

# Using Person Centred Approaches to Refocus on Quality and Safety of Caretrials and tribulations

Presented by
Karen Tuqiri
Director of Nursing
Prince of Wales Hospital
Enhancing Practice Conference 2022







### **Prince of Wales Hospital**















# My vision of Quality Safety Culture in Healthcare- Courage to Lead

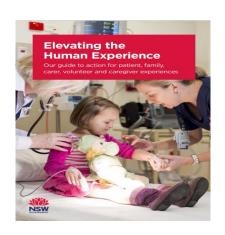


- Connecting leaders meaningfully to personcentred approaches
- Make meaning of the context
- Evaluating practice
- Sense of ownership in the change process
- Learning on and from practice

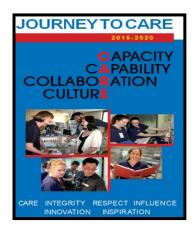
McCormack and McCance 2017

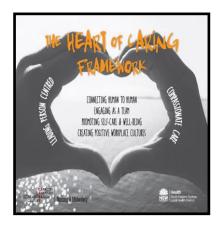


### The Macro Level and Strategic Influences

















# Planning Person Centred Sustainable Transformation

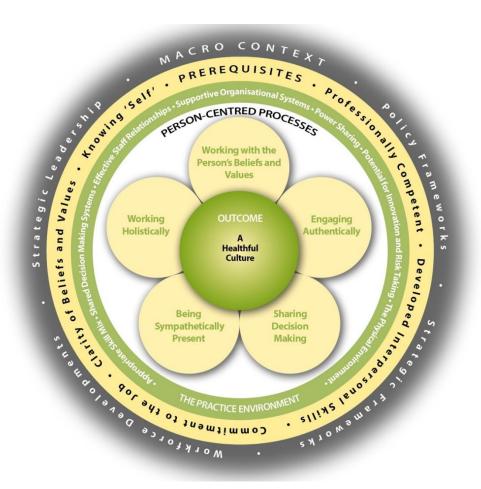


Pattern	Enabler	Barrier
Relationships	That generate energy for new ideas and innovation	That drain the organisation
Decision-making	Is rapid by experts	Is bogged down in hierarchy and are position bound
Power	Used 'to enable' Collective purpose	Used 'over' others Self interest
Conflict	As opportunities to embrace new ideas	Experienced as negative and destructive feedback
Learning	As curiosity and eagerness to learn	As threatening to the status quo

Enablers and barriers to system transformation in relation to five patterns of behavior and thinking



# **Creating Person-Centred Cultures**



Empowering and engaging people

Strengthening governance and accountability

Evaluating care experience

Reorientating care models towards effectiveness

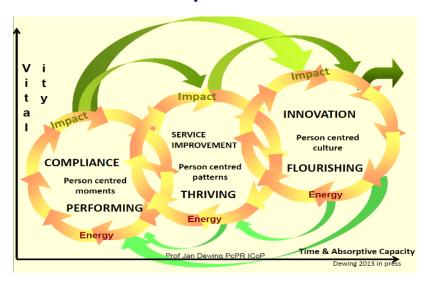
Creating enabling environments for change

McCance & McCormack 2021



# Creating space for reflection and change- the journey begins 2019

Pausing, feedback, reflection and exploration with leadership teams focussing on courage to lead change



