

## Fostering Perinatal Integration Through Educational Collaboration

Presented by  
Kimberly Olson, MSN, RN-BC  
Mary G Mendes de Leon, MA, RN-BC

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The speaker has no conflict of interest to  
disclose.

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## Learning Outcomes

- Explain the development and implementation of an educational program utilizing subject matter experts to address the knowledge gap of psychiatric nurses and enhance care provision.
- Describe an integrative approach to education to support psychiatric nurses when caring for perinatal patients to ensure coordination and continuity of care.
- Identify future opportunities to transform psychiatric nursing practice through integrative collaboration across the continuum of care.

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### Demographics and Driving Forces

- Freestanding 108-bed inpatient psychiatric facility
  - Common campus of a large, suburban health system
    - 3 hospitals
    - 721 beds
    - 100 locations
    - Service area of 1.9 million
- US Surgeon General National Strategy for Suicide Prevention
- 2004 Suicide Prevention, Education and Treatment Act
- 2007 Illinois Suicide Prevention Strategic Plan
  - Illinois Department of Public Health

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### Summary of Evidence

- Screening of patients
  - Edinburgh Postnatal Depression Scale
  - Screening occurs across the perinatal spectrum
    - OB offices, mother/baby unit, NICU, lactation clinic
  - Triggers assessment by licensed clinician
  - Increased admissions for this patient population
    - 26 referrals in 2010
    - 294 referrals in 2015
- Unique care needs with special considerations
  - Supplies and workflows
- Knowledge gap existed

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### Description of Process

- Interprofessional partnership of subject matter experts
  - clinical educators
  - staff nurses
  - physicians
  - clinical counselor
- Educational sessions offered for all clinicians
  - Tailored to their role
- Continuing education credit was offered

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## Description of Program

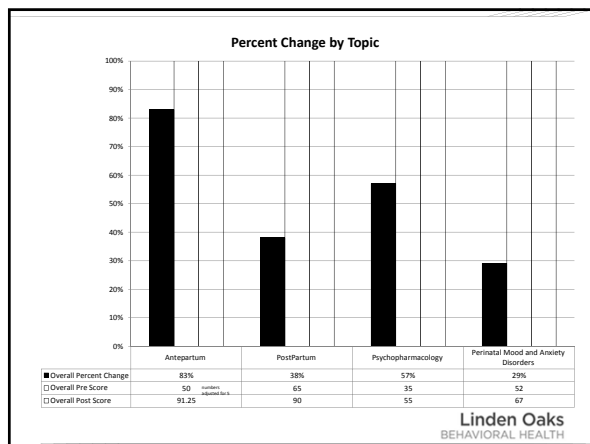
- Design
  - Two one-hour sessions
  - Each offered three times over a one-month period
- Content
  - Part 1
    - Nursing care of pregnant patients
    - Nursing care of postpartum patients
  - Part 2
    - Psychopharmacology
    - Perinatal mood and anxiety disorders
  - Resource binder

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## Validation of Evidence

- Administration of pre- and post-test
  - 10 questions
  - Multiple choice and true/false
- High levels of participant engagement and satisfaction
- Course outcomes implied care provision outcomes

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### Relevance to PMH Nursing/Results

- Clinical staff have obtained requisite knowledge and skill to care for patients across the perinatal continuum.
- Improved patient outcomes are anticipated for pregnant and postpartum patients.

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### Future Implications and Challenges

- Expansion of behavioral health service provision will require increased knowledge base for psychiatric nurses.
- Integrated professional collaboration can be applied with other healthcare services across the continuum of care.
- Knowledge acquisition, utilization and retention
  - Keeping content current
  - Training plan for new hires
  - Development of competency
    - Fetal Heart Tones

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