



## Participation and Code of Conduct Agreement

As a program participant, I understand that I am expected to abide by the stated rules for 4-H activities and events and will:

- Conduct myself in a courteous, respectful manner, use appropriate language, exhibit good sportsmanship and act as a positive role model;
- Adhere to program rules, curfews, dress codes, policies and guidelines;
- Fully participate in scheduled activities;
- Respect other's property and privacy rights;
- Apply rules of safety to individuals, groups and property; and
- Accept personal responsibility for behavior.

I acknowledge and understand that the following are not permitted at National 4-H Events:

- Possession and/or consumption of alcohol or tobacco products.
- Distribution of alcohol or tobacco products.
- Possession, consumption, or distribution of illegal drugs.
- Violence, including sexual abuse; sexual harassment; physical, verbal, emotional or mental abuse of another person.
- Sexual misconduct.
- Being found in someone else's lodging room or lodging area (if underage) during 4-H events without adults being present.
- Cheating, plagiarizing, or misrepresenting work.
- Theft, destruction, or abuse of property.
- Violation of an established curfew at a 4-H event.
- Unauthorized absence from 4-H program location.
- Bullying of any kind including verbal, physical and cyber bullying (social media, texting, snapchat, etc.).
- Unethical or inhumane treatment of animals.
- Possession or use of a firearm during 4-H travel/events (Does not refer to use in authorized shooting sports).
- Possession or use of a harmful object with the intent to hurt or intimidate others
- Reckless behavior or other conduct deemed inappropriate for the youth development program by a program coordinator, event chair, or other event staff, adult, or 4-H volunteer.

Violation of items listed above will result in consequences to the participant. Law enforcement may be called, and illegal behaviors may result in citations or arrest. Consequences may include removal, at the individual's expense and without refund, from participation in the event; restitution or repayment of damages; sanctions on participation in future local, state, regional or national 4-H events; forfeiture of financial support for this event, removal from offices held; loss of status as a member in good standing, etc.

I (we) understand the reason for this agreement is to ensure the safety of the other 4-H members and to ensure conduct and behavior that will result in each participant receiving the full benefit of enjoyment and educational experience from this event. It is not intended to place undue restrictions upon participants.

