



benetas

Supporting a good death in residential aged care settings

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Supporting a good death in residential aged care settings

- ✦ Context
- ✦ Terminology
- ✦ Methods
- ✦ Challenges
- ✦ Solutions

Context

- ✦ Population ageing
 - 65 years+
 - 85 years+
- ✦ Care of older people
 - 80% informal care
- ✦ Community
 - 70% no formal support
- ✦ Residential care
 - 5% only

Methods

- ✦ Record audit
- ✦ Interviews
- ✦ Focus groups
- ✦ Consumer perspectives
- ✦ Best Practice guidelines
- ✦ Literature
- ✦ Policy

Terminology

- ✦ Palliative Care
- ✦ Palliative Approach
- ✦ End-of-Life Care
- ✦ Advance Care Planning / Advance Care Directives
- ✦ End-of-Life Wishes
- ✦ CPR / Resuscitation / Not For Resuscitation
- ✦ Interchangeable use of terms
- ✦ Understanding often assumed

Challenges

- ✦ Workforce
- ✦ Increasing acuity/decreasing LOS
- ✦ Lack of standardised terms/documents
- ✦ Delay in ACP
- ✦ Poor communication
- ✦ Unrealistic expectations
- ✦ Uncertainty in decision making
- ✦ Gaps in education & training

Solutions

- ✦ National approach
- ✦ Service sector integration
- ✦ Specialist palliative care services
- ✦ Education
- ✦ Efficient use of ICT
- ✦ Shared responsibility
- ✦ Anticipatory care planning
- ✦ Relationship management

Questions?