

#WMTUS20

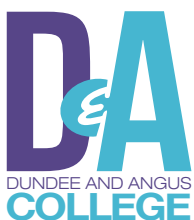
What Matters to Us

CONFERENCE

20 MARCH 2020
DUNDEE & ANGUS
COLLEGE



ALLIANCE
HEALTH AND SOCIAL CARE
ALLIANCE SCOTLAND
people at the centre



WHAT MATTERS TO US

What Matters to Us is a national conference for final year HN students destined for a career in social care and early years, and for staff in these subject areas. 2020 is our third annual conference, being hosted by Dundee & Angus College.

This event will provide opportunities for you to hear from inspiring speakers and take part in topical workshops at this key point in students' transition. The conference has an eye to the future, with key themes around person-centred and person-led care. This year there will also be a focus on human rights and working towards a Scotland where all can live with human dignity.

The day will provide inspiration from service users and carers on their hopes for the future of care and support. There will also be opportunities to come together with peers, on exciting workshop topics, and take part in discussions. Over lunch there will be a marketplace of stalls, supporting your career development, and allowing you to grab some useful materials!

The conference is a partnership between Iriss, the Scottish Social Services Council, College Development Network, Early Years Scotland, the ALLIANCE, University of the West of Scotland and representatives from the college sector, including our host for the day, Dundee and Angus College.

Participants will be able to apply for a SSSC Open Badge in recognition of their attendance and learning from the day. This can also be used by staff for CPD/post-registration training and learning requirements.

OPENING AND WELCOME

GRANT RITCHIE

PRINCIPAL, DUNDEE & ANGUS COLLEGE

Grant was educated at Harris Academy, Dundee and graduated with an Honours Degree in History from Aberdeen University. After working in local government and freelance journalism he joined Dundee College in 1985. He completed his FE teaching qualification in 1989 and also has a Post Graduate Qualification in Educational Leadership from the University of Leicester.

He began as a lecturer in communications, and, prior to becoming Principal, was responsible for the growth of creative and cultural industries in Dundee College, the development of the award winning Space Dance Centre, and the £50m redevelopment of the Gardyne campus.

He sits on a range of local Boards and Committees and is the current Chair of the Angus Community Planning Partnership. Nationally he chairs the Energy Skills Project, ESP, leading the College sector in industry engagement. He also chairs SQA's HN Next Generation Project and Colleges Scotland's Skilled Workforce Group.

Grant is passionate about making sure Colleges can drive economic development by working with business to make sure the right skills are in the right place at the right time.

Kerry Musselbrook (Iriss) will say a few words on behalf of the *What Matters to Us* conference planning partners.

The day will be chaired by **Julie Grace**, Director of Curriculum and Attainment at Dundee & Angus College.



 @Grant_Principal

DUNDEE & ANGUS COLLEGE

Formed in 2013 as a merger of Angus College and Dundee College, Dundee & Angus College is one of the largest further education colleges in the UK with over 23,000 enrolments.

Its stated mission is to "generate regional economic growth and social well-being through the provision of skills and education for individuals, employers and the wider community."

THE POWER OF POSITIVE RELATIONSHIPS

RYAN McCUAIG

CHAIR, WHO CARES? SCOTLAND

From the care system to first class law graduate, Ryan McCuaig is an activist, speaker and social commentator from Glasgow, Scotland.

Ryan was born and raised in Easterhouse, Glasgow, one of the UK's most deprived areas. After experiencing state intervention early in his childhood due to parental addiction, poverty, violence, abuse and neglect; Ryan overcame significant personal, financial and social barriers to graduate from the University of Strathclyde with a first-class law degree. He subsequently completed a post-graduate diploma at the University of Glasgow and is embarking upon a career in law, a profession which remains one of the most socially exclusive in the UK.

Now a regular face on BBC Scotland, Ryan McCuaig is often invited to comment on politics and social issues such as poverty, education, widening access and human rights. He chairs the board of directors at Who Cares? Scotland and actively campaigns for better outcomes for care experienced people.



