



"This conference arises from the project YOUTH MENTAL HEALTH:  
FROM CONTINUITY OF PSYCHOPATHOLOGY  
TO CONTINUITY OF CARE (STraMeHS)  
which has received funding from the European Union,  
in the framework of the Public Health Programme."

**16-18**  
**DECEMBER**  
**2014**  
**VENICE**  
**SAN SERVULO**  
**CONGRESS CENTRE**  
**ITALY**

# **YOUTH MENTAL HEALTH**

## **From Continuity of Psychopathology to Continuity of Care (STRAMEHS)**

### **FINAL RECOMMENDATIONS**



**REGIONE DEL VENETO**

# VENICE RESOLUTION

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The participants in the **European Conference on Youth Mental Health: From Continuity of Psychopathology to Continuity of Care** co-sponsored by

*European Commission – DG Health and Consumers*

*Saint John of God Clinical Research Centre*

*European Psychiatric Association*

*Ministero della Salute*

*Regione Veneto*

and the representatives of

*European Society of Child and Adolescent Psychiatry*

*World Psychiatry Association – Child and Adolescent Psychiatry Section*

*European Federation of Associations of Families of People with Mental Illness*

*Global Alliance of Mental Illness Advocacy Networks-Europe*

*European Federation of Psychologist's Associations*

*Società Italiana di Neuropsichiatria dell'Infanzia e dell'Adolescenza*

and in partnership with

*World Health Organization – Regional Office for Europe*

**Aware** of the vast magnitude and severity of mental health problems in children, adolescents and young people in European countries

**Recognizing** that the currently available mental health services cover only a minority of the needs of those who have mental health problems and of their carers

**Aware of the differences** in resources for mental health care of the young among countries of Europe and their lack in the East of Europe

**Committed to the search** for intersectional and interdisciplinary collaboration and coordination in the development of mental health care for the youth

**Stressing the need** to develop programmes of prevention of mental disorders particularly in groups (such as refugees) at high risk to suffer from them

**Noting and endorsing** the recommendations in the International Declaration on Youth Mental Health produced by the Association for Child and Adolescent Mental Health - Special Interest Group in Youth Mental Health

**Cognizant** of the relevant international conventions and documents and in particular the Convention on the Rights of the Child, the Convention on Prevention of Torture, the Convention on the Rights of Persons with Disabilities, the International Covenant on Civil and Political Rights, the International Covenant on Economic, Social and Cultural Rights, and the Universal Declaration of Human Rights

**In agreement** with the previous recommendations made by the World Psychiatric Association, the European Federation of Associations of Families of People with Mental Illness, the Global Alliance of

Mental Illness Advocacy Networks-Europe, the European Psychiatric Association and other organizations concerned with mental health that ethical and legal protection of children and adolescents require particular attention in health care programming for the young

# RECOMMEND

## **To the organizers of this meeting to**

- i. undertake the steps necessary to obtain information about the current situation concerning mental health needs of youth and relevant services and training in European countries
- ii. assemble information about successful models of service provision, including transition and collaboration of mental health services for young people
- iii. develop a concept paper which will serve as the basis of discussion about the definition and limits between child, adolescent, youth and adult mental health services and use it in the development of national and regional plans for mental health services for youth
- iv. develop, in collaboration with those who made presentations during this meeting, a publication which will allow a wide distribution of the meeting's findings

## **To representatives of the nongovernmental organizations which were present at the meeting**

- i. to use these recommendations and the materials for necessary action including the data about mental health problems of youth (and the solutions proposed) for presentations at meetings and conferences organized under their leadership
- ii. consider possibilities and support of collaborative research among European countries
- iii. to disseminate the findings of this conference by all means at their disposal

## **To the Union Européenne des Médecins Spécialistes**

- i. to give special attention to the requirements for the training in youth mental health in European countries

## **To the European Commission**

- i. to solicit applications for grants focusing on the improvement of youth mental health

Venice, December 18<sup>th</sup>, 2014

In partnership with



With the representatives of



**SINPIA**

SOCIETA' ITALIANA DI NEUROPSICHIATRIA  
DELL'INFANZIA E DELL'ADOLESCENZA

