



# CONFERENCE-AT-A-GLANCE

Programming subject to change. ( / = Repeated Session)

## MONDAY, 11/7 (Preconference Sessions)

Breakout Sessions										
			#1	#2	#3	#4	#5	#6	#7	
			Foundations of New Mexico School Nursing 7:30 - 4:00	NM GRADS Connecting with Young Parents [By Invite Only] 10:00 - 4:00	Priority Schools CDC 1801 Workshop for year 5 10:00 - 4:00	Youth Mental Health First Aid Certification 10:00 - 4:00	SBHC PreCon 9:00 - 5:00	Resilience Strategies for Educators: Techniques for Self-Care and Peer Support 12:30 - 4:30	The Parkland Shooting Through a Police Chief's Eyes 12:30 - 4:30	

## TUESDAY, 11/8 (Day 1 - don't forget to request your absentee ballot)

7:30 AM	8:30 AM	Registration Opens								
8:30 AM	10:00 AM	Welcome/Keynote session with Brad Montgomery ("Embrace Your Awesomeness")								
10:00 AM	10:20 AM	Break/Visit Exhibits								
10:20 AM	11:50 PM	Breakout Sessions								
		#T1	#T2	#T3	#T4	#T5	#T6	#T7	#T8	#T9
	Session	Trauma Informed Care: Doing it Ninja Style	No More Shame in my Game: Winning Strategies for Moderating Shame	Trans & Nonbinary Students: Best Practices for Staff	Stigma in Mental Illness: Its Impact on Treatment and Public Policy ( / T18)	Just Say Know: Empowerment Through New Approaches to Adolescent Substance Use Prevention ( / T14)	Violence Prevention and Response: Incident Command for School Personnel ( / T15)	Meeting the Challenges of Youth Experiencing Homelessness and Poverty: Best Practices from the High Mountain Youth Project	Let's Focus on Healing: Applying What We Know about Helping Students to our Support of Teachers and Other Staff	Scope & Standards for School Nurses
11:50 PM	12:50 PM	Lunch								

12:50 PM	2:20 PM	Breakout Sessions								
		#T10	#T11	#T12	#T13	#T14	#T15	#T16	#T17	#T18
	Session	Thriving Students: Moving from Failure and Exclusion to Success and Inclusion	QPR Gatekeeper Certification	Open, Aware & Engaged: An Experiential Introduction to Acceptance and Commitment Therapy	Motivational Interviewing with School Staff: How to Get Folks Motivated for Change	Just Say Know: Empowerment Through New Approaches to Adolescent Substance Use Prevention (N/T5)	Violence Prevention and Response: Incident Command for School Personnel (N/T6)	Connecting Screening Tools for Anxiety, Depression, and Suicidality to Safety Planning in Schools: Considerations for School Clinical Staff and Other Team Member	Catch the Energy, Release the Potential with FISH!	Stigma in Mental Illness: Its Impact on Treatment and Public Policy (N/T4)
2:20 PM	2:30 AM	Break								
2:30 PM	3:20 PM	Recharge Stations/Exhibit Hall Activities								
	Session	A. Yoga for You, Yoga for Others	B. Creativity in Bloom with the Georgia O'Keeffe Museum	C. Design Your Own Super Hero from the National Hispanic Cultural Center	D. Choo choo! All Aboard the Activity Train Walk	E. Let Off Some STEAM with Explora!	F. TBD	G. Find Your Center with Body & Brain Yoga Tai Chi	H. Experiential Sensory Room from the Albuquerque Association of Gifted and Talented Students	I. Unwind Your Mind with Meditation 101
3:20 PM	3:30 PM	Break								
3:30 AM	4:30 PM	Breakout Sessions								
		#T19	#T20	#T21	#T22	#T23	#T24	#T25	#T26	
	Session	Student Behaviors and COVID: 2021 New Mexico Youth Risk and Survey	Running 505: How to Bring a Youth Wellness After School Program to Your School	Going Deep - A Hands On Study of How to Improve Attendance with Health initiatives at Your School	Childhood Hunger and Nutrition Security: Shoring Up the Child Nutrition Safety Net	Power up with "Breathe - Move - Learn" - A Whole Child Experience for Body, Mind and Spirit	Movement Matters: Physical Activity in the Classroom	Serving English Learner Students	National Association of School Nurses Framework	

# WEDNESDAY, 11/9 (Day 2)

7:00 AM	8:00 AM		Registration/Breakfast/Exhibits								
8:00 AM	9:30 AM		Breakout Sessions								
			#W28	#W29	#W30	#W31	#W32	#W33	#W34	#W35	#W36
	<b>Session</b>		Creating Safer Spaces for LGBTQ+ Youth	Introduction to PREPaRE Training Model	The Power of Quality Recess: Why You? Why Now? And How?	Culture Trumps Content/ The Power of Connections	Hospitalized Student? Behavioral Health Next Steps for a "Soft" School Landing	Challenging Times and a Call for Resiliency	Measuring BMI for Student Health	Beyond Blinders: Exploring Connections Between Unconscious Bias and How we Talk with Young People about Reproductive Health	Medicaid School Based Services Expansion to Non-IEP Services (✓W50)
9:30 AM	9:45 AM		Break/Visit Exhibits								
9:45 AM	11:00 AM	75	Plenary with Dr. Isaiah Pickens ("Transforming the System")								
11:00 AM	11:30 AM		Break/Visit Exhibits								

11:30 AM	12:30 PM		Breakout Sessions							
			#W37	#W38	#W39	#W40	#W41	#W42	#W43	#W44
	Session		Uplifting Leaders for Change	State of Mental Health: Youth Mental Health	The Mind-Mouth Connection	Online Safety Toolbox: Exploring Community Safety Outreach Tools	Going Deep - A Hands-On Study of How You Can Improve Attendance With Health Initiatives at Your School	Schools and Shots and How to Talk About Them	Culturally and Linguistically Responsive School Environments for Improving Student Health and Academic Success	School Health Advocate 101 (✓ W56)
12:30 PM	1:45 PM		LUNCH							
1:45 PM	3:15 PM		Breakout Sessions							
			#W46	#W47	#W48	#W49	#W50	#W51	#W52	#W53
	Session		Challenges and Opportunities in Addressing Rural Youth Homelessness in New Mexico	Using Bio-dots to Teach Adolescents About Stress Management	Using Restorative Justice Practices for Prevention, Response and Resiliency in Schools and Classrooms (✓W58)	Healing Starts with Us: Building our Individual and Collective Resilience through Restoration, Relationships and Reflection	Medicaid School Based Services Expansion to Non-IEP Services (✓W36)	Using Implementation Science to Improve LGBTQ+ Student Health	If Someone Says "Practice Self-Care" to Me One More Time....	Are you Prepared for the Next School Emergency?
3:15 PM	3:30 PM		Break/Visit Exhibits							
3:30 PM	4:30 PM	60	Breakout Sessions							
			#W55	#W56	#W57	#W58	#W59	#W60	#W61	
	Session		Suicide Prevention and Public Health: Strategies for Prevention	School Health Advocate 101 (✓W44)	Combating Racism: The Anti-Racism, Anti-Oppression Hotline	Using Restorative Justice Practices for Prevention, Response and Resiliency in Schools and Classroom (✓W48)	Engaging Immigrant Students and Their Families- Federal and State Requirements and Obligations	Session Canceled	Social, Emotional, Academic Learning and Safety (SEALS)	