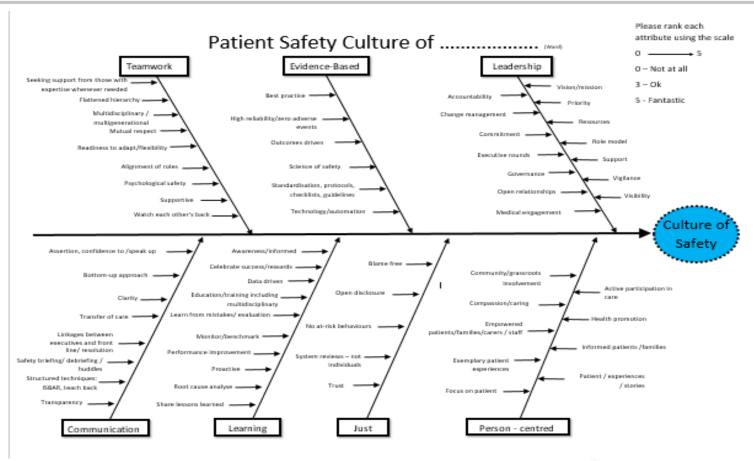




Using CoSSi to take stock where we are at

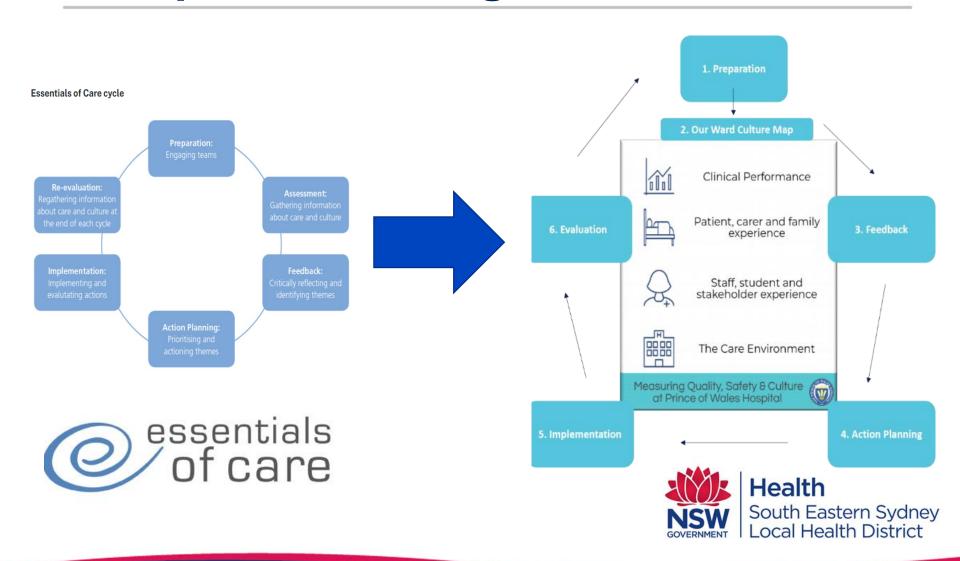


# **Exploring team attributes of a Safety Culture**





# The past informing the future



## Quality & Safety Culture Team Presentations



Patient, carer and family experience



Staff, student and stakeholder experience

What would you like Quality & Safety to look like in your ward? How have you agreed to work together to achieve your unit vision for Quality & Safety? Staff Engagementhow will you engage staff in your framework and improvement?

How will you evaluate and report your changes?



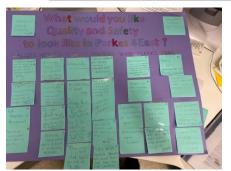
The Care Environment



Clinical Performance



# Teams creating and sharing their vision: Quality, Safety and Culture







Being patient centred

#### Discharge procedure

 Discharge checklists to avoid missed things (e.g.: D/C letters). -caution over Friday D/0 (no weekend D/C!).

#### Staff, student & stakeholder experience

- Please work as a team -Look beyond your shift & into the - RESPECT
- . Team work- looking after each other all the time
- Multidisciplinary team work!! Record for each other no matter
- what discipline Supporting junior members of ou

- Timely and effective doctors and nurses; doctors & pts
- Transport list: done every day & to Bed mgr.: communication between nurse & bed mgr.
- -Appropriate info, infection risk, fall risk Appropriate time to prepare a bed PSAs to communicate hetween am
- Communication between Drs & nurses, allied health & nurses

Staffing/ workforce

Increased RMO to pt ratio. Need anothe

RMO to help admit chemo pts, round, D/0

RMO raselnad responsibilities- can be ton

 Ensure staffing & skill mix is adequate to meet pts demands & aculty

much for one person despite their hard

#### Clinical Performance

Always think why are we doing things -Fluid balance etc. care for the pt as you would want to be cared for. Teeth cleaned tidy hedside . Formal QI projects across the ward.

