

# PRACTICE DEVELOPMENT TOWARDS A PERSON-CENTRED APPROACH

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## Introduction

In Denmark, person-centredness forms the basis of our health-care system that is focused on humanizing the systems. Locally, at our hospital the vision, mission and strategy marks the importance of respecting the individual needs of every patient, which is also consistent with the patients' expectations for their involvement in decisions regarding treatment and care.

To meet both the hospitals visions and the patients' expectations we, the Department of Oncology and Palliative Care and Department of Haematology chose the person-centred approach to be the framework for nursing care as person-centred approach puts persons first in healthcare and bridges humanism and the sciences.

## Aim

The aim of this study is to develop a person-centred culture and that all nurses within our departments gain competences to work in a person-centred way resulting in health care users experiencing healthful relations and nurses experiencing job satisfaction

## Methods

### Preliminary process

To help focus on the culture development and implementation of a more person-centred approach two nurse researchers attended the International Practice Development Summer School, hosted by the Foundation of Nursing Studies and the departments started a cooperation with Professor Brendan McCormack as Adjunct Professor.

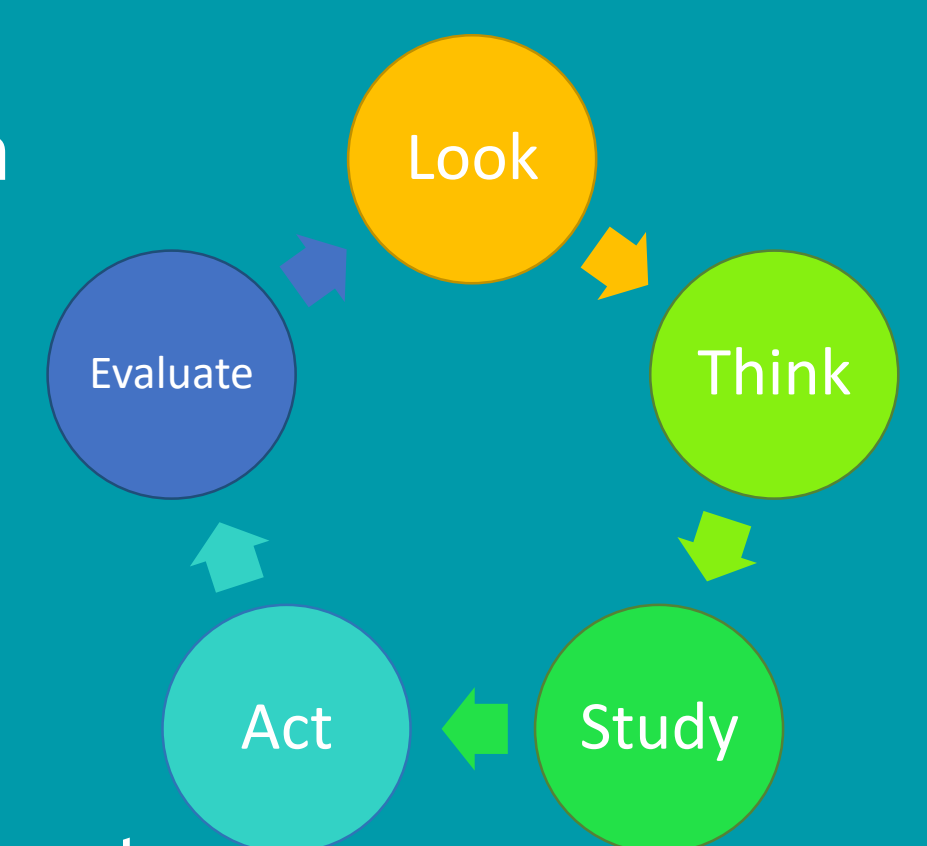
### Action research methods

The study is an Action research study. Workshop for all nurses including introduction to person-centred practice followed by clarification of participants virtues and values is scheduled and ad-hoc meetings through the study period will be held.

