2023 SYMPOSIUM

OF THE KBVR/SRBR OSTEOPOROSIS

AND FRACTURE PREVENTION GROUP



THURSDAY 16 AND FRIDAY 17 MARCH 2023 HET PAND, GHENT, BELGIUM



www.symposium-osteoporosis.org



Organiser

SRBR-KBVR

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Scientific Organiser

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Venue

Culture and Convention Center Het Pand

Onderbergen 1 B-9000 Ghent, Belgium

Call for Case Reports

Participants are invited to submit summaries of interesting case reports before **1 February 2023** to hans-georg.zmierczak@skynet.be. Up to 6 cases will be selected for presentation. Presentation time is 10 minutes.

Presenters of selected cases can attend the Bone Curriculum Symposium free

Presenters of selected cases can attend the Bone Curriculum Symposium free of charge.

Format of submission: WORD or PDF, maximum 1 A4 page, font Arial, Calibri or Times New Roman, size 12 or Power Point, maximum 10 slides.

Welcome Address

Dear Colleagues,

We are pleased to invite you to the **Bone Curriculum Symposium** and the Pre-Symposium on Rare Bone Diseases organised by the KBVR / SRBR Osteoporosis and Fracture Prevention Group on 16 - 17 March 2023 at the Conference Center Het Pand in Ghent.

The Bone Curriculum Symposium is a continuous educational lecture cycle. It includes bone biology, physiology, pathophysiology, calcium and phosphate metabolism and covers bone, calcium and phosphate disorders, osteoporosis, diagnosis, management and treatment.

A Bone Curriculum lecture cycle is covered by three consecutive yearly symposia. Participants of three symposia are accredited the Bone Curriculum Course Certificate.

The intention of the Bone Curriculum is to provide high quality continuous education for clinicians interested in, seeing or treating patients with osteoporosis, bone diseases and bone metabolism disorders. It furthermore serves as an educational programme for rheumatology and other bone-interested medical trainees. In this sense, the lectures mainly cover up-to-date basic knowledge, overviews and reviews.

The Pre-Symposium Course on Rare Bone Diseases provides general information on rare bone, calcium and phosphate disorders to second-line clinicians and also serves as an educational update and exchange platform for dedicated bone specialists.

There is a clear need to spread information about rare diseases throughout the medical community and to improve patient care. The single conditions are rare but all together rare diseases affect 6 to 8 percent of the population.

We look forward to meeting you at the 2023 symposium and remain,

With our very best regards, On behalf of the KBVR / SRBR Osteoporosis and Fracture Prevention Group

Dr. Hans-Georg Zmierczak MD PhD Chair and Scientific Organiser of the Symposium

Thursday, 16 March 2023

09.30 Registration

Pre-Symposium Course on Rare Bone Diseases





| 00 50 | Walaawaa | |
|-------|--|--|
| 09.50 | Welcome | |
| 10.00 | Systematic approach to skeletal dysplasias Geert Mortier (University Hospital Leuven, B) | |
| 10.30 | DXA and pQCT in children and adolescents Nick Bishop (University of Sheffield, Sheffield Children's Hospital, UK) | |
| 11.00 | Coffee Break | |
| 11.30 | High bone mass disorders Wim Van Hul (University of Antwerp, B) | |
| 12.00 | Primary bone fragility Nick Bishop (University of Sheffield, Sheffield Children's Hospital, UK) | |
| 12.30 | Tumour induced osteomalacia Charlotte Verroken (Ghent University Hospital, B) | |
| 13.00 | Lunch Break | |
| 13.45 | Fibrous dysplasia – McCune Albright syndrome Natasha Appelman-Dijkstra (LUMC, Leiden, NL) | |
| 14.15 | Achondroplasia – Update Geert Mortier (University Hospital Leuven, B) | |
| 14.45 | Update on therapeutics Speaker to be announced | |
| 15.15 | End of the Pre-Symposium Course on Rare Bone Diseases | |

www.symposium-osteoporosis.org

Thursday, 16 March 2023

Bone Curriculum Symposium

| 15.50 | Welcome | |
|-------|--|--|
| 16.00 | Fractures – Types, mechanisms, symptoms Eric Hesse (Ludwig-Maximilians-University Munich, D) | |
| 16.30 | Bone formation, modelling and remodelling Tim Arnett (University College London, UK) | |
| 17.00 | High-Resolution Peripheral Quantitative CT (HR-pQCT) in the evaluation of skeletal and rheumatic diseases Piet Geusens (Maastricht University, NL, Hasselt University, Reuma Clinic Genk, B) | |
| 17.30 | Coffee Break | |
| 18.00 | Bisphosphonates. Benefits beyond bone. Mechanisms and future opportunities Graham Russell (University of Oxford, UK) | |
| 18.45 | Case reports | |
| 19.45 | Welcome Reception | |
| 20.30 | Dinner | |