The Care Environment

Keen medication trolleys clean & tidy

. Clean up after one's self-don't leave mess after procedure, pick up off the ground

No overfilling linen bags . Want that all cytotoxic waster be empty all

. Tidying up pts bedside. Throwing out

unused food & cups. Move chairs ou

· Restock treatment room & fluids in a timely

the time

(excessive).

- · Falls prevention & screening on admission including rolling out of
  - . Do not allocate according to numbers Allocate according to acuity &



#### Our aim is to:

**Parkes 8 NURSES** Our team includes

Doctors

Speech Pathologists

Social Workers Dieticians

Cleaners

- · Provide holistic & individualised
- multidisciplinary team to deliver Provide a safe, supportive &
- · Achieve positive treatment
- Provide support & education to patients, families and carers.



YOU

是是是是是是是是

#### Our role as nurses is to:

- · Provide continuity of care
- Maintain patient privacy & dignity. Work collaboratively to belo you achieve your treatment
- Follow policy & procedures to
- ensure a safe environment.
- · Provide culturally sensitive
- nursing care.

   Work within scope of practice.

#### We achieve this by:

- Teamwork & leadership · Individual initiative
- Effective communication
- Advocating for patients
- Openness to change · Evidence based practice
- · Individualised patient cantered







### Teams deciding on engagement strategies

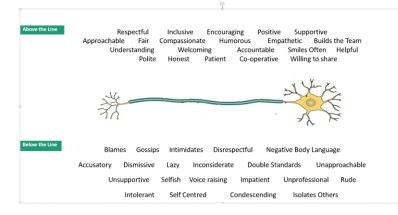
- Common Goals, Pt centred care, Pt and staff satisfaction
- Confidentially
- Respect
- Communication, with each other and on the telephone etc..
- Teamwork
- Non judgemental
- Punctuality
- Approachability
- Empathy
- Friendly
- Accepting of new policies/ best working practices
- · Open and honest
- · Knowledge sharing
- Professional

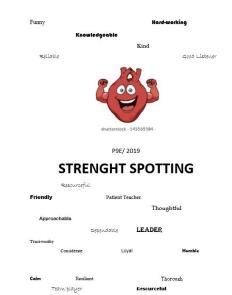






### Above & Below the line behaviours





Safety Huddles Ways of Working



# What data is important to us and our patients?



Staff, student and stakeholder experience



Patient, carer and family experience

Student feedback, huddles, surveys, staff surveys, Your Say, rounding



Care Opinion, Real time patient experience, surveys, stories



Clinical Performance



The Care Environment

Clinical indicators, HACs, Incident trends, QARS audit, Quality Informatics

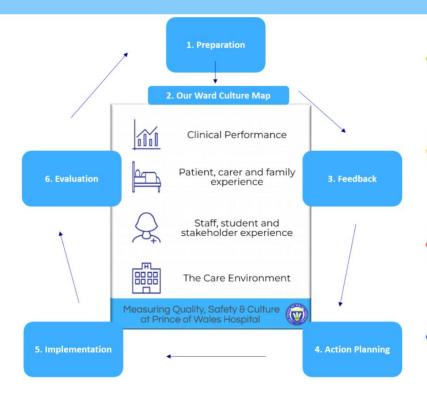
15 step challenge, WHS,Safe environment checklist

Health
South Eastern Sydney
Local Health District

# Our agreed framework and its foundations – the year of 2020

### **Quality Safety & Culture** Framework





Practice (QARS)

