

HCV diagnostics and non-invasive liver disease assessments: what are the current tools in the toolbox and where to from here?

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Liver fibrosis assessment tools

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What lies in the tool box?

Tools for the virus (1)

• HCV Elisa tests¹:

- Standard of care for screening for the presence of HCV Ab
- Immunoenzymatic assays, 3rd generation
- Serological window: approx. 60 days
- May be negative in highly immunosuppressed patients

• Combo anti-HCV Ab / HCV Ag assay²

- May reduce the serological window by 20 days
- Less sensitive than 3rd generation Elisa Tests for Ab and detect HCV later than HCV-RNA in acute HCV settings

¹Chevaliez S. Clin Microbiol Infect 2011.

Tools for the virus (2)



• HCV rapid tests

Performed on cravicular liquid, full blood, plasma¹

Type of tests	Type of liquid	Se [95%Cl]	Sp [95%Cl]
Oraquick [®] HCV	Cravicular	97,8%	100%
(Orasure		[95,6 - 98,9]	[95,6 - 98,9]
technologies, USA)	Capillary full	99,1%	100%
	blood	[97,4 - 99,8]	[98,0 - 100]
Toyo [®] HCV (Turklab,	Capillary full	95,9%	98,3%
Turquie)	blood	[93,1 - 97,8]	[95,1 - 99,6]
Labmen HCV [®]	Capillary full	63,1%	100%
(Turklab, Turquie)	blood	[55,1- 70,6]	[95,2 - 100]

- Slight decrease in Se when used on cravicular liquid²
- Controversial effect of HIV on test performance^{3,4}

¹French National Guidelines on HCV Screening, April 2014. ²Shivkumar, Ann Intern Med 2012. ³Smith, J Infect Dis 2011. ⁴Larrat, J Clin Virol 2012

Tools for the virus (3)

- HCV-RNA quantification¹
 - two molecular biology-based techniques: target amplification (PCR) and signal amplification (branched DNA assay), with an increase in sensitivity in real time PCR
 - Used to confirm chronic hepatitis C
 - In the setting of acute HCV, shortest serological window:
 1 3 weeks

Tools for the virus (4)

HCV genotyping

- Based on direct sequencing (population sequencing) that provides the full sequence of the analysed fragment, or reverse hybridization that identifies specific nucleotides or motifs at given positions
- 7 genotypes identified with different susceptibilities to DAAs

Tools for the liver (1)

• Liver biopsy

- Considered as « gold standard » for liver fibrosis evaluation for years
- Very valuable in HIV patients (NASH, OH, ARV toxicities, etc.)
- Numerous drawbacks: cost, life-threatening complications, sample variability



Tools for the liver (2)

Biochemical scores

- Based on the combination of biochemical markers with a equation predicting the risk of fibrosis
- Influenced by etiology of fibrosis (different thresholds)

	Bili	ggt	Hapto	a2M	АроА	ALAT	Hyalu	Alb	ASAT	Chol	Pqt	TP	Urée	Age	Sexe	IMO
Fibrotest®	х	x	x	х	x									x	x	
SHASTA							x	x	x							
Hepascore	х	x		x			x							x	x	
Zeng		x		х			X							x		
Forns		x								x	x			x		
Fibrometre®				х			x		x		x	х	X	x		
Fib-4						х			x		х			х		
AST/ALT						x			x							
Hyalu							x					-				
APRI									x		х					
Hui	х							x			х					х

- Best tests combining markers of extracellular matrix degradation (Fibrotest, fibrometer)
- Simple tests such as APRI or Fib4 exhibit very good performance in diagnosing advanced fibrosis

Tools for the liver (3)

- Transient elastometry
 - Measurement of liver stiffness
 (kPa) with a probe
 - Median and IQR with at least 10 valid measures
 - Must be performed after 12 hour-fasting





Tools for the liver (4)

• Combining non invasive markers for the diagnosis of advanced fibrosis



Boursier, Hepatology 2012

Tools for follow-up under treatment

	Before Rx	Rx initiation	W4	W8	EOT	SVR12
FBC	Х	Х	Х	Х	Х	
LE	Х	Х	Х	Х	Х	
Renal Fct	Х	Х	Х	Х	Х	
APRI/TE		Х				
HCV-RNA	Х	Х			Х	Х
Genotype	Х					
Thyroide Fct		Х			Х	

WHO HCV care and management Guidelines, 2014

How should innovation be a game changer in diagnosis of HCV infection and follow-up of HCV treatment ?



→ Transforming a multiple-step procedure into a two step-procedure

HCV Core Ag quantification

HCV core Ag quantification

- Decrease of serological window compared to ELISA, threshold for HCV-RNA detection = 1000UI/mL¹
- Excellent Se and Sp which makes it a reliable tool for mass screening for acute HCV²
- Decrease in Se when performed on DBS³
- To date, only one marketed test: Abbott ARCHITECT platform



 But POC device being developed (DAKTARI): eliminates sample preparation through the use of a technology known as "microfluidic immunochromatography", which isolates cells (or viruses) : the only user step is to apply a drop of whole blood to the cartridge.

