



eHealth
week

11 - 13 MAY 2015
RIGA, LATVIA

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Lessons learnt from PALANTE

Empowering patients through eHealth services

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Agenda

- Overall goal
- Pilot sites & services
- Assessment methodology
- Preliminary results
- Final Conference



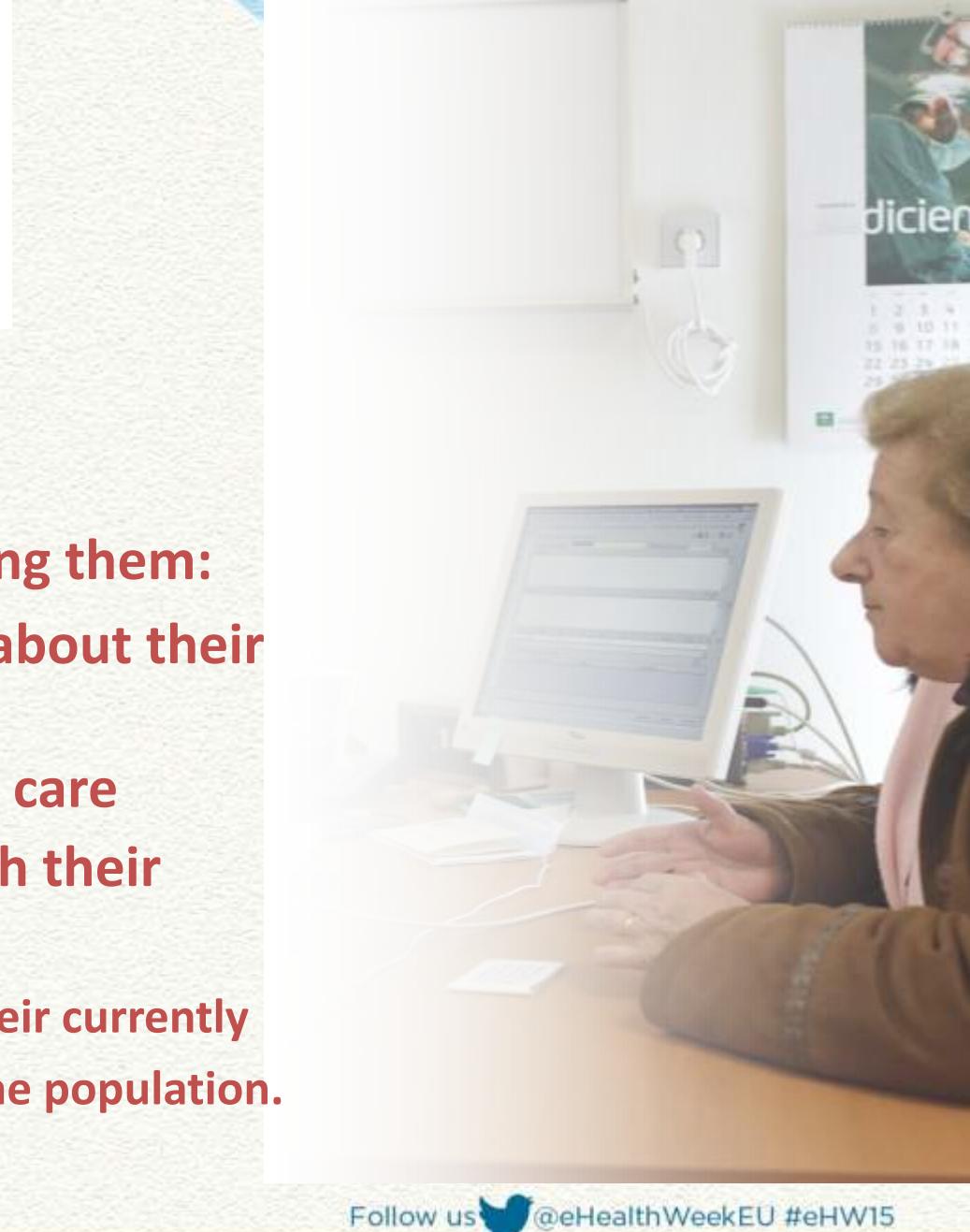