**Processes** 

**Our Daily** 



Health

South Eastern Sydney Local Health District

# **Revisiting the Nursing Vision**



Welcoming
Environment
Compassion
Accountable
Respectful
Empowerment





# Foundations- Quality and Safety Boards

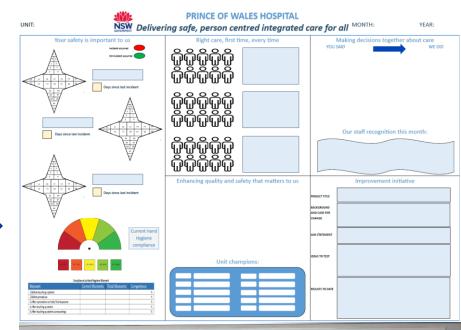


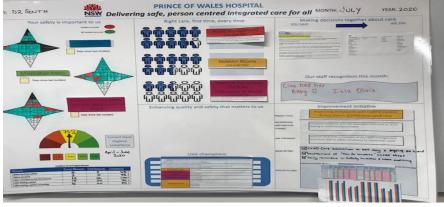












# Foundations- Quality and Safety Huddle format





### SAFETY HUDDLE

#### Date/Day:

Topic	Issue	who is responsible? By when?
High Risk Patients: PACE Calls / NFT / Falls Risk/ Violence & Aggression		
Movement: Transfers/ Discharges/For Theatre		
Staffing: Sick calls/Casual Staff/Overtime		
Safety; IIMS/ WHS		
Equipment/ Stock/Maintenance		
Organisational Communication		
Safety Cross		
Additional		



# Foundations- Clinical Lead Program



8 Focus Areas



>400 Nurse Clinical Leads identified



32 Clinical Lead Experts to support learning & and local improvements



Blended learning approach (Face to Face and selfdirected online)



Promoting networking and identifying talent



Strategy to drive clinical practice change and improvement





# Foundations – Safety Attitudes Questionnaire

41 questions in total

- Safety Attitude Questionnaire (SAQ)
- The SAQ is a validated tool from the University of Texas and is recommended
   by the Clinical Excellence Commission (CEC) as a useful tool for benchmarking and measuring safety climate.
- Accessed through QARS
- It is divided into six domains with each domain represented by between four to eight questions

Domain	Definition	
Safety Climate	Perceptions of strong and proactive organisational commitment to safety	
Teamwork climate	Perceived quality of collaboration between team members	
Job satisfaction	Positivity about the work experience	
Stress recognition	Acknowledgement of how performance is influenced by stressors	
Perceptions of Management	Approval of managerial action (ward/department level and hospital level)	
Working conditions	Perceived quality of work environment and logistical support	





