

Sleep & Airway Management in a Dental Clinic; Mini-Residency

3-Day Hands-On Training:

MAY 10-12, 2018 - 8am-4pm

OCTOBER 11-13, 2018 - 8am-4pm

This mini-residency is designed for clinicians who are interested in taking their Sleep & Airway Management program to the highest level of efficiency and quality. During this hands-on training program we will demonstrate a patient's treatment journey from initial consultation to long-term follow-up. Every step of oral appliance therapy and patient management will be discussed in depth and demonstrated live.

Registration is limited to 12 attendees per session, to allow plenty of time for hands-on training and to have enough time to answer all questions. The program will be held at our state of the art clinical facility with all the latest dental technologies. Although in order to benefit the most from this program, having a basic knowledge of Sleep and Oral appliance therapy is highly recommended (e.g. Fundamentals of Sleep and Airway management in a dental clinic; 2-Day program), it is not a prerequisite to the mini-residency.

Upon completion of this program all attendees should have a high level of proficiency & confidence in Sleep and OAT. Simple and effective step-by-step implementation guides and tools will be provided to facilitate integration of a Sleep & airway management program into a dental clinic.

**Attendees are required to send in their dental records 4-6 weeks in advance in order to have their MRD ready for the course.*



THE SNORE CENTRE

201-5540 Windermere Blvd. NW
Edmonton, AB T6W 2Z8

+ HANDS ON CLINICAL TRAINING

During the "hands-on" component of the program each attendees will:

- Have a chance to do a sleep study and review the results
- Have a chance to do a theragnostic testing (e.g. MATRx Plus)
- Receive their own Mandibular repositioning device (MRD)
- Deliver/ Insert an MRD
- Learn how to adjust an MRD
- Learn how to manage OAT side-effects
- Learn how to make a morning repositioning device
- Learn about Digital Workflow in OAT

SLEEP & AIRWAY MANAGEMENT in a DENTAL CLINIC

Mini-Residency Program
3-Day Hands-On Training



Dr. Shouresh Charkhandeh

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DR. SHOURESH CHARKHANDEH

Dr. Charkhandeh received his Doctor of Dental Surgery (DDS) Degree and Bachelor of Medical Sciences from the University of Alberta, Canada. He also received his fellowship from Las Vegas Institute for Advanced Dental Studies in 2009. He then furthered his education and training by completing a Research Fellowship in the area of "Sleep and Dental Sleep Medicine" at the University of Antwerp Hospital (UZA), in Antwerp, Belgium in 2016-17.

Dr. Charkhandeh is a general dentist who maintains a group of private practices in Edmonton and Calgary with an interest in Dental Sleep Medicine and TMD. He is actively involved in clinical research in Dental Sleep Medicine and his research focuses on developing new technologies to improve treatment outcome predictability and patient selection in Oral Appliance Therapy for patients with OSA (i.e. Obstructive Sleep Apnea). He is the "Chief Dental Officer" at Zephyr Sleep Technologies, the developer of "MATRx TM" Technology. He is the recipient of the "2012 & 2015 Clinical Research Award" and "2015 Clinical Excellence Award" from the American Academy of Dental Sleep Medicine (AADSM). He has lectured at numerous meetings such as American Academy of Sleep Medicine Annual Meeting, AADSM Annual Meeting, IAO (International Association for Orthodontics) Annual Meeting, iBedsma and many more Sleep meetings across North America and Europe.

He is the founder and director of Alberta Dental Sleep Medicine Study Club and also a member of the "Sleep Disordered Breathing Committee" for Alberta Dental Association & College. He is also the "Clinical Director" at The Snore Centre in Calgary, Alberta; a multidisciplinary clinic offering diagnostic and treatment services for snoring, sleep apnea, and other sleep disorders.

Dr. Charkhandeh is a major advocate for the importance of a multi-disciplinary approach to Dental Sleep Medicine which focuses on the collaboration of Sleep Physicians, Sleep Dentists and other healthcare professionals. He has been treating OSA patients for many years and also has trained hundreds of dentists in Dental Sleep Medicine.

Topics Covered during this course:

Overview of all the topics covered in the 2-Day course (Fundamentals of Sleep & Airway Management in a Dental clinic)

At-Home Sleep testing:

- How to set up a patient
- How to understand the data

At-Home Titration test (MATRx Plus)

- How to fit the trays
- How to set up a patient

Mandibular Repositioning Device (MRD) Delivery/ Insert

MRD Adjustments

MRD Selection

Follow-up Protocol; Short-term & Long-term

How to manage OAT side effects

- Morning exercises
- Repositioning Devices
- When to refer

TMJ/ TMD & Sleep

- How to manage both

Morning Repositioning Devices

- How to fabricate one

Fully-Digital Workflow for OAT

- Why is it important?
- Live Demonstration

CPAP therapy

- A more in depth understanding of CPAP Therapy

Sleep Hygiene

- How to incorporate Sleep Hygiene into patient treatment program

Adjunctive Therapies

- When & How to utilize adjunctive therapies such as nasal dilators

FOUR WAYS TO REGISTER:

Online:

<https://events.aurumgroup.com>

Email: ce@aurumgroup.com

Phone: 1.800.661.9567

Fax: 1.800.363.3989

REGISTRATION FEES:

EARLY BIRD REGISTRATION - Until Mar 31/18

Doctor \$3900.00

REGULAR REGISTRATION - Starting April 1/18

Doctor \$4500.00

FEE INCLUDES:

3 full days CE (18 Credits), Breakfast & Lunch provided. Limited to 12 attendees.

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CANCELLATION POLICY

A full refund will apply to cancellations with 10 or more business days notice. NO REFUNDS given with less than 10 days notice.

DISCLOSURE: Space Maintainers Laboratories may provide services that are discussed in this seminar. Aurum Ceramic sells products relating to this seminar. Dr. Shouresh Charkhandeh does have any financial interest in the systems discussed.