CIP-ICT-PSP: 297260

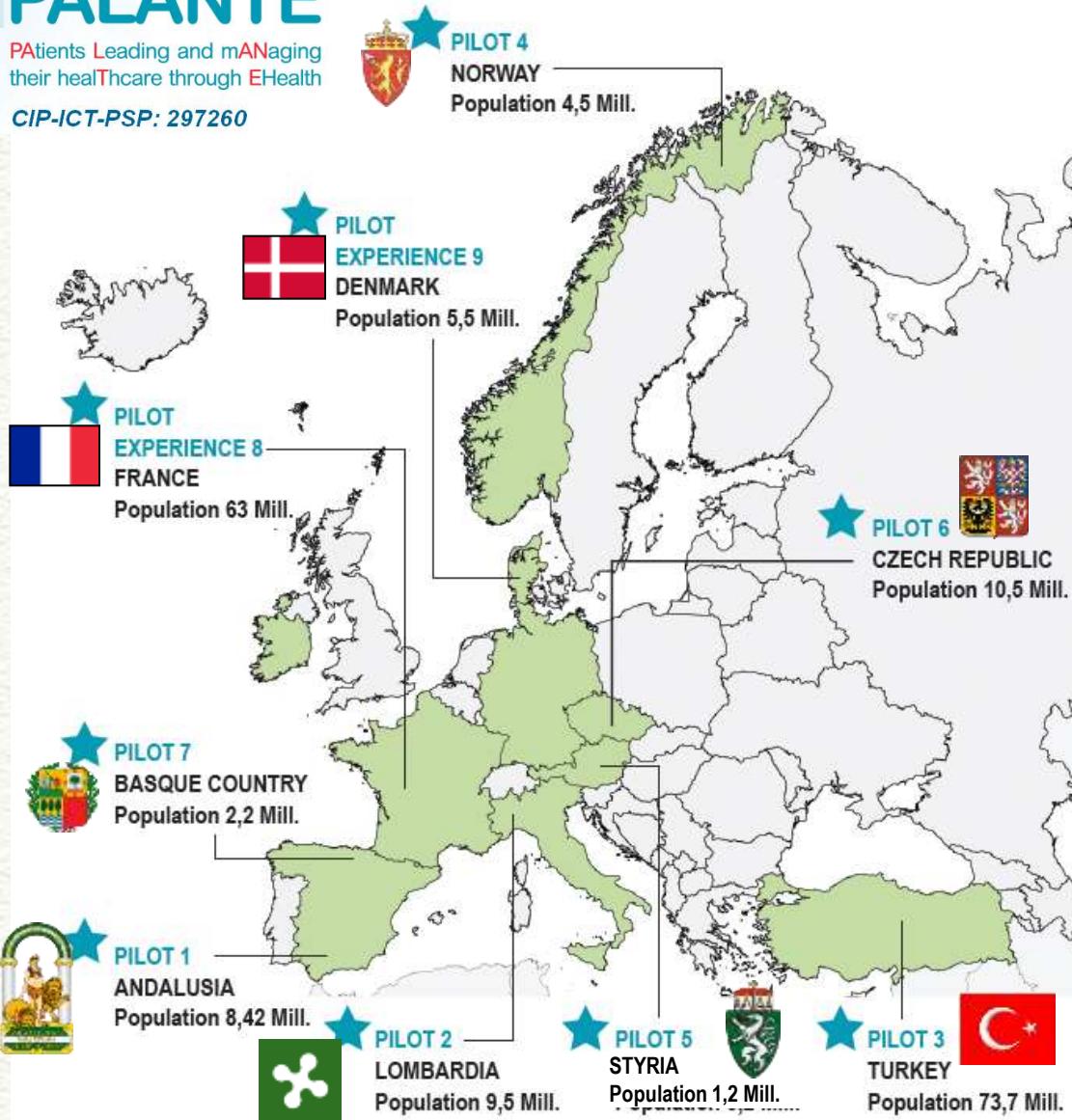
Overall goal

To **empower** patients enabling them:

- to make informed decisions about their health
- to take an active role in their care
- to collaborate effectively with their healthcare team

thanks to ICT services integrated in their currently available Health IT platforms for the population.





