





Poor Mental Health – An Epidemic

Finally the magnitude of the social and economic cost is being recognised

- The majority of the population experiences poor mental health at some point in their lifetime, while at least 1 in 4 people will have diagnosable mental health issues
- Around 50% of those with diagnosable conditions do not seek help
- Only 25% with diagnosable conditions receive treatment, usually medication



GOVERNMENTS

US behavioral health spend (per year)

EMPLOYERS

Cost lost earnings in U.S.

MILITARY

Public pressure, 22 U.S. veterans die by suicide daily

UNIVERSITIES

100% increase in suicides amongst 15-24's since 1950s 40% increase in poor mental health of U.S. college students

INDIVIDUALS & FAMILY COST

Stigma, relationship tensions and breakdown, impact on work performance, suicide

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Choice of personalised support and programmes

The whole of me – physical, mental, social

Access 24/7 from where you are

Part of a community, accompanied by others

Understand your Member's Journey

Katy - An employee with a recently identified risk for depression after the sudden death of her father

Katy signs up for a Big White Wall account and completes a few self-assessments. She creates a **Community Talkabout**; she's really questioning the side effects of her depression medication.

Katy has recently started suffering from anxiety and depression after the sudden death of her father. Fortunately, her employer offers a digital behavioral health benefit that includes mental and behavioral health support. She doesn't want her emotions to affect her work performance.

Her Community Talkabout has some keywords that flag the attention of a Wall Guide pharmacist.

Katy attends the webinar and checks out the resources featured in the presentation. She posts a comment asking when to take a medication that would lessen her side effects, and she receives a response from a pharmacist.

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The Wall Guide pharmacist responds letting Katy know that there's a Guided Support Webinar on antidepressant regimens next Tuesday.

Katy feels like she's now informed on how to better work with her primary care doctor on adjusting her medication. Whether or not she fills out a self-reported study, BWW's algorithms capture her improvement.

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Impact and outcomes

Studies have demonstrated the following outcomes across thousands of people



12% Higher recovery on GAD7/PHQ9 than traditional therapy Take less sick time for mental health reasons

Report improved productivity at work

76%

£370
Saving per member per year (NHS) in A&E and outpatient services

Big White Wall wouldn't be in the US without the following preparations:



Key to the success is to have answered all the questions. With all the products available why is yours the best?

Contact



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Awards























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