 @Ryan_McCuaig

WHO CARES? SCOTLAND

Who Cares? Scotland is a national voluntary organisation, working with care experienced young people and care leavers across Scotland.

The Who Cares? Scotland vision is a lifetime of equality, respect and love for care experienced people.



MAKING RIGHTS REAL – THE HUMAN RIGHT TO SOCIAL CARE

DR DONALD MACASKILL

CHIEF EXECUTIVE OFFICER, SCOTTISH CARE

Dr Donald Macaskill has been the CEO of Scottish Care since April 2016. Scottish Care is the membership body for organisations that provide care in care homes, home care and housing support across Scotland.

Prior to his current role, Dr Macaskill ran an equality and human rights consultancy for fourteen years. Previously he has worked in the fields of palliative and end of life care, learning disability and adult and childhood trauma. He serves on a number of Government committees and sits on a number of charitable boards.



 @DrDMacaskill

SCOTTISH CARE

Scottish Care represent the largest group of independent sector social care providers across Scotland, delivering residential care, nursing care, day care, care at home and housing support services. This includes private, not for profit and charitable organisations.

Scottish Care are committed to ensuring that the voice of those who access social care and those who provide services is at the heart of national debate. Their stated aim is to ensure that the highest quality care is available to all who need it.

WORKSHOPS

01 LET'S GO OUTSIDE

We all have the right to play, to rest from work and to experience education in different settings throughout our lives. This workshop has been designed to introduce you to the idea that engaging with our natural environment is essential to holistic learning, health and wellbeing. It will provide you with the Scotland's position on Outdoor Play and Learning, explore the impact of nature upon development and, led by Dundee & Angus HNC Childhood Practice learners, you will experience, first-hand, outdoor play activities.

Workshop facilitated by:

Rachel Cowper — Inspiring Scotland and HNC Childhood Practice Learners, Dundee & Angus College

02 QUALITY IMPROVEMENT MATTERS IN HEALTH AND SOCIAL CARE

An introduction to improvement within organisations and the role that all staff have in improving person-centred service provision. John Yellowlees will provide an overview of the new SSSC resource on quality improvement and will introduce a tool for improvement. Claire McAllister, honours student on the BA Integrated Health and Social care programme at University of the West of Scotland will showcase how she improved the care for a lady with learning disabilities. Bryan Mitchell will show how his introduction of a Complementary Therapy service within a care home for people with dementia improved care provision. The workshop will highlight that all staff within the sector can be leaders and change and improve services and that improvement matters to everyone.

Workshop facilitated by:

John Yellowlees SSSC, **Elaine Gifford**, **Bryan Mitchell** & **Claire McAllister** UWS

05 MINDFULNESS: A PRACTICE FOR HUMAN RIGHTS AND SOCIAL JUSTICE?

Can mindfulness practice help students achieve educational success, and what's its role in closing the attainment gap, overcoming generational poverty and delivering social justice? We will explore this question while also experiencing a few moments of stillness and presence in the session. As a social scientist and mindfulness teacher Susan is fascinated by the potential for Mindfulness Based Interventions (MBI's) to contribute to Human Rights and equality for all. This includes the right to education. The Human Right Act 1998 states 'that no person shall be denied the right to education' and one of the UN's Sustainable Development Goals (No.17) is to 'ensure inclusive and equitable quality education and promote lifelong learning opportunities for all'.

Workshop facilitated by:

Susan McAvoy — Social Science Lecturer, EIS Learning Rep and Equalities Rep, Dundee & Angus College

06 WHAT MATTERS TO TRAVELLERS IN SCOTLAND?

Davie Donaldson is a Scottish Traveller (Nawken) advocate and social justice campaigner. Using his lived experience, he supports decision-makers at a local, national and international level to increase inclusivity of policy towards Gypsy & Traveller peoples. His efforts are primarily in supporting Gypsy/Traveller communities, however a strong belief in grassroots empowerment led him to establish the Progress in Dialogue social justice network (PIDnet). As well as an advocate, Davie is the Chairperson of Romano Lav and a student of Social Anthropology & International Relations at the University of Aberdeen. In this session he will be sharing his own perspectives and lived experience with a focus on the human rights of Scottish Travellers.