### Results 2020 - POWH

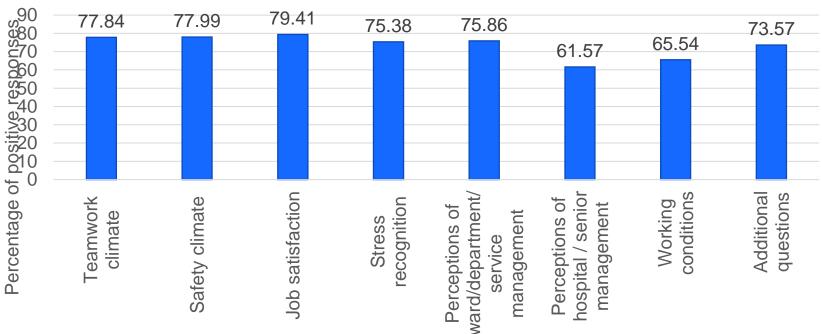
Question	Safety Attitudes Questionnaire feedback; Spinal Unit	Nursing staff	MDT	Facil
		%	%	ity
1	My input is well received in my ward/unit/department	75.38	74.12	78.46
2*	In my ward/unit/department it is difficult to speak up if I perceive a problem with patient care	73.08	67.06	73.33
3	Disagreements in my ward/unit/department are resolved appropriately	67.69	62.94	70.99
4	I have the support I need from other staff to care for patients in my ward/unit/department	76.15	71.18	76.02
5	It is easy for staff in my ward/unit/department to ask questions when there is something that they do not understand.	82.31	79.41	86.29
6	The staff in my ward/unit/department work together as a well-coordinated team	70.77	66.47	81.94
	Teamwork Climate	74.23	70.20	77.84
7	I would feel safe being treated in my ward/unit/department as a patient	90.00	89.41	76.67
8	Errors are handled appropriately in my ward/unit/department	91.54	91.18	80.77
9	I know the proper channels to direct questions regarding patient safety in my ward/unit/department	92.31	92.94	85.12
10	I receive appropriate feedback about my performance	84.62	84.12	75.40
11*	In my ward/unit/department it is difficult to discuss errors	73.85	75.88	73.13
12	I am encouraged by my colleagues to report any patient safety concerns I may have	90.00	88.24	79.21
13	The culture in my ward/unit/department makes it easy to learn from the errors of others	90.77	88.24	75.63
	Safety Climate	87.58	87.14	77.99
14	My suggestions about safety would be acted upon if I expressed them to management	86.15	84.12	76.46
15	I like my job	87.69	85.88	85.51
16	Working in this ward/unit/department is like being part of a large family	83.08	81.18	77.56
17	My ward/unit/department is a good place to work	87.69	86.47	81.89
18	I am proud to work in my ward/unit/department	86.92	87.65	85.49
19	Morale in my ward/unit/department is high	79.23	77.06	69.55
	Job Satisfaction	85.13	83.73	79.41
20	When my workload becomes excessive, my performance is impaired	87.69	87.65	77.54
21	I am less effective at work when fatigued	90.00	88.24	82.85
22	I am more likely to make errors in tense or hostile situations	80.77	79.41	75.38
23	Fatigue impairs my performance during emergency situations	80.77	79.41	65.76
	Stress Recognition	84.81	83.68	75.38

20	When my workload becomes excessive, my performance is impaired	87.69	87.65	77.54
21	I am less effective at work when fatigued	90.00	88.24	82.85
22	I am more likely to make errors in tense or hostile situations	80.77	79.41	75.38
23	Fatigue impairs my performance during emergency situations	80.77	79.41	65.76
	Stress Recognition	84.81	83.68	75.38
24	My ward/unit/department manager supports my daily effort	90.00	86.47	78.38
25	My ward/unit/department manager doesn't knowingly compromise patient safety	83.08	81.76	75.3
26	My ward/unit/department manager is doing a good job	85.38	85.29	82.9
27	In my ward/unit/department, problem staff are dealt with constructively	78.46	73.53	67.5
28	I get adequate, timely information about events that might affect my work, from my ward/unit/department manager	86.15	85.29	75.1
	Perceptions of ward/department/service management	84.62	82.47	75.8
29	Hospital senior management supports my daily effort	57.69	60.59	57.9
30	Hospital senior management doesn't knowingly compromise patient safety	58.46	59.41	64.8
31	Hospital senior management is doing a good job	63.08	65.88	65.0
32	Problem personnel are dealt with constructively by hospital senior management	61.54	62.94	54.9
33	I get adequate, timely information about events that might affect my work, from hospital senior manager	66.15	67.65	65.0
	Perceptions of hospital / senior management	61.38	63.29	61.5
34	The level of staffing in my ward/unit/department is sufficient to handle the number of patients	58.46	61.18	50.9
35	My ward/unit/department does a good job of training new staff	76.15	77.65	74.7
36	All the necessary information for diagnostic and therapeutic decisions is routinely available to clinical staff	74.62	76.47	65.7
37	Trainees in my ward/unit/department are adequately supervised	76.92	78.24	71.0
	Working Conditions	71.54	73.38	65.5
38	I experience good collaboration with nurses in ward/unit/department	91.54	89.41	90.9
39	I experience good collaboration with medical staff in my ward/unit/department	81.54	81.76	75.4
40	I experience good collaboration with other staff in my ward/unit/department (e.g. Allied health)	90.00	89.41	81.9
41*	Communication breakdowns that lead to delays in delivery of care are common in my ward/unit/department	63.08	63.53	55.9
	Additional questions	81.54	81.03	73.5
*	Reverse scored questions		9	



