



AGENDA

Friday, March 8, 2013

6:00 am - 5:00 pm	Registration		
7:00 am - 8:00 am	Continental Breakfast		
8:00 am - 8:30 am	Opening and Welcome <i>Ellen Shuman, Immediate Past Chair</i> <i>Amy Pershing, Chair, LMSW, ACSW</i> <i>Chevese Turner, President & CEO</i>		
8:30 am - 11:45 am	Keynote Research Panel BED Research: Building the Evidence Base <i>Cynthia Bulik, PhD, FAED (Moderator) - Overview</i> <i>Ruth Striegel-Moore, PhD, FAED - DSM-5</i> <i>Marian Tanofsky-Kraff, PhD, FAED - BED in Children</i> <i>Denise Wilfley, PhD, FAED - Treatment</i> <i>Tim Brewerton, MD - Trauma</i>		
11:45 am - 12:45 pm	Lunch & Exhibits		
	Treatment Professionals <i>Oliver Pyatt Room</i>	Individuals <i>CRC Room</i>	Family/Advocacy & General Interest <i>Timberline Knolls Room</i>
12:45 pm - 2:15 pm	Integrated Treatment of BED <i>Wendy Oliver-Pyatt, MD</i> <i>FAED, CEDS</i>	Three's A Charm: The Integrative Approach of Movement, Eating, and Emotional Health to Treat BED <i>Caryn Attianese, MA, NCC, LPC</i> <i>Cindy Elms, RD</i> <i>Rochelle Rice, MA</i>	Family Hunger: Helping Families Heal their Relationships with Each Other, Self, and Food <i>Anna Kowalski, MA, MFT</i>

Friday Continued	Treatment Professionals <i>Oliver Pyatt Room</i>	Individuals <i>CRC Room</i>	Family/Advocacy & General Interest <i>Timberline Knolls Room</i>
2:30 pm - 3:30 pm	Designing a Set of Best Practices for the Care of Higher Weight People <i>Deb Burgard, PhD</i>	Exploring “Substance Addiction” and “Process Addiction” in BED <i>Kim Dennis, MD</i>	Kids, Carrots, and Candy <i>Jane Hirschmann, CSW</i> <i>Lela Zaphiropoulos, LCSW</i>
3:45 pm - 4:15 pm	Exhibitors & Coffee Break		
4:15 pm - 5:15 pm	Applications for an Integrative Harm-Reduction Model for Co-Occurring Binge Eating Disorder and Substance Use Disorders <i>Susan McClanahan, PhD</i> <i>Anna Roth, MA</i>	Bariatric Surgery for People with BED: Research and Realities <i>Susan Berkow, PhD, CNS</i> <i>Jacqueline Jacobson, LPC</i>	Weight Bias and Insurance Coverage: How Stigma Impacts Access to Treatment Objectives: <i>Lisa Kantor, JD</i>
5:15 pm - 6:30 pm	Welcome Reception <i>Sponsored by Oliver Pyatt Centers</i> Poster Sessions Exhibits <i>Light Refreshments & Cash Bar</i>		

Saturday, March 9, 2013

7:00 am - 5:00 pm	Registration
7:30 am - 8:30 am	Continental Breakfast
8:30 am - 10:00 am	Keynote Address <i>Sponsored by Oliver Pyatt Centers</i> The Challenge of Self-Acceptance: Liberating Ourselves from the Neurological Bonds of a Poor “Body Image” <i>Ralph Carson, PhD, RD</i>
10:00 am - 10:30 am	Exhibitors & Break

