

CE Course Handout

The Dental Hygienist's Role in the Care of Infant, Toddler and Adolescent Patients

Saturday, June 11, 2016
10:00 a.m.-1:00 p.m.

The Dental Hygienist's Role in the Care of Infant, Toddler and Adolescent Patients

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ADHA CLL 2016 Pittsburgh, PA

Saturday, June 11, 2016 10:00 am – 1:00 pm

I. Pre-natal care and education

- A. Mother and father's oral health
 - 1. Oral hygiene – decrease plaque biofilm and bacteria
 - 2. Restore carious lesions to reduce streptococcus mutans
- B. Diet and Nutrition
- C. Begin education on infant oral care

II. Infant oral care

- A. First dental visit at 6 months
- B. Cleaning of gums and teeth
- C. Tooth eruption
 - 1. Eruption cysts/ other infant oral manifestations
 - 2. Teething pain and remedies
- D. Nutrition and habits
 - 1. Breast feeding/bottle feeding
 - 2. Sharing utensils
 - 3. Sugars and fermentable carbohydrates

III. Toddler oral care

- A. Brushing and flossing
- B. Non-nutritive habits
- C. Mouth injuries

IV. Oral assessment of the infant and toddler

- A. Caries risk assessment
 - 1. Parent and sibling oral health history
 - 2. Oral hygiene
 - 3. Diet/oral habits
 - 4. Existing carious lesions/restorations
- B. Anticipatory guidance
 - 1. Plan ahead and advise as child grows
- C. Recare frequency

V. Patient management of the infant and toddler

- A. Involve parent(s)

- B. Tell, show, do
- C. Knee-to-knee exam
- D. Child sitting in parent's lap
- E. Fluoride varnish

VI. The scared and/or crying patient

- A. Soothing words
- B. Crying means an open mouth
- C. Be quick
- D. Minimum brief exam if possible

VII. Pre-schoolers

- A. Possible sealants on primary molars
- B. Continue parental brushing
- C. Exfoliation and eruption patterns

VIII. School-age children

- A. Mixed dentition
- B. Sealants on molars as soon as erupt
- C. Reinforce brushing/flossing with parent supervision
- D. Early orthodontic intervention
- E. Diet/Nutrition

IX. Pre-teens

- A. Reinforce oral hygiene practices
- B. Sealants on premolars and second molars
- C. Diet/nutrition
- D. Orthodontic intervention

X. Teenagers

- A. Oral hygiene and education
- B. Tobacco/drug use/ e-cigs/ marijuana/ hookah
- C. DIY orthodontics
- D. HPV
- E. Bleaching/cosmetics

XI. Considerations for all ages

- A. Recognition of abuse and neglect
- B. Medical considerations
- C. Medication contraindications and side effects

XII. Government dental programs/Resources

- A. Federal programs
- B. State programs

References

<http://www.aapd.org/assets/2/7/ECCstats.pdf>

<http://www.ada.org/en/about-the-ada/ada-positions-policies-and-statements/statement-on-early-childhood-carries>

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Texas Department of State Health Services

<http://www.dshs.state.tx.us/dental/firstdentalhomemats.shtm>

University of Maryland – early childhood oral health video

<http://www.youtube.com/watch?v=ycTettc04YI>

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