

CE Course Handout

Developing Competencies and Curriculum in Dental Public Health for Dental Hygienists

Saturday, June 11, 2016
10:00 a.m.-1:00 p.m.

REALD-30

Rapid Estimation of Adult Literacy in Dentistry
30 word version

School of Dentistry
School of Public Health
University of North Carolina at Chapel Hill
Chapel Hill, NC 27599-7450 USA

Jessica Y. Lee DDS, MPH, PhD
Jessica_lee@dentistry.unc.edu
919-966-2739

Interview/ REALD-30 Start Time: _____ Study ID Number __ __ - __ __ __

REALD-30

YOU WILL NOW ADMINISTER THE DENTAL LITERACY TEST

READ THE FOLLOWING TO THE PARTICIPANT:

Now, I am going to show you cards with one word on every card. I would like you to read the word out loud. If you do not know the answer, please say, “don’t know.” Do not guess.

Dental REALM end time: _____

Score: _____

1. Sugar	_____	11. Abscess	_____	21. Periodontal	_____
2. Smoking	_____	12. Extraction	_____	22. Sealant	_____
3. Floss	_____	13. Denture	_____	23. Hypoplasia	_____
4. Brush	_____	14. Enamel	_____	24. Halitosis	_____
5. Pulp	_____	15. Dentition	_____	25. Analgesia	_____
6. Fluoride	_____	16. Plaque	_____	26. Cellulitis	_____
7. Braces	_____	17. Gingiva	_____	27. Fistula	_____
8. Genetics	_____	18. Malocclusion	_____	28. Temporomandibular	_____
9. Restoration	_____	19. Incipient	_____	29. Hyperemia	_____
10. Bruxism	_____	20. Caries	_____	30. Apicoectomy	_____

1. Sugar	11. Abscess	21. Periodontal
2. Smoking	12. Extraction	22. Sealant
3. Floss	13. Denture	23. Hypoplasia
4. Brush	14. Enamel	24. Halitosis
5. Pulp	15. Dentition	25. Analgesia
6. Fluoride	16. Plaque	26. Cellulitis
7. Braces	17. Gingiva	27. Fistula
8. Genetics	18. Malocclusion	28. Temporomandibular
9. Restoration	19. Incipient	29. Hyperemia
10. Bruxism	20. Caries	30. Apicoectomy

Part 2

Instructions:

In this part, you will be shown some drug labels and instructions after a dental procedure. I will ask you some questions about them and you will be asked to answer these questions orally.

Dania Sabbahi Refill: 00 1 Jan. 2016

Amoxicillin Capsules

500 MG 21/0

Take one tablet by mouth three (3) times a day for 7 days

Q1: If you take the first tablet at Friday 10 a.m., when should you take the (1) (0)

next one?

Q2: When should you take the last one? (1) (0)

Q3: If your symptoms are gone by the 4th day of taking the medication, (1) (0)

should you stop taking the medication?

Q4: When should you stop the medication? (1) (0)

Q5: How many times you can refill this medication? (1) (0)

Total

Dania Sabbahi Refill: 00 1 Jan. 2016

Penicillin V Capsules

500 MG 28/0

Take one tablet by mouth every 6 hours for 7 days.

Q1: How many capsules should you take per day?

(1) (0)

Total

Dania Sabbahi Refill: 00 1 Jan. 2016

Chlorhexidine Mouthwash 0.12 %

Swish and spit 15cc for 30 seconds 3 times a day then nothing
per mouth for 30 minutes

Q1: What do you understand from this prescription? Can you swallow it? (1) (0)

Q2: If you use it at 5 p.m., when can you eat or drink? (1) (0)

Total

Dania Sabbahi Refill: 00 1 Jan. 2016

Ibuprofen

400 MG 20/0

Take one tablet by mouth every 4 hours when needed.

Expiration date: Dec. 2016

- Q1: If you are not feeling any pain, should you take the medication? (1) (0)
- Q2: If you are feeling a pain, how many capsules can you take per day? (1) (0)
- Q3: Can you take this medicine on June 2017? (1) (0)

Total

Appointment card

Clinic: Dental

Location: 1st floor

Date: February 27

Day: Tuesday

Time: 9:45 a.m.

- Q1: When is your next appointment? (1) (0)
- Q2: Does this means that you leave home quarter to 10? "9:45 a.m." (1) (0)
- Q3: Where should you go? (1) (0)

Total



POST - OPERATIVE INSTRUCTIONS

Some discomfort, / bleeding / bruising / swelling / stiffness of your jaw / sensitivity of adjacent teeth and numbness for a period of time are expected after having a tooth removed.

SWELLING – This may occur after the removal of a tooth and is quite common if the operation has been difficult and most commonly if the gum tissue has been pushed back in order to remove the tooth. The swelling is often accompanied by stiffness of the jaws and you may be unable to open normally. The swelling is at its maximum at about the second or third day and then slowly goes down. If you have access to ice, then the swelling may be made less by placing ice in a plastic bag on the face and applying it for 20 minutes. The ice is then removed for 20 minutes and then may be replaced. This is done for 6 hours, after which it has no effect. If ice is not available, a bag of frozen vegetables is equally effective.

Q1: If your tooth was extracted on Monday, when do you expect the swelling to reach its maximum? (1) (0)

Q2: If you start placing the ice bag at 10:00 a.m., when should you remove it? (1) (0)

Q3: When will you place the bag of ice for the second time?

(1) (0)

Total