### **POWH Overall Results**





Prince of Wales Hospital



# COVID-19



ANALYSIS OF LOCAL DATA





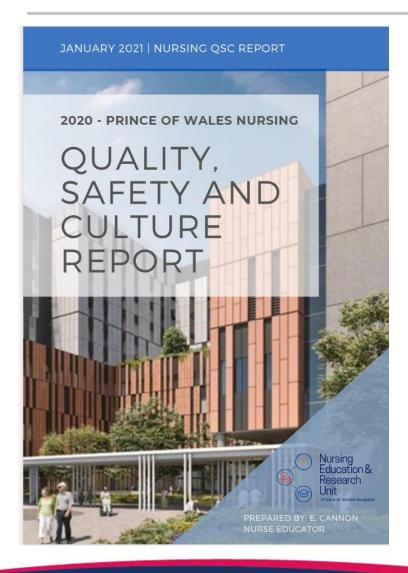


INNOVATIONS & ACHIEVEMENTS

2020 Team Presentations

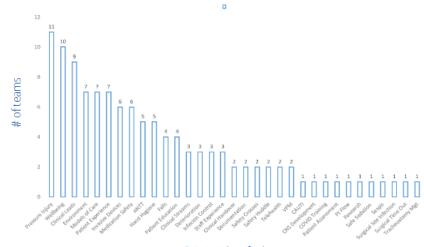






### AN OVERVIEW OF 2021 PRIORITIES

Themes identified from end of year presentations

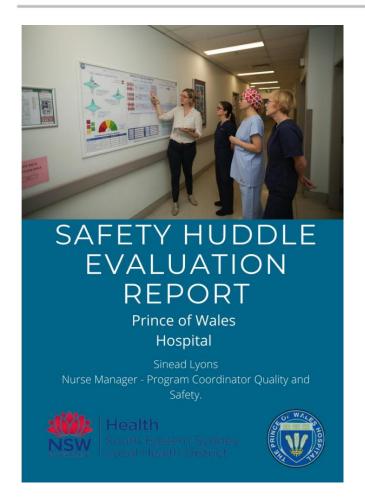


### Priority Identified

### **TOP 5 PRIORITIES IDENTIFIED**

- **1. Pressure Injury Prevention**
- 2. Staff Well being
- 3. Clinical Leads Program
- 4. Care Environment, Models of Care, Patient Experience
- 5. Invasive Devices, Medication Safety

# 2021- Evaluation and taking stock







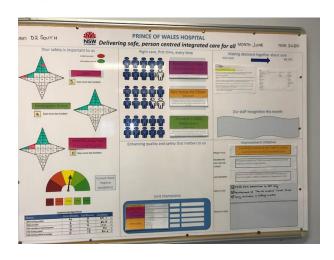
# Safety Huddle Evaluation

- 1. Process Attendance, structure, documentation
- 2. Patient Outcomes HAC data
- Staff Experience Focus Groups (Emotional Touchpoint Stories)
- 4. Safety Culture (Safety Attitudes Questionnaire)