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Date

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Member Signature

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Date

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Parent/Guardian Signature

# 2024-2025 TEXAS 4-H YOUTH DEVELOPMENT PROGRAM

## Program Name

### 4-H FCS National Championship and Conference

## WAIVER, INDEMNIFICATION, AND MEDICAL TREATMENT AUTHORIZATION FORM

1. EXCULPATORY CLAUSE. In consideration for receiving permission to participate in any and all activities of Texas 4-H ("activity"), which is sponsored by Texas A&M AgriLife Extension Service and Texas 4-H Youth Development Program, ("sponsor"), a member of The Texas A&M University System, I hereby release, waive, covenant not to sue, and agree to hold harmless for any and all purposes sponsor, The Texas A&M University System, the Board of Regents for The Texas A&M University System, and their members, officers, agents, volunteers, or employees ("RELEASEES" or "INDEMNITEES") from any and all liabilities, claims, demands, injuries (including death), or damages, including court costs and attorney's fees and expenses, that may be sustained by me while participating in this activity, while traveling to and from the activity, or while on the premises owned, leased, or controlled by RELEASEES, **including injuries sustained as a result of the sole, joint, or concurrent negligence, gross negligence, negligence per se, statutory fault, intentional torts, or strict liability of RELEASEES.**
2. INDEMNITY CLAUSE. I am fully aware that there are inherent risks to myself and others involved with this activity, including but not limited to all events and activities, and I choose to voluntarily participate in this activity with full knowledge that the activity may be hazardous to me and my property, and to the person and property of others. I acknowledge there may be physically strenuous activities. I know of no medical reason why I should not participate. **I agree to indemnify and hold harmless INDEMNITEES from any and all liabilities, claims, demands, injuries (including death), or damages, including court costs and attorney's fees and expenses, which may occur to myself, other participants, and third-persons as a result of my participation and conduct in this activity, including injuries sustained as a result of the sole, joint, or concurrent negligence, gross negligence, negligence per se, statutory fault, intentional torts, or strict liability of INDEMNITEES.**
3. COVID-19. I expressly acknowledge the health risks and dangers associated with the transmission of the COVID-19 virus, and other communicable diseases, and recognize that exposure to the COVID-19 virus, or other communicable diseases, could occur while my child is in the care of sponsor. As such, and as additional consideration for participation in the activity, I understand the waiver and indemnity provisions in paragraphs (1) and (2) above apply to the possibility of COVID-19 community spread. I certify that prior to leaving my child in the care of the sponsor that my child: (a) has not been diagnosed or is suspected to have COVID 19, (b) does not have any of the coronavirus symptoms listed on the CDC's Symptoms of Coronavirus page, (c) has not in the past 14 days had close contact (less than six feet) with a person who has a lab-confirmed case of COVID-19, (d) has not in the past 14 days had close (less than six feet) contact with a person who is awaiting results of a COVID-19 test because of COVID-19 symptoms or exposure, or (e) in the past 14 days has not returned from international travel or traveled through an area with state or local restrictions that mandate quarantine upon arrival home. I also certify that each time I leave my child in the care of the sponsor, I have conducted a daily assessment on my child and that he/she is not exhibiting any of the above signs or symptoms of, or exposure to, COVID-19.
4. NO INSURANCE. I understand that RELEASEES do not maintain any insurance policy covering any circumstance arising from my participation in this activity or any event related to that participation. As such, I am aware that I should review my personal insurance coverage. Sponsor does not carry general liability insurance to cover claims arising from this activity so it seeks a waiver of claims as additional consideration for the right to participate so sponsor, a governmental unit of the State of Texas, can(a) provide the activity at the lowest possible cost to participants; and (b) provide access to a greater number of participants by expending limited resources on program materials rather than on liability insurance.
5. BINDS HEIRS. It is my express intent that this agreement shall bind the members of my family and spouse, if I am alive, and my heirs, assigns and personal representatives, if I am deceased, and shall be governed by the laws of the State of Texas.
6. MEDICAL AUTHORIZATION, INDEMNITY FOR MEDICAL EXPENSES, and WAIVER. I understand RELEASEES cannot be expected to control all of the risks associated with this activity and RELEASEES may need to respond to accidents and potential emergency situations. Therefore, I hereby give my consent for any medical treatment that may be required, as determined by a medical professional at the medical facility, during my participation in this activity with the understanding that the cost of any such treatment will be my responsibility. I agree to indemnify and hold harmless INDEMNITEES for any costs incurred to treat me, even if an INDEMNITEE has signed hospital documentation promising to pay for the treatment due to my inability to sign the documentation. I further agree to release, waive, covenant not to sue, and agree to hold harmless for any and all purposes, RELEASEES from any and all liabilities, claims, demands, injuries (including death), or damages, including court costs and attorney's fees and expenses, that may be sustained by me while receiving medical care or in deciding to seek medical care, including while traveling to and from a medical care facility, **including injuries sustained as a result of the sole, joint, or concurrent negligence, negligence per se, gross negligence, statutory fault, intentional torts, or strict liability of RELEASEES.**

7. **NO STRICT RULES OF CONSTRUCTION.** In the event of a dispute over the meaning or application of this agreement, it shall be construed fairly and reasonably and neither more strongly for nor against either party.
8. **VOLUNTARY SIGNATURE.** In signing this agreement I acknowledge and represent that I have read it, understand it, and sign it voluntarily as my own free act and deed; sponsor has not made and I have not relied on any oral representations, statements, or inducements apart from the terms contained in this agreement. I execute this document for full, adequate and complete consideration fully intending to be bound by the same, now and in the future. **For youth engaging in extracurricular activities:** I understand I can choose not to sign this document and free myself from its terms and the associated risks of the activity by simply not participating in the activity and choosing some other activity available to me that has a lower level of risk to me. I further understand this is a voluntary, extracurricular activity.

