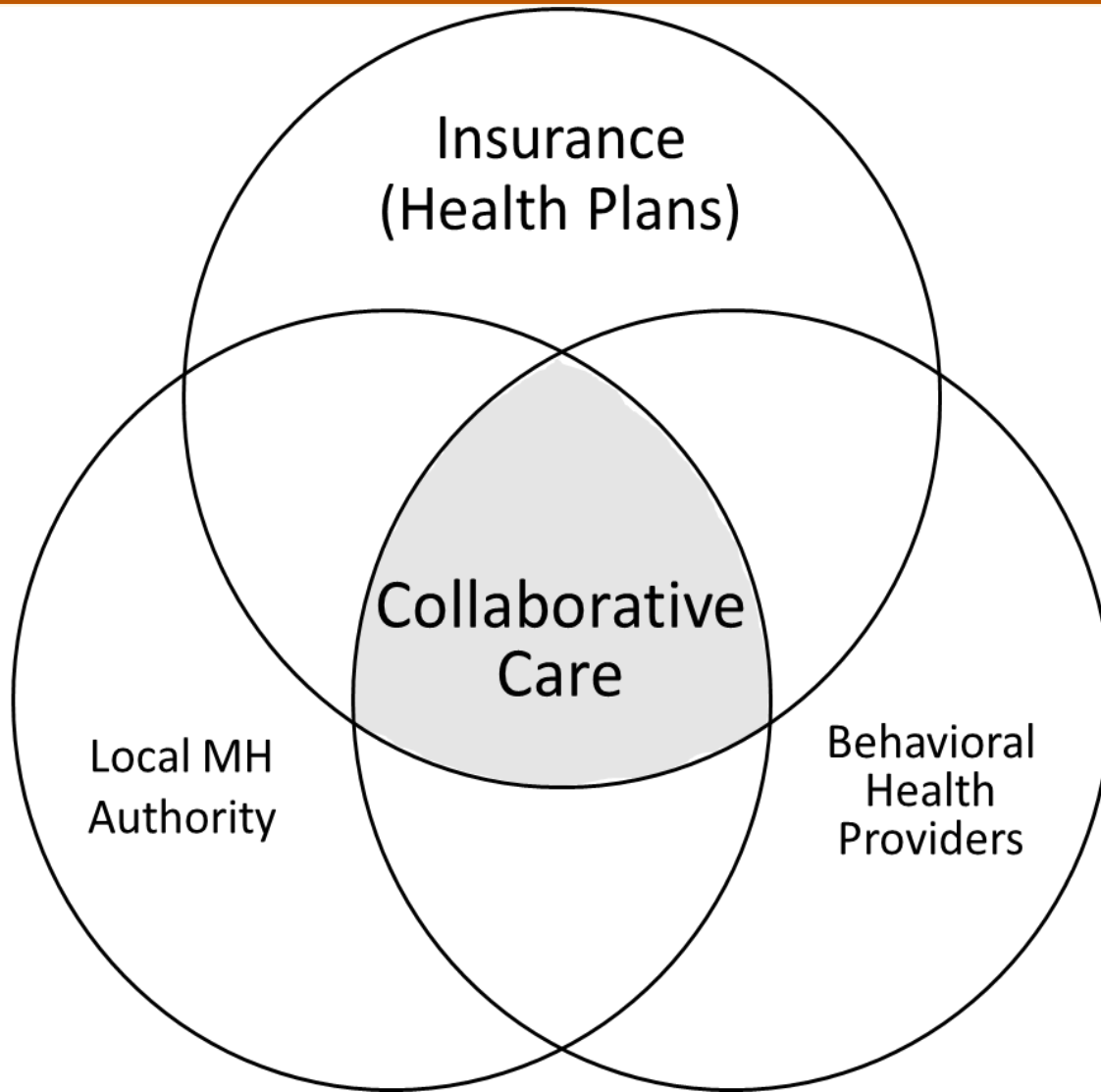
Texas Path to Integrated Care

Multiple Efforts, One Goal

- Senate Bill 58
- STAR Health
- 1115 Transformation Waiver
- YES Waiver
- HHSC Behavioral Health Strategic Plan