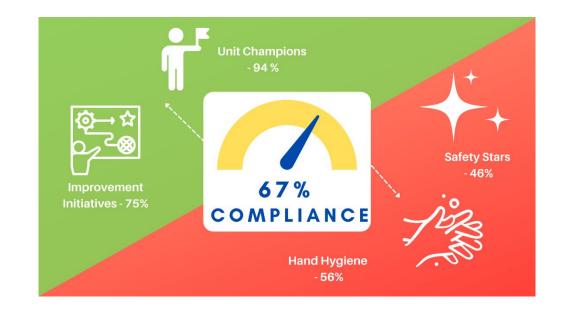




# **Quality and Safety Board Evaluation**

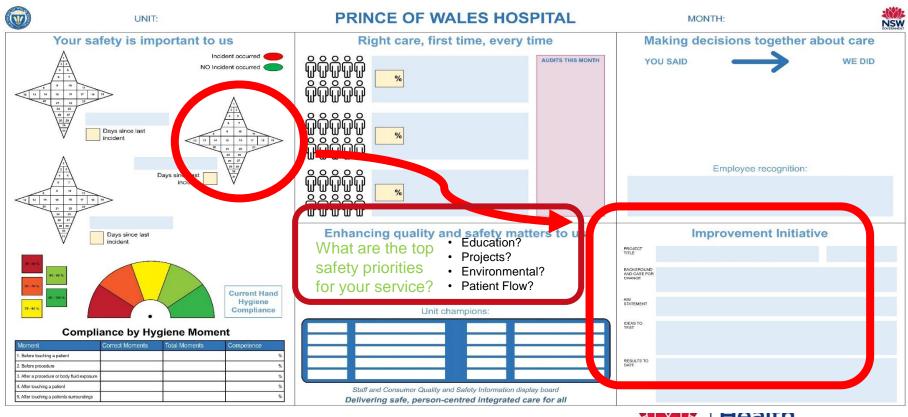








# Linking the Sections





# Creating a sense of inquiry- fostering research

### WHERE TO NEXT?

### 2021 CLINICAL PRACTICE PRIORITIES

- 1. Medication Safety
- 2. Invasive Device Management (C-Change Study)
- 3. Pressure Injury Prevention & Management (PIPPN)
- 4. Physical Assessment & Clinical Handover (Accelerate)











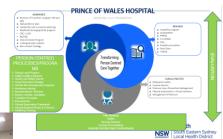
# A personal journey





















**Health**South Eastern Sydney
Local Health District



"With courage you will dare to take risks, have the strength to be compassionate, and the wisdom to be humble. Courage is the foundation of integrity"

Mark Twain





# Acknowledgements





























### References

- Dewar, B., Mackay, R., Smith, S., Pullin, S. & Tocher, R. (2009). Use of emotional touchpoints as a method of tapping into the experience of receiving compassionate care in a hospital setting. Journal of Research in Nursing, Vol. 15. No. 1. pp 29-41.
- Hardy S, Clarke S, Frei I, Morley C, Odell J, White C, Wilson V. 2021 A global manifesto for Practice Development: Revisiting core principles. in Manley K, Wilson V, Oye C. editors. International Practice Development in Health and Social Care. 2nd Ed. Hoboken, NJ: Wiley-Blackwell 2021. p 99 - 117.
- McCance T & McCormack. 2021 The Person-Centred Practice Framework. in McCormack B, McCance T, Bulley C, Brown D, McMillan A. editors Fundamentals of person-Centred Healthcare Practice. Hoboken, NJ: Wiley-Blackwell 2021 p 23- 32.
- Montague, J., Crosswaite, K., Lamming, L., Cracknell, A., Lovatt, A., & Mohammed, MA. (2019). 'Sustaining the commitment to patient safety huddles: insights from eight acute hospital ward teams'. British Journal of Nursing, vol. 28., no. 20., pp. 1316-1324. O'Brien, L., Bassham, J & Lewis, M. 2015. 'Whiteboards and discharge traffic lights: visual management in acute care', Australian Health Review, vol. 39., no. 2., pp. 160-164.