Pilot sites

- **7 new pilots in 6 countries (7 regions)**
- **2 additional on-going experiences in 2 other countries**

Start date: 1st February 2012
Duration: 36 months + 6 months
21 partners from 10 countries
Involving 69,550 patients



New Services



 monitoring systems

 recording of measurements

 treatment adherence

 comprehensive self-learning

 tailored education

 lifestyle guidance

 secure messaging (pat-prof)

 data sharing (pat-prof; prof-prof)

 patients' management of their own information

Current Services

EHR for citizens
Appointment/booking
E-prescription
Lab tests
Radiology
Discharge reports
Emergency episodes, ...



Pilot services

- **Chronic Conditions:**
 - Diabetes: Andalusia (**Pilot 1**) and Norway (**Pilot 5**)
 - Chronic heart failure: Lombardy (**Pilot 2**)
 - Ankylosing spondylitis: Turkey (**Pilot 3**)
 - Respiratory diseases (COPD & Asthma): Basque country (**Pilot 7**)



Patient Empowerment and its neighbours: Clarifying the boundaries and their mutual relationships

Lia Paola Fumagalli^a, Giovanni Radaelli^{a,b}, Emanuele Lettieri^{a,*},
Paolo Bertele^a, Cristina Masella^a

^a Politecnico di Milano, Department of Management, Economics and Industrial Engineering, Piazza Leonardo da Vinci 32, 20133 Milan, Italy

^b Warwick Business, University of Warwick, CV4 7AL, Coventry (UK)