A provider organization paved the way for integrating benefits



Access to care when services are needed

Choice in health plans and providers

Integration of care at the plan and provider level

Local control over important community decisions

Funding and management through the 1115 Transformation Waiver

Texas Council Recommendations



Texas Council
of Community Centers

1. Carve-in Medicaid covered behavioral health services into STAR and STAR+PLUS
 - a) Ensure protection of vital Medicaid services for individuals with SMI through a designated benefit package and capitated rate
 - b) Require plans to support and fund designated health homes for people with SMI
 - c) Require a network of certified comprehensive MH providers
2. Retain local control over important community decisions through LMHAs
3. Strengthen community behavioral health services through the 1115 Transformation Waiver

Senate Bill 58 Requirements (2013)

1. Carve-in Medicaid covered behavioral health services into STAR and STAR+PLUS
 - a) Two health home pilots in two service areas for people with SMI and one other chronic health condition
 - b) Well-qualified and able providers to provide a comprehensive array of services
 - c) Approach to treatment where the expected outcome of treatment is recovery
2. Creation of the Behavioral Health Integration Advisory Committee
3. SB 58 does not change LMHA provisions or conditions of the 1115 waiver

Behavioral Health Integration Advisory Committee

Required to submit formal recommendations on how to accomplish integrating behavioral and physical health within Medicaid managed care

Recommendations in 8 focus areas:

- Holistic Treatment
- Member Activation
- Access
- Administrative Simplification
- Payment Mechanisms
- Outcome Measurement
- State Oversight
- Health Home Pilots

Recommendation Report and other information can be found at:
www.hhsc.state.tx.us/about_hhsc/AdvisoryCommittees/bhiac.shtm

STAR Health

Implemented in April 2008, STAR Health is the Texas Medicaid managed care model designed to improve services and better coordinate care for:

- Children in state conservatorship
- Youth (18-22) who sign extended foster care agreements



In addition to all Medicaid-covered services, STAR Health provides:

- Immediate eligibility and access to a statewide provider network
- Increased focus on behavioral health services
- Service management and coordination teams
- Access to an electronic health passport through STAR Health's electronic health information system
- Value-added and case-by-case added services that support foster placements

STAR Health: Health Passport

An electronic health record viewable by healthcare providers, residential providers, Texas Department of Family and Protective Services staff, medical consenters, and Court Appointed Special Advocates (CASA) staff, which contains:

- A face sheet - displays a summary of care for each child
- Patient history module - displays a visit list for medical, behavioral health, vision, and dental
- Medications module - displays a list of medications filled
- Assessment module - displays healthcare service plans, psychotropic reviews, Texas Health Steps (EPSDT) exams, Child and Adolescent Needs and Strengths (CANS) assessments and more
- Additional detail is available in modules for contacts, allergies, immunizations, labs, growth chart, and appointments
- Health Passport is accessible by mobile device

STAR Health: Psychotropic Medication Utilization Review (PMUR)

MCO reviews the psychotropic regimen of all STAR Health members

Reviews can result in four determinations:

- Within parameters
- Outside parameters, but found to be within the standard of care
- Outside parameters, and there is opportunity to reduce
- Outside parameters, and there is risk for or evidence of significant side effects

PMUR expanded to all other Texas Medicaid managed care programs

Outcomes Since 2005

Overall use of psychotropic medications decreased by 48%

Class polypharmacy and 5 or more concurrent psychotropics decreased by 74%

STAR Health: Psychiatric Diversion Program

Designed to decrease unnecessary acute psychiatric hospitalizations while improving placement stability

Three key components:

- Mobile crisis team with a licensed professional immediately evaluates the child in crisis and assists with stabilization
- Group home site provides crisis stabilization, intensive outpatient group programming, and individual and family therapy while services and training are provided to the family
- Child psychiatrist provides medication oversight and management

Available in Ft. Worth, San Antonio, Houston, and Abilene

2015	Thru Q3 2016
Ft. Worth Inpatient Diversion	Ft Worth Inpatient Diversion
102 children and youth	112 children and youth

STAR Health: Case-by-Case and Value-Added Services

Case-by-case services are non-Medicaid services offered on a per case basis when medically necessary and cost-effective, and may improve the health status of the member:

- Equine therapy with Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) for youth who have frequent psychiatric admissions and have experienced trauma
- Trauma informed peer support for caregivers struggling with behavior supports for the youth in their home
- Practice visits to a dentist or OB/GYN when the actual visit may trigger a traumatic experience for the youth