Friday, 17 March 2023

09.00 Registration

Bone Curriculum Symposium

Imaging of bone diseases Filip Vanhoenacker (AZ Sint-Maarten Mechelen, University Hospital Antwerp, Ghent University, B) 10.00 Rare mimics of arthritis Hans-Georg Zmierczak (Ghent University Hospital, B) Osteonecrosis 10.30 Charlotte Verroken (Ghent University Hospital, B) 11.00 Coffee Break Glucocorticoid associated osteoporosis Hans-Georg Zmierczak (Ghent University Hospital, B) Life-long therapy for osteoporosis and fracture prevention 12.00 Natasha Appelman-Dijkstra (LUMC, Leiden, NL) Update in therapeutics with the support of UCB **Expert discussion: New treatment paradigm for the management** of women at high risk of fragility fractures - Views from different specialities Michaël Laurent (UZ Leuven, Imelda Bonheiden, B) & Olivier Malaise (CHU Liège, B)

Friday, 17 March 2023

Bone Curriculum Symposium

- 14.00 Update in therapeutics with the support of Ipsen
 Fibrodysplasia Ossificans Progressiva (FOP): Recognition, natural
 history and future therapeutics
 Kristel Claeys (UZ Leuven, B)
- 14.30 **Bone fragility Looking for future therapies** *Eric Hesse (Ludwig-Maximilians-University Munich, D)*

Ethics and Economy lectures

- 15.00 **2022 Dutch guidelines for osteoporosis and fracture prevention**Piet Geusens (Maastricht University, NL, Hasselt University, Reuma Clinic Genk, B)
- 15.30 **Dutch guidelines discussion What can we transfer to Belgium?**Piet Geusens (Maastricht University, NL, Hasselt, University, Reuma Clinic Genk, B) & participants
- 6.00 Closing remarks and end of the Bone Curriculum Symposium

13.00 Lunch Break

Registration

Registration Fees

Pre-Symposium Course

Pre-Symposium course on rare bone diseases only € 70,00
Trainee (all medical specialities)* € 0,00

Symposium (includes Pre-Symposium Course on Rare Bone Diseases)

| Members KBVR-SRBR | € 150,00 |
|-------------------------------------|----------|
| Non-Members | € 170,00 |
| Trainee (all medical specialities)* | € 0,00 |
| Dinner on Thursday** | € 70,00 |

^{*}Trainees of all medical specialities can attend the Pre-Symposium on Rare Bone Diseases and/or the Bone Curriculum Symposium free of charge, but have to upload the proof of their status provided by their institute during the online registration process.

The registration fee for the Symposium includes access to all lectures, the course on rare bone diseases, coffee breaks and lunches as indicated in the programme, the welcome reception on Thursday and access to the exhibition.

How to register

The online registration form is available here: www.symposium-osteoporosis.org When your registration is completed successfully, you will receive an automatic registration confirmation.

Payment

- By bank transfer:

Account Name: Medicongress Services

IBAN: BE25 1239 9370 1782

BIC: CTBKBEBX Bank: Beobank

Bank address: Waterloobaan 16, 1000 Brussel

- By credit card: VISA and MasterCard payments are accepted.

Cancellations

Participants cancelling their registration before **1 March 2023** will receive a 50% refund.

Accreditation

A request for accrediting has been submitted to RIZIV/INAMI.

Exhibition

A medical exhibition will be held on the occasion of the Symposium. Access is free for registered participants. The exhibition is not accessible for non-MDs.

Liability

Neither the organisers, nor Medicongress accept liability for damages and/or losses of any kind which may be incurred by participants during the Symposium. Participants and exhibitors are advised to take out insurance against loss, accidents or damage which could be incurred during the Symposium.

^{**} The Dinner on Thursday evening is only available for participants attending the Symposium.