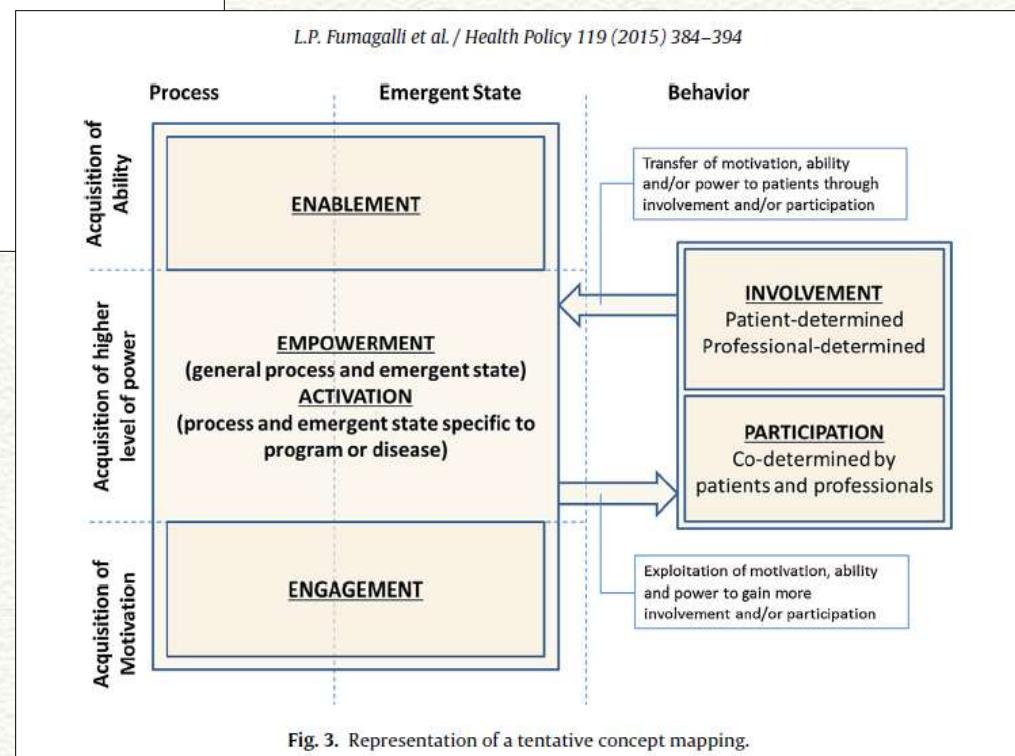
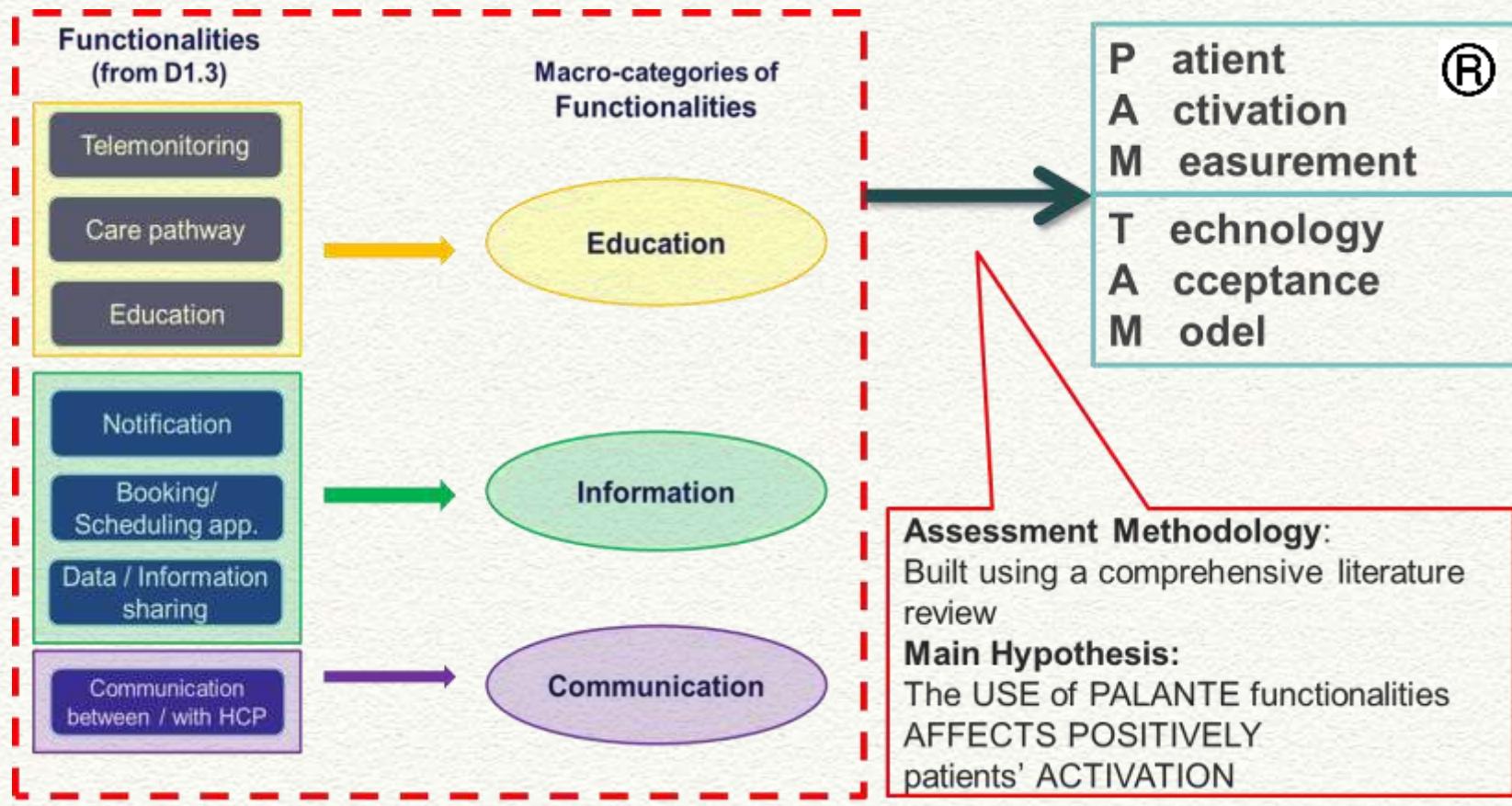


