

Nordic Narcolepsy Meeting 2022

June 02- 03, 2022 Copenhagen, Denmark



Agenda

Thursday June 2, 2022

12.00 – 12.30 Lunch, registration and coffee in the exhibition area

12.30 – 13.00 Opening words by Poul Jørgen Jennum, Denmark. *Narcolepsy, hypersomnias and its borders. Definition, clinical aspects.*

13.00 – 15.00 Pathophysiology of Narcolepsy (Chair: Birgitte Kornum)

Birgitte Kornum, Denmark: *Is narcolepsy an autoimmune disorder?*

René Lemcke, Denmark: *Hypothalamic changes post H1N1 infection in mice*

Hilde T. Juvodden, Norway: *MRI assessment of narcolepsy: volume of the hypothalamic subregions of NT1*

Datablitz (5+3 min. each):

Rannveig Viste, Norway: *T-cell profiles in Narcolepsy*

Camille G. Hviid, Denmark: *Mechanisms of cognitive disturbances in narcolepsy – how to study this in mouse models.*

Christine Egebjerg Jensen, Denmark: *Can hypothalamic function during human adolescence be studied in mice?*

Nicolai Berendtsen, Denmark: *New methods to study hypocretin neurons in mouse and human tissue.*

Open discussion on disease mechanisms

15.00 – 15.30 Coffee break in the exhibition area

15.30 – 16.30 Narcolepsy and post infections/vaccination (Chair: Markku Partinen)

Markku Partinen, Finland: *Post infection and other relation to hypersomnia's: fatigue, tiredness*

Eemil Partinen, Finland: *Hypersomnia and its (functional) borderland*

Stine Knudsen Heier, Norway: *Post H1N1 – what we do know and what we don't know*

Anne-Marie Landtblom, Sweden: *Kleine-Levin and other periodic hypersomnia's*

16.30 – 17.15 Diagnostic aspects in narcolepsy (Chair: Hilde T. Juvodden)

Cresta Asah, Denmark: *Electrophysiologic evaluation of central hypersomnias. Methods and diagnostic challenges.*

Eva Wiberg Thorstensen, Denmark: *Diagnostic accuracy and repeated measures diagnosing narcolepsy*

Anne-Marie Landtblom, Sweden. *Characterization of the increase in narcolepsy in Sweden after 2009*

17.15 – 18.00 Invited speaker (Chair: Poul Jørgen Jennum)

Emmanuel Mignot, Stanford, USA: *New developments in narcolepsy*

18.30 Dinner at the venue (for those who signed up through the registration site)

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Friday June 3, 2022

08.00 – 08.30 Registration and coffee in the exhibition area

08.30 – 09.20 Social and educational issues in narcolepsy (Chair: Tomi Sarkanen)

Therese Nordling, Norway: *Narcolepsy: school, work and coping strategies*

Tomi Sarkanen, Finland: *Measures of functional outcomes*

Ragnhild Berling Grande, Norway: *Norwegian Narcolepsy Registry: Education and treatment status of NT1*

09.20-10.30 Psychiatric comorbidities and cognition in narcolepsy (Chair: Berit Hjelde Hansen)

Pontus Wasling, Sweden: *Memory, QoL, procrastination and immunomodulating therapy in narcolepsy*

Kristin Langdalen, Norway: *Norway NT1 and neurodevelopmental comorbidities*

Niels Østerby, Denmark: *Central hypersomnia's and psychiatric comorbidities*

Berit Hjelde Hansen, Norway: *Psychotic features in narcolepsy type 1*

10.30 – 11.00 Coffee break in the exhibition area

11.00 – 12.00 Treatment and management of narcolepsy

Stine Knudsen Heier, Norway; discussion: Poul Jørgen Jennum, Denmark

Short presentation (12+3 min): Helga Gretarsdottir. *Clinical experiences of Pitolisant treatment in Uppsala – Patient report increased creativity and improved mental function.*

12.00 – 12.45 Lunch in the exhibition area

12.45 – 15.00 (including a coffee break in the exhibition area)

Patient voices: *How do we see the landscape from the patient perspective?*

Nordic voices: *How is narcolepsy and other diagnoses evaluated in the Nordic countries? (Denmark, Norway, Iceland, Sweden, Finland, Estonia, Lithuania, Latvia)*

Nordic Patient organization

Lithuania: Evelina Pajediene. *Diagnostic and treatment challenges of hypersomnia in the Baltics.*

Norway: Ragnhild Berling Grande

Denmark: Poul Jennum

Sweden: to be announced

Finland: to be announced

15.00 End of meeting

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