Workshop facilitated by:

Davie Donaldson — Progress In Dialogue



PARALLEL SESSIONS

EACH WORKSHOP RUNS ONCE PER SESSION

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03 THE POWER OF STORIES

Humans of Scotland is a Health and Social Care Alliance Scotland (ALLIANCE) project that tells the stories of those who access care and of those who provide it. In this workshop we hear from Amanda Kopel, campaigner for Frank's law for free personal care for the under 65s. We'll hear from her on her Humans of Scotland story and on her experiences of the care her husband received when he was living with dementia. As part of the workshop we'll do some practical work on creating narratives and discuss why listening to people's stories is an essential element of working in health and social care

Workshop facilitated by:

Angela Millar, ALLIANCE and **Amanda Kopel**, Campaigner

04 WHERE IS MY RIGHT TO THRIVE?

An interactive workshop led by people with lived experience of poverty and inequality. What are the issues that trap people in poverty, how does this impact their health and well-being? This is an opportunity to hear from people with lived experience of poverty in Dundee, to explore some of the issues and their inter-connectedness and begin to reflect on how this might impact engagement with your future workplace. Dundee Fighting for Fairness is an independent campaigning group that grew out of Dundee's Fairness Commission and is led by Community Commissioners, supported by Faith in Community Dundee.

Workshop facilitated by:

Tony, Sonja, Ethel, Andrew & Roger — Dundee Fighting for Fairness, **Jacky** — Faith in Community Dundee

07 LET'S GET IT RIGHT: A HUMAN RIGHTS APPROACH TO END OF LIFE CARE

The term 'human rights' often generates a feeling of fear, particularly for people working in public services and the health and social care sector. However, in reality, human rights empower staff and patients alike. This workshop aims to show you how you can work towards a 'Scotland where we can live with human dignity' as set out in the national action plan on human rights (SNAP) by embedding human rights in everyday care for people who are at their most vulnerable, at the end of life.

Workshop facilitated by:

Jude Scott — Practice Educator and Human Rights Trainer, Sue Ryder

08 SUPPORTING CHILDREN AFFECTED BY PARENTAL IMPRISONMENT

Imprisonment can create significant challenges for young children and family members left on the outside. These issues often remain hidden as family members can feel isolated and unaware of who they can turn to for support. Equally, early years practitioners may be unaware of children and families who are affected. As you move towards the achievement of your qualification, this workshop will support an understanding of the issues families may face, how young children may be impacted and how early years practitioners can reach out and support them accordingly. It will increase your knowledge and understanding of a pathway that you may not have considered while providing an insight into the diverse and invaluable work undertaken by Early Years Scotland in some of Scotland's Prisons.

Workshop facilitated by:

Michele Doull & Tracey Thompson — Early Years Scotland

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PROGRAMME

10:00–10:30

REGISTRATION
COFFEE, WORKSHOP SELECTION AND MARKETPLACE OF STALLS

10:30–10:40

WELCOME AND INTRODUCTION

Grant Ritchie (Dundee & Angus College)
and **Kerry Musselbrook** (Iriss)

10:40–11:00

**THE POWER OF POSITIVE
RELATIONSHIPS**

Ryan McCuaig
Who Cares? Scotland

11:00–11:20

**MAKING RIGHTS REAL – THE
HUMAN RIGHT TO SOCIAL CARE**

Donald Macaskill
Scottish Care

11:20–11:45

Q&A

11:45–11:55

COMFORT BREAK

11:55–12:45

WORKSHOP SESSION 1

Parallel sessions

12:45–13:30

LUNCH AND MARKETPLACE OF STALLS

13:30–14:20

WORKSHOP SESSION 2

Parallel sessions

14:20–14:45

CLOSE AND CELEBRATION