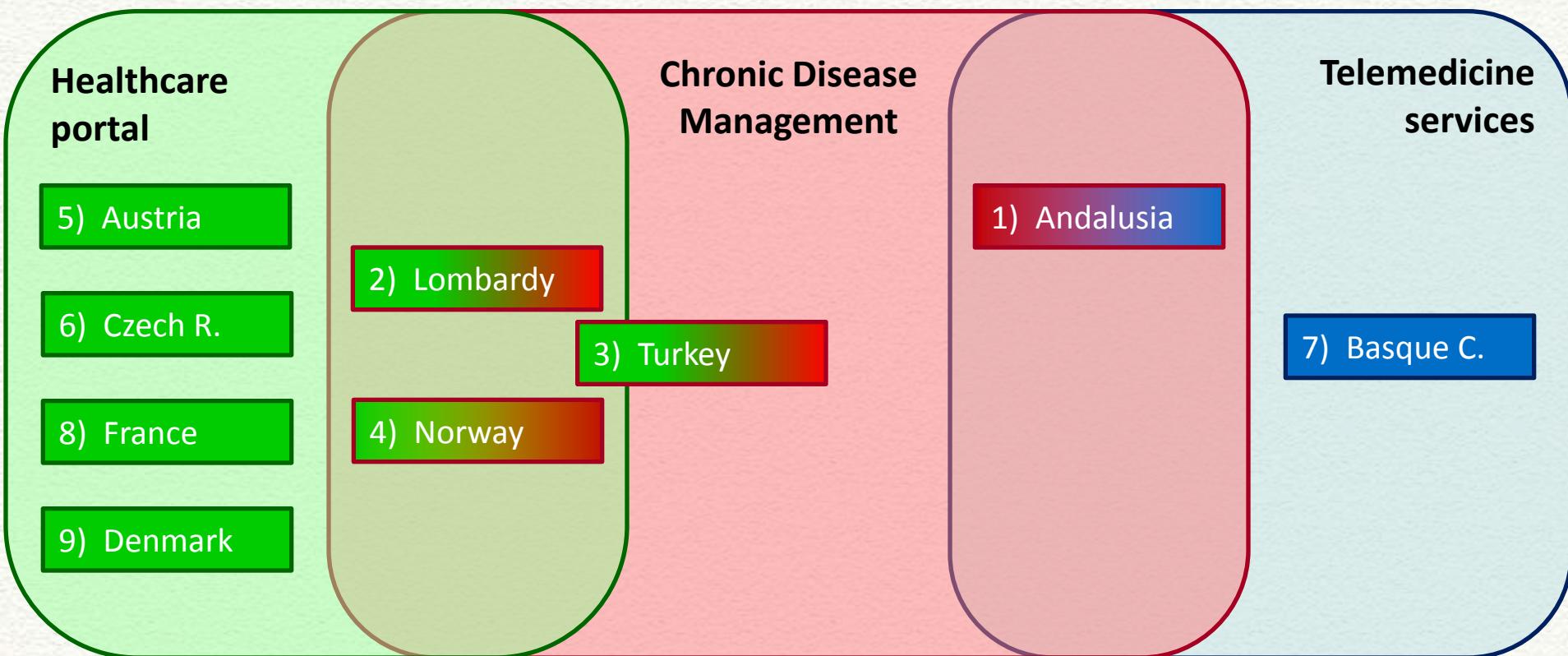
Fig. 3. Representation of a tentative concept mapping.