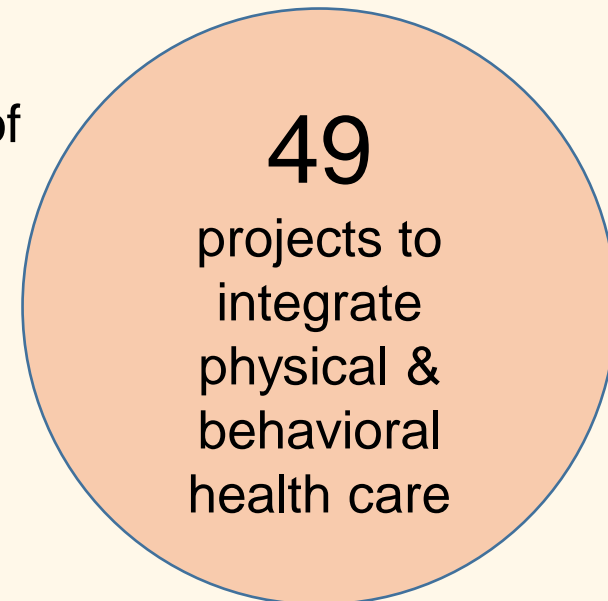
Value-added services are non-Medicaid services or incentives that promote improved outcomes and are offered to all members for whom the service is appropriate

1115 Waiver: DSRIP (2011-2017)

Texas made behavioral health a priority in DSRIP by allocating a minimum of 10% of DSRIP funds to community mental health centers

25% of all 1,458 active DSRIP projects relate to behavioral health

- Interventions to prevent the unnecessary use of services (criminal justice system, emergency departments)
- Enhance behavioral health availability
- Behavioral Health crisis stabilization services
- Integration of primary and behavioral health care services
- Behavioral health through telemedicine/telehealth



Youth Empowerment Services (YES) Waiver

Providing hope to families by offering services aimed at keeping children and youth in their homes and communities.

- 1915 (c) waiver providing comprehensive home and community-based mental health services to youth (ages 3 to 18) who have a serious emotional disturbance
- Flexible supports and specialized services to prevent institutionalization and/or out-of-home placement due to serious emotional disturbance
- Allows Texas to cover youth when living in the community who otherwise are not Medicaid-eligible
- July 2016 - CMS approved Texas adding children in foster care to the YES waiver

Service Array

Adaptive aids and supports
Community living supports
Family supports
Minor home modifications
Non-medical transportation
Paraprofessional services
Professional services
Respite
Supportive family-based alternatives
Transitional Services

Statewide Strategic Planning for Behavioral Health

In 2013, the Texas Legislature created the HHSC Office of Mental Health Coordination to:

- Provide broad oversight on public mental health policy
- Coordinate the policy and delivery of mental health services through the State of Texas
- Consult and coordinate with other state agencies, local governments, and other entities to ensure a strategic, statewide approach to mental health

In 2015, the Legislature created the Statewide Behavioral Health Coordinating Council comprised of all state agencies that receive funding for behavioral health

In 2016, HHSC presented a Strategic Plan for Behavioral Health across agencies and funding streams

Statewide Strategic Plan & Coordinated Expenditure Proposal

Expected Outcomes

- Significant improvements in BH coordination across state agencies
- Maximize use of existing resources and services
- Address BH gaps identified through strategic approach
- More efficient and effective state government
- Ensure utilization of successful best, promising, and evidence-based BH services and service delivery
- Ensure prompt access to quality BH services

Texas Statewide Behavioral Health Strategic Plan (Fiscal Years 2017-2021):

<http://www.hhsc.state.tx.us/reports/2016/050216-statewide-behavioral-health-strategic-plan.pdf>

Where are we headed next?

The background of the slide is a 3D-rendered map. A thick blue line traces a path across the map, starting from the top left and moving towards the bottom right. A large, 3D green location pin is positioned in the lower right quadrant of the map. The map itself shows a grid of streets and some green areas representing parks or trees.

Health Home Pilots

Integrated Managed Care Organizations

Value-based
Payments

DSRIP
Renewal

Questions?

If you think of one later....

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