¹Chevaliez, J Clin Virol 2014. ²Vanhommerig, EASL 2014. Chevaliez, J Infect Dis 2015





Agence autonome de l'Inserm

ANRS12336: Performance of HCV Core Ag as a screening and follow-up tool

- Ancillary study of TAC trial (efficacy and tolerance of SOF + RBV or SOF + LDV in genotype 1, 2 or 4 HCV infection in Côte d'Ivoire, Cameroon and Senegal)
- Primary objective: performance of HCV Core Ag (Architect Abbott Diagnostics) in HCV screening and follow-up under DAA- based treatment
- Secondary objectives: influence of HBV and HIV coinfection of HCV Core Ag performance

Population

1037 serum samples from the Pasteur Center of Cameroon in Yaounde



- HCV+:
 - HCV antibody (HCV Ab) positive serology
 - Quantifiable HCV RNA
- HCV-:
 - HCV Ab negative serology
 - OR undetectable HCV RNA
- HIV status known
- HBV status known



Results: AgC overall performance



Results: overall performance of AgC

Table Performance of the AgC quantification by infection group

	n	Se [IC97.5%]	Spe [IC97.5%]	VPP*	VPN*	AUC [IC95%]	LR+	LR-
Mono	824	95.7 [93.2 ; 97.5]	99.7 [98.1 ; 100]	98.1	99.3	0.99 [0.98-1.0]	319	0.043
HIV	78	100 [85.0 ; 100]	88.2 [74.3 ; 96.2]	57.6	100	0.99 [0.97-1.0]	847	0
HBV	107	96.4 [79.2 ; 99.9]	96.2 [88.1 ; 99.4]	80.2	99.4	0.98 [0.95-1.0]	25	0.037

➔ Next step: HCV core Ag as a tool for follow-up of patients under treatment

*Estimated HCV prevalence in Cameroon: 13,8%

HCV RNA quantification

- Point of care (POC) platforms for HCV-RNA assays
 - HCV RNA quantitative assay
 - Alere Q (Alere Inc.)
 - EOSCAPE-HCV rapid RNA assay (Wave 80 Biosciences)
 - Truelab Uno real time Micro PCR system (Molbio Diagnostics Pvt Ltd)
 - GeneXpert (Cepheid)
 - RT CPA HCV Viral Load Test (Ustar B
 - HCV RNA qualitative assays
 - Gendrive (Epistem)
 - PanNAT (Micronics Inc.)



HCV Genotyping

• POC molecular devices under development, i.e Gendrive (EPISTEM)





Dried Blood Spots



- Used to collect venous blood specimens in setting where syringes, tubes, centrifuges and skilled labor are not available
- Recently assessed for a wide range of HCV diagnostic tools¹:

Variable	Specificity, % (95% CI)	Sensitivity, % (95% CI)	PPV	NPV
Anti-HCV antibody detection	98.2 (94.9–99.6)	99.1 (97.4–99.8)	99.1	98.2
HCV core antigen detection	100 (97.8–100)	64.1 (58.5–69.3)	100	64.7
HCV RNA detection				
CAP/CTM	100 (97.8–100)	97.1 (94.7–98.5)	100	95.0
m2000	100 (97.8–100)	98.1 (95.9–99.1)	100	96.6
HCV genotype determination	NA	72.3 (67.0–76.9)	100	NA

Results of serum analysis are the references.

Abbreviations: CAP/CTM: Cobas Ampliprep/Cobas TaqMan HCV assay, version 2; CI, confidence interval; m2000, m2000 platform; NA, not applicable; NPV, negative predictive value; PPV, positive predictive value.

Soulier, J Infect Dis, 2015

The use of APRI for identifying cirrhosis

		APRI (low cut-off)	APRI (high cut- off)	FIB4 (low cut-off)	FIB4 (high cut-off)	Transient elastography (Fibroscan)
Significant fibrosis (METAVIR	Sensitivity (95% CI)	82 (77–86)	39 (32–47)	89 (79–95)	59 (43–73)	79 (74–84)
≥F2)	Specificity (95% CI)	57 (49–65)	92 (89–94)	42 (25–61)	74 (56–87)	83 (77–88)
Cirrhosis (METAVIR F4)	Sensitivity (95% CI)	77 (73–81)	48 (41–56)	-	-	89 (84-92)
	Specificity (95% CI)	78 (74–81)	94 (91–95)	-	-	91 (89–93)

APRI aminotransferase/platelet ratio index; kPa kilopascal

Source: WHO HCV Guidelines, April 2014

What would the ideal screening and follow-up algorithm?



Evaluation of a simplified screening and followup strategy in a real-life setting

- Nested in two studies based in Western Africa:
 - TAC (Treatment Africa Hepatitis C) ANRS12311
 - Clinical trial assessing the efficacy and tolerance of a 12 weekcourse of SOF+RBV or SOF+LDV in 120 GT1,2 or 4 patients living in Cameroon, Côte d'Ivoire and Senegal
 - Of whom 20 are DUs living in Dakar on OST provided at CEPIAD¹
 - CODISEN (Cohort of Drug Injectors living in Senegal) ANRS12334
 - Cohort of 500 individuals seeking care at the CEPIAD OST center (HCV prevalence: 23,3%, 38,3% in injectors)
 - Access to TAC trial and MRKHEPSEN (Gazoprevir+ elbasvir for 12weeks in GT1 and 4)

¹Lepretre, JIAS 2015

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