**SIGNING THIS DOCUMENT INVOLVES THE WAIVER OF VALUABLE LEGAL RIGHTS.  
CONSULT YOUR ATTORNEY BEFORE SIGNING THIS DOCUMENT.**

**In case of emergency, contact:** \_\_\_\_\_

**At the following number:** \_\_\_\_\_

**If the participant has medical insurance, please indicate:** \_\_\_\_\_

**Insurance Company:** \_\_\_\_\_ **Policy Number:** \_\_\_\_\_

**Name of Primary Policy Holder:** \_\_\_\_\_

**Please list any special service your child may require:** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

SIGNED this \_\_\_\_\_ day of \_\_\_\_\_, 20 \_\_\_\_\_

**Participant Signature:** \_\_\_\_\_

**Printed Name:** \_\_\_\_\_

**Participant's Date of Birth:** \_\_\_\_\_

**Parent or Legal Guardian Signature:**  
(If participant is under 18 years old) \_\_\_\_\_

**Parent or Legal Guardian Printed Name:**  
(If participant is under 18 years old) \_\_\_\_\_

**Texas 4-H Youth Development Program**  
**HEALTH AND SAFETY STATEMENT**

Check one: ☐ Youth ☐ Adult County: \_\_\_\_\_ District: \_\_\_\_\_  
Event: \_\_\_\_\_ Event Dates: \_\_\_\_\_

**Section I. Participant Information**

First Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Gender: \_\_\_\_\_  
Last Name: \_\_\_\_\_ Name of Physician: \_\_\_\_\_  
Address: \_\_\_\_\_ Physician's Number: \_\_\_\_\_  
City, State, Zip: \_\_\_\_\_ Date of last physical exam: \_\_\_\_\_  
Phone: \_\_\_\_\_

**Section II. Emergency Contact Information**

Name: \_\_\_\_\_ Home Phone: \_\_\_\_\_  
Address: \_\_\_\_\_ Work Phone: \_\_\_\_\_  
City, State, Zip: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

**Section III. Health History** (Check the appropriate answer and explain any YES responses.)

Have you had or do you currently have any heart problems? Dates: \_\_\_\_\_ Yes ☐ No ☐  
Do you frequently suffer from pains in your chest? \_\_\_\_\_ Yes ☐ No ☐  
(NOTE: If you have any heart related problems you will need to have a physician's release.)  
Do you often feel faint or have spells of severe dizziness? \_\_\_\_\_ Yes ☐ No ☐  
Has a doctor ever told you that you might have high blood pressure? \_\_\_\_\_ Yes ☐ No ☐  
Are you a smoker? \_\_\_\_\_ Yes ☐ No ☐  
Do you have arthritis, joint, or back problems that can be aggravated by exercise? \_\_\_\_\_ Yes ☐ No ☐  
Have you had any operations or serious injuries? Dates: \_\_\_\_\_ Yes ☐ No ☐  
Do you have any chronic recurring illness or communicable diseases? \_\_\_\_\_ Yes ☐ No ☐  
Are there any activities to be limited/discouraged by a physician's advice? \_\_\_\_\_ Yes ☐ No ☐  
Are you allergic to any medications, food or food ingredients, insects, or pollens? \_\_\_\_\_ Yes ☐ No ☐  
Do you have Epilepsy? \_\_\_\_\_ Yes ☐ No ☐  
Do you have Diabetes? \_\_\_\_\_ Yes ☐ No ☐  
Do you have any prescribed meal plan or dietary restrictions? \_\_\_\_\_ Yes ☐ No ☐  
Any other health related information for 4-H personnel to be aware of? \_\_\_\_\_ Yes ☐ No ☐

**Section IV: Medications** (ALL medications must be in ORIGINAL container with ORIGINAL LABEL.)

Are there prescribed or over-the-counter medications currently being taken? Describe. \_\_\_\_\_ Yes ☐ No ☐

**Section V. Insurance Information** – Please provide a copy of your insurance card.

Do you carry family medical/hospital insurance? \_\_\_\_\_ Yes ☐ No ☐  
Carrier: \_\_\_\_\_ Policy Number: \_\_\_\_\_

**Section VI. Release of Participant** (If minor)

I/We do hereby authorize the release of said minor child to the following person/people at the conclusion:  
(please list all persons, including parents)

Further, I/We require that said minor child NOT be released to the following person/people at the conclusion of the activity:

**Section VII. Health and Safety Statement Certification**

By signing below, I certify that my answers and statements are true and complete to the best of my knowledge and belief. I understand this information is confidential and is to be used only by AgriLife Extension Staff or designated Volunteers for health and safety reasons. I hereby consent to the use of this information for such purposes.

Participant OR Parent/Guardian Name (if participant is under the age of 18): \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_