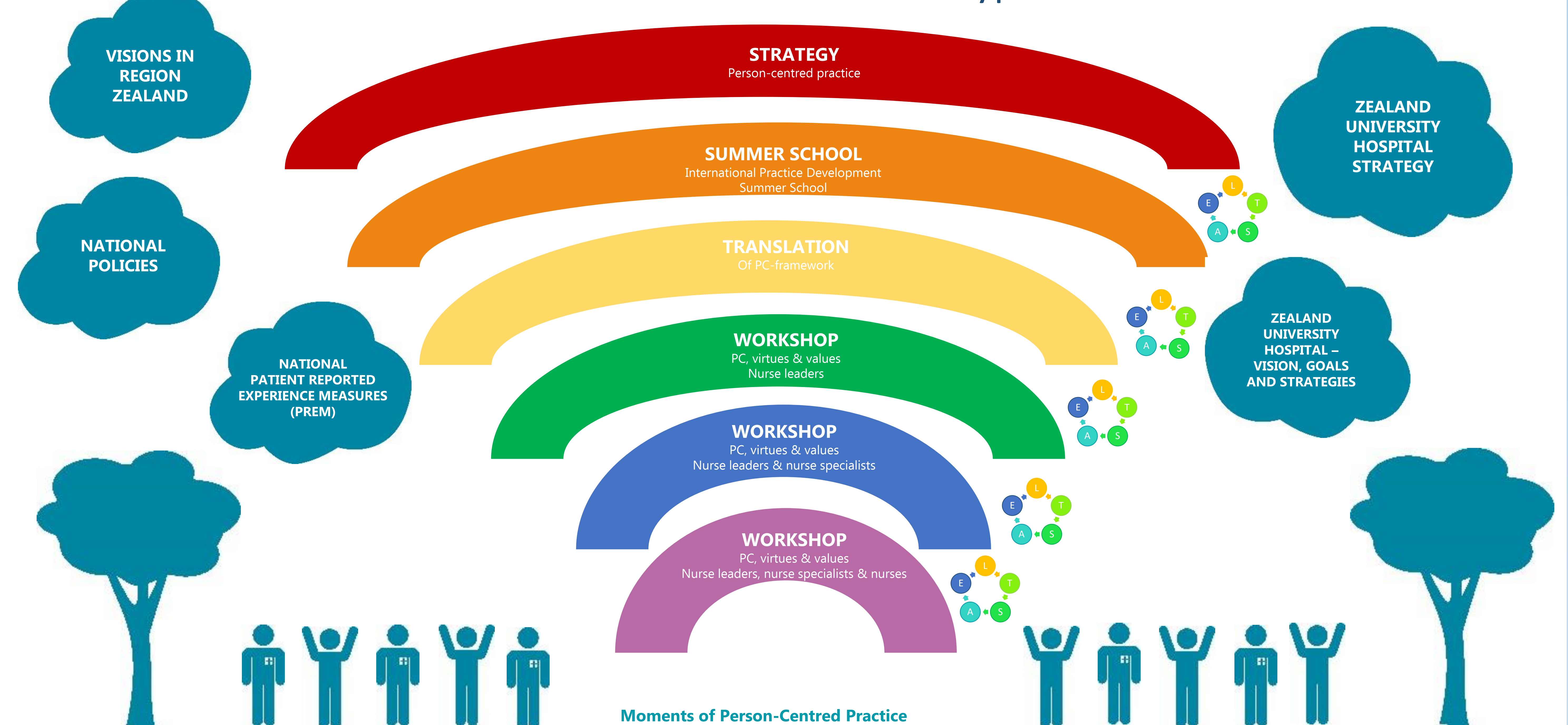
Data on health care users and nurses experiences on person-centred practice as well as workplace cultures will be collected using "The person-centred practice inventory", "Accounts of Person-centred moments" and "Workplace Culture Critical Analysis Reviser".

Participating nurses are also inspired to use Logbooks to describe experiences in relation to person-centred practice in their departments.

Action Research Processes



## Illustration of the context and action study process



## Preliminary results

Because of the COVID-19 pandemic the ongoing development process has been delayed, and we are only able to present preliminary results being:

- Validated translation of the person-centred model and data collection tools into Danish.
- Mutual clarification of ward managers virtues, values and visions for practice.
- Individual and organizational learning lead by the Action research approach.

### Clarification of Mutual visions

In the meeting with each other, we will find the way  
In the meeting with each other, we become wiser  
In the meeting with each other, you mirror yourself  
In the meeting with each other, the reflection starts  
In the meeting with each other, communion arises

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