

  
National Addiction Workforce Development



Consumer Focused Workforce Development in Aotearoa/New Zealand

**Together we can**

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Te Whakaaari Nat

[www.matuaraki.org.nz](http://www.matuaraki.org.nz)

  
National Addiction Workforce Development

**PASSION.**  
**COMMITMENT.**  
**EXCELLENCE.**



  
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## Aiming now for better outcomes, for consumers and families







- Informed decision making
- More choice in services
- Evidence based best & promising practice
- Measuring effectiveness
- Increased scope of services available





  
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## Practice & Leadership: Recent Publications

- A guide to the addiction treatment sector 
- Revised OST practice guidelines 
- OST and you- A guide to opioid substitution treatment 
- What is OST? Guide for family members 
- Supporting people with MH and/or addiction problems who are involved in the criminal justice system- a reflective workbook 
- Takitaki mai-A guide to motivational interviewing for Māori 


  
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## Recovery

“A process of change through which individuals improve their health and wellness, live a self-directed life, and strive to reach their full potential” (SAMHSA, 2011)

*We define our own recovery*

  
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## Consumer Leadership Group

- Historically grew out of OST advocacy
- Has evolved to include multiple recovery pathways
- From across NZ
- All working in the AOD sector
- Meet three times a year face to face
- Addiction Leadership days

  
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## Approach

Matua Raki  
National Addiction Services Organisation

- Consumer voice key developments:
  - Policy advisory to Ministry of Health
  - Advice to Department of Corrections (prison programmes)
  - Advisory to Mental Health Commissioner
  - Board of National Committee for Addiction Treatment (NCAT)
  - Organising committee for national addiction conference (Cutting Edge)

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## Aspiration

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National Addiction Services Organisation

- A consumer focused workforce can reduce stigma & discrimination in the AOD sector and beyond
- Recovery stories (including family) resource currently in development
- Strong peer worker networks - reduce isolation of practice
- Well resourced and supported eg: scholarships for training, qualified peer supervisors

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## Discussion

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- Q & A

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