

# MEMORY LANE

GARRAWARRA CENTRE  
MARC GRILLI : CLINICAL NURSE EDUCATOR

# Background

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## Essentials Of Care Quality Improvement Initiative

Person Centred Project involving the consumer, staff and family to improve the residents wellbeing and quality of life.

# Memory Lane

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- A life story of the person we provide care for
- Reminiscent items individually unique or valued by the person

# Hopes for Memory Lane

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- Memory Lane is a person centred accessible box / resource that includes memorabilia, life stories, photographs and personal items Eg. Tactile materials, jewellery, reading materials and cultural / religious resources.





# Hopes for Memory Lane

- Memory Lane encourages staff to learn more about the person they are caring for and also promotes the family to be included in the care delivery of their loved one.







NSW DBMAS

# This Life Story Album

Belongs to:

JIMMY SHAND JNR



Father and Son of Scotland

## CASTLES OF SCOTLAND VOLUME ONE

A JOURNEY THROUGH SCOTLAND'S HISTORICAL CASTLES



FEATURING:  
An introduction to the castles of Scotland  
An introduction to the castles of Scotland  
An introduction to the castles of Scotland

MARY GRASSIE



NEW  
INTERNATIONAL  
VERSION

# HOLY BIBLE



# NANA AND POP

## HAPPY ANNIVERSARY

# 50th

Let's make the 50th  
Happy Anniversary  
from #1 Grandson



## True Love



## WHERE I WAS BORN



I WAS BORN IN ENGLAND,  
LONDON. ON THE 10TH OF  
SEPTEMBER 1941, AT "THE LESTER HOSPITAL" AT  
CHELSEA BRIDGE RD, LONDON. IN ASSERN!

JOSEPH MOVED TO AUSTRALIA WITH HIS  
WIFE JEAN AND THEIR THREE SONS. IN 1970,  
IN MARCH!





**THE  
BOATSWAIN'S  
MANUAL**



# Sandra's Story

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# Feedback From Sandra's Family

## *MEMORY LANE EXPERIENCE*

*“ I am sure Sandra will love seeing all of her family and friends in picture form throughout the My Life Story. This will allow her to go back in time for that precious moment looking at each page*

*Written by her husband in 2020*



# Overview

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Promotes meaningful interactions between the resident, staff and the family / carers.

Contributes to promoting the quality of life, happiness, safety and emotional wellbeing for the person in our care.



# Overview

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- Encourages staff to explore a deeper understanding of the person with dementia, their life experiences and their life story before suffering from dementia



# Outcomes

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Covid restrictions to visitation in RACF caused emotional distress, sadness and frustration with some families, carers and staff.

Memory Lane proved in some instances to give an opportunity for staff to support their resident who was experiencing distress by utilising stories, pictures and photos and letters from their loved ones during this difficult time.

# Outcomes

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- Family members are encouraged to take the Life Story resource home with them to scribe stories, poems and place pictures / photographs which enables them to actively be involved in the care of the individual.



# Outcomes

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Memory Lane has been seen to help family members when their loved one is newly admitted to Garrawarra Centre.

Family can spend time putting the stories together and selecting personal items for Memory Lane.



# *Memory Lane*



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*Thankyou*