Evidenz für klinische Entscheidungsunterstützung

Dr. Max Plischke

Literatur: "Clinical Decision Support" 36211 Publikationen



Evidenz Level

Systematic Cheutiger Fokus
Reviews

Randomized Control Trials

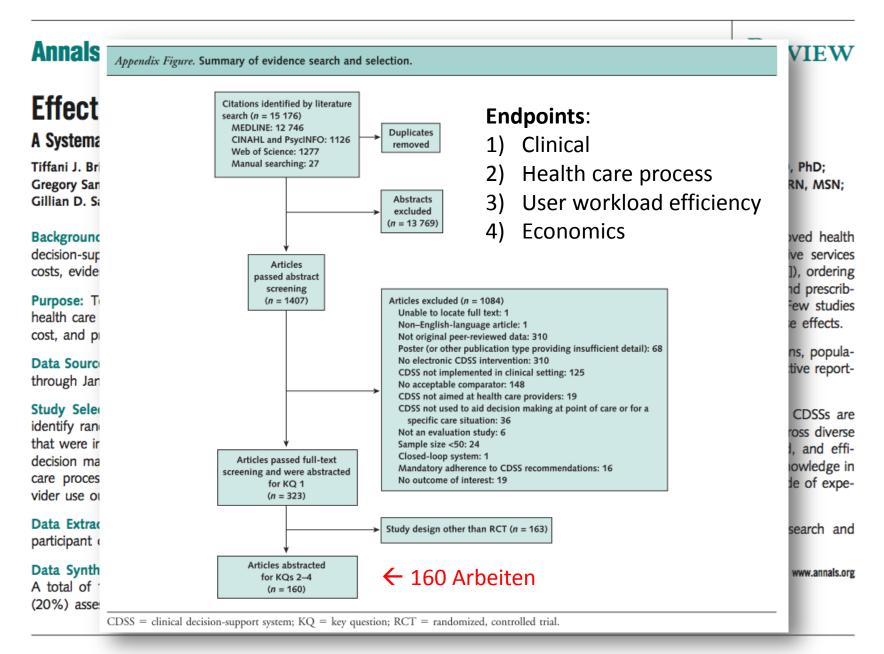
Cohort Studies

Case-Control Studies

Case Series, Case Reports

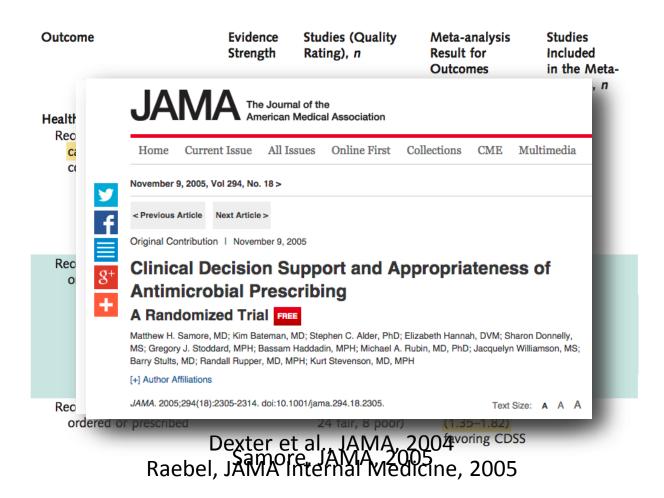
Editorials, Expert Opinions

Impact Factor: 16.1 (2013)



Bright et al., Ann Intern Med. 2012;157:29-43

Outcome: Health Care Process



Outcome: Clinical



Sequist et al. Arch Intern Med., 2009

HRQOL = health related quality of life

Outcome: Economic

Clinical Care/Education/Nutrition/Psychosocial Research

Cost-Effectiveness of the Diabetes Care Protocol, a Multifaceted Computerized Decision Support Diabetes Management Intervention That Reduces Cardiovascular Risk

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OBJECTIVE — The Diabetes Care Protocol (DCP), a multifaceted computerized decision support diabetes management intervention, reduces cardiovascular risk of type 2 diabetic patients. We performed a cost-effectiveness analysis of DCP from a Dutch health care perspective.

RESEARCH DESIGN AND METHODS — A cluster randomized trial provided data of DCP versus usual care. The 1-year follow-up patient data were extrapolated using a modified Dutch microsimulation diabetes model, computing individual lifetime health-related costs, and health effects. Incremental costs and effectiveness (quality-adjusted life-years [QALYs]) were estimated using multivariate generalized estimating equations to correct for practice-level clustering and confounding. Incremental cost-effectiveness ratios (ICERs) were calculated and cost-

levels lead to fewer micro- and macrovascular complications and improve health outcomes. Intensive treatment, based on current guidelines, might lead to lower health care costs. However it seems difficult to follow guidelines, and many type 2 diabetic patients do not meet the strict targets for good glycemic and cardiovascular control.

New strategies like the Diabetes Care Protocol (DCP) have been developed to improve the quality and management of diabetes care (6). The DCP comprises several interventions, including a diabetes consultation hour run by a practice nurse,

Outcome: User Workload & Efficiency

User workload and efficiency outcomes				
Effect on user knowledge	Insufficient	5 (4 fair, 1 poor)	NA	_
Number of patients seen per unit time	Insufficient	0	NA	_
Clinician workload	Insufficient	0	NA	_
Efficiency	Low	7 (3 good, 4 fair)	NA	_
Relationship-centered outcomes				
Patient satisfaction	Insufficient	6 (4 good, 1 fair, 1 poor)	NA	-

Insufficient Evidence

Zusammenfassung

- "Clinical Decision Support" wächst beträchtlich (dzt. 3500 Artikel/Jahr)
- Analyse einer aktuellen Meta-Analyse (160 RCTs)
 - Hohe Evidenz
 - Recommended treatment ordered/prescribed
 - Recommended preventive care service ordered
 - Moderate Evidenz
 - Morbidity
 - Recommended clinical study ordered/completed
 - Cost
- Viel Potential!