PALANTE Project – assessing empowerment



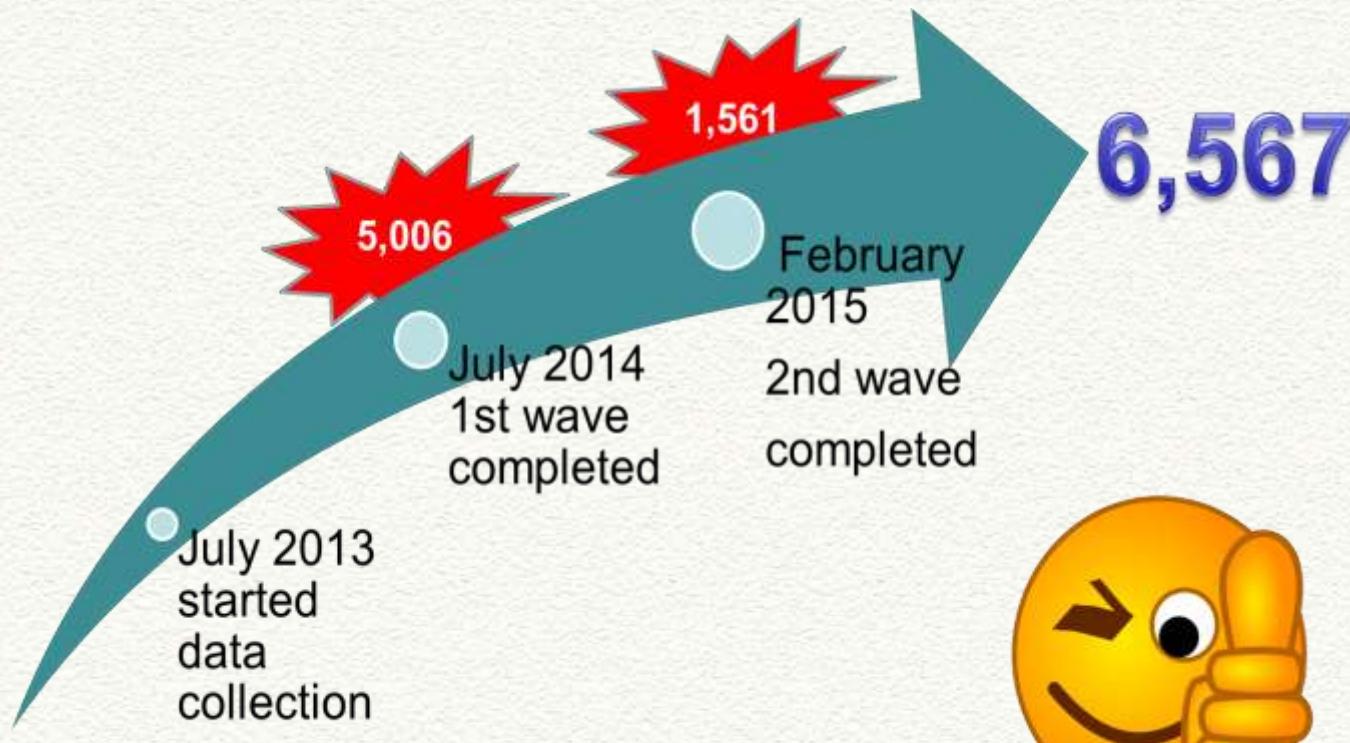


Pilot services clustering





Preliminary results





Preliminary results

- Some pilots show an increase of 10% in patient activation (6-month intervention)
- Detailed contextual analysis is necessary to better understand variability
- Key drivers to activation/empowerment:
 - Trust in the Health System
 - Treatment and Service Provision Patient's Experience
 - Age, patient's family context seems relevant

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Pilot 1 life story:

- Very poorly managed diabetic patient (Type 2)
- Middle aged man
- From a distant rural area
- Truck driver covering trans-European routes





Empowering Patients through eHealth: the European Evidence

PALANTE Project Final Conference

23rd June 2015
Committee of the Regions
Brussels

Save the date!!

Topics:

- Patient Empowerment
- eHealth Services
- Patient Empowerment Assessment (Methodological issues)
- Patient's access to EHR



Call for abstracts
and registration at
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THANK YOU

Ana Carriazo

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anam.carriazo@juntadeandalucia.es

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