Saturday Continued	Treatment Professionals <i>Oliver Pyatt Room</i>	Individuals <i>CRC Room</i>	Registered Dietitians <i>Timberline Knolls Room</i>
10:30 am - 11:30 am	Crack Donuts and the Emaciated Imagination: Disordered Eating and Symbolic Expression <i>Michelle Dean, MA, ATR-BC, LCP, CGP</i>	What Do I Need to Know, What Do I Need to <u>DO</u> to Conquer BED? <i>Trisha Rubin, LCSW</i> <i>Ellen Shuman, BA</i>	Educators, Listeners, Healers: Dietitians Treating BED <i>Marsha Hudnall, MS, RD</i> <i>Rebecca Scritchfield, MA, RD</i>
11:45am - 12:45 pm	Relational Hunger: Attachment Issues in Clients with Binge Eating Disorder <i>Suzanne Morgan Dresdner, LICSW</i>	Binge Eating: An Act of Self-Destruction or an Attempt at Self-Help? <i>Carol Munter</i>	There's More Than What Meets the Eye: BED Overlooked, Misdiagnosed, Misunderstood <i>Carolyn Hodges-Chaffee, MS, RD</i> <i>Annika Kahm, BS</i>
12:45 pm - 1:45 pm	Lunch & Exhibits		
1:45 pm - 2:45 pm	Cut Down to Size: The Relational Meanings of Weight Loss Surgery <i>Catherine Baker-Pitts, PhD, LCSW</i>	Mindfulness-Based Self-Care Strategies & Take Action Tools for Nourishing Aliveness and Ending Emotional Eating <i>Amy Tuttle, RD, LCSW</i>	BED Treatment Strategies and HAES: Different Strokes for Different Folks <i>Marci Anderson, MS, RD, LDN</i> <i>Leslie Schilling, MA, RD, CSSD</i>
3:00 pm - 4:00 pm	The Family Table: A Newly Integrated Model of BED Treatment for Children and Adolescents <i>Kristine Vazzano, PhD</i> <i>Melissa Knudson, RD</i>	Giving Back Body Shame: The Use of Empowerment and Enactment Techniques in the Treatment of Weight Stigma and Body Shame <i>Ellyn Herb, PhD</i>	All Parts are Welcome: Transforming Binge Eating with IFS - A Dietitian's Perspective <i>Daisy Miller, PhD, LDN</i>
4:00 pm - 4:30 pm	Break & Exhibits		
4:30 pm - 6:00 pm	Exploring Stigma and Bias on Both Sides of the Couch <i>Size Matters in the Therapeutic Milieu: The Role of Weight Stigma in the Development and Maintenance of Binge Eating Disorder</i> <i>Amy Pershing, LMSW, ACSW</i> <i>White Elephants? What White Elephants? Acknowledging Weight Stigma & Clinician Bias in the Treatment of Binge Eating Disorder</i> <i>Chase Bannister, MDiv, MSW, LCSW, CEDS</i>	Feeling Good in Your Skin: Moving Through Dance for Body Image Building, Enhancing Body Image through SynergyDance and American Tribal Style (ATS) Belly Dance <i>Mindy Jacobsen-Levy, MCAT, ATR-BC, LPC</i> <i>Amanda Bechtel, ATR-BC, LCPC</i>	Challenges & Opportunities in Helping Clients to Full Recovery: Panel Discussion <i>Marsha Hudnall, MS, RD, CD</i> <i>Rebecca Scritchfield, MA, RD</i> <i>Carolyn Hodges-Chaffee, MS, RD</i> <i>Annika Kahm, BS</i> <i>Marci Anderson, MS, RD, LDN</i> <i>Leslie Schilling, MA, RD, CSSD</i> <i>Daisy Miller, PhD, LDN</i>
7:30 pm - 10:30 pm	Into the Light: An Evening of Recognition, Hope, and Celebration <i>Visit registration desk for information and to purchase tickets on-site</i>		

Sunday, March 10, 2013

8:00 am - 9:00 am		Continental Breakfast		
		Treatment Professionals <i>Oliver Pyatt Room</i>	Individuals <i>CRC Room</i>	Family/Advocacy & General Interest <i>Timberline Knolls Room</i>
9:00am - 10:30 am		Creating an Innovative and Effective Treatment Plan for BED: Moving Beyond Traditional Approaches with IFS, Experiential, and Exposure & Response Prevention Therapies <i>Theresa Chesnut, MSW, LCSW</i> <i>Katie Thompson, MS, LPC, NCC</i>	Recovery Panel As Seen Through Our Eyes: Stories of Varied Experiences, Varied Recovery Approaches; HAES, 12 Step/Addiction Model, Weight Loss Surgery Moderator: Ellen Shuman, BEDA Immediate Past Chair <i>Deah Schwartz, ED.D, CTRS, CCC</i> <i>Pamela Kuehl, LPC</i> <i>Marybeth Quist, BS</i> <i>Michael Prager, BS</i>	Recovery Maintenance: Guidelines for Individuals and Families; Practical Recovery Tools <i>David Christian, PhD</i>
10:45am - 11:45 am		Men Struggling with BED: What We Have Learned and the Implications that Follow <i>J. Casey Martin, MS, NCC</i>	12 Step Programs: The Power and the Problem <i>Rhona Epstein, PsyD, CAC</i> <i>H. Theresa Wright, MS, RD, LDN</i>	Moving Therapy Online: How to Ethically and Legally Bring Technology into Your Therapy Practice <i>Martha Ireland, PhD, RN, MC</i> <i>Janine Bowen, JD</i>
12:00pm - 1:00 pm		Picture This: Using Flashcards with BED Clients, Pairing Visual and Auditory Cues for Enhanced Learning and Retention of Important Life Skills and Concepts <i>Suzanne Ricklin, LCSW-C, BCD, CEDS</i>	Integrative Treatment of BED: New Paradigm; CBT, Neurofeedback, Demonstration of EFT <i>Meryl Beck, MA, M.Ed</i> <i>Jeanne Rust, PhD, MC</i>	Hope and Healing: An Experiential Workshop That Explores the Obstacles to Healing Your Relationship with Food <i>Michelle Berman, M.S., R.D.</i> <i>Michelle Market, M.Ed, LPC</i>
1:00 pm		Closing Remarks		

Believe that with your feelings and your work you are taking part in the greatest; the more strongly you cultivate this belief, the more will reality and the world go forth from it.

Rainer Maria Rilke