

# Interventions to enhance the hepatitis C care cascade

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# Disclosures

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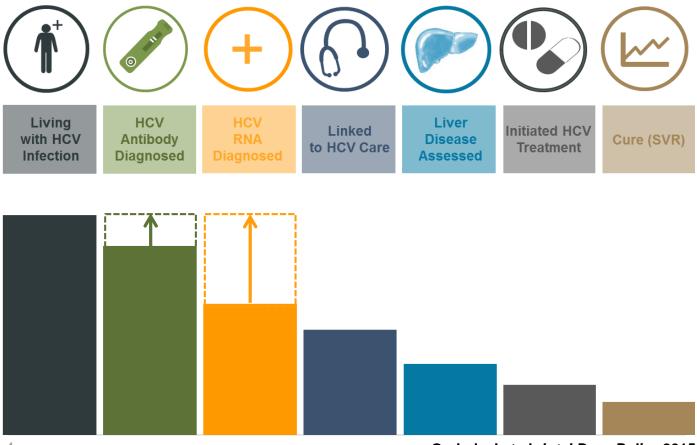


# Hepatitis C care cascade

- The burden of HCV infection is growing, including among PWID
- HCV testing, assessment and treatment uptake remain low
- Simple, tolerable, effective therapies are a game changer
- Strategies to enhance HCV testing/treatment among PWID



#### **The HCV Care Cascade**



Grebely J et al. Int J Drug Policy 2015



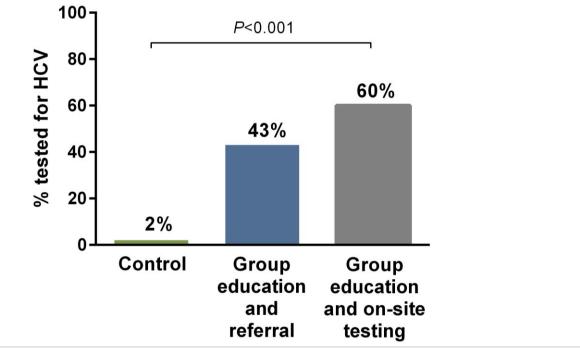
#### Successful strategies to increase HCV testing/diagnosis

- Education and counseling by health professionals with on-site HCV testing<sup>1-5</sup>
- Physical and electronic medical chart reminders to prompt targeted risk-based assessment and testing<sup>5-8</sup>
- Dried-blood-spot testing<sup>5, 9-14</sup>
- Point of care HCV testing<sup>5,15-17</sup>

1) Cullen, W Br J Gen Pract 2006. 2) Rosenberg, SD Psychiatr Serv 2010. 3) Sahajian, F J Public Health 2011. 4) Lacey, C Australas Psychiatry 2007. 5) Meyer, JP Int J Drug Policy 2015. 6) Krauskopf, K J Gen Int Med 2014. 7) Litwin, AH Dig Liver Dis 2012. 8) Drainoni, ML Am J Public Health 2012. 9) Hickman, M J Viral Hepat 2008. 10) Abou-Saleh, MT Add Dis & Treat 2013. 11) Tait, JM J Hepatology 2013. 12) Craine, N J Viral Hepat 2009. 13) McLeod, A J Epidemiol Community Health 2014. 14) Coats, JT Int J Drug Policy 2015. 15) Morano, JP J Community Health 2014. 16) Bottero, J Open Forum Infect Dis 2015. 17) Beckwith, CG J Public Health 2016.

#### HCV education and pre-test counseling with on-site testing

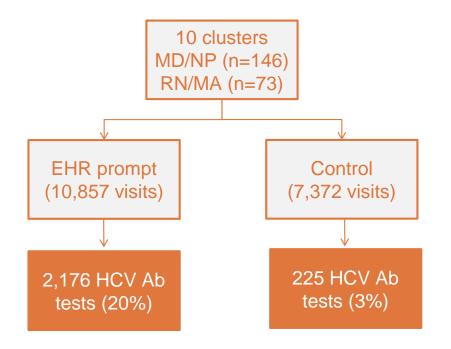
- RCT of participants attending shelters (18 shelters, n=1,276)
- No intervention (n=6) vs. group information + referral (n=6) vs. group information and on-site screening (n=6)



Sahajian F, et al. J Pub Health 2011.

#### Electronic clinician reminder to prompt for HCV testing

- Cluster randomized controlled trial at three adult primary care practices
- EHR triggered screening prompt when eligible patients (without prior HCV testing or HCV diagnosis born during 1945–1965) registered for a visit



Krauskopf K et al. J Gen Int Med 2014.



#### Dried blood spot testing in drug services in Scotland

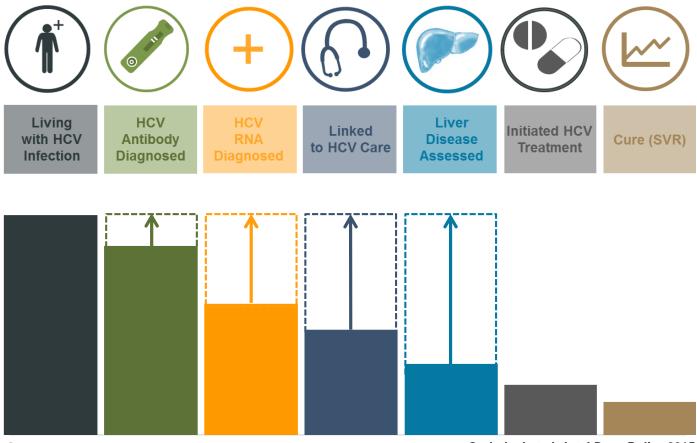
**Dried Blood Spot Testing** (introduced into specialist drug services in Scotland <u>during 2009</u>)







# **Enhancing linkage to HCV care**



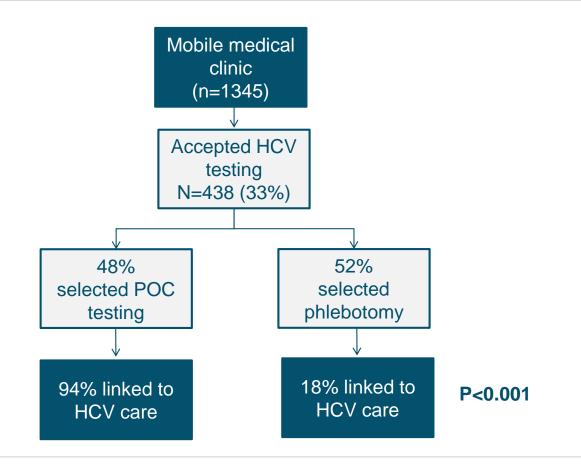
Grebely J et al. Int J Drug Policy 2015

#### Successful strategies to increase linkage to care

- Point of care HCV testing<sup>1</sup>
- Non-invasive liver disease screening using transient elastography (FibroScan®) with facilitated referral to care<sup>2-4</sup>
- Integrated HCV care<sup>6-9</sup>
- Patient navigation programs/peer-based support<sup>10-11</sup>

1) Morano, JP J Community Health 2014 2) Moessner, BK. Addiction 2011. 3) Foucher, J. J Viral Hepat 2009. 4) Marshall, AD. Int J Drug Policy 2015. 5) Cullen, W. Br J Gen Pract 2006. 6) Masson, CL Am J Public Health 2013. 7) Evon, DM. Am J Gastroenterol 2011. 8) Knott, A. Am J Gastroenterol 2006.9) Ho, SB. Clin Gastroenterol Hepatol 2015. 10) Trooskin, SB. J Gen Intern Med 2015. 11) Falade-Nwulia, O. J Viral Hepat 2016.

#### Point of care testing



#### LIVER LIFE



# **FibroScan®-based screening/assessment**

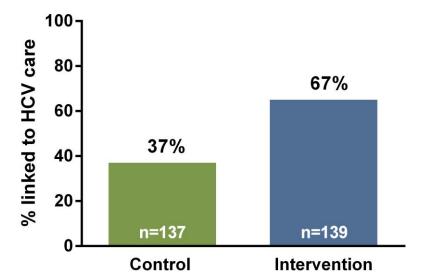


- Social marketing to inform campaign resources
- Implementation phase: four clinics; one day per week for four weeks (with peer-based support), with subsequent clinical follow-up
- 95% reported that FibroScan<sup>®</sup> was acceptable
- 60% returned for post-FibroScan® assessment by a nurse/specialist



# Hepatitis care coordination

- RCT of participants attending OST clinics (n=489)
- Intervention arm received on-site screening, enhanced education and counseling, and case management services



 Those receiving intervention more likely to be linked to care 6months post-follow-up (OR = 4.10; 95% CI = 2.35, 7.17)

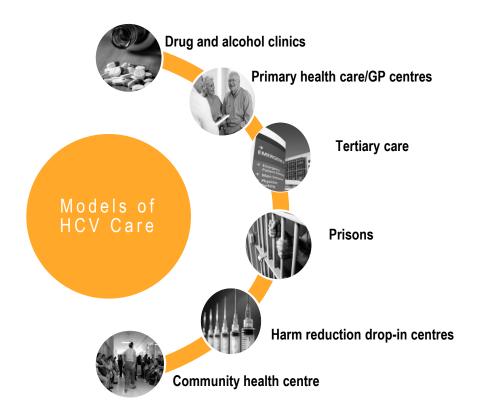


#### Patient navigator programs to enhance testing/care

- Care coordinator who provides services including:
  - assistance with insurance
  - scheduling primary care and HCV specialist appointments
  - reminder calls and/or text messages for appointments
  - field outreach to patients who do not return for results or miss specialist appointments
- Patients linked to different specialist prescribers, dependent on:
  - Patient's insurance
  - Patient preference
- Potential strategy to link patients to off-site services
- 52% (n=81) attended an off-site HCV specialist appointment<sup>2</sup>

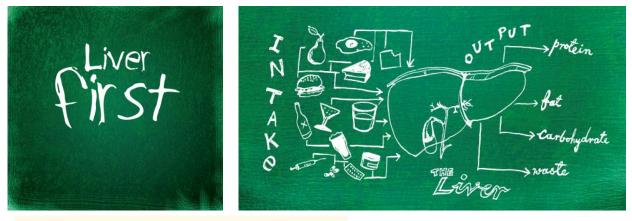


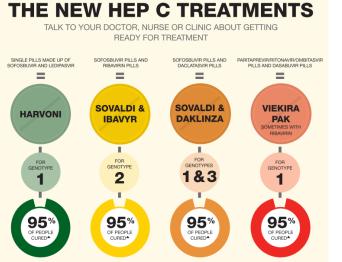
# One size does not fit all





# **Continued health promotion efforts**







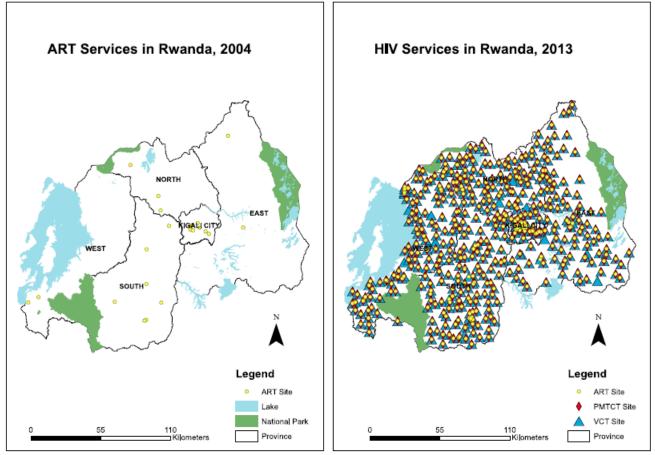


#### Education and training for health providers





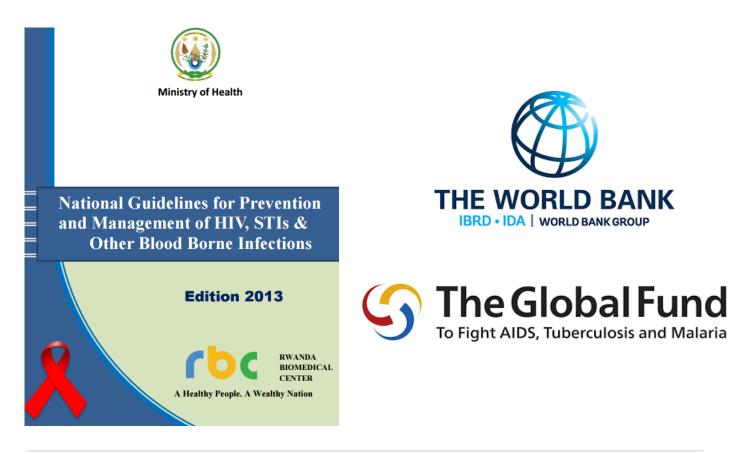
#### Where are we headed....



Nsanzimana BMC Medicine 2015



#### Two major events to catalyse ART scale-up in Rwanda



Nsanzimana BMC Medicine 2015

# Keys to ART scale-up success in Rwanda

- Training providers to perform diagnoses and manage HIV
- Making training investments in health facilities
- Continuously reviewing HIV protocols to keep up to date with global treatment guidelines
- Patient and pharmacy files were standardized facilitating monitoring/evaluation
- Standardized web-based electronic reporting system for real-time reporting on the national HIV care program



# The way forward

- HCV antibody testing is high in Australia, but there still exists a large undiagnosed HCV RNA pool and people are not linked to care
- The explosive uptake of HCV treatment will not be maintained
- Engaging marginalized and "difficult-to-engage" populations will be key
- Successful strategies to enhance testing/care are emerging
- One size will not fit all requires adaptation to each individual setting
- Need to continue to disseminate, share and translate successful components of interventions/models to enhance HCV testing/care

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**